

2018 Coming Home to a New Earth Retreat Open Space Schedule

	Saturday 10:00am - 11:30am	Sat 11:30am - 1:00pm	Sat 2:00pm - 3:30pm	Sat 3:30pm - 5:00pm
Sanctuary				
Offering:	One-on-One Harmonizing	Family Constellation	The Miracle of Self-Healing	Fluid Movement - Continuum
Convenor:	<i>Joseph</i>	<i>Janell</i>	<i>Beatriz Gonzales</i>	<i>Glaeshia</i>
Description:	We will choose partners and engage in one-on-one trust-building exercises, including alternating heart-sharing, eye contact, and physical contact. Expect a challenge!	A collective trans-generational healing technology.	Disease, in whatever form it is expressed in our lives, often use catalyst to move beyond the lower chakras within into higher states of being. The Law of One offers insight and a clear path on how to move into the higher chakras within and access self healing by embracing catalyst.	Using breath work and sounding to explore the fluid nature of our bodies. Exploring how to access this fluid nature and wisdom to dive deep into intrinsic movement. Feel what adaptability and mutability feel like. Create beautiful movements from within and discover what may emerge.
Dining Hall			(Sanctuary)	
Offering:	Whole Planet Healing	Connecting to and Channeling the Energies of New Earth	Guided Chakra Meditation	Authentic Improv Games with Kids
Convenor:	<i>Prudy Kurtz</i>	<i>Julie Joy</i>	<i>Zachary</i>	<i>Ionsul and BJ</i>
Description:	An opportunity to be of service and receive healing. Every night at 10pm EST there is a planetary healing and guided meditation for helping Mother Earth birth into 4D & help relieve her stress. On Mondays and Thursdays Jim McCarty joins and reads from Law of One. The Elohim, Ra, and Ra-Ahn are the group souls that work with us. Everyone is welcome. For more info: www.WholePlanetHealing.com	I will set a group intention and channel in an abstract image on a large canvas. Hopefully, a musician can help us add to the experience with channeled music. Participants will have the opportunity to draw and create too. Kids are WELCOME!! Let's shift, grow and release together!	A guided chakra meditation with healing through crystals and mantra followed by Kriya yoga.	Fun, silly, & connective games with the kids to let your inner child out to play!
Retreat Living Room				
Offering:			Exploring the Spectrum of Intimacy	The Magical Personality / Higher Self
Convenor:			<i>Jana</i>	<i>Jim / Dave</i>
Description:			How do we navigate organically expressing intimacy with those we love while honoring consent and healthy boundaries?	A group discussion about the Q'uo channeling from 12/31/89.
Other	(Fire Pit)	(Porch)		
Offering:	Energy Medicine - Donna Eden's Techniques	Models of Fourth Density Politics		
Convenor:	<i>Mickey Hapka</i>	<i>Jeremy</i>		
Description:	I've been practicing techniques from Donna's book Energy Medicine for about 3 years. I use this book as a reference constantly, it's been my bible for health and well-being and has changed my life. Donna identifies 8 energy systems people have. I would like to teach energy clearing & strengthening, do a full meridian trace, show acupuncture/meridian points and ways to use them, show techniques for relieving emotional and physical pain, read excerpts and case stories from the book, and discuss.	Let's imagine ways of organizing that prefigure fourth density philosophies and concepts		

	All Weekend	Saturday Lunch	Saturday 5:00pm - 6:15pm	Saturday 7:00pm - 8:30pm
	Lobby		Sanctuary	Sanctuary
Offering:	Bringing 4th a Mandala	Enlightenment by Podcast Discussion	Q and A with Jim McCarty	Venusian Portal Party
Convenor:	<i>Nissa Vrooman</i>	<i>Mickey Hapka</i>	<i>Jim</i>	<i>Janell and Sara</i>
Description:	Group participation painting. Time frame is open ended. Canvas, paints, and brushes will be set up at a station and left out for people to create a mandala.	Self-explanatory. Podcast I would most like to share about is Medical Medium - Anthony Williams, author of Life-Changing Foods	Open Q and A session with Jim, preceded by a special video presentation.	dance cuddle play presence / sweet welcoming safe / dance play & touch space / we have music & great people / embodied practice of love and wisdom

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	Sunday 10:00am - 11:30am	Sun 11:30am - 1:00pm	Sun 2:00pm - 3:00pm	Sun 3:00pm - 4:00pm
Sanctuary	<p>Offering: Embodiment Meditation</p> <p>Convenor: Keli & Karin</p> <p>Description: Exploring where thoughts, emotions, and physical sensations, live inside the body and where there is any separation in the body with stillness.</p>	<p>Intimacy & Sex</p> <p><i>Karin Petersen</i></p> <p>Heart circle - authentic sharing about sex & love relationships in 4D transition!</p>	<p>4D group Consciousness Blending Meditation</p> <p><i>Benjamin & Maeikisala</i></p> <p>We will experience 4th density blending, in safe space, in this spontaneously guided, co-created group meditation experience.</p>	<p>Intro to Psy-Trance (20 minutes)</p> <p><i>Zak Kilberg</i></p> <p>Psy-Trance music & culture evolved on the beaches of Goa India between the 1970's - 1990's and continues today as the evolved Electronic Music Culture. Taking place in remote locations internationally these multi-day music festivals intend to create a 4D Psychic Portal on the dance floor. But be aware as both light and dark can be present here and discernment is key (as is heart-centered loving kindness). Hear about "Psy" experiences and sample some of this powerful music and dance for yourself!</p>
	<p>Offering:</p> <p>Convenor:</p> <p>Description:</p>			<p>Qoya: Love & Light (40 minutes)</p> <p><i>Ami Adkison</i></p> <p>Remember your essence as Wise, Wild, & Free. Dance / Yoga / Sensual movement / If it feels good, you're doing it right!</p>
Dining Hall	<p>Offering: Spiritual Bypassing and the Transition</p> <p>Convenor: Austin Bridges</p> <p>Description: Spiritual bypassing is the use of spiritual practices and beliefs to avoid dealing with our painful feelings, unresolved wounds, and developmental needs. I'd like to have a discussion about the potential for spiritual bypassing in discussing fourth density and the transition, then flip the discussion around and share what could be useful in looking forward to 4D.</p>		<p>Visioning a 4D Sanctuary (2 hours)</p> <p><i>Aaron Maret</i></p> <p>What would a land-based center for living, learning, and teaching the ways of positive metaphysical polarization, service to others, an dactively supporting the Earth's transition from 3rd to 4th density look like? Let's imagine, contemplate, brainstorm, and co-envision a template together:</p> <ul style="list-style-type: none"> - What principles, practices, elements are most essential? - In what ways could you imagine yourself involved? - What love and/or wisdom might you contribute to this creation? 	
Retreat Living Room	<p>Offering: Sharing Our "Wanderer's" Stories</p> <p>Convenor: Ionsul Ferrin</p> <p>Description: A facilitated conversation to share our experiences of being "ET in America". Could include a guided meditation to connect to the higher-density self.</p>	<p>Green-Ray Energy Healing</p> <p><i>Shelley Leatherwood</i></p> <p>Lecture and discussion on the theory of energy healing. Meditation to clear our own energy field. Then we'll practice giving and receiving healing with a partner.</p>	<p>4th Density Life</p> <p><i>Linda Hoagland</i></p> <p>Several people in our midst are able (through regressive hypnosis and/or meditation) to recall their life in the 4th density planet prior to their incarnation here... We invite these people to tell us of their experience in that density.</p>	
Other				<p>Silent Meditation</p> <p><i>Jeremy</i></p> <p>Can't make it more succinct</p>
	ALL Weekend	Sunday Lunch	Other	Other
	<p>Lobby</p> <p>Offering: Bringing 4th a Mandala</p> <p>Convenor: Nissa Vrooman</p> <p>Description: Group participation painting...</p>	<p>Archetypal Mind</p> <p><i>Johnny / Joseph</i></p> <p>Open discussion ideally with Austin, Jim, or someone well studied to ask questions</p>	<p>All About Channelling*</p> <p><i>Jess (with Jim)</i></p> <p>Exploration of best techniques, tools, practices that L/L Research has gleaned over the years. * Emphasis on channelling the higher self consciously</p>	<p>Circle Shoulder / Back Massage</p> <p><i>You</i></p> <p>Open discussion on tools/techniques for processing/transmuting physical manifestations of unprocessed catalyst</p>