
L/L RESEARCH HOMECOMING 2011
PARTICIPANT'S PRESENTATIONS

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A SMALL MEDIUM TRULY AT LARGE

Carla Lisbeth Rueckert

August 27, 2011

Carla: The Creator in me greets the Creator in you and the human in me rejoices and joins with the human in you. Ain't we got fun?

It's a long and varied life for all of us, hopefully. I certainly have been down some winding ways. I never expected that I would be sitting here, leashed to a machine. I never imagined that medicine was something that involved plastic and pumps and patch kits but such is life and such is medicine these days and I have great hopes for a good recovery eventually from this technique, which seems to be working where nothing else has.

Okay. So that's my situation. It's been that situation for a couple of years now. It's one of the longest times of my being down and unable to work at my writing that I've ever experienced and you have to let go of doing and work on the inner work of being when you're in that situation.

Not everybody can pull that off and I certainly can't pull it off a hundred percent of the time. But mostly I do because I've had a lot of experience at doing the inner work, at having extended periods where I couldn't do outer work.

I've had a lot of fun, insofar as I was able. Before this operation, I wasn't well enough to work creatively but I had some things that needed editing and formatting. So I've chosen, in accordance with what would be of most service. So the first thing I did was to get all of our database of recipes in order so that as we go down the line and we prepare them and we notate them, we correct the amounts and so forth, so that they're all in the right format. Because we hope one day to put out an L/L book for each season that involves the foods of that season and the biodynamic planting for that season and all kinds of good stuff like that.

I've got a bunch of readings that I have done in the morning for years from Holly, the Holy Spirit, and I'll put those in there, in those four books to give people a little hit of inspired thought. And then, you know, the rest of it is just all down homey, just a companion book for the person that is home and loves being home and loves cooking and loves making a home. I hope that it will one day appear. It'll be a good ten years before I get to it because I've got a couple books in the pipeline I want to get done. Spirit is hoping I'll do those first, and I will.

Okay, so once I got the recipes all formatted, I looked around for the next thing that would be of service and that turned out to be my poetry, which has existed for many years on little bits of paper that I stuck away thinking, "Well, there's a poem," and didn't do much more with them than that.

Several years ago, a volunteer, Carmen Trevino, volunteered to type all of my handwritten and typed poems into the computer so in reformatting the poetry, I'm not having to type the poem out each time. I'm probably a half of the way through the project of getting everything formatted.

It feels really good to do these things in the outer work and since the operation I have been unable to pick up the computer or put it down because the wound from the surgery is in my lower spine and when I pick up any kind of a weight and put it down far from me, the complaints from various nether parts—it just doesn't work.

So Jim's been helping me. We've found time where he can put the computer on my lap in the morning while he's doing household chores. So little by little, by little, I've been pecking away at a

little bit of outer work. I'm thrilled to have that little bit but the truth of it is, we are creatures that do not count our worth by our works but by our intentions.

So each day when I do [our Morning Offering], I set my intention to serve the Creator. I dedicate my day to the Creator, my Beloved, my Holy Spirit, my Great Father—all of those personae [of the Creator]. And then whatever the day brings, I just look for opportunities to be positive and of good cheer and of service.

It may not be at all obvious but it keeps the sick room from becoming a dismal place and I don't think it's ever been that. I'm having a good time.

I guess the first credit that I would like to offer would be to my Beloved, Jesus the Christ, to Holly, my individual flame of the Holy Spirit and to the Creator Itself. It's a wonderful thing to have such strong help. The trick is of course, when you're in pain and uncomfortable, to remember to ask. It's so important to ask for the help that's there. Angels especially are not able to help unless you first ask them.

So, remembering is very important to me as I go through my days. Remembering to ask, remembering to be grateful to those unseen entities who are truly my very best helpers.

Then of course there are the people in my life that have made what could have been a very grim experience a delightful one. Poor Jim was awakened every two to three minutes between four-thirty and five-thirty this morning. Like two dozen times in the course of that hour. He was up getting the [wound-vac] machine working again, it has a leak in it. If there's some weird noises around the edges before I finish this talk it's because the wound bag technician has come out here to switch out the machine so we don't have this hassle all the time. This is the second machine [we've had]. Apparently it's kind of a kinky machine. It has a lot of glitches in it but it does do the job. I think it is really helping me to heal a lot.

The [hospital-size] machine costs thirty thousand dollars and our little machine is only twenty thousand dollars because it's the small one. You can hold it in the palm of your hand. It's not much bigger than a cat and it's twenty thousand dollars ... and their kinky besides. Oh well, but that seems to say it all about modern technology. There are a lot of glitches but there are a lot of good ideas too.

At any rate, I'm finding it very endlessly peaceful and invigorating to be here healing amidst all the beautiful things in Jim's room.

The machine just went off again.

[Jim's room is] a wonderful place to heal up. I've been able to watch the process of the flowers blooming. First the early spring flowers, then tulips, lilies, then the iris, on and on and the roses have come into bloom. And I can see out the back door when this door [to Jim's room's] open, and see all the wonderful green. And so I have this feeling of the outside coming into me and the strength of the Earth filling me and it's a wonderful place to heal. But I certainly am pretty much isolated to this one spot for the duration of the healing. Hopefully it will not take more than a month or two. I'll be off the machine and free as a bird and able to do a little bit more and that will be wonderful.¹

Okay. There is Jim of course, my husband, I call him Mick. Mick has been through the fires with me many times. He and Steve T have in common a long siege of taking care of an invalid. Steve's

¹ As I edit this, it is more than a full year later, and I am still trying to heal, and hoping to be better in a month or two. It has been an unexpectedly long siege this time!

wife passed after decades of their loving partnership, about five years ago now. Time enough that he has gotten on with his life, gotten remarried and so forth, but he has probably twenty years of taking care of a woman that could not do much for herself.

He and Jim grew close back in the late eighties because they shared this experience and Mick and Steve T are truly two gentlemen who know what it is to give endlessly and selflessly and with all the love in their hearts. I'm so grateful to have my Mick.

We have a good time. It isn't grim or doleful in here. We have our giggles and our laughs and make love and grin at each other and cuddle—all of the good things in life. And then too, he empties my potty and washes my bum and all of that.

So Mick has been essential in making it possible for me to be at home and not in a nursing home, which is one of the hells on earth, [although that is] a fairly well kept secret. I don't ever want to be in a nursing home until I'm so out of it that I wouldn't know the difference. Then it will be fine. If you're an acute patient rather than a chronic patient, don't get yourself involved in nursing home care, because it's not set up for acute care. So, I'm very grateful to be able to be at home with so much more of a healing atmosphere.

All right. Why am I having all of this? What's going on? Well, I'm not a fan of "if A, then B, if B, then C" when it comes to metaphysics. You can't add metaphysics and get a number. You have to sense into metaphysics and feel your way to see what inner relationships are really happening.

I've pondered this quite a bit through the months of this two year period of quietness and recovery from the two big spinal operations. One [was] on the eight top vertebrae and this other one that's been so hard to heal from [is] on the lumbar vertebrae. I take it back to events that happened to me in 2005.

I was in Britain on a teaching tour that occurred because my beloved friend and student, Pupie, wanted me to come to her wedding and be the "wise woman". I can't remember what the precise name for that is in Bahia but it's something you need at your wedding, one for the bride and one for the groom. [Pupie] wanted me to do that. I just couldn't bear the thought of paying all that money to go to England and not serving, except in this very ritualistic, societally-based way.

So I put it on the website that I'd offer free teaching to any group and that if people wanted to have me speak for them they just needed to let me know, and to find a venue that was a public place so that it would work on the tax return when we said, yes this was truly L/L business. And I had a wonderful time for the three weeks.

I did five speeches all over England—which is a small country—Bath and London and East Sussex and St. Alban's and [Newcastle upon Tyne. It was a wonderful time! Vara was helping me with all of the details. She was carrying bags, unpacking, repacking, schlepping. She made it happen. She was a wonderful help and a wonderful aid. One night I had a dream. It was right after I had dedicated the rest of my life to the Creator.

I was lying in the bathtub about six o'clock in the morning. I knew that both Pu and Vara tended to spend a bit of time in the bathroom once they got hold of it, as did I. So I thought the thing to do, since they both have a tendency towards sleeping late, was to get up early because I have a tendency to wake up [early] anyway.

So I was [praying] in the bathtub and I felt inspired for some reason to call on my angels. The air was full of angels! And I said, "I just want to serve every day for the rest of my life. Please help me do that." And something happened. Something moved through me and seemed to disturb the waters a

bit and a wonderful feeling came through me that I've been heard. I'd truly, truly been heard. It was a wonderful experience. And after that, the night after that, still at Pu's house. I had a dream.

Now at this point, Pu and her husband were off on their honeymoon and we were taking care of the house for them. So after I [woke up from] this dream I pounded up the stairs to Vara and told it to her. And about half way through [telling her] the dream, she told me, "That's me, I'm in your dream. I can't believe that I'm in your dream!" And it turned out that all her life she had an alter-ego as a Gypsy type young girl and she [in this persona as the gypsy girl] had been helping me in this dream.

I'll tell you the dream briefly. In the dream I was from America. I was in France and I had been given a piece of paper. I snuck a look at it before I put it in my back pocket and it just had the letter "B" on it and that was it, so I stuck it back in my pocket. Well, an evil Count was trying hard to steal that piece of paper so as to find out what that message was, because this was supposedly a message for all of America, to save them in the latter days.

[In the dream] I was running through Paris, through great huge hotels with wonderful architecture and through mean streets that I haven't ever seen. And that's where I picked up this young Gypsy girl, about eight or nine years old and she beckoned me to come with her. She said, "I can get the Count's men away from you if you'll just follow me."

So we were running and running and running and we finally ended up some place in the outskirts of Paris, in a very rural setting actually. It was a butchery. There were the carcasses of cows and a couple of other mammals that obviously were going to be harvested for food. There were piles of their insides, their offal, their excrement. Just the most unpleasant, bad smelling, nitty-gritty, down-to-earth place you could possibly imagine being. And she said, "They will never look for you here. You'll be safe here."

So I lay down in the straw amidst these piles of offal and dung and guts and was able to go to sleep. And when I woke up I wanted to tell the story [to Vara] right away so I wouldn't forget it. So I woke Vee up from her sleep and told the story to her. We marveled over the fact that our inner selves, our psyches had merged enough for me to receive her into my dream and I thanked her for helping me.

Well, she went back to sleep because after all, this was early! And so when she woke up she came pounding down the stairs to me and said, "I've got the rest of the meaning [of the dream]."

Well, what had happened to her was, she was gradually awakened by the insistent buzzing of a wasp. You know how they go "zzzz zzzz zzzz." Finally she decided she was going to have to get up and let the wasp out the window. So she did that and as she let the wasp out the window she realized "B." BEE. B—. Be!

And she says, "I know the message. The message is to be."

It was a powerful message. And I am now working on mining this load of beingness for the all the gold that it has in it. I think that a quotation of Ra's is most appropriate to me at this point and that is, when Don asked how to awaken the magical personality, Ra replied, "Know the self, accept the self, become the Creator."²

² The exact quotation is from the Ra session 74, question 11:

Questioner: What I am trying to get at is how these disciplines affect the energy centers and the power of the white magician. Will you tell me how that works?

I've known myself pretty well for a long time. I have lived a conscious life. I have been awake in this incarnation from the crib. I've been fortunate to do that because I've been able to get a lot of thinking, of feeling, of service done that I would not have been able to do otherwise. If I hadn't been a very strange kid that thought about infinity and eternity and wanting to serve my Beloved, Jesus the Christ, I would not have been tuned and focused in that way enough to be able to serve as channel. Because it's all about focus in channeling. You have to know who you are on an existential level, on a metaphysical level.

So I'm able to know myself. But accepting the self? I think that my having to deal with my own shit and my own pee, not being able to simply flush it away but to see people I love having to take it away for me is [allowing me] gradually to find it easier to accept my humanity; to accept the fact that I am not the wanderer who is on the outside looking in. I am of Earth. This is who I am for this incarnation, and I cannot turn away from any of it. Nothing is too vile. Nothing is too low. Nothing is outside the purview of my love.

So I've gradually begun to accept and really to love the part of me that is so insistent on going to the bathroom every, oh goodness, I shouldn't have said that now, I'll have to go. No, not really. I think I can hang out for the next four minutes and thirty-five seconds.

So, I am on an adventure, as always, and that adventure is accepting myself and being. And that is pretty much what I've learned, what I've worked with while I am truly at large and truly unable to focus on anything as I normally would do. It has been a wonderful journey and I have had wonderful companions, both in the physical and outside of the physical.

I think that's what I wanted to tell you all today, to give you any insight that I could possibly have as to the reason for this time for me. There's nothing that's wasted in a lifetime. Seeing the bigger picture really, really helps. I'm sure the writing that I do after this period of illness will be far the better for my having so many emotions, so many negative emotions especially, during this time of pain and difficulty.

Now, I've got about three minutes left and I was wondering if anybody has a question?

Gary: The group sends their love and they say thank you but no, no questions.

Carla: Okay. In that case, my time is up and I thank all of you for hanging and listening to an old lady. I love you all, I'm so glad you're here and I can't wait to hear what you all have to say as it comes to be your turn [to come visit me].³

God bless and I'll be saying "Hey" to each of you who wants to see me.

Gary: Beautiful.

Ra: I am Ra. The heart of the discipline of the personality is threefold. One, know yourself. Two, accept yourself. Three, become the Creator.

³ There was a connection where either I could hear the group or they could hear me. During my talk, it was reversed so that I could talk and they could listen. I was unable to leave my bed and join the circle in the back garden of Camelot physically.

ETHICAL CHOICE THEORY

Steve M.

August 27, 2011

Alright. Hi everybody, I'm Steve M. and I'm giving a presentation as a follow on to what I did last year but it's self-contained, so you don't have to have been here.

There's some sheets that were left on your chair and the first of them, the top most sheet says 'Excerpts from the Ra Material Relevant to the Ethical Choice Project'. So let me give a little background.

What I'm attempting to do is to redress the imbalance that currently exists in economic theory. Right now the conventional economic theory is entirely negative based material in theory and the Ra material makes it pretty clear in many places that it's possible to develop a positive type of approach.

So this is my work on the subject. Because I have a background in math and these areas, I thought it would be best if I tried to do this at least in part mathematically. I'm not going to show any mathematics in this but there's plenty of it that back up what I'm going to say today.

The reason for mathematics, using that, is because that's the only thing economists pay any attention to today. So if I'm going to have a hearing on these ideas, there has to be some sort of theoretical foundation on which the discussion can happen.

So I want to talk about those places in the Ra material that relate to this project that I have and I call it 'Ethical Choice Theory' because the dominant theory in economics today is called 'Rational Choice Theory'.

Alright, so let's read these quickly. I'll read them and then I'll make some comments.

Okay, on the first on Don is asking about pyramids or talking about pyramids generally and in this particular excerpt which is section sixty, he says

"the pyramid shape then, as I understand it, was deemed by your local social memory complex at that time, of paramount importance of physical training for spiritual development. At this particular time in the evolution of our planet it seems that you place little or no emphasis on this shape."

"I am Ra. This is correct. It is our honored duty to attempt to remove the distortions that use this shape has caused in the thinking of your peoples and the activities in some of your entities. We do not deny that such shapes are efficacious nor do we withhold the general gist of this efficacy. However, we wish to offer our understanding, limited though it is, that contrary to our native naive beliefs spanning thousands of your years ago, the optimum shape for initiation does not exist.

Let's expand on this point. When we were aided by sixth density entities during our own third density experiences, we, being less bellicose in the extreme, found this teaching to be of help. In our naivety in third density, we had not developed interrelationships of your barter or money system and power. We were in fact a more philosophical third density planet than your own and our choice of polarity was much more centered about the, shall we say, understanding of sexual energy transfers, the appropriate relationships of self and otherself. We spent a much larger portion of our space/time working with the unmanifested being. In this less complex atmosphere, it was quite instructive to have this learn/teaching device and we've benefitted without the distortions we found occurring among your peoples."

I'll not read the rest of this but the last minutes, but I will comment that I have a sheet, sort of the end of this part, some of you will be a detached second sheet, others won't.

I have some observations to make about this reading so I'll go through what I say. It says 'observations' on this fourth sheet.

In Ra's 3D experience there was no polarity development through barter, money, or power relationships or at least they say they were minimal. Polarity was developed based on sexual energy transfers and appropriate relationships or investigations of appropriate relationships.

Secondly, in our experience we polarize using barter, money, or power relationships in addition to sexual energy transfers and appropriate personal relationships. Thus earth's 3D experience is more complex than Ra's but new avenues are open for polarization, since the service to self or service to other's paths are more subtle when barter and money and power are introduced. Thus these new developments are useful because new and more subtle means of polarization are thusly introduced. So this is my sort of observation related to the investigation that I'm making about this particular reading.

Now, section 54 is fairly long, I'm going to read most of this but I want to point out the point. He's talking about red, yellow, and orange rays in service to self and service to others and this is dealt with in many places of the material. So, I think rather than read this whole thing, why don't you skip to the second page. You can read the rest of it yourself later if you wish, of course, but let me tell you where you want to start, just hold on a second.

Alright, what it says in this I'll summarize a bit. It says that entities must, it talks about the rays and how the energies are used and it says that the red ray receives the energy and access beyond the red ray (which is the survival and reproductive, sort of, part of our incarnation or our beings) is then used for work in the higher energy centers. So those are our orange, yellow, green, blue, and indigo and so on.

Now, it says at the bottom of this, it says, he's talking about the difference between the use of these energies between negatively and positively oriented entities. The reason for this interest, my interest in this is because this is basically cutting to the heart of the issue of the current economic theory that we have, the negative version.

So I'll start in the middle of the page where it says, the questioner says,

"Prior to incarnation, as an entity becomes more aware of the process of evolution and has selected a path whether it be positive or negative, at some point the entity becomes aware of what it wants to do with respect to unblocking and balancing it's energy centers. At that point it is able to program for the life experience those catalytic experiences that will aid it in its process of unblocking and balancing. Is that correct?"

And Ra says "That is correct."

"The purpose then, of what we call the incarnate physical state, seems to be wholly or almost wholly that of experiencing the programmed catalyst and then evolving as a function of that catalyst. Is that correct?"

"I am Ra. We shall restate for clarity. The purpose of incarnative existence is evolution of mind, body, and spirit. In order to do this it is not strictly necessary to have catalyst. However, without catalyst the desire to evolve and the faith in the process do not normally manifest and thus evolution occurs not."

(So, well, we'll talk a little about the implication of that statement shortly.)

"Therefore, catalyst is programmed and the program is designed for the mind/body/spirit complex for its unique requirements. Thus it is desirable that a mind/body/spirit complex be aware of and hearken to the voice of its experiential catalyst, gleaning from it that which it incarnated to glean."

Questioner: "Then it seems that those upon the positive path as opposed to those on the negative path would have precisely the reciprocal objective in the first three rays; red, orange, and yellow. Each path would be attempting to utilize the rays in precisely the opposite manners. Is this correct?"

"I am Ra. It is partially and even substantially correct. There is an energy in each of the centers needed to keep the mind/body/spirit complex, which is the vehicle for experience, in correct conformation and composition. Both negative and positive entities do well to reserve this small portion of each center for the maintenance of the integrity of the mind/body/spirit complex. After this point, however, it is correct that the negative will use the three lower centers for separation from and control over others by sexual means, by personal assertion, and by action in your societies."

(And we'll talk about the implication of this shortly too.)

"Contrary-wise, the positively oriented entity will be transmuting strong red-ray sexual energy into green-ray energy transfers and radiation in blue and indigo and will be similarly transmuting selfhood and place in society into energy transfer situations in which the entity may merge with and serve others and then, finally, radiate unto others without expecting any transfer in return."

There's several points to made here so let's go to this next sheet here while I discuss points that are important to what I'm discussing.

All entities must reserve some portion of red ray energy in order to continue the incarnational experience, that is, to survive. The remainder is available for work with higher energy centers. STS converts energy into red, orange, and yellow catalyst to create separation from and control over others. Others meaning either things or selves. STO on the other hand, transmits excess red into orange, green, yellow, blue, indigo broadcasts irrespective of expectation of return.

Now, this idea of broadcasting or dealing with others without expectation of return strikes at the heart of the sort of theory, ethical choice theory that I want to describe because it's in expectation of return that all economic theory currently is based. The idea is, it's always quid pro quo; I do something for you, you do something for me. I want to short circuit or at least show there's an alternative to that way of thinking that makes a theoretical development possible.

Alright, and then barter. Now barter, what's barter? Well, for those of you who aren't English speaking you may know what this, but barter is an exchange of goods in kind, not in kind, but basic goods. So if I want to sell my car, I go look for somebody who's got some furniture in their house and I'll exchange my car for their furniture or I have some food, I want to exchange that for something I need and barter systems work by that kind of exchange. It can be either group-wise exchange or individual exchange.

However, embedded in the concept of barter is expectation of return. So it starts there really but the difference between barter and money type of economies that we have, is that you can accumulate almost an unlimited amount of money but you can't continue to barter in unlimited fashion. You would have the potatoes piling up in your back yard, so what? It wouldn't be worth much. You can only eat so much, you can only drive so many cars, you can only have so many airplanes. Although, by the way, one of the founders of Microsoft, has I think five, six airplanes now because he couldn't figure out what else to do with his money.

So it is possible to accumulate a tremendous amount of money but then that money is not necessarily used for consumption. It's going to be used for power or such wants as one has with that amount of money. So anyway, money transactions allow the accumulating of wealth which I comment on here and this is certainly also an expectation of return type system. That is, I give the grocer a certain amount of money and they give me a certain amount of food but they are not going to give me the food. It has to be the expectation. The expectation is built in to that transaction.

Now the final part, and I want to give a little side thing. The number that I started seeing for years is twenty-two. It seems like so many things happen to me on the twenty-second of the month and I'm a numbers guy anyway. Numbers like that just pop out and guess what? The main thing I want to talk about happens in section 22.

Alright, I kind of know I'm on the right track. I'm going to read this section here in its entirety. I will ask a couple of questions to clear up the second major cycle and then we will go to the third and last major cycle.

So here he's talking about the second twenty-five thousand years of the seventy-five thousand year cycle and the development on Earth of our experience.

"Can you tell me what was the average life span at the end of the second major cycle?"

"I am Ra. By the end of the second major cycle the life span was as you know it, with certain variations among geographically isolated peoples more in harmony with intelligent energy and less bellicose."

(So something's missing here. Alright, here's what he says, it's between forty and a hundred years. I'm sorry when I copied this ... oh okay. Oh I'm sorry I read the wrong question, answer, sorry. Okay so the average is perhaps misleading, to be precise ... yeah, you didn't answer my question.)

"To be precise, many spent approximately thirty-five to forty of your years in one incarnation with the possibility not considered abnormal of a life span approaching one hundred of your years."

Question: "Can I assume then that this drastic drop in average life span from seven hundred years to less than one hundred years in length during this second 25,000 years was caused by an intensification of a lack of service to others?"

Ra answers: "This is in part correct. By the end of the second cycle, the Law of Responsibility had begun to be effectuated by the increasing ability of entities to grasp those lessons which there are to be learned in this density. Thus, entities had discovered many ways to indicate a bellicose nature, not only as tribes or what you call nations but in personal relationships, each with the other, the concept of barter having given way to the concept of money; also, the concept of ownership having won ascendancy over the concept of non-ownership on an individual or group basis.

Each entity then was offered many more subtle ways of demonstrating either service towards others or service to self with the distortion of the manipulation of others. As each lesson was understood, those lessons of sharing, of giving, of receiving in free gratitude—each lesson could be rejected in practice.

Without demonstrating the fruits of such learn/teaching the life span became greatly reduced, for the ways of honor/duty were not being accepted."

Now I'm not particularly focused here on the reduction of lifespan. I'm more interested in the comment he makes in this paragraph about bellicose nature and the implication, though it's not necessarily directly made, you could read it differently, that, he says that not only what you call

personal relationships each with the other, the concept of barter having given way to the concept of money.

Now, he's indicating certainly that this is a development that can be used for positive or negative but particularly it is one thing that can indicate a bellicose nature. I had never thought of barter or money systems as indications of some bellicose development of the bellicose nature but you can read that in here if you wish and the concept of ownership and non-ownership similarly.

Why would those things possibly give rise to some bellicosity? Well, for example with ownership, if I now own something like this thing here and I put my name tag on it, all of a sudden now it's mine. That means that you can't have it. Suddenly then, if there's anything that somebody else covets, then there's going to be some bellicosity or adversarial relationship over who's going to get it.

So I believe that that reading makes some sense here. Now barter/money, I was just saying the thing about the money, barter being replaced by money has exacerbated this problem by allowing some individuals to accumulate a tremendous amount at the expense of other people pretty much.

Now, I'm done with this part and let's now go over to the final sheet that I gave you. I just want to say what I'm doing. I'm not going to give math as I said but I'm going to outline it here and that's it. How am I doing for time, by the way?

Okay I've got ten minutes. I'm trying to finish this quickly. Rational choice theory, you can look it up on the web and what you'll find is that in rational choice theory (...) in other words, whoever dies with the most wealth wins. That's one of the jokes they tell. Your objective in life is to maximize your utility, so you want to accumulate the most money and wealth and of course power can be substituted here too.

Then there's the Nietzschean super human in economics and he's called Homo Economicus. I use capital H for that guy. Homo Economicus is a individual who is a super computing human who always does the thing that's absolutely the best for him regardless of its impact on anybody else. So games he plays, those are given by Nash equilibrium. If you remember seeing a movie, 'A Beautiful Mind', if you ever saw that, John Nash was the guy who invented this theory that says that if everybody looks out just for himself and tries to maximize his own self interest, then there is in almost any mathematical game we can set up, an equilibrium. At least one point where everybody has no incentive to change what they are doing because if they do, it will cost them.

Alright. Now, this leads to the paradoxes that have given endless errands in economics and they are called social dilemmas. Now a social dilemma is something where if everybody tries to do the best for himself, what happens is you get a group outcome that's just absolutely horrible. Here's the example: each of you I give a hundred dollars let's say, a hypothetical hundred dollars and you can contribute any portion of that, nothing or the entire amount into the pot, right here in the middle of our area and I'm going to take the total amount accumulated and I'm going to add twenty percent to it.

So if no one contributes anything I add nothing but if everyone contributes their hundred dollars and there are (I don't know how many people) say thirty-three here at the table. That's thirty-three hundred dollars there, I put in twenty-six, twenty percent, that's six hundred and sixty dollars, so there's thirty-nine hundred and sixty dollars in the pot.

Now here's the rules. You can contribute any amount but when you get paid back everybody gets an equal share. Alright, so what does a self-serving group do? The only solution for them is to contribute nothing. Here's the logic: if you even contribute one dollar and twenty percent gets added to it, what happens is you're now dividing that one dollar you gave thirty-three ways and therefore

you're getting one dollar and twenty cents divided by thirty-three. That's a very bad proposition for you. So if you're just thinking of yourself, the only thing you'll ever do is put in zero.

But there are service to others people in our society so they'll naively will put their money in and let's suppose half of us will put our hundred in and the other half contribute nothing. Then the other half, for no risk at all, receive a tremendous bounty. What's the problem here? The problem is when you just think of yourself, not of the group in this little paradigm, everyone suffers unless there are few service to others people and a few, not too many, service to self who then get the rewards of the contributions of the service to others.

That's a social dilemma and that's called the public goods game, it's named here. Now there are plenty of examples like this, for example, the environment. Well, if I contribute into some fund the government is going to use for environmental improvements, I do it and I contribute freely but plenty of other people don't and they receive the benefits and this is called the free rider problem. Somebody's a free rider, he doesn't contribute anything but expects to receive the benefits.

So how can you get rid of this problem. What I do is I develop an idea of an ethical equilibrium and it works this way. I give everybody a choice: you can either be completely self serving completely group serving, as I call it, and I look at what happens if you take a pure group, a pure group serving group, a pure self serving group and I put them in exactly the same game setting to see how they do.

Well, it's not surprising what happens. First of all, the average amount benefits that people in the group get are always greater than the average in the self serving group. Why is that? Because the frictions caused by lack of cooperation in the self serving group end up costing them average returns for the group. But on the other hand, the few self serving that are in the self serving group, the better ones at it, end up accumulating tremendous amounts compared to the other people. So you end up seeing a wealth gap like you end up seeing in our economy today.

So what my ethical choice theory does is this: it says it separates action from intention and it says we all have intentions. We can intend to be group serving or we can intend to be self serving. Follow from that basic choice we can then take actions. So I separate intention from action and when those actions lead to wealth and I then examine the consequences of play and compare and it turns out there's two versions of morality that comes out of this.

The conventional circle of morality can only be understood from the group serving point of view. That is to say honesty only makes sense if you want to serve a group because otherwise dishonest people will take advantage of you. So, to put it in sort of English here, the point is you can frame all this mathematically and that's what I've done. So I allow people to choose their intentions through free will. I then assume that some people are good at figuring out what to do, some people aren't good, I mix this up in the blender and see what happens and it turns out that you can read your little third theorems down here and some other stuff.

I can't go into the rest of this because I don't have any time left but invasion detection is if you want to exclude negatives from the game, your social game and you want to exclude them, how can you do that if you want to have an exclusionary policy?

Well unfortunately the only way to try to detect who is and then of course you'd detect some good and some bad and like Jesus said in his parable of the weeds, if you try to pull the weeds out of the garden you get a lot of the crop too. So the problem is, that's not a real good solution and this of course is what people try. They advise regulation in government for example. It's the same idea. A regulation is the same idea of having some policies that try to pull out the weeds but also hurt the crop.

Some consequences of the pure group serving that I can show mathematically are: there's total sharing. That is to say, without total sharing the idea starts to break down. You start to create competing interests, even in a group setting. There's no private property. That's another problem. In other words, the idea of private property which Ra has talked about as not being helpful in their experiences or not (?) that is and then no money is the final one. That is, the money economy and the type of capitalism we have today has to go.

My time is almost up here and I unfortunately left only a minute or so. Anyone want to comment or ask any questions? I can't go any further to this ... I'm just not ... I have one final thing, I'm sorry.

Ethical choice theory in your book, this is the preface to the paper I've written, the introduction, so if you want to go through and read this, it puts this into eco-language, what I just said. Econ-language and I hope to publish this by our next meeting, so let's see what happens.

Question: You mentioned, did you test what you would consider STS and STO after you (?) separation?

Steve: This is a theoretical study at this point because I, like I said, I have to get ... well the subtitle of this says 'Ethical Choice Theory' and it says 'Building Ethics into Utopian Economics'. Utopia. In other words, this is their theory and unfortunately they base a lot of policy on it. So what I want to do is show that another way to look at this is possible and the results and the kinds of policies you should pursue are really different, okay?

Question: I've got a quick question. You reference the Ra excerpt where Ra referenced the development of money and the non-ownership of property and how it gave entities other means to polarize, to express their polarity in more subtle means, obviously. So let's say I loan somebody some money and I expect that money back is, in your opinion, is that a rejection of green ray which Ra defines as giving without expectation of return?

Steve: Are you only going to give him the money because you expect to get money back?

Question: No, no interest scheme. It is to help but I need that money so do you think it's a rejection?

Steve: If you expect to get the money back and that is the terms on which the money is offered than yes, I do think so.

Question: I have a couple that are not exactly related to your thing about catalyst. The sub-logos offers the catalyst at the lowers of everything. Is offering catalyst a social property and human property of the sub-logos?

Steve: You said offering property?

Question: Offering catalyst.

Steve: Yeah, exactly. In other words, the idea we were just talking about is that this is a form of catalyst that can help us to polarize by realizing for example, that non-owner ship or that there's a thing in economics—they do studies and what's been found is that once you give somebody something all of a sudden they want to charge you more to get it.

For example, my classes, what I did was offer half of the class a coffee mug and the other half got nothing and afterwards I ask how many of you (the coffee mug cost a dollar, I told them that too), I said what price would you now sell this coffee mug to somebody else for, those of you who received one and those of you who did not receive a coffee mug, what would you pay for it? What's the highest price you'd pay? What's the lowest price you'd sell?

And it turns out that when you look at that, economics says there ought to be fifty/fifty trade. In other words half the people would go above a certain point which is the real price and half the people would be below that and half the people would want to buy above the real price and half below and so you get one half the people trading in that situation.

It turns out you get ten percent, more like ten percent trades and it's a clearing price, what it's called but basically what it's saying is this: that once you give something to somebody they have what's called the endowment effect. All of a sudden this is mine and I want to sell it for more or let's say you own a house, this house is so great I won't sell it at what the market says, I want more because my house is really great and this bias of ownership is something that shows up all across the board in our society. So ...

BALANCING UNCONDITIONAL LOVE THROUGH SPIRITUAL CONFLICT

Abraham A.

August 27, 2011

Before I get into a recent experience I had, that changed my whole outlook on life and being, I'd like to share something I thought of just recently—an interesting analogy to creation and existence.

I see the creation as a glass—and if you take that glass, and throw it to the floor, then what happens? Obviously, it shatters into many pieces. If you analyze the individual glass fragments, you may notice some cracks on the surface. My view on this is, I see myself as one of the individual glass fragments, and I myself have “cracks.” Those cracks being, victimization issues, low self-worth, issues of the ego, etc.

The logical way to repair the glass is to seal the cracks on each individual glass fragment, then seal the fragments together to get the whole. In physical reality, I see people around me, on a bus, in a restaurant or park, and I see them as glass fragments from the same glass as myself. So, this analogy really helps me to establish a deep, profound love and appreciation for everybody I encounter.

With that, I would like to get into my experience. I kind of went into my background a little bit yesterday, but I'd like to reiterate some of it. I've been familiar with the Ra material for about a year and a half now, however, I have just recently recognized the power and clarity in its message. Thus far, it has served as a wondrous gift, being a catalyst for deep introspection. Admittedly, when I first discovered the Law of One information, I did not resonate with it, as it conflicted with other information that I was following at the time. I had an experience this Spring that allowed me the opportunity to thoroughly reevaluate my intuition. It was truly, spring cleaning for my soul! From this self-analysis generated immense spiritual discomfort, as I felt the strong urge to explore the possibility that my perceptions regarding my path and what I felt to be truth, were not what I originally assumed. Yearning for inner comfort, I blindly accepted and lived accordingly to other people's outlook on reality. I'd like to share this experience of mine, and how I feel I've effectively managed to maintain balance in a spiritual conflicting situation. For various reasons, I choose to withhold from providing names of the individuals involved, however if you ask me privately I will tell you.

When I was much younger, I began to develop a thorough awareness of my inner self, and this, was largely due to the catalyst that the profound despair that I spoke of yesterday—that despair was the catalyst for my yearning to understand more about existence. Suddenly, things I took for granted were now these beautiful mysteries, just waiting to be examined and understood. At that time, I can remember looking up at the moon, and the stars, just pondering the reason for their existence. Over the years, I investigated a wide array of information from numerous 'gurus' who appeared to have all the answers to life's questions. When I felt within myself that it was time to move on to a different way of thinking, almost miraculously, a new 'guru' would appear in my world with a new unique message. Eventually, I discovered a married couple whom claimed to be the world's foremost metaphysical leaders. They attracted many people from all over the world and offered many explanations for the mysteries of life, and I became intrigued with their message.

Desiring to break free from the loneliness I experienced in Dallas, I made the choice to move to Michigan to be closer to them, to help them with their business, as well as to establish deeper connections with the community of group members that lived there. Looking back now, I can say with absolute certainty I acquired what I had originally sought, and then some. Before I had moved there, I studied their work for nearly 6 years. From my personal interactions with them, coupled

with my analysis of their public persona from numerous radio and television interviews and seminars, I assumed them to be genuinely sincere in their efforts to help others, or as they call it, deprogram others. They provided extensive information regarding true world history, galactic history, and what they refer to as god-mind (which could be synonymous with the infinite creator that Ra speaks of) including the various levels of awareness that make up all of creation. They even offered sensible health and diet protocols and constantly encouraged followers to perform their meditative and visualization techniques and exercises daily. At the time, most decisions I made were filtered through their system of thinking, thus it became a way of life for me. I became convinced that their information was the truth that I had so eagerly searched for most of my life.

As time progressed in Michigan, and I had spent more one-on-one time with them personally, it became apparent that they were not practicing everything they had preached. Their obsession with self-improvement overshadowed their ability to empathize with the suffering of others. They began to develop suspicions that long-time followers of their work were plotting against them. They accused others of deception and betrayal. As a faithful follower, at the time I believed their accusations. However, a part of me acknowledged that prior encounters I had with the accused directly conflicted with their assessments. Thankfully, the strong desire to investigate matters for myself rose above any quick judgments. I met with the accused members in a discreet fashion, and slowly began to come to terms with the harsh reality that the accusations from the group leaders were not based on any solid evidence, but rather hearsay. This directly conflicted with my opinion of the group leaders that I had formed for so many years. At that point, I was in a state of mental purgatory. I observed one long-time devoted member of the group, following another, after another, suddenly being ostracized due to unfounded accusations. To make matters worse, I had discovered that this had been a recurring issue for nearly 10 years—I read from and spoke with several ex-members of the group whom had similar experiences.

Eventually, I met up with the group leaders one-on-one. Although I did not agree with their justifications, they felt that their actions were for the greater good of all that were involved. I did not sense deception from them, their intention really was to do what they felt to be the 'right' thing. Regardless of my personal feelings, I respected their right to follow their own convictions. I offered to act as mediator so that these conflicts between former members could potentially be resolved in person. If the true intention, which I felt was not malevolent, could be fully comprehended by both parties, then the conflict could potentially cease. Initially, I felt reluctant to assume the role of mediator, as I did not want to meddle in other people's affairs, nor to interfere with anyone's right to explore matters for themselves. Ultimately, I did offer the role of mediator, as I felt it was an opportunity for everyone to gain clarity and closure on what had been a painful series of experiences for many. To my pleasant surprise, all affected parties willingly agreed after initial reluctance and, in all but one case, the meetings ended successfully. Inconsistencies in perspective were clarified then understood, and peace was established for a time. Unfortunately, within a month after wards, new gossip spread to the group leaders, from whom, I do not know, further incriminating the former members of the group, and ultimately, dismantling the efforts of the peace talks.

The group leaders again blindly accepted this gossip as literal truth, finalizing any hope for a continued relationship by sending all former members a rather unloving goodbye e-mail. It became clear to me that for them, the path that lead from valid suspicion to rampant paranoia was rather short. Their disinclination to investigate their own suspicions, forced me to question everything I had learned from them. How much of what I blindly accepted was merely paranoid conjecture? I remembered back to the one mediation meeting that did not end successfully. At that time, the group leaders became very stubborn, and were not open to considering a perspective that

contradicted their own. After it was over, I remember asking one of the group leaders a question. "Do you agree that we are all one?" I said. He replied to the affirmative. "Well, then", I said, "Do you not agree that we will all have to make peace with each other eventually?" He responded with frustration. "There are other lifetimes for that." He said. "This lifetime serves a different purpose." Although initially apprehensive from his response, looking back now, I harbor more respect for his right to choose this perspective.

Because I was still friends with several former members of the group, the group leaders eventually became suspicious of me. They told me that I could only continue working for them if I cease communication from certain people. Because I place immense importance on my free will, I decided to once and for all end my business relationship with them, and let them know that I would no longer be following their information. I left them with love, and thanked them for being a catalyst for my spiritual growth.

As all of this unfolded, I became very confused. Often times, I would resort to anger, depression and even developed denial of what had occurred so that I would not have to face it. The truth was something I made up in my head to comfort myself. That is, in my estimation, why belief systems are formed and perpetuated throughout society. It is more comfortable to cling to an existing belief system than to arrive at your own convictions. I always took pride in my ability to 'read' others, so how could I have allowed this to happen? I was a fervent believer in my heart, that all things are one, thus I pondered the lesson to be learned from this experience. The group leaders reflected an issue within myself. I allowed someone else's version of reality to become MY reality. I remember past instances when I experienced minor sensations of doubt regarding what I had blindly accepted from them, and for the most part, I ignored these feelings. I truly loved them, and I allowed my love for them to camouflage any potential fabrications. I know now that If even a sliver of doubt exists within my heart regarding anything, then it should be acknowledged, and analyzed objectively, not suppressed.

So, indeed it was unconditional love out of balance that allowed me to accept into my being their version of reality. To deny their information, would be to potentially hurt their feelings, and I did not wish to do that. Thankfully, in the end, I discerned a path that allowed me to balance my unconditional love for them. I realized that, I had the right to follow the path that feels correct and true in my own heart, and, although it is never my intention to cause emotional pain to others, if my choices end up hurting another person's feelings, I cannot be held responsible. Although the group leaders actions led me down a spiritually painful road, it is irresponsible for me to place all the blame on them. I truly cannot blame anyone but myself. These are issues that come from within myself, that I myself must deal with. To deny what I attract into my life, is to perpetuate the spiritual conflict. It is imperative that I continue to face up to the reality that I do not always want to see. Consequently, all information, must first pass through my own intuitive filter before being accepted as truth. I have been more cautious to not lose faith in the power of my own being. I feel that when you have faith in the infinite creator, then the path for what you hope for will open.

After all the metaphysical drama had transpired, I decided to read the Law of One material again, and it provided me with a great deal of clarity, and inner harmony. It was refreshing to see the absence of fear-based information, coupled with the consistently balanced perspectives regarding a wide spectrum of topics.

What caught my eye was the detailed description of the different densities. Information that I dismissed upon reviewing the material initially, now began to make sense. The third density was that of choice—Of course! I felt as though I was coming out of a long coma.

I read of the paths of service to others and service to self. I naturally identified with the service to others path, however I could not help but question my approach to servicing others. As a child, I was raised to recognize when help was needed by others and to act upon it. For the most part, I have lived by this rule, however I would never claim to have followed it perfectly. I remembered the loneliness that I have experienced most of my life, my longing to have a place to belong in the world, and I ponder whether my choice to serve others is influenced by my desire to be accepted? Would this then, constitute a self-serving path? This is something that I must explore for myself. However, I am reminded that the best way that I can serve others is to remain true to my core self during the process. I look forward to reviewing more from the Law of One books, as well as all the other wonderful information that L/L Research has to offer, as it is quite profound.

To conclude, this experience has enhanced my appreciation for my own existence. It has reminded me of how life truly is a beautiful gift, often times disguised as my worst nightmare.

WHY DO I LOVE?

Lynn F.

August 27, 2011

Why do I Love? Why do I care? In the past several months, this question has gone beyond a whimsical curiosity. It has been the hinging point of my polarity. I have heard many of my friends and loved ones speak of me as a brilliant beacon of light- a woman with a pure and caring heart. I know that others look up to my determination to sacrifice and serve, and therefore it is to very few people that I express just how dark my heart often becomes.

Many people I know are afraid of the darkness, or they at least have a healthy abhorrence of it. To them, the shadow is a place of horror—a place they have no desire to go. It is easy for them to turn their backs on the calls of demons, and their perseverance through persecution drives the brightness of their light ever higher. For these people, there is no question as to which “side” they are going to take. The light is the natural choice. I envy these people.

To me, the darkness is a siren’s song. It wraps around me, and the knowledge of its power comes naturally to me. To manipulate others, to feed on their energies ... these are things I have known how to do since I was a child, and throughout my life they have benefited me. So very, very often the dark path goes beyond just flashy physical appeal ... it makes sense. It is something I can vividly picture myself following.

Unbeknownst to others, quite often it is only the thinnest of spider’s threads that keeps me attached to the open heart. In reality I am rather bad at being good, and so very good at being bad. It is easy to keep up appearances—to smile at my friends, to say my prayers, to comfort others when they are down, even when I can’t bring myself to truly care. It would be so easy to snip that tiny thread and go plunging off into the darkness. It would be so easy to shut my heart, and cut off the empathy that constantly drives knives into my skin. When my heart is closed I do not feel the pain, I do not hear negative voices snarling in my head, and I feel a rush of power within me. I feel on top of the world. So why, *why* does that thread remain, straining to carry the weight of all my sadness, anger and frustration?

For most of my life I lacked the answer to this question, and yet, even when it made no sense at all, I still clung for dear life to the light, even as I felt the shadows creeping up my legs, even as my heart became so dark that the presence of kindness and acceptance became revolting and caused me to recoil. I held on desperately, trying to cry but finding only a growing numbness where that endless well of Love was supposed to be.

In the end, it was a trait often associated with the dark path that explained my desire for the light. My cold and raw intellect thoughts detached of feeling, devoted solely to reason. I broke down the concepts in my mind, dissected them, studied and experimented on them, like a mad scientist, trying to understand what it was that pumped Love into my heart even as it was turning black. And after many hours of puzzling over this equation of Love, my efforts finally produced a product that made sense to me.

It is a fact that the only thoughts and the only actions I can truly control are my own. It is a fact that, in spite of empathy or even a gradually evolving telepathy, my own heart, at this point in time, is the only fragment of the Creator whose intentions I can truly, deeply know on all levels. Therefore, as far as I know, I could be the last person on the planet who still cares about anyone. As far as I know, if I stop caring, there could be no one left to care in the world. And it is a fact that I

have no desire to see a world where no one cares. If the planet stops caring, I can't see us as anything but doomed.

It is also a fact that I like to be treated well by others, and it is only logical that I would treat them in the way I desire to be treated. It isn't a balanced equation, to put cruel acts in at one end and expect kindness to come out the other. If I don't listen to other people, why should they ever listen to me? If I don't help them when they need it, who can I ever count on to come to my aid? I have tried to believe I am beyond the need for assistance in any situation—that my own will can get me through it all, but that is nothing but blind arrogance howling like the wind, and I think everyone knows it. Without the help of others, I would not be in this incarnation, sitting here with you right now. It is the Love and kindness of others that has preserved my will to live when there seemed to be no reason to go on.

Yet when I look at these reasons, they all still contain my own needs and desires. And isn't it so with everyone? We help others because it makes us feel good about ourselves. It gives us a sense of purpose, accomplishment and belonging. We may help someone in a way that is sacrificial, even going so far as to die for them, but there is always a degree of mental compensation—the reassurance that “I am doing the proper thing. The right thing. I am a good person.” If helping people felt bad in every sense of the word, I can't picture anyone doing it.

As the realization of how we are all One grows in each of us, we realize that to hurt another soul is to hurt ourselves, and to help another soul is to help ourselves. There are few who would stab themselves in the foot, yet hurting another is essentially the same concept. We refrain from hurting others to prevent our own pain, to maintain our own wellness. In the end, every single action is service to self, because, in the end, there is only one self to serve.

We are not so different from our dark brothers and sisters. We constantly think of our own comfort, and strive to preserve our peace of mind, body and soul. The only difference is that they, when they see an ailing body part, prefer to cut it off to preserve the integrity of the rest of the structure. They see weakness as a disease that will contaminate the portion of the Creator's body that they are steward of. Those of us on the positive side of things prefer to go to the doctor for healing, in hopes of restoring the structure to its full capacity, even if it is painful, takes a long time and could possibly make us vulnerable. We see maintaining the whole as the smartest option. Both techniques have been used by many throughout the ages. And no matter how much anyone may want to argue about which technique is more effective, both are at least adequate, and both lead to the same place.

For many Love is a concept beyond reason. It is a squishy feeling that takes us to giddy places. It involves things like faith and rainbows and walking off of cliffs and believing there will be an angel down there somewhere to catch us. But for me, reason is the thing that moves me to Love. Because in my mind, in spite of its nonsensical nature, ultimately Love makes sense. All the arrows point to Love. It is unavoidable. It is a variable in the experiment, and the results cannot be recorded properly without recognizing it.

I am keenly aware of how cold and detached my words may seem, and yet when I feel Love, I feel it in all of its glory. Even if I turn to it out of a logical approach, its touch is no less warm, and the tears it brings to my eyes are no less sincere. Love accepts all, in whatever unique way we happen to be wired, and that is the whole of it. And I suppose that is the deepest of reasons why I turn to the light.

I have constantly fretted about having a place in this universe. I have often felt as if no side could ever fully accept me ... that true polarization was impossible when I could see the reasoning behind both sides so completely. When I realized that, in the end, it doesn't really matter what you do,

because no matter which path you take, it is always Love that waits for you at the doorway to that next great adventure. But Love has already given me a place. Love whispers that wherever I am, whatever I am doing, He is right there beside me, watching with interest, smiling as His creation explores what it means to Be. With Love, the entire universe is my place. With Love, everywhere I step is home.

I have fantasized about many places I'd like to go after this life is over, but at this point I have no way of knowing exactly what will happen or where I'll end up. And in time I've realized it doesn't so much matter. The only thing I know for sure is that love will be there to guide me, now, then and forevermore—never turning away, even if I try to pretend it is not there, and I suppose, when you really get down to it, that is all anyone ever really needs to know. Love is my shadow and the air that I breathe. Love sees no difference between light and darkness. Love does not see good and evil thoughts battling inside of me, Love just sees me. That is why I choose to walk by Love's side. That is why I care. That is why I AM. And that's enough for me.

(Inaudible)

... going on. You're free to do whatever you want. I'm still your friend. I'm still here if you need me. I refuse to get into an argument and it's been very effective (...) in either making them rethink things or in neutralizing the tension to begin with.

Speaker: Thanks Lynn, for sharing your essay with us and just ... I had this urge to share with you guys one experience I had.

Back in my first day at the law school in Finland, I heard an awkward story that somebody who is actually serving in the prison for manslaughter actually got into the law school as well and of course everybody was looking. Who might that guy be in the group of law students.

Then a couple days later (...) tried to get some study materials for him because sometimes he's not able to come to the campus and get those books by himself and there was a lot of thoughts that the guy's serving for twelve years and he's a Hell's Angels member and he killed the president of the Banditos, the competing club.

Of course I was a little bit kind of, looking at him but ... I hope he doesn't kill me. There was a lot fear involved and then I, like after the first meeting with him, I was like, 'this guy is actually real' and he was very kind, even maybe a bit too kind (...) and one year he actually finished serving his sentence and he moved two blocks from me.

Then I was not in touch with him too much (...) come up to my house and I was like, 'well, I might go and see him'. He was there, "Do you want some red wine?", and I like to play chess, "Do you want to play chess?" and I end up coming to his house maybe, probably, five to ten times and we were just playing chess and talking about life and of course I was curious about the motorcycle clubs and 'what do you do?' and he just said to me, "Hey K(?)arl, you know, let's leave this motorcycle thing out of the thing. Let's just enjoy chess and drink some nice red wine and talk about life but let's not go to the ideology of ... because they won't match."

And we kept it that way and it's almost like when other people shared the ... like sometimes we don't match but it doesn't mean you have to reject the other people. If things go to that point that things are so different—I think that Ra said in the Law of One material that (or Q'uo, I don't remember where I got this from but) there's nothing wrong that's if it's too much for you. You don't do anything wrong by going to the other direction. Not just rejecting but you just send out a lot of light and continue on your own path but that was a good experience for me not to judge people. They might be very nice people even though their ideology and how they act are totally different.

But it was a good experience and I think sometimes the line between our laws and legal things and illegal things sometimes, we in the position where (...) most of people (...) would harm your child so you know that it's going to be hurt (...) most of us are willing to do something to prevent a child (...) easily. Somebody's a criminal, you get sentenced (...) you just got caught and you didn't judge other people.

So that was good that I left my judgment aside (...)

Speaker: I just want to add some comments to that experience and it is this uncertainty of the other person's alternative orientation and what the motivation is and you don't know if that person, who is known to have killed someone else still has the same kind of motivations or not and this kind of fear, I think, makes you want to judge them and protect ... and by judging them, putting a label on them and say, 'he is a murderer'.

You're protecting yourself from being fooled into thinking or fooled into accepting and loving that person. So I think that's about it.

Speaker: Russell had a quick question. You still want to ask it Russ?

Russell: Sure, just real quick. Lynn and I've had a few similar experiences with negativity with service to self and I've chosen for some reason, the joy and the pain and agony of being in constant contact with negative beings from other dimensions whether I want that or not.

So in one way, it's oppressive but in the other way I have this constant barometer of my positive actions. Every time I act positively, whether I understand it to be positive or not, I can sense them deflating. "Wow, that was good for me", but at the same point, once I know it was good for me and I act in that way, now it's selfish and it no longer works.

So it's a difficult line to be on the middle of the (?) and Ra was saying, 'Sure you can send them love, joy, and peace. You can bid them well', Ra says to do this.

They provide me with false dreams or imitated dreams every night. They said the best thing to do, Ra says to send them love, joy, and peace. So I do, but Ra says what you're doing is you're lowering your polarity because that's not the response they wanted. So the first time it works great. The second time, they know you're being selfish because technically you know now you're being selfish. So there's this whole neutral part in the middle.

And also to speak to Steve Moffat in earlier about the throwing the money in the middle, it isn't the money and the regain it is the service that is of wealth. It's never the money and to step back from that—to really go, 'hey, I'm all in'. Just to realize eventually I may die. If it's going to happen, it was in service

Speaker: It's a double-bladed sword.

Speaker: Yeah. Discount everything you intend because you're never going to beat them. I've overcome them many times but they've come back. I mean, they come back with a vengeance and I come back with a vengeance or I come with love and they come back demurely so it's never going to end. That's the way the creator wanted it because it produces manyness which perpetuates infinity, which is what we're part of. Thanks for letting me share.

Speaker: Can I just add quickly please? I also (...), thank you.

A good friend of mine says it's really beautiful when the light hits the dark, when they have the kiss, that initial kiss and there's a lot to be said by that because a lot of us are actually taught to choose one way or the other. Either push the dark away and just embrace the light or vice versa and to just

hit a lot of these little points here that everybody's been adding to this is that I know for me, myself is that it is very important to actually not separate but bring together.

Even if it's dark. For me, it's very important actually thank the dark for being there, to help me actually choose the light. So thank you, darkness. But within my stand, where I stand, how I want to manifest my life, I make laws and how I want the darkness to actually infiltrate within me itself. I have rules within how I live and how everybody I come in contact with can and cannot have access to the interaction that I want to vibrate on.

So I guess at the end of the day, what I really want to say is that, I don't think it's about pushing, choosing either side but it's really about choosing yourself and how do you really want to manifest yourself and you don't push the darkness away. Keep it close to you but just understand that they actually ... just give it rules and limitations of what they can and cannot achieve. Also with the lightness as well. Thank you.

Speaker: Final comments?

Lynn: I really think you said it in a nutshell and a lot people I talk to said they feel they need to purge the darkness out of them, you know? Like, 'I am all light inside. I don't have any darkness'. In my opinion that's a folly in thinking that because we're all everything. We all have both polarities inside of us and which one you choose to manifest and live by is up to you but to say, 'there is no darkness in me, I will not be affiliated with the darkness, I have no darkness', that's a complete lie.

You are all things. You are the lowest scum on the face of the earth and the saintliest angel. You are everything and you can't just ignore the fact that that part is there for a reason. That's not like a bad side effect that we need to get rid of and wipe away. That's you. That's everything. That's what the universe has come to be through the wisdom of the Creator and even if you don't like it, that doesn't mean that you should try to stomp it out and erase it from existence.

I mean, in my opinion, if all the darkness in the world was erased and it was all light, that would be terrible.

Speaker: And the light would become dark.

Lynn: Yeah, it would be stagnant. There would be nothing and I don't see it as a holy quest to conquer the darkness, it's just deciding to let the darkness amplify your own light. It's a symbiotic relationship. Both sides actually support each other quite well, perpetuate each other and in the end we all come back to the same place. Eventually we all realize that it's all the same thing. We just took different adventures throughout here. It's actually a big freedom to live without the judgment of, 'those people are bad, those (...) and just paranoia and the negative elite are taking over everything' and fear mongering.

In the end it's no big deal, guys. It's a big adventure. It's a big roller coaster ride and it's all going to go back to the same place. Just enjoy the ride and just chill and it'll all be okay.

Speaker: Jim's going to do a silent meditation next and then we'll go ahead and eat.

Jim: Along Lynn's line of chilling, why don't we take five or ten minutes and just meditate a bit before we go eat. We can let these concepts we've just discovered and felt kind of settle ...

SILENCE, BOREDOM, AND PATIENCE: AFTER THE INITIAL EXCITEMENT WEARS OFF

Tobey W.

August 27, 2011

Good afternoon everybody. I'm going to talk twice, I hope you don't get bored with me.

I sent Gary an email and said "Well there's something I've been kind of thinking about, I'd like to talk about but people may also be interested in the re-listening project" He said "Definitely do the re-listening project".

I said "Well, okay, but I'd kind of like to talk about what I'm in ..." The re-listening project is kind of interesting but it's kind of technical ... anyway so he said "Okay, fine".

So I'm going to talk to you twice—once today and once tomorrow and today I'm talking about what I've been thinking about recently which I titled: 'Silence, Boredom, and Patience'.

When I read the Ra material—The Law of One books, I was 22 and the word 'adept' jumped out at me and the idea that there was this whole path of mastery and power was available, and it intrigued me. But it doesn't ... I didn't quite know how to get from here to there and I'm not sure I still do and I'm also not sure so much at 40, 45 whether ... I'm a little more comfortable with muddling through and flashy power is not quite what it was in terms of attraction as a young man.

So Ra uses a term also, 'initiation', and I think I've had some initiatory type experiences and I'll just tell you about a couple of those. One was a dream when I was ... actually before I ever found the Ra material. I think I was maybe 17, I was in high school and I dreamed that cops were chasing me. Bad cops. And I think I maybe had dreams like this before and this was kind of a recurring thing. For me cops ... people have different ideas about law enforcement but for me a cop is not necessarily on my side—a positive figure. So it didn't surprise me that cops might be chasing me.

But this dream, I remember the cops (I don't remember if there was one or more) but they were chasing me and my heart was pounding and they were getting closer and getting closer and I turned and faced them and said, "Welcome".

And I woke up then and the pounding went away and it's never come back. It never happened again. Now I don't think I was scaring them off I was kind of embracing my shadow and accepting the negative side, keeping them close—opening them into my heart.

So I think that was kind of an initiation in terms of becoming able to love scary things.

I had another dream many years later, after I'd found the Ra material. I think we were living in Kansas at the time. My wife and I had been in D.C., I'd been teaching and she'd been working as an economist at the Department of Labor and we just kind of pitched it all, headed west (a century too late).

We were living in Kansas, not sure what we were going to do and I had a dream that ... again there was fear involved, it was kind of a pounding but it was a ... he had an authority figure but it was a very positive but very commanding figure ... and he took me down into a basement and showed me a bottle on a shelf and said, "That was you."

There was a name on the bottle and it was ... and this is embarrassing because Steve was just saying every past life dream, the person is always Cleopatra. But anyway, this was a figure whose name I recognized and I'm still not quite sure how to hold that and if that truly is an aspect of myself but there's historical documents available for this figure and I feel like David Wilcock you know? Saying

“Okay my son is (the emperor?) Reading about this guy and the people in his life and I’m thinking ‘that does kinda sound a lot like my son.’ So I don’t know whether that was an initiatory or whether I’m just fooling myself but that was an interesting thing.

And then one more piece I’ll mention which was not a dream, it was a conscious experience. And I was at a moment of great emotional distress. I was by myself and just kind of really upset and all of a sudden I just saw light everywhere. It was the middle of the day but the light changed and it just ... I think it was ... I was still seeing everything but I also saw the, I think of it as the white light of the Creator. I’m not sure what it was really but it was very strong for me.

So those were all kind of cool experiences and I ... you know ... kind of like, wow, that’s really cool, I want more like that and there’s a quote from Ra where Don asked something similar that he’d experienced and he asked how to recreate that experience and Ra said “To attempt to reproduce an initiatory experience is to move, shall we say, backwards” and I think that’s right.

So okay, but then what?

And a lot of us, I’m sure, have this same sense. Maybe of course, different experiences, but moments of ‘senses of unity’ or just the experience of finding the Ra material or whatever meaningful material and ‘now what?’. I’ve still gotta live my life, I’ve still got bills to pay.

So I’ve been thinking about that a lot and what came to me was the same thing Susan mentioned, which was silence. The Ra quote: “The mind must be opened like a door. The key is silence” popped into my head and I thought ‘Okay let’s pursue that. I want to try that. I want to try to really truly get silent.’

And I don’t know about the rest of you but I find that very hard—mentally silent. I mean sure, I can sit and not say anything but to not have those thoughts constantly running ... not easy for me. And so I’ll try to focus on the breath but even then I’m still hearing the breath. I’m still not silent.

So how do you become silent? Well, one way is just to practice. I’ve ...

(Just be.)

[Did a bee land on Tobey at this moment?]

Tobey: Just be. Yeah, right?

So I’ve stopped listening to the radio in the car—just driving and trying to stay silent, trying to stay aware, aware of where my thoughts are going. So, like yesterday driving here for eight hours, I did that, or tried to, and constantly catch myself wandering and come back.

But there’s a nice thing we can do that Ra recommends which is when thoughts come to you, you can use that, you can learn from it. The thought that happens to come is not of course, random. It’s drawn to you and a lot of times it’s something emotional that happened or just something you’re thinking about, something you care about.

Ra said “Each experience will need to be observed, experienced, balanced, accepted and seated within the individual”. So while I’m trying to get silent and I’m not succeeding in getting silent, I’m trying to ‘okay so what am I thinking about now? Alright. What’s the deal with that? Why am I thinking about that?’

And actually a lot of times it’s just a feeling or I’ll replay a conversation or certain incident or some future thing that’s gotta get dealt with and the first thing I notice about it is just a feeling. A feeling comes up and Ra suggested identifying the ... accepting and finding the opposite and accepting that.

I used to try doing that and I don't find myself doing that currently so much. What I'm doing right now is more trying to really, truly feel that feeling and even further—really move into it and not fight it, not distance myself from it.

Ra said “It's the way of distortion that in order to balance a distortion, one must accentuate it”.

And then I'll try to (in the acceptance of that emotion), I'll try to reach out to the other, because often it's another person, or maybe it's just me but whoever it is I'm thinking about I'll kind of imagine giving them a big hug and just feel that acceptance. And in particular one person I often find myself thinking about is my son, (*inaudible*) who some of you met a few years ago. He came to one of these and he's now 15 and he's very bright, very opinionated, very much like I was at fifteen. And fifteen, I kind of actually went off the rails a little bit, fifteen/sixteen—those were some hard years for me.

So I think of this, to some extent, as a chance to heal the trauma—my own trauma. And hopefully not damage him by overreacting to things that annoy me that he does because they are the things that I do myself.

So, in other words, even though I'm trying to get silent and continually, maybe failing is too strong a word but continually falling short of silence. It's full of richness. It's full of opportunity to learn about myself. Ra says “The thoughts of an entity, it's feelings or emotions, and least of all its behavior are the signposts for the teaching/learning of self by self”.

And Ra suggests as you review your experiences you can then try to identify which energy center might be at issue and they give some tips for opening ... I'm sure all this stuff is familiar to most of you, so I apologize if I'm just repeating things that you already know but I find it helpful sometimes to hear it again.

So they ... actually there's little tips in session 4 on how to open several of the energy centers and I find them quite useful. There's the yellow ray, which of course is the social density so that's a primary ray. Each entity must, in order to completely unblock yellow ray, love all which are in relationship to it, with hope only for the otherselves' joy, peace, and comfort.

So they don't say about orange ray but my guess is, it's probably similar only just for yourself. Each entity must, in order to completely unblock orange ray, love itself, with only the hope of itself's joy, peace, and comfort. Maybe that's not right. Maybe that sounds service to self but maybe not, maybe that's truly healing the relationship with yourself.

Green ray they say “The awareness of all as Creator is that which opens the green energy center” and that's nice because that seems kind of easy. I can do that.

Blue ray—“Once the green ray has been achieved, the ability of the entity to enter blue ray is immediate and only awaiting the efforts” and I assume the efforts would be to vocalize, to use your throat chakra.

Indigo—“The indigo ray is opened only through considerable discipline and practice, largely having to do with acceptance of self, not only as polarized and balanced self, but as the Creator, as an entity of infinite worth”.

And so I think that's what a lot of this silence thing is trying to do—trying to truly accept the self all the way down so that there's no more ... I guess, Ra said “To the balanced entity no situation is emotionally charged” and so I guess once you truly know yourself, know all sides of yourself, you are maybe just kind of silent naturally.

Okay. But all this takes time. I don't seem to be getting any more adept. In fact, I keep noticing more and more unpleasant things about myself. So what's the deal? There's a quote from Ra that I like that addresses that which is "Those who turn to the deep mind, seeing it in the guise of the maiden, go forth to court it. The courtship has nothing of plunder in its semblance and may be protracted. Yet the treasure gained by such careful courtship is great."

So patience is something I have to patiently remind myself of ... 'cause I'm pretty good at being patient with other people but with myself, it's not so easy. And I get in a hurry, just in a hurry so it's okay to be here and not have it all figured out, not be an adept.

So what about boredom? Ra says "Those who learn to hold visual images in mind are developing an inner concentrative power that can transcend boredom and discomfort" and this doesn't specifically mention boredom but I think it's related.

Don asks "Yesterday we were talking about the split that occurs when an entity either consciously or unconsciously chooses that path that leads to service to self or service to others. The philosophical question of why such a split even exists came up. It was my impression that, just as it is in electricity, if we have no polarity in electricity we have electricity, we have no action. Therefore, assuming it is the same in consciousness, if we have no polarity in consciousness we also have no action or experiences. Is this correct?"

"This is correct. You may use the general term 'work'."

So, I mean, I guess that's a doing thing. On the doing side of things, the point is to develop the ability to do work. In order to do work, at least mental work, (at least magical work) we need to be able to transcend boredom.

However, Ra says "Ability to hold visual images in mind" okay there's a problem right there for me because several minutes ... what? I can't necessarily even visualize for a second. I somehow seem to, at least at this point in my life, lack the ability to close my eyes and conjure up a picture. I understand it's a mental trick and can be developed but so far I haven't.

But I think that the ability to transcend boredom really applies to most work. For instance I was thinking about this circle and how everybody sits so calmly and listens and focuses. And not to say that any of the talks are boring (hopefully this isn't) but it's still work. Everybody right now is truly doing work and I think in a way, you could argue it's magical work because Ra said the definition of magic is the ability to change consciousness at will. So all of you right now are choosing to listen to me and focus on what I'm saying rather than thousands of other things you could be thinking of—checking your phones ... whatever.

So that's how together, during this weekend, we truly are doing magical work and creating a spiral of light, I think, a center to the ... really I'd say a center to the planet right now.

So I think there's another aspect to be able to do work, for me at least, is ability to be stupid—to be out of touch. My work is on the computer and I'm sure a lot of you work on the computer too and I find it hard to not check the news, not check (I'm not on Facebook but I'm sure if I were) email. It's hard to put all that aside and not to know what's going on and I went through a phase where I ... after 9/11 I started to question the 9/11 story and I started (probably a lot of us here have done the same thing) to research and try to figure out what the heck happened.

Then I went through a similar phase with the economy and the banks and the mortgages and trying to understand what's going on there. So that's part of the mental jumble that I'm trying to release.

It's interesting though, I don't have the problem ... I do a lot of gardening and we have some cows, so I do a lot fencing and cow stuff and I really don't have that problem out in nature. So I don't know if that's a sign I'm in the wrong line of work or if it's a ... I think maybe something about just electronic vibration of the computer and the fan whirring ... I don't know, it just jitters me up.

I mentioned at the beginning not being totally sure the adept thing is absolutely essential and there's a quote from Ra that somewhat addresses that where adepthood would be indigo ray work. Ra says "There are some whose indigo ray energy is that of pure being and is never manifested, yet all are aware of such an entity's progress. Others may teach or share in many ways, contact with intelligent energy." Intelligent energy being indigo ray so that's adepts of various types.

"Others continue in unmanifested form seeking intelligent infinity."

So maybe it's okay just to be silent, unmanifested and waiting for that connection. Knowing you have the connection but enjoying the wait for the fuller connection.

Final thought is that I kind of think this all fits nicely into the craft guild system of medieval Germany where you had an apprentice and then you became a journeyman and then finally you're a master and I definitely feel very much a spiritual journeyman. I think I've been initiated to some extent and now I'm trying to develop the skills to become a master and be able to work. Thank you.

There's five minutes left, so if anyone wants to say anything ...

Ken: First, I just want to thank you for sharing because when I first got into the books, like many people here, I burned through 'em, get the intellectual side of it and then you're like 'okay, now what? What do I do to ... stuff like values'.

So I personally want to thank you for addressing the issue because I got a lot from it, a lot of things I hadn't thought about and I particularly had a personal experience about putting all of the things on the internet aside and you're phone aside because from January 'til August I was working on a cruise ship and we were only in the West one day a week on Sunday.

So I didn't have my phone and the internet on the boat was really expensive. So first it was <cough> 'oh man, I'm totally out of touch. I can't talk to my friends, I can't check my email, I can't do any of this stuff. But then after about two weeks of it, it was really, really peaceful. And I got really used to that and now coming back I catch myself still wanting to check it every two seconds.

And then I'm like 'why am I doing this? I don't have any more messages. If I do it's something from my mom saying make sure you wear your helmet if you ride a motorcycle.

So there's just a lot of these temporary distractions but mostly I just wanted to thank you for sharing.

Tobey: Thank you.

Speaker: I remember when I read the Ra material ... to Ra and he was concerned that nobody was really interested, I think he went to the (...) somewhere maybe and like seven people showed up. And I think I understand that because I don't know why there aren't thousands of people here today.

It just seems to me that's a part of it. What do you do when you leave here? It is an important thing because you want to get on the rooftops and scream "Hey everybody listen to what I know, you should know this too".

But you can't. I was at a seminar with David Wilcock last month and he had some good advice—you can only give someone ten percent and then just walk away. When somebody asks you anything and you want to just give them all the stuff like dump it on them. Just give them a little bit and then just walk away. And that's hard to do, because who do you talk to?

Maybe it is an internal thing. You have to learn to listen to your higher self and to believe in your higher self—that's where you're seeking and when you meet other people, you're actually talking to your higher self. Some of the questions that I've had over the years, I'll be talking to a stranger and all of a sudden I just get like "oh this guy is giving me answers" and it's right there.

So the hardest part for me has been "oh that's just coincidence, that wasn't my higher self, it couldn't be".

I just remember Don and his agony and I could feel it. He was there and nobody showed up. That's tough.

Fox: Thank you Tobey.

One thing, what you said about after, if I might say, waking up or sort of initiation. When I read the Law of One material I was living in Luxembourg and working at an investment company in a very superficial environment working sixteen hours a day, just making more money for two people who already had the (...) and were very nasty to everybody and I tried to run the show in Luxembourg and I had this dilemma that was "well I have this position and now I really thought I'm doing totally wrong things now" and the company didn't actually pay attention to the employees and a lot of bad things.

I mean, in the business I noticed a lot of negativity and in the real estate market, the same way 3.3 trillion dollars worth of real estate transactions which, end of the day would be paid by the tax payer because those people, it's a big plan. A lot of the good employees, before I woke up, they said ethically and morally, they could not handle it anymore. And thank God, when I joined the company all the bad things were done but just being part of the process was really difficult.

How am I supposed to work as a <cough> lawyer with the information and the resonance to the information and that has been a very big dilemma.

Of course now, everybody has a chance to finish what you're doing, if it doesn't work

for you but I think when you said that after your initiation, you though 'well I still need to live in this third density life and there is no fast track to the fourth density'.

So I think everyone here shares that. I think so. I'm not sure. And still you cannot go to the market place without shouting "Hey you have to read this!" and I tried with my best buddies and they were like "Wha? Atlantis? Just forget it"

So then I choose that if somebody wants to open up then I can open up but I'm going around shouting go to this material. But I think somebody said it's okay once in awhile to pop a seed and if hits the fertile soil you shouldn't look back and see if it hit the concrete.

Then the next thing I noticed what I was doing—maybe there was a purpose that I was working in a very superficial material environment, maybe one of the tasks that I put on myself is to bring little beams of light into that dark environment.

So, I think everything happens for a purpose but it is tough sometimes. That's pretty much it.

Speaker: I just wanted to ... I wasn't clear to what the initiation was and I read about it and was always kind of confused. You're saying that the dreams and your experience with the light were, okay, so it's you were initiated into adepthood or the beginnings of this path?

Tobey: Yeah. I mean, we've all been through something that makes us realize something's different. You see the light behind the illusion. You see through the illusion in some way.

Speaker: Because I remember in the Ra material they would say 'Carla and Don were going through an initiation and I didn't know what that was and didn't really tell what was going on with them.

Tobey: Right, it's not like you have to join a magical order and do their rituals. It happens.

Speaker: It's something that's the beginning of another phase, that's what you're saying.

Tobey: Yeah.

MY CHURCH PREFERS QUID TO Q'UO

Cécile-Ann M.

August 27, 2011

Hi Gary. I'm glad you are back because I wanted to give a tribute to you. If I'm talking it's because you've conned me into it via email. Very high pressure talk there. Slave driver. I really have nothing much to say so I will just continue my little personal sharing—how I got more involved in spirituality although I wasn't very spiritual to start with.

I'll start in the seventies. Raised Catholic, I had left that church a decade before. It is in the early seventies when a close encounter with death made me think about spiritual issues. I was coming back from a yoga class, one late, hot July night in D.C; it was near midnight. I was alone, walking back to my apartment. The street was deserted. Suddenly, a punk coming from nowhere jumped on me, grabbed me with one arm and pressed a cold metal gun against my forehead.

Before he said or did anything, I fainted. I fell on the pavement and later on I found out that I had peed in my pants too. I woke up a few seconds later. The guy hadn't taken my purse. He was dragging me along the pavement and I could see where he was dragging me to—a pickup truck. I could see the exhaust from that truck, the engine was running. There was another guy in the truck at the steering wheel. There were two guys then, one dragging me to the truck and the other driving.

The punk and I were a few feet away from that truck and I had a few seconds to think about my tragic situation, I had a my dilemma: If I was put in that truck I knew I would die, after being gang raped probably, and I'd be a small byline in the Washington Post in the back page because murders were rampant in that time.

Or I could fight with that guy who was pressing a gun to my head. I'd die anyway, I might as well die without being raped. I decided to fight. I said the quickest and oh, the most fervent prayer of my life, just a flash prayer, to my guru at the time, his name was Babaji. And with whatever energy I had left—I was still half fainted—I started screaming and fighting the best I can. Windows opened right away on the apartment buildings above me, thank God. I saw faces peering out of these windows. My attacker saw them too. He did not fire at me; he just whacked my head with his gun. I fainted again. He grabbed my purse, jumped in the truck and fled away with his partner in crime.

It was quite an experience, I can tell you, passing from the expectancy of a certain death to feeling alive again. I am not sure of the meaning of that dreadful event. But ever since, the feeling of the proximity of death never left me.

I left the yoga group shortly after that. That yoga group was very demanding: 8 hours of work, 8 hours of siddhanta, and the remaining 8 hours were our free time. You can easily imagine that only very spiritual people stayed in the group. I wasn't one of them.

Soon after, I met my second husband at the Golden Temple restaurant. If somebody knows D.C. that's near DuPont circle. He was from Long Island and I moved up there with my five year-old son to live with him. I had a couple of interesting, out-of-this-world experiences while moving to Long Island:

I had an old Beetle, the original kind. On that trip up I had my son on the passenger seat. The narrow back was crammed up with my very few belongings. There was no room left for even a mouse. A bitter December morning, it was. I was driving up towards Rte 95 and suddenly I could feel somebody, a couple of people even, laughing in my back. I could feel their breath blowing in my neck. Now there wasn't a square inch of free space in my back, so full of stuff that I couldn't see well

from the rearview mirror. And the air was still, the windows tightly shut. But people were laughing and mumbling and just blowing so much that I had to stop the car, go in the back and check if there was something in there. There was nothing, nothing but a jumble of boxes. That mumbling/laughing/blowing continued for an hour until it faded.

Later on, on that trip it got even colder; the traffic was very sparse. Suddenly my poor Beetle sputtered and died. I knew nothing about cars. No passing cars to flag. After a couple of minutes a pickup truck came along; an old scruffy guy came out, bearded, skinny, followed by a skinny young man. He asked "Can I help you?"

I said, "My car died". He looked at the engine and said, "Oh, I know what you need". He got a screwdriver from his truck, did a little something for a minute, closed the lid, and my car started again! He jumped back in his truck so fast I didn't have time to say thank you. The whole episode took less than two minutes.

When I arrived on Long Island I brought the car up to a shop, and the mechanic said, "You know, you have only one cylinder and that cylinder is no good. You've got to scrap the car". I don't know what he did, that old guy on the road. He must have been an angel.

So these were interesting experiences. At the time I thought they were kind of spiritual. My interest in the spiritual died down after my marriage, as my husband was agnostic. I went on being a home-maker for twenty years. But I got reacquainted with the supernatural through my daughter who was clairvoyant when she was a little kid. Some of her experiences still stick in my mind.

She was about three and a half. One morning her father, an engineer in a federal lab called Brookhaven, was going to work and he was in a hurry. He was tying his shoelaces before running out the door. Nobody was talking—I and my little girl Shanti were watching him. Just as he was lacing his last shoe she said, "Dad, who's Stanley?"

I never knew any Stanley. What a weird question coming from a little kid—"who's Stanley?" Her dad did not answer her, he was too late—he just rushed out the door. When he came back that evening he told me, "I was shocked because while I was lacing my shoes this morning, I was planning what kind of work I would give to my lab tech, and his name is Stanley". How could Shanti have picked that up? Even I didn't know my husband had a lab tech named Stanley.

A few months later, she was about four years old, I was ironing in the kitchen while she was playing with her toys in the next room. There was no door in between so I could hear what she was doing. She was sing-singing while she was playing. She was sing-singing "Frère Jacques" et cetera, a very familiar tune. At first I could recognize what she was saying. After awhile I thought "What is she saying?, it sounds like gibberish!" so I went closer to the door. She couldn't see me but I could hear better. I then understood what she was saying, and she was saying it over and over and over: "Rudolph Steiner, Rudolph Steiner, Rudolph Steiner, Rudolph Steiner, Rudolph Steiner, Rudolph Steiner", et cetera, on the Frère Jacques melody. I don't know where she picked it up. Not from me, not from her Dad.

We were not into the paranormal so we never questioned her. Coincidence or not, Shanti developed a deep interest in Edgar Cayce and in biodynamic gardening, these are her things now.

So I was a home-maker for twenty years. My marriage slowly failed.

During the last few years of my marriage I had a series of dreams, dozens of time, with the same recurring theme. I always had to take tests in those dreams, important tests. So important that they felt like life and death tests. And I always failed these tests for one reason or another: I didn't

remember the location of the test site, or I didn't hear my alarm clock and arrived late for the test, or when I read the questions it looked like a foreign language, I didn't know any of the answers. I failed each of these tests, one after the other, over and over. And every time I was condemned to death and here I was—attached to the pole and the firing squad was ready to shoot. I would wake up screaming, my heart ready to have a heart attack. This would happen over and over. I got to think I was a failure. Until my husband asked for a divorce and then these dreams stopped. After that I just lived the failure, for quite a few years. I fell into a deep depression, I was even suicidal for a while.

So I don't know why I had these dreams. You'd think if you're a failure one or two dreams are enough to know you're a failure. You don't need dozens of them. Anyhow, the persistence of the failure theme pushed me to believe that dreams are meaningful and purposeful. There was a part of me that wanted me to learn something from these dreams. Maybe they wanted me to take some action but I never knew what that action was supposed to be.

Although these dreams stopped for the most part, I still have them once in a while. Actually I had one just a couple of weeks ago. It was again a written test I had to take. I didn't find the place where the test was. I finally found it thanks to some bystander's help. When I entered the room, it was full of other test takers already busy writing. I was handed the question sheet. I didn't understand the questions. It looked like a foreign language, I was very puzzled. Although I did not understand the language, the other people seemed to have no problem understanding it and were writing their answers. So I finally dared to ask the guy who was supervising the test, "I don't understand the question, can you give me the answers?" He handed me a paper with the answers, I read these, but I couldn't understand them either. Some kind of foreign language again. That time I was getting mad. I exclaimed, "That's not fair, I don't understand the question and I'm given the answer and I don't understand the answer either!" and I woke up.

The positive in that dream is that at least I wasn't killed at the end. I felt that it reflected an improvement.

So that's about the extent of my acquaintance with the supernatural.

The last few years—thanks to a nursing job in Lexington, I discovered the Gethsemani monastery in Kentucky. There I rediscovered the Catholicism of my youth. I looked deep for its essence. Below layers of superficiality about creeds and strict rules of behavior, I found this essence to be the same as in all religions, love, compassion, the ground of loving kindness. I found it because I saw these being lived out by these quiet monks. These monks live the love. They live the unity. They live the selflessness. They live the things we long to live. So much so that for me now, real Catholicism (or Christianity) is monasticism.

I'm very attached to these monks. I periodically go up to Gethsemani to live a deeper religious experience. Eventually I moved to Tennessee and joined the local Catholic church. Alas, it's hard-core Republican. My fellow parishioners make you think that in order to be Catholic you'd have to be a Republican, and that Democrats are heathen, bound for hell. I'm a yellow dog, card-carrying, money-contributing Democrat; I'm an Obama fan. My church folks keep bombarding me with these nasty emails about Obama, this Satan representative. They also complain about immigrants, these filthy little people who steal our welfare money. Working in that field, I know first hand they are not on welfare. You cannot have welfare without a good social security number which is checked with Everify. So I'm at odds with the political stance that pervades the membership of my church.

I'm also very upset about the way it treats gay, lesbian, transgenders, as not fully humans, as outcasts, and that's disgusting. I'm a Unitarian as well, I've never stopped that connection I've had for decades. It is in the Unitarian church that I've met one of my best friends who is a transgender, and

where I made many lesbian and gay friends. They are not at all like the Catholics portray them to be, so I've got a lot of problems with this Catholic attitude.

And of course, I have problems with Church dogma. Dogma becomes a problem only if we are forced to believe in it in order to be accepted. All groups have some kind of dogma that identifies them. The Ra material proposes out-of-this-world structures that can be posed as dogma if someone chooses to make a belief in these a condition for belonging to a "Ra group".

I find Q'uo is very generous in his readings, the way he downplays the dogma in Christianity and in it looks for themes that Christianity shares with other religions. An example I have in mind is the reading that tries to find similarities between the Christian trinity and the Buddhist trinity.

He is also very generous about the way he describes Christ's life and emphasizes the importance of Christ consciousness without belittling Christ himself. It is Christ consciousness that we all strive to emulate. Catholics tend to be too attached to the personality of Christ; they tend to make it a cult, while forgetting about Christ consciousness. This troubles me. However, I love the Catholic rituals the same way as Carla loves the rituals in her church—they are very sustaining and enriching for the soul. Mass and communion, which is a living of unity, the practice of unity, are beautiful rituals.

I stay within the Catholic church because in no other church can I reach the same degree of worship fervor. This devotion I developed it during my childhood years as Catholic. My religious emotions were stimulated then. They need the Catholic rituals to be triggered. I've tried many other religions; in none could I reach the attunement that I reach in my Catholic devotional life. I could never attach or infuse my practice of these religions with the emotions of my childhood. These attach to Catholicism and that's why I'm staying a Catholic.

To stay comfortable within the Catholic church, I have to reformulate the Catholic dogma for myself. I'm still working on this task.

I'm also working on other criticisms leveraged against Catholicism. For example, its heavy structure. Q'uo seems to be against big structures, material or organizational. Catholicism does have plenty of both. As to materially big structures, Catholicism is not the only religion to have them. Buddhism, Hinduism, and Islam also have magnificent structures. When zillions of people have the same belief system, worshipping in the heart is not enough. There is a yearning for worshipping together, hence physical structures.

Organizational structure is a big problem for me. The heaviest Church organizational structure is the Catholic one. What bothers me in it is not so much its existence but the importance it has of itself and the obedience it requires from its sheep. I believe that time will see some self-correction: It is a sign of the times that in every country individuals get more rights to express themselves. In time, they will bring a lightening of this heavy Church organization.

And of course Catholicism has waged religious wars. But every religion has had wars. Even the very peaceful Buddhists have regretfully engaged in a couple of wars. So I don't take Catholics to task for that.

I have the ingrained and perennial tendency to waffle, waver, have doubts. As I can't quite yet tack other meanings to the traditional creed that I recite every Mass, I think "Oh yeah, Catholicism dogma is not in sync with reality. I should quit". But then I remember that I am here to love, and I can love within any structure, any group, any religion. I might as well stay within a group where I can grow and reflect love best. I see the best human values do exist within my church. I better practice them within that framework. And I stay because it's no good to burn bridges. I've burned

bridges with many groups. I have just been treading water instead of plunging and going to swim the distance.

I use the Q'uo channelings to enrich my spiritual practice. These channelings are a beautiful source of psychological and spiritual advice that I can apply in my search for unity, especially in my search for developing compassion and selflessness.

I have some questions. First, how come Latwii and others have learned our minds so well, although they never incarnated on our planets? That's for you Jim.

Jim: They have a way of seeing what we really wouldn't see, they can see into the core of our beings.

Cecile: Okay. Next time you talk to Q'uo can you ask him for an updated version of the 'Our Father'? I would love to have one.

And about meditation—I'm a poor meditator. I'm very confused about what you are supposed to do because they say many times to meditate on something, on a concept. Ra also said when you meditate, make your mind blank. So am I supposed to make my mind blank or am I supposed to meditate on a concept?

Jim: Those are two different types of meditation. Either one is okay, it depends on what you want to do with your meditation.

Cecile: Okay. Also, during meditation we are supposed to suppress, in the basic type of meditation, not only all thoughts but also all emotions. Now, I thought some emotions of the purest kinds were good to express during meditation, like joy. You cannot express joy during the meditation?

Jim: You can. Again, that's a different type of meditation.

Cecile: Okay. Do you know Jim, you're an ex-Catholic so you may know. To what density does the Christian density correspond?

Jim: Well, fourth density would be the ...

Cecile: Okay. I'm wondering if mantras can work for bad as well as for good? Do the rest of you folks use mantras to improve your performance?

Jim: I imagine, I don't know. It's a good way of focusing the mind.

Cecile: Okay. I was wondering why is our higher self located in sixth density and not in the seventh?

Jim: The seventh density is one in which there is apparently no looking back to what is occurring here. There would be no way to make contact or to give information or inspiration. Sixth density is where that can be done.

Cecile: One thing I think the readings are pretty weak in as far as wisdom is concerned. There's a wealth of material about love and related concepts but I think there's not a correlated amount on wisdom and I'm not sure about what wisdom is in the channelings. I would like to learn more about wisdom. What is wisdom? How to apply it? And how to apply it to opportunities? Et cetera, et cetera. More questions for Q'uo next time you meet him.

And what else? I know the purpose of my life is to learn how to apply the golden rule and I use the Ra material mostly for that purpose; so I'm not too much interested in all the structures about raising ascension and densities that are the most salient features of the RA material. I'm afraid those things can solidify into dogmas; dogmas that we then tend to isolate from their goal which is indeed to apply the golden rule. So I don't go into these structures and the associated cosmology that's

revealed in the Ra material. Wisdom then, falls by the wayside. It's mentioned but not defined, not explained or expanded upon. I'm still scanning the readings about wisdom and how to balance it. I found little so far.

Okay, an interesting question: in fourth density, do folks still experience egoism, lust, greed, hatred, anger, and jealousy? I mean fourth density positive. Do you still have a little left over anger and lust and greed and jealousy?

Jim: It's not very likely but if there is anything like that everybody can see it because there is no veil to block it from view from others around you and people, entities there are very willing to work with you to help balance these qualities.

Cecile: Okay. A question about space and time; but since I know I'll never apply them, it's not very important. It's a question about simultaneous time because time is supposed to be simultaneous. I know my present actions are going to influence my future but could they also influence my past? Am I influencing my past lives by being here and doing good or bad?

Jim: You could well be. It's in the stream of consciousness that we have here with the past the present and the future, it's hard to see how that could be but it is possible.

I heard a quote the other day that made me think. It was, "the future is not what it used to be and further more it never was".

Cecile: Yeah, okay. About exploration of the subconscious—sometimes I feel queasy about it. Are there such terrible things in the subconscious that some ultra-sensitive or ill-prepared people should not investigate their own subconscious? Are there people for whom it would be deleterious to delve in the subconscious?

Jim: I guess that's possible. If a person was very susceptible to experiences of an unusual nature, of an abnormal nature, of an altered nature, and they discovered that through the investigation of the subconscious there could be a disarrangement of the consciousness. Any thing is possible. When you investigate a field of inquiry such as that, it is well to go in there in a grounded manner, to get in into it from (?) foundation.

Cecile: That sounds like Pandora's box to me.

Jim: It could be. I mean, anything is possible.

Cecile: Okay. I was wondering if time was a property of consciousness. Or is just linked to space, since space and time seemed to be linked together? But is it also a property of consciousness?

Jim: I have no idea.

Cecile: Okay. Okay, well that's it.

You have three minutes for questions.

Speaker: I have a comment. My comment is that, not that we're here in a scientific forum or anything but most of the equations of physics are reversible. That is to say that you can't distinguish easily from past and present.

So in reference to your question about 'can we possibly affect the past?', it's we evolve in an ever evolving present. Is probably yes. Anyone else?

Josh: I just wanted to say one thing about a synchronistic event. I just wanted to make this comment because Eddie and I both looked at each other—literally right before we came out here we were

talking about Rudolph Steiner in the kitchen and brought the celery and said, “Hey, you know Rudolph Steiner?” and I was like, “Yeah, I actually stumbled upon the books in Colorado for a dollar in the spiritual path” and then all of a sudden this was, twenty minutes ago? And then you bring him up (sings) ‘Rudolph Steiner’ anyway, so, I just wanted to make that comment because we looked at each other and were like, ‘really?’. Anyway, yeah, this was all intentional.

Speaker: (?) and I were talking about him yesterday morning too.

Speaker: I just wanted to say possibly the reason more love is spoken of then wisdom is that that’s we’re moving into the density of love so it is something we’re paying more attention to and then the next, the fifth density is the density of wisdom, so, I don’t know, that’s just a thought.

Cecile: Excuse me, one comment. Although it seemed that sometimes Q’uo almost takes away a brownie point from Christ for not balancing his love with wisdom. You have that impression. You do have.

Speaker: That has to do with the issue of martyrdom.

Cecile: Yeah. Q’uo thinks Christ would have had more time to teach and made more converts if he had avoided martyrdom.

Speaker: Well if you put that in the context of daily living a little bit and ask ‘should I give until there’s nothing left in the tank to perpetuate my further development?’, the answer is maybe that’s giving more than you can afford to give. That maybe that is an excess in the direction of martyrdom. It would be well balanced by wisdom. So I think that’s where that comes in but for the most part I don’t understand Q’uo to take away too many brownie points from Jesus.

Cecile: Yeah, it could expatiate more on that subject.

Speaker: Cecile, have you read any of the Seth books?

Cecile: Oh I read Seth, Seth 2, then Ra material.

Speaker: He discusses, according to Seth, we can alter our past. To not only are we able to do it, he actually discusses how it could be done. He treats the subject to some length. For example, one of the things he says, it was asked in one of the sessions why we haven’t found remains of Atlantis yet and his reply was we have not decided collectively it was in our past and as soon as we did that we immediately would find the remains of Atlantis.

Speaker: Also in the Seth books he gives an example about how to change our past. Q’uo speaks and Ra speaks also that our thoughts are more real than our actions are. Ra and Q’uo also say that if you ask something of us please do so in thought form. That’s real to us. And what Seth said, he gives example of a person getting on in years who looks at their past in a more favorable light than it actually (?).

They may bring up stories which they’ve over time, embellished and changed. But to them, this changing has becomes real, whether it’s through loss of faculty or whatnot, but at the same time they are putting out these new thought forms which continue with this new different story. And so to those outside (?) the new reality is the new thoughtforms they create and the new past they just made with their new stories, even though to us this right here right now. I believe that’s what Seth was saying.

Speaker: There’s something about that, that I’ve heard Bashar say, that is on this topic about past and changing your past. And he said, he gave the example, for example, addiction—if you have an

alcoholic, a lot of times people will quit but then after that, the fighting with the urge they still have the desire to drink or smoke or whatever that is right?

But then he talks about for example, if you see somebody who quits cold turkey and then after that he doesn't desire it anymore. It just, there's a shift and at that point he no longer desires whatever he was he was addicted to. And he says that individual literally has not had that experience.

It's as if they haven't had the problem because they haven't had the problem. The point that they're in, they're not at the place of having had that experience anymore. They've let go of that past and in a sense they've changed it from the place that they're at at the moment. So I think that's the same thing.

Speaker: I actually went through that experience myself. I just changed it and it was gone instantaneously.

Speaker: How? How do you do it?

Speaker: I just, I don't know how to replicate it. I'd do it for cigarettes but I just don't know. I had a medical illness and they suggested changing my diet and eliminating alcohol for awhile. My Dad said, "No, you can just stop for a little while and then you can get back to it". I said, "No, I'm just going to stop".

I made up my mind. I stopped and then from that moment on, I could walk, literally I walked into a bar the next day, my buddies I'd hang out with for years and it could have been breast milk in those bottles. I was never going to touch it, it was gone instantaneously. I decided to change it. I didn't realize, but I guess I had changed that part, it was as if I'd never was addicted or ...

Speaker: It was like when I found my apartment in Taiwan for two years I was there but I didn't ... I wanted to move but I couldn't really follow in my desire to really follow through with it built. But I was not quite ... looking back I don't think I was quite ready because I was secure where I was and I was intimidated. I'm in a foreign country, I can't speak very well and then the time came where I decided, okay, I've had it, I'm going to move and then boom, boom, boom, boom.

People on the street coming to me and saying, literally, I'm driving around, I just looked at an apartment 'hey this okay, maybe I could move here'. And I got on my little scooter just driving around checking out the area and this guy goes, "Hey, are you looking for an apartment?"

I literally ...

Speaker: And that ties into what was just about magic being the ability to change consciousness at will but everything is consciousness. So if you think about it, it's perfectly normal to sit here and make things levitate. Because it's just thought in the first place. The reason we can't do it is because we believe we can't do it.

And then there's also the idea of the paranormal only being paranormal because we think it is. And the more you get used to things—I remember Don Elkins writing that the people who are open to the ideas tend to see paranormal but those who are, for example, proof, they're suspicious of it, they tend not to see it and then he said the tendency in a sense, believing is seeing.

So if you believe it you can experience it because you're open to the experience.

Eddie: I'm going to talk about this in a little more depth tomorrow but the universe is holographic. We create our own reality. We do it by pulling the reality out of intelligent infinity and if we create our own reality, it follows that we create everything in our reality, therefore we are therefore we are continually creating our past (?).

So there's no reason (?) change our past, whatever we've created (?) ...

TRYING TO REALIZE ONENESS AND LOVE IN A THIRD DENSITY REALITY

Ryan S.

August 27, 2011

R: Alright, well basically I've got a whole lot of stuff that I've thought about, and I wasn't sure what I was going to say. I thought about it for a very, very, very long time. And I don't have anything exactly planned, I just have lots of notes and, there's a webpage I found that I thought was really interesting and I printed that out, I'll pass it out in a minute, but I'll just run through what I've got as notes to talk about for us first.

I've got beliefs in the subjectivity of reality with discovering our own conditioning and reevaluating our identity, and that goes back to when I was in Germany. When I was an exchange student, I came back and it scared me. I was really, really scared because I realized I didn't know.... Especially with religion, because I'd put so much in to it, I felt like I was betrayed. When I came back and I had the Christian paradigm and I completely believed in it, everything. Because I felt the power behind it. And I still believe in that power, I always did. But when I came back I felt like my entire world shifted, and I didn't know that that could happen. And it was like sliding on the side of a boat and thinking you're going to go over the edge, it was really scary.

So ever since then, I've been, there's a quote, supposedly a Mark Twain quote, that says it's not what we don't know that gets us, it's what we know we know that just ain't so. And so I've always been trying to find out what things do I know I know that just aren't so, and so that's one of the reasons why I've been traveling so much. And so that's a question I have.

Looking at subtleties of body language, for example, you can go from one place to another place, and an obvious thing would be accent, but even the idioms we use, the very words, the symbols we use to explain to determine our world and explain who we are, they're given to us by other people and they're not necessarily universal. So that's another thing, what aspects of culture, what aspects of language are universal, what aspects aren't? And I even had the idea, for example, a continuum of cultural norms and values and worldview, so for example on one extreme you have, well food is a really simple idea. Things that are disgusting in one country are delicacies in another, that's really obvious. But then other things, for example, what types of relationships are or aren't acceptable, that's a huge one. And largely these things are never noticed, they're not considered, they're not thought about. And when you DO consider them, you end up encroaching on taboos and people get mad.

So it's really difficult and once again that ties into ... right, reading Scott Mandelker, he talks about shattering armor, now I don't know if anybody's read that, I think it's "Universal Vision", the book, is that the right one? I think so. I think that ties in with judgment and acceptance and the Self and how open your heart is. And the idea of shattering armor, if I understand it correctly, is that all of us, we go through life and we have our ego, and we experience having an ego, we experiencing having the outer world. And when we feel threatened by something or if there's something we can't relate to we see as wrong or undesirable or doesn't make sense to us or people we can't relate to, or whatever it may be, people tend to block it off, they put up barriers, you'll notice people tend to—even us right here, we're all similar in the fact that we're all interested in these types of materials and we group together, right?

But from my point of view, the really enlightened individual is one who goes out and seeks exactly that company that is furthest removed from his own standpoint and try to integrate with that. Do you see what I mean? And that's something that, it's a paradox, going back to the shattering armor

thing, the idea is that you go through all of this catalyst in order to break the ego, I suppose you could say. I mean you have these walls that you put up, and if you're not willing accept or to face something you see it again and again and again and again and again, until you finally just get it beaten out of you. So I guess that's what the Bible refers to as burning out the impurities. And in the end, you end up with a non-reactive, like a Zen Monk, you know like there's an earthquake and he just sits there in mediation, there's no response.

The Japanese monks I remember they used to, for example they go out and take incredibly cold showers, pour freezing water over themselves, to try to practice mind over matter type, the non-reactiveness to external stimuli. That's like serious working out for the mind, but I think that's what life is. In a sense it's, that's what all the stress is about, it's learning to become resilient and accepting of everything that would normally push buttons. It's the opening of the heart.

That's one thing, there's another thing—what is real spiritual growth? For example, I've met people who can intellectualize all day about metaphysics and spirituality and they understand a lot of things. But I look at them as people and I see immaturity that they are unaware of. And if you try to point that out, they get mad. But then at the same time, you can have people who are maybe not all that brilliant, and they don't know the first thing about spirituality or metaphysics. But they are really, really beautiful people. So the question is: what is real growth? I mean, if you have a group of people sitting over here talking about things, intellectualizing the whole time, isn't that just to some extent an exercise of the ego? Which paradoxically, just gets them farther away from the goal. And then on the other hand, you've got people who, they don't think about it: They do it. Being IN the experience of awakening, I suppose, by literally realizing the unity with you and your family and your neighbors and everyone you encounter, you just love them. Because that's who you are. Right? And I wonder if anybody's thought about that or if you have any responses?

Q1: Jeremy Vaeni wrote a whole book about it, it's called "Urgency".

R: Urgency?

Q1: Yes, you might want to read it.

R: I will. Hang on. Urgency. One second.

Q1: His last name is spelled V-A-E-N-I

R: V-A-E-N-Y, Jeremy?

Q1: No, V-A-E-N-I. Jeremy Vaeni

R: V-A-E-N-I. OK. Jeremy, OK. Thank you!

And then, after that I've got, right, right. Developing Intuition and contact with the higher self and guides, etc. Learning to Channel and how to use it.

How do you develop—Right now I'm using a pendulum and communicating with essentially guardian angels and my Higher Self. And it's really cool, it really works. And this came to me about a year and a half ago. My brother learned how to and, when you have a conversation with someone, you realize that they're intelligent. It's pretty true. And so that for me was a real confirmation of things that I'd always felt. But I think that my intuition is gradually improving. I'm getting to the point where I can feel the answers without seeing the response and so forth. And then of course the synchronicities and so forth are picking up. But I wonder, how do you, how would people, what can you do to develop your intuition or connect with your higher self? Does anybody ... and this here also ties in to the idea of the "multi" but for me, I'm really interested in the idea of the multi-

dimensional identity. I've learned about my past lives, and I know who I was in my past life, where I lived, what I went through, and how I died. And this is not just one life, different lives. And people I knew in these lives, I also know in this life. And I'm seeing all these—it's like a spider web, how everything is intersecting in different ways. And I'm seeing, that's what we all are. And so is this, this is essentially waking up, you find out "I am not just this person right here. I am not just Ryan Smith. I am Johannes Biedel, that's who I was before. And my higher is the one who is standing back.

My brother had a dream. He was standing in something like a control room with computer screens on the walls, watching himself in different scenes, in different dramas. And I interpreted that as the Higher Self watching the multiple lives all going on at once, and it's like a choreographed dance. And the same themes and dramas are playing out overlapping into different ones.

But I'm thinking, this goes back to some things that Bashar talked about. Bashar talked about, there was a guy, who said he'd taken a drug and he'd met with, while in an altered state, an ET. And he came to realize that ET was himself in a separate incarnation in an alternate reality. And they were connecting—he was trying to channel this ET. He had the vision of like an arc, going from him to the ET, and Bashar's interpretation of it was that the arc was coming from the Higher Self, who was above, and the Higher self was linking him with his other incarnation right there.

He also has the story of the ego vs the Higher Self, the relationship between the two. It's like a diver. You have the man on the boat who is controlling the boat and watching where everyone is going. The ego is the individual who is in the diving suit, who is underwater. The ego doesn't see the big picture, doesn't know what's going on, but he's there for the experience. He's the eye, essentially, the one who's experiencing the whole thing and transmitting that information back up to the guide, to the Higher Self. Well, the problem is the ego gets all wrapped up in it and forgets about the Greater Reality. Thinks "This is it", because, in order to be in physical reality, your focus has to be so incredibly powerful. Right, you're focused right there and you forget the big picture and the ego starts thinking that it has to take over and be in control. But if you can let that go and connect with the Higher Self. To me, that seems like this really huge thing that I have to do, being able to hear what he's saying, and to follow Guidance. I feel like I'm following breadcrumbs. Little things are leading me here and there. I'm wondering if anyone has experience along:

Q2: Journaling. That comes down to Ra and Q'uo's spoken of it. I have difficulty doing it, but they all say Journaling is like playing the piano or learning some skill. It takes a bit of practice but just get yourself in a clear calm place. A little bit of ritual maybe, light music, candles, something and then just come up with a question or idea or just sit there and start writing. It may start off kind of gibberish type thing but just trust and have faith and write and write and write and write. Don't make yourself do it, let it flow. And after a little bit of time, you'll be able to just sit down with similar circumstances, light music, whatever is suitable to you, and just start flowing. And if you allow yourself to do it, your Higher Self will come through and just pop right into your head.

R: So when he pops right into your head... What do you...?

Q2: It just pops right into your head. Q'uo has said that's the one state challenge we can all do by ourselves.

Q3: I think the keyword that you said, though, is trust and the more you trust the intuitions that you do receive, you know the breadcrumbs, that you do receive, and the more that you follow through and show yourself, your capital "s" Self that you do trust that you are, like Eddie was saying you are creating your Reality, the more they'll come. The more you'll receive. Does that come close in the line of what you were asking?

R: Yeah, it makes sense.

Q2: Desire.

R: Desire. Yeah. I think maybe I'm wondering if people are having similar experiences and if I can get some insight, beyond what I've got. That resonates, that seems like ...

Q4: I just wanted to say that Ryan's whole talk about Dreaming being one of the key ways that the Higher Self communicates with the incarnated self. That they say that there's a lot of information to be found there, it's like a goldmine if you really pay attention. If you ask for guidance through your dreams, it will come through surefire.

Q3: Journaling there again, too.

R: Journaling dreams.

(Inaudible) ... writing your dreams down.

Q5: Thanks for your questions. I think I would just support you in that I think they're spot on and they are things I think about. What is spiritual development? And I would also like to support that Journaling my dreams has been hugely helpful to me in making a connection with the Higher Self. And I also wanted to suggest the answer to the question of what is spiritual progression ... it leads into hearing the Higher Self and, for me, the phrase that comes closest to summing it up is "Mindfulness." So, every day you're mindful of your thoughts, leaving out the judgment, just observing your thoughts. I think that's a good way as well to develop intuition and discerning which thoughts are from where.

R: Yeah, that's hard—discerning which thoughts are from where is something that's hard for me. I can't tell sometimes.

Q5: Just don't worry if you can't tell.

R: Well what about Channeling, though, L/L research you do channeling all the time. I've never actually I've seen channeling, but it's been the kind of channeling where the person gets ideas and then tells what those ideas are. But not, for example, the channel, I've seen it on video but never in person, where the channel meditates and a completely different personality comes in. How does that work? Is that something I should look into or pursue, or should I just

Q5: Your choice.

R: My choice?

Q5: Yeah, no one can tell you that ... that's up to you. I would say that Channeling is a type of outer work that is somewhat advanced. And also, from what I've read in Qu'uo channelings, it has its own set of potential side effects, if you will, so you'd do well to be aware of what those are before doing it. I think that just staying on with the questions of your own thoughts first might be a safer place to build a foundation.

R: OK. Well ...

Q6: You've already channeled. When you said you used a pendulum and knew the answer before you looked, that's channeling. Unless you're referring to full body trance channeling.

(Inaudible speech.)

Q7: I think Qu'uo said that we are channeling Ourselves all the time, that's what we're doing is channeling ourselves. But I had a comment about something you said earlier about knowing some

people that seem like they're really on the right track, but they don't use the lingo or the words or anything. And other people that have a lot of lingo and their lives don't seem like they're acting, they're not walking the talk. One thing that I've learned from this material that has really helped me is that we have no idea what's going on in your soul stream. What's going on in the inner realms of yourself. What each and every person is gathering from their day and from their catalyst, and not to judge. That we have no idea, you know, I have friends that kind of criticize people at Walmart if it looked like they're not very advanced. And I think, well, we have no idea what their soul stream is doing. They could be like Masters that are in graduate school gathering catalyst from who knows what experiences. So that's just my take on it, we can't judge, we cannot judge any of us by what we say or do. That was just my comment.

(Inaudible speech and noise.)

... Had to trust myself as to what I was listening to was coming up from the Light. I almost made a commitment, to be completely to be totally within the light and protected by it, and being guided by it, not all higher consciousness is for guidance. So I ask very specifically for what I wanted, and then I just quiet the brain and I listen.

G: I had a thought regarding your earlier query about guidance and how to receive guidance. And firstly I'll say I have nothing to offer in terms of helping you to actually receive guidance. My thought is that a reflection of my own experience, and that is that I've sought guidance intensely on many occasions, especially regarding critical decisions that I have needed some serious, clear, Gary you need to do this, Gary don't do that. I've experienced paralysis of indecision before where I'm faced with two choices, of both equally compelling, and I get stuck between, and it's very tortuous and stressful inside.

And I've often wished that some divine being would just descend and say "this is your highest and best", but so in that light the thought that I wanted to offer is that—you may or may not, I think it really depends on one's constitution, one's makeup and setup in this incarnation, you may or may not receive the kind of direct and clear guidance that some people do receive. Audio cues, just a sign you know you have received from without or deep from within, that has been sent to you, but my conviction is that if you ask, you are receiving and/or that you will receive the answer, it may just not come in the form you expect. It may come as what seems like your own thought, or a certain, like you being here in this whole two weeks, a certain arrangement of circumstance. So, that's my thought.

K: I want to share what great experiences of guidance. There's few people in this world with whom I've shared this information. I share it with Gary and the team and one person in 2009, when I really kickstarted my spiritual seeking. In 1998, I started dating a beautiful girl who had two children. I was 24 back then, and it was a big step for me to start taking care of a family and soon after all my companies went down, because I got cheated and at the same time, I really got like a breakdown, I was crying like a baby, you know, living room and the girlfriend was kind of taking care of me. And I was like, I'm not enough, I don't have an education, I was just always wanted to make my own company and make a business and didn't want to study or read a single book after high school. Well after that, I was like there needs to be something I can go forward and I decided that I would go to study and at the same time I made the decision, I went to Germany for a business trip and the CEO of the company came to me and said "You don't know what happened, there popped this Indian guy into my office and started telling me everything about my life and it said to me that now when you are divorced I need to tell you three things. And that morning 9:00 the CEO got the paper that he is officially divorced. Well he said to me why don't you go and ask the guy if he could tell something

about your life. And I went to the office and he was like “well there you are, I came to visit you!” And I was like, well do you mean that you just came from India, because he was an Indian guy, a Yogi, and he said “Yes”, and I said, well can I see your passport. Because I just wanted to make sure and the guy showed the passport and I checked the stamps, and he actually came that morning. And he didn't have any time, just to take a taxi and go 45 kilometers to the place where we worked.

And at the beginning of this meeting, he said, can you please hold these papers in your hand, and just hold them quietly. And then he started to tell about my life and all kind of small details, starting in 1989 in Hawaii, which was the first time I ever went abroad from Finland, I almost drowned and thank God there was a lifeguard on the beach who dragged the Finnish guy out of the waves. And so the guy told me everything and knew about my sister, my brother, my family, everything very detailed. He said well, you have been too kind to people and that's why you've been cheated, and told me the times where I've been cheated. And he really told me things that nobody could know. Like, “Oh you smoked pot when you were 16 in California. Like, “How can people know this kind of detailed information.” Then he said, that while you have a beautiful girlfriend but make a marking in time. On this day you have to wake up.

And I'll make the calendar marking, and then the last thing he said was don't worry you're going to get into the law school. And I had just made a decision that I would apply to the Law school. It's really hard in Finland because you have to take the test and after 3 years of trying, I had finally made it. And then he said, he asked me a lot of questions and after a little while he said, well I need to go now, and we will see you shortly. And now you can open the paper. All my answers were written down on those papers that he'd given me at the beginning of the meeting. Well, I was puzzled and 5 months passed and, well, actually more passed, I don't remember exactly the dates, but when the date came what he gave me, then I opened my eyes and caught my girlfriend cheating on me. And I was of course shocked and I tried to talk to her, but you know, she wanted to tell me that we had such big problems and lets try to continue, but after 3 weeks, she had cheated me with another man so I was like oh well, it's time for me to move on. A couple years later—

G: Karl, I'm sorry, you know I love you, but you're eating up Ryan's time.

K: But anyway, it happens, that the Higher self always very accurate information, so there is, what you really need, if you ask, it will manifest in different ways.

R: Right. Interesting.

Q8: I'm sorry, are you done?

Can I just say something, can I just? This won't take long at all. I know from my personal experience, which is very different than yours, but I was actually really shown through different parts of me ... many parts of me, how actually acceleration really opens up. And for me it was really being grateful, for things I'm usually not grateful for. When I was living up in the mountains, for like a month, and I was actually creating myself, my true self, what I started doing was really thanking everything. For example, I would thank my feet for taking me into the kitchen, I would thank my hands for grabbing a glass of water. So I could satisfy, I'd thank my fingers, I'd thank the glass for holding the water. I was in a situation, I got into a situation where I was thanking so much, about everything, I was thanking the floor for holding me up, that every part of me was screaming thank you. And when every part of you screams “thank you”, in appreciation for everything, all of a sudden you start awakening with so much intention of reuniting with all that's awakened that that there's no stopping you. So what I really want to say is that for all of you, start thanking the things that you usually don't thank and start connecting with everything that is a part of you, which is All That Is. Bless You. (*Applause*)

SACRED GEOMETRY

Ken W.

August 27, 2011

Okay, thank you for being here. My name is Ken.

I mentioned yesterday the whole sacred geometry thing initially got me into metaphysics and it was kind of an interesting thing. The way it worked is if most of may have heard of the golden mean, the golden ratio, phi or this kind of thing and when I was younger, maybe in junior high, I remember seeing this cartoon of Donald Duck and he's like visiting all the Greek sculptures that exhibit this proportion and then they do all these little animations of bringing in and unfolding the cube and all this stuff.

I just remember thinking it was really cool and just randomly one night I'm sitting alone in my apartment thinking 'hey I wonder if I can find this video on Youtube?' And I look, I didn't find it but what did come up was a lot of stuff about sacred geometry and I'm just like 'okay, let's check this out' and at this time I'm not awake at all. I mean I'm just doing my thing, being a musician in school.

So there it was. At first I'm just floored by all these coincidental things that I'm about to share with so if you all have your binders there's some images that will be most helpful to you because for me to describe them to you would take the whole thirty minutes for the first one.

So the very first page of 'Ken W. Presents Sacred Geometry', the first icon you see is a rendition of what they call the flower of life and if you look at it you can probably see that it's a lot of circles and it's essentially just the same circle repeated many, many times in a particular pattern. And you get this what they call the flower of life which is just one image related to sacred geometry but it happens to be a fundamental one because you can derive a lot of other things from it.

This is something people have known about or at least been interested in for a long time because it shows up in a lot of ancient cultures from all over the globe, from all climates. You name it, people have it written down somewhere, whether it's etched into buildings or etched into records of some kind.

The image just next to that one on the first page is similar, it's not exactly, but if you could imagine looking at a donut from the top, that would sort of be an example of that it's called a torus—this shape and a lot of people say this the shape of the electromagnetic field that extends from out around your heart.

And if you, let's see, the best way to do this if you turn to the third page and look down to the third line you have these circles inside the circle (I could have numbered these, I apologize) If you could see me, this one right here, the one that looks like a star.

Okay you can see you have three axes of circles. This shape is important because from this one you can get, well here, let me back up.

Sorry. This guy.

So this, in sacred geometry it's, lemme back up and start this over, not completely but ... tell me about the Ra material and you're like oh God, where do you start?

One of the things that appeals to a lot of people ... just from looking at some of these you can see it's a very mathematical systematic approach to it, where it's just patterns, sequences laid out in certain fashions. So it's very left brain, right?

But on the other side if you arrange them in certain ways and it evokes this like ... you can pass these around ... these are just things that I've done. It gives you some sort of sense of art, some sort of creativity so it engages the right side of your brain, so it ends up being this very balanced thing. Because of the nature of it, it's very natural, it shows up in the world, in your body, all over the place.

So there's a lot of people when they look at these images they'll have sort of like a remembering of something. It triggers something. Sometimes it helps people and I imagine to me subconsciously maybe I recognized it, who knows? It could have been from a past life it could have maybe not been. But for whatever reason I was drawn to it. Not for any spiritual reason, just because I thought it was neat.

So the round lines in all these shapes represent the feminine nature or if you want to get into the archetypal mind, it would be the potentiator and the straight lines which would be on this one that's being passed down represents the masculine energy that penetrates that which is waiting to be received. And there's this aspect of balance built into these images.

I don't know about you but I can remember being in grade school and they teach you how to count money, you know, you have these pennies and quarters lined up and the first thing I did was just put the penny in the center, put all the other pennies around it, make a nice little flower petal out of it, you know, like with coins.

It's just kind of like something people are drawn to do when you are given entropy or chaos and you want to reduce it and put it in some sort of organized fashion.

So, going back to the flower of life shape that is on the first page: depending on who you talk to they'll say that the reason that people stopped here, is because if you continue this pattern outward, you get to this shape on page three, that I was pointed to you, this little start shape, okay? If you just carry out the circles and you take out all the intermediate circles, you get this star shape. So for time's sake, just assume that's given to be an important shape to know.

The reason this one is important, and you'll see on the things I'm passing around, if you connect the center points of all of these circles, you put a little dot in the middle of the circle and you connect it all the center of all the other circles you get metatron's cube, which is on this board and which is also right next to it, right here, this diagram all the way to the right is metatron's cube.

You look at it and you think, okay it's kinda neat, it's definitely got some symmetry in it, but what is even more fascinating is built into this structure are the five platonic solids which are at the top of your page. The cube, the star tetrahedron, the octahedron, the dodecahedron, and the icosahedron.

You're thinking, okay, great, neat, who cares? For some people this is terribly boring, for some people this is terribly interesting, so I really apologize if this is not your bag of tricks but the platonic solids—there are only five that exist and you just coincidentally happen to get all of them from initially, a circle.

They all have one length of edge, all their axes are the same and all of the angles are the same, so it's like uniform, it's essentially one angle and one edge repeated and if you were to put each of these platonic solids inside a sphere, all of their points would equally touch the outside of that sphere. And another little symmetrical quality about them is they're dual.

So the star tetrahedron you can see—it's two interlocking three-faced pyramids right? The octahedron and the cube that are right next to each other, if you put the octahedron inside the cube the points—every point on this octahedron will touch exactly in the middle of every face of that cube.

If you put the cube in the middle of the octahedron every point on the cube will touch exactly the middle of every face of that octahedron ... it's just an interesting thing it's not really ... I found it was like wow, I could just start with a compass or a stencil of one circle and I just repeat this pattern and eventually I happen to get all these things that just naturally make up the structures of crystals, of water molecules.

Are you familiar with this man who did studies with water where they froze the water and they kept them next to the word love and they kept another next to the word hate and they saw how this affected the molecular structure of these cells and all of the patterns that showed up are exactly this: I mean they're based off the platonic solids and this geometry and the flower of life and what I ... what worked for me and if you are so ambitious to try one of this, this is what this second row is for, this list of circles.

You start with just one circle where it says the sphere, just one circle. If you have a compass you just put the point down, swivel one circle, right?

So the next step if you want to go out and try and do this and doing these is kind of like a meditation in and of itself. I remember the first time I tried it was like you're doing it and you kind of get that sense of accomplishment when you stand back you're like 'wow, that ...'

Looking at it is one thing, but when you actually go and create, just like anything else, the experience going through it is going to be different for each and every individual.

So you have one circle, spin your compass around. Then to make the next circle, the vesica pisces, they call it here on this chart, you put the point of your compass anywhere on the edge of that first circle you drew, just spin another circle.

Then you move on to what they call the tripod of life. If you look back at the vesica pisces and you see where the circles intersect in two places, the intersection points now becomes where the point of your compass goes every time after this. Anywhere those circles intersect, that's where you put your compass down the point, and you draw another circle and you get your tripod.

Another thing, they take pictures of cells undergoing mitosis ... it exactly looks like the vesica pisces but on a three dimensional level and then when it splits into four, it takes the same shape of the four over here and then the four split into eight takes the exact same shape ...

So basically if you follow this diagram of making these circles, you can see the middle circle stays the same and they're adding other circles around them ... poor presentation of the feeling you get when you do this and you start to get the artistic side of it, because to me that's the more creative aspect of it and obviously just sitting.

It's kind of like a math lecture and I don't want it to feel like this boring math lecture, but a lot of people will say when you're familiar with these patterns and you can see them, how they manifest in the world. That one it could help to reawaken some aspect of yourself that maybe you didn't know was there. Two, it lets you maneuver in this world of form a little bit more gracefully or you have a little bit more an idea of what to expect if you're into the vortices, like around Sedona they say they have all these vortex and things like this. They take on very similar shapes.

People who research star gates and say they're around and they do these things. I mean, I don't personally get into that but I've noticed that when I read about it and see the diagrams, that they say that they take on this exact shape.

Just looking at the bottom row and you see how they're, each time they're adding one circle that's half the size of the previous set of circles? You can even start to see the three dimensional shapes in the last set where the circles are as small as they can be. You can almost see the cube outlined in that. It's just circles.

To me that's kind of ... it's amazing and you can get lost in and of itself because there's so many dimensions to it and these are just black and white copies so they look kind of drab and vague but if you just go onto google and type in 'sacred geometry', Click the little images box—a whole bunch of gorgeous artwork will come up and it literally floors you because, I don't know, there's just something balancing about it for me when you just look at it and you're like 'yeah there's order there'.

When I read the Ra material I was like 'something about this feels innately good to me, this is something I'd surround myself with'.

So, if nothing else, I would just hope to inspire. It may be an outlet or a venue for some of you to experience further on your own and related to this (anywhere is fine, just put it on the table thank you. Give me a moment) ...

So also, built in to these shapes, the golden mean, this phi ratio. Sparing you the mathematics, if you work with this and render it into a graph, it ends up being a spiral and obviously these spirals show up a lot in nature, which I've just given you four examples on the fourth page.

There's the sunflower, the acorn, a lot of shellfish will have this shell and the lenticular forms of the galaxies where everything just kind of tends to ... yeah what did I say? (acorn) Oh I'm sorry, right.

This would be a pinecone. I was an honors student, really. I don't know.

These are just a few examples and if you look at the sunflower you can see when you look at it does the spiral go clockwise or does it go counter-clockwise?

Well it goes both, depending, it's one of those left brain/right brain things, I mean they're all over the place. You can make your brain look at it a lot of different ways but it's just amazing that these kind of things show up like this in nature and there's another sort of sequence of numbers.

This gentleman by the name of Fibonacci, what was that book with Tom Hanks in the movie that was so popular? (The Da Vinci Code) Yeah.

So basically, this sequence, you get to the next number by adding the previous two.

So we assume you start with one. There is your given assumption and so one and one is two, two and one is three, three and two is five, five and three is eight and so on, so you get to the next one.

Basically as this sequence gets larger, it gets closer to representing the golden mean. It's kind of like Pi where it's approaching, you never really get there but it gets infinitely closer to being this exact same spiral and it has a value of 1.618 ...

Okay great, we have this number, what about it?

You could round it to roughly two thirds of the way through and they say a lot of music that gets composed, the climax, whether it's intentional or not happens to fall roughly around this place.

Proportionally if the song is this long and this is where that value would lie, the climax of most musical pieces will be right there at that golden mean spot. It's just one example of many.

Let me check my notes. I tend to wander.

Ah yes and these, the values themselves that make up that sequence you'll see a lot like on tree branches. Like one, the trunk goes to one branch—will go to two, then three, then five.

When lightning webs you out a lot of times it'll have those same sorts of patterns. One, two, three, five, eight and so forth. And there's a lot of artists who grab onto this and consciously roll with the metaphysical implications, because it's sort of like to them, it's another way to represent infinity, or another way to represent love, or another way to represent something that underlies the creation that unifies everything.

So they manifest in some form of art whether it's music sculpture, anything like this.

It gave me a sense of appreciation when I observe this and look into it. Some of the clear examples I have listed are all types of crystals, natural and cultured. When you look at the fundamental structure of them they'll take the shape of one of the platonic solids.

The snowflakes have a hexagonal geometry. The creatures exhibiting the spirals like the shellfish and the flowers.

Even if you look at your fingers, where your knuckles kind of lie out, how the first one is a little bit longer, the next one a little bit less and even from your finger to your hand, from your hand to your forearm and your arm to your body it's like this ratio.

It's all over the place. I mean the world is just literally, littered with it. Like I said, initially when I got into this, I just thought that was way too coincidental. That if nothing else is amazing on its own but then it drug me into everything else.

Because, I guess it was the thought of infinity when you start trying to wrap your head around it and you never can quite get there. And then I get brought into all these other things. Here I am at the wanderers homecoming.

It's also in the way that rivers branch out. If you can see a map of a delta from a bird's eye view it takes a similar shape.

The Leonardo Da Vinci petruvian man, the guy in the circle, the circle. Same thing there and the Greek and Roman architecture I mentioned earlier.

Some applications of this are obviously the catalyst for a creative medium, interactions in the realm of movement color shape and sound. Balancing your environment. There's many anecdotal that indicate there's a freeing of energies when you look at these. There's a lot people that use color in visual therapy like the mandalas. They are very similar to this. Almost to a tee, these kinds of shapes.

There's an author whose name I'm forgetting. Another reason this particularly struck me is I'm a musician so there's this very primitive aspect of feeling the vibrations of light and recognized fashion put into music and then for example, if you have a given integral of time and you place three beats evenly against two (so my right hand is doing two and left hand is doing three for every two on the other).

If you speed this up, it's just two things going but you'll get an interval of sound. You'll get a perfect fit. If you speed it up like 'zzzzz' it goes. You'll get two actual pitches from this. It's science, it's

math, but it still blows my mind when it happens. There's just something about manifesting that and being a part of it which is why life, I guess it just hit me that way.

If you have a minute, sit down and doodle it once. You don't need a compass either, you can just have a stencil of a circle and you're going to have to guess where the center is.

(The crop circles, it's all over them as well)

(What would you say the basic purpose of)

This is where it would be, in my case, the purpose is a segue to ... other people will tell you that there is, when they see they see the language in which the universe is written and communicates with itself on a basis of form.

So they look at it and for them it's almost like a code. They can understand the matrix a little bit better. For other people, it reawakens past memories or a re-recognition of something. Maybe that was the case for me, but it was subconscious, because obviously I wasn't privy to past lives or anything like that when it came across me. So I just thought it was random and maybe very much it was a planned thing.

So it could be any of those purposes and other people will say if you, on the extreme end, if they say they have accessed the star gates in these things, they can predict where they will be based on these shapes on the planet. Like Richard Hoagland's work, he says things often happen to be 60 degrees latitude on the planet like the great red spot on Jupiter and the blue spot on Uranus, right.

(Question off mic.)

... Looking back on it ... it was just to wake me up ...

(Question, re: channeling ... shape of universe ... hexagon.) So if you look at his stuff he says the world is mirrors, that actual pictures that he draws of the mirrors. He talks about the galactic lenticular shapes that Ra mentions. He says these are all a part of a kind of a geometry the universe follows. For someone who's interested in art, music, I would recommend it. By the way he was a great organist, was capable of sitting down and playing but he never pursued that.

(I am aware of a channel session where the master of light called Mary Magdalene and asked why sacred geometry ... when energy is manifested into form ...)

(Sound gets worse here.)

(... everybody has them on their fingertips, the back of your head. It is literally a manifestation issue for all that is.)

For me I immediately went 'oh wow. Okay, well how can I not be connected? I'm the same ratio as all of you, as the grass, as the planet, as the system. I mean it brought the law of one home. I'm the same ratio as all of you and I can't get out of it'.

So that for me it really help me step back and go 'wow'. All that is, is all created the same way everybody. Literally everyone is a mirror of everybody. Same shape, same number, and it helped me make oneness very tangible in the simplest way. We're all the same ratio, I mean, that works for me. I can't get past the math)

(I stumbled across sacred geometry about a year ago and I was really fascinated by it. I think David Wilcock tried to put it together, but I think ... right here you got on page 10 metatron's cube, the star tetrahedron, octahedron, dodecahedron and icosahedron—they correspond to the densities

somehow. I might be wrong but this is what I'm trying to get more information about, how it might work.

In a yoga book a couple of weeks ago there was a picture of a guy in a meditation pose ... chakras ... and had the different shapes and I think they correspond somehow. Something with David Wilcock in a Youtube video ... the frequency creates the shape ... yeah that's it. The shape corresponds with the pitch. I'm seeing you've got the chakras, you've got the scale, the rainbow, and then sacred geometry it's all connected.

Seth talks about the global planetary grid. So you've got these grid points—those are the points are the points of the shape, whatever one it is.

According to Seth, in those places you can manifest more quickly because those are the places where the field comes into our perceived reality. If I understand correctly as you shift from one density to another it's like a radio. You turn the dial, it's the same field, but the shape that you see shifts from one to another, just like one radio station to another.

So all these shapes exist at the same time, in the same place, they're all right here in the same area, so to speak, but your getting different stations)

(Yoga philosophy gives a different note to each chakra)

(Third density is G. heart is F. It just depends on whose literature you're reading. The whole earth is playing on the key of C.)

ENCODED WITH PURPOSE

Josh C.

August 27, 2011

First of all I want to thank Jim and Carla and Gary and everybody that's a part of the LL crew that's made this possible and I also want to thank each and every one of you for your participation in this incarnation. It's not an easy planet to come play in but everybody's doing a great job so, actually ... (*applause*).

My talk is called 'Encoded With Purpose' and what I'd like to do is just run you through my life as quick as I possibly can and if there's questions at the end, I'd be happy to answer anything and the reason I'm doing this is I'm hoping to show or I believe I will show that you will see a path of how things are meant to happen and how you are meant to unfold/flower, whatever metaphor you like. So I'm going to just delve into this and see what happens here.

One of my very first memories as a child: I have a memory of waking up from a nap, I was two years old, I was in Germany and I have a specific memory of Jesus leaving the room and flying back out into the sky. I'm not religious, I couldn't even speak at this age. I might have said a word or two but I have specific memory that this was Jesus and it's funny because I recently ... I believe Carla said she used to think she used to hang out with Jesus in the woods. So I was like 'well, I've never heard anybody say anything like that before so I was like 'that's a good enough synchronicity for me'.

So at that age things like that were happening. I started having dreams as a young child where I would dream about somebody like my parents were divorced and I hadn't talked to my father for six months or something and I would have a dream about him very intensely and I'd wake up in the morning and he would call.

So I started noticing these things and as I went on through my life these things started happening more and more. Not to the point where it freaked me out but just as I thought, I was like 'ok big deal, coincidence' or not at that time did I think of the word 'coincidence' but I was like 'ok, no biggie' and then I moved on to my parents divorced and remarried ... I went through these experiences kind of very interested in the esoteric and I didn't have that term that time either, but interested in the sense that I thought something else was going on other than what we were told.

And I mentioned the other day when we gave our little round robin that I got into LSD when I was twelve, which I don't recommend but that really shocked me out of consensus reality, I guess you could call it and I started doing this a lot at school. I actually thought this was what was really going on. I dropped barriers. I would go home at night and watch my parents have conversations while I was still in tune, let's say or whatever you'd like to call it and I just, I didn't get it.

I saw these people going through their lives, going through their jobs regurgitating the same stories that I'd heard every other parent talk about and it just seemed very artificial not that my parents didn't love each other, I knew that there was a symbiotic relationship happening there but it seemed, it seemed like the show 'Dallas'. just boring and there was no passion behind it.

It was 'you go to work, you do this, you're a good citizen' and so from then on I got into the drums at a young age for some reason I woke up one day and I had the idea that I should play drums. So I got out pots and pans and if you remember what old coat hangers look like they used to have cardboard that connected the two rods so I would break those every, you know, all the time and I was like 'well this seems really interesting' and eventually got a drum set and started playing drums and at that time my brother was into a band called 'All'.

he came home from a show one night and he had a drumstick and he had this tape and I was maybe eleven years old and I heard the music and I heard this guy doing drum rolls with patterns within the rolls and almost marching stuff with patterns in his feet.

This is why I want to play drums this guy's ripping it up and so I got into this band called 'All'. I remember as a kid looking out my window and trying to conceive all and this is the first taste of infinity I guess you could say I was introduced to in the simplest way it was a band, they were all about the quest for all. I mean that, their whole premise was 'we're on the quest for all' and it's funny because it was all Don Quixote, literally.

So I was like 'that's really interesting' and before that they were a band called

'The descendants'. So they descended and became all again. So this is really funny trying to put this together at a young age. That's weird you were called the descendants and then you became all.

So I went through that and growing up started playing drums a lot. long story short when I got to be about fifteen my step father had a job offer to move to Jakarta, Indonesia and I was not happy about that. My world was Texas I rode a skateboard all the time, my brother and I beat each other all the time. It was playing drums, riding your skateboard, and fighting. In Texas, this was in Houston at the time.

So my step-father gets an offer and we couldn't get into the schools there was something wrong with the company where they couldn't get us in. You had to get into the international school you had to pay a certain amount and this company wasn't willing to pay for it. And I remember being so excited. I was like 'yeah, we're not moving' and was scolded for that. So I go to a friend's house, I guess about a week after he got this news that we were not accepted to move overseas and this was a big deal for him, he was a drilling engineer for a oil company called Arco Oil and Gas and going to Indonesia, this is where you don't pay taxes, this is where you become the dude.

So I was excited not to move and I was at a friend of mine's house one day and her mother was really into crystals and she had tarot cards and I said 'hey what do you do with that stuff?' she goes 'oh I read cards' I said 'hey you wanna give me a reading for fun?' I had no clue what was going on and she said 'yeah, no problem' and she gave me a reading and laid out all the cards and she looked at me and she goes 'expect a great move' word for word. And I laughed, I go you're wrong this stuff is totally wrong we were supposed to move to Indonesia and it didn't happen it got denied. And she goes 'ok, I'm just telling you what the cards say' I was like 'ok, lala la. The cards are wrong'.

I felt good about it I felt I proved another system wrong and that didn't happen. I was doing well in my own selfish endeavors of being a kid. So I go home that night after her reading these cards and my step-dad says 'we're moving to Indonesia' and I said 'what do you mean? I thought you were denied. He said 'I got an offer from another company and they can get us in the schools. We're moving next month.'

So that was my first real taste of 'whoa, ok, how did these cards, how could this woman do this?' How could these cards perceive I'm going to move literally half way around the world?

So I ended up moving to Indonesia which to me really opened me up. I noticed there were many people in poverty that were happy. They didn't have much but they laughed all the time, they played cards with each other, they smiled they were ... if I was willing to be open they were open to me and this really did a shift and I noticed that when I first moved there.

But the one thing I noticed was the second week of high school I saw a guy with a tape in his hand, he was walking around with a cassette tape and it was a 'Black Flag' tape and if anybody knows who

Black Flag is, they're pretty famous in the punk rock scene and it turns out the guy who plays drums in Black Flag also plays in The Descendants and All.

So I walked up to the guy and was like 'hey, how do you know Black Flag, how do you ...?' and he was like 'I dunno, this guy just gave me this tape today' and I was like 'this is you know, this is one of my favorite bands, you know—this and this and this.' Long story short he turned out to be a bass player, I told him I was a drummer. And he goes 'well hey dude, I just started playing bass, do you wanna start a band' I said 'yeah sure'.

So basically through meeting him we started playing music all the time and I had some experiences happen in Indonesia where my mother came to me one night and said, 'you know Josh, the last week I've been woken up out of my bed three times and Rick (Rick is my step-father), one night Rick was at work still. The other night Rick was sleeping out in the living room and the third night he was up doing math, doing his engineering, figuring stuff out at the table. And she told me, she goes 'I was literally shaken out of bed. I thought it was your step-father. I woke up and said what? This happened three nights in a row. I was like 'that's weird', my mom is very Christian. She's talking about spirits waking her up. I don't know if she fully believes this or not. We were in this country that it was ok to speak about these things.

These little things keep coming up. I kept having dream stuff that would occur and basically from doing that I had a couple experiences being in Bali with a bunch of different people. There's a couple of places in Bali where you can get magic mushroom shakes and omelets and we enjoyed doing that a lot. We were on the quest for all, so to speak. I went through a couple experiences that I couldn't wrap around my head like doing this stuff and watching the starts rearrange when I thought about them. Stuff like that and I was like okay something's going on here and I was always attracted to the esoteric so once I graduated from high school, I teamed back up with a guy that I saw at school that day with the tape and we recorded a demo in my garage and sent it to a punk rock label up in Canada and got a record deal a week later.

So, I left high school after my parents told me to get out. Not the best relationship with parents—a lot me saying I don't agree with you and them saying you don't have the right to speak. You know, I understood. That's how they were raised. It was '50's mentalities if you don't fit in the box then we don't have time for this.

So I was happy to go away so I just left. We jumped in a truck and we drove to Ottawa and when I moved to Canada through doing that we ended up a couple of guys in the band, we ended up staying on a Native American reservation with a guy that actually supplied things for most of Ontario—a bunch of mushrooms, he was a big dealer and he had kids and we were like 'hey, great we can experiment for free. He's got acres of land we can jam in the barn, you know, let's just, let's get high and rip it up. no big deal. let's experiment, know what's going on.'

At this time my buddy, the bass player, he had given all his (Castaneda?) books and introduced me to Crowley and Robert Anton Wilson and Alan Watts and my head was exploding with information. I was like 'okay'.

So one day we were practicing and we had an ounce of mushrooms in our hands. I said 'well lets eat some of these, practice and lets go out into the field and hang out'. So we ate a little bit and started playing music and I had this experience of hovering above myself watching the puppet do the work. Whatever I was thinking my arms were doing it. I messed up. I kept messing up because I'd watch myself and it was like 'oh no no. You have to keep telling it what to do or it will stop.'

So I looked at my friend I said 'hey we've got to go outside I can't do this anymore, I can't hold it together' and he goes 'fine' so we walked out into the field and we ate the rest of the ounce within five minutes. We just piled it in and immediately I left my body I was, I saw my body on the field, on the blanket and I was hovering in the air literally Christ pose (like this) and there were thousands of thousands of blue orbs as big as a door everywhere. I mean, I couldn't see beyond it and they were gyrating just (makes jzzzjzzzjzzz noise) and the voice in my head said 'I understand the nature of the power' and I was back in my body and my friend was screaming and crying, he thought I was dead.

He was looking at his watch and it had been twenty minutes and he passed out after that he couldn't handle, I mean, if you imagine losing your mind and thinking your friend is dead ... so he left after that, I let him.

So from those experiences we started touring after that, I put it aside, didn't really know what to do with it, it was very intense. We started travelling around the world, basically, not around the world but in the States and meeting other bands and I basically ended up moving to Washington D.C. after I split off with this guy. It became a point where it was 'who's the guru' and I didn't understand because I really loved this person and it seemed like there was an agenda behind the spirituality and it freaked me out a little bit because I thought we were on the quest for all, this altruistic quest of accepting anything that came our way and not really telling anybody what to do specifically and we split off from each other. I didn't want to be around this person anymore. This isn't working for me because I'm happy to go along with things but when you say there's a right way to do something or if I don't get it this way, you, it's almost like the guru that does one thing and then tells you not to.

And I didn't understand so the one thing I did understand was to go away. So I ended up moving to Washington D.C. and right after I broke up with this band and I moved back, I got a call about an hour and a half after I was in D.C. from another band I'd met through touring. And the guy said 'hey man could you come on tour with us for a month?' and I was like 'what do you mean?' and he was like 'well our drummer just got tendonitis in his arms and we've been on tour for seventy days and we've got a month to finish and you're the only one that we think can do it. can you come fill in?'

I looked at my girlfriend at the time and I was like 'I'm going back on tour and she was like 'you just got here ...'

So, I started playing music with these other guys and they were from upstate New York they were going to school up in Ithaca, Cornell. One guy was number one in the math department and one guy was a film major.

So basically through being with these guys we started making records pretty hard and we ended up actually recording many records with the band all and the descendants who have a studio out in Colorado. So that was a big dream come true to me and through doing all that I became really good friends with guys that were very logical, very mathematical and that's what I needed at the time because my head was so blown open I didn't know how to speak to people.

I spoke in metaphors that had nothing to do with the limitation of the body and people would just looking at me like 'what are you talking about?' Well, I mean, you're in the vehicle but it doesn't mean you are limited to it and this was really difficult when you're nineteen and everybody is just getting drunk. To them that's partying and to me, partying was being introspective and trying to figure out what was going on.

Eventually I cut off the relationship with the person I was with in D.C. and moved to New York. Some things came up in Europe and my friends said 'hey there's an open room here, why don't you

come do this?' And I was having troubles with the person I was living with in D.C. so I said 'ok let's do it' and I ended up moving to New York and being with that band for many years. We ended up touring in about 34 countries and it was like a dream come true.

We didn't make any money but we always had a vacation paid for. There were always kids at the show and it was always a really good time and we met a bunch of great people. And this was a time for me kind of healing what I'd gone through, I'd say putting the insane personality back in the mix to integrate it and be like 'well, what did you learn from that instead of talking like a chicken with its head cut off?' and not being able to explain what I meant.

So doing that for a long time help me rebuild I would say, not necessarily a wall but actually to ground myself back in the reality that I was in. And so through living in New York and playing with these guys a long time, I started doing bike messaging in the city and I touched upon this the other day: I ran into a guy that (and I'm sorry, the whole time I was always into the Masons, what's going on with the Illuminati, who's actually running the planet, you know, everything seemed like a big dog and pony show, politics, everything) so a guy shows me the book, 'Dark Mission' by Richard Hoagland and that's when I saw the Masonic flag on the moon and I'd put this stuff away for many years.

I was like, 'you know, I'm tired of delving into this, it made me crazy last time' and but I couldn't shake it. You know, I see an astronaut with a little, his little apron and the 33rd degree and his planting the flag 33 minutes at the 33rd degree on the moon and I was like 'really dude, I mean, who's running the show if the Masons are basically claiming the moon now, you know?'

And so through that, at this time, I was seeing somebody else and I had some 'not the best experiences' with this person and that opened up the doors into delve into some other stuff and that is when I found my old nemesis cocaine and it was great at the time, I didn't do much of it. It was kind of a thing to stay awake, party, whatever I was interested in. And then it became a habit where I was keeping it from a lot of people. I still showed up to work, I showed up to band practice, I did everything I had to do but it got to a point where I slowly quit caring about a lot of things.

Things seemed to be irrelevant, not purposeful and I broke up with this person I was with and that did a head job on me based on my relationship because I didn't understand some things that had happened and I was really honest with the person, they weren't honest with me. Long story short, I had gone through a period where I had done so much that I had no more vital energy left, I'd say.

And I was trying to figure how to check out. I was done with planet Earth. I was like 'this is boring, if I've got one life, what does it matter if I blow my brains out whoever heard about it, I'm sorry but you're going to forget it'. And I truly believed that.

I remember being at kind of my wits end in my apartment and listening to music and cranking out lines on the big glass table and I wasn't getting any thing out of it. It wasn't doing what it was supposed to do it just kept making me pee all the time or go to the bathroom and I was really angry and I remember screaming in my head "what is the point? What is the point of all of this?" I couldn't ... I didn't see a point. I wasn't inspired. I didn't really care about playing drums. I went through a period where I didn't even feel I could come up with a legitimate drum beat to actually be a part of the whole and the voice said me (which was my own voice because you are all channeling your own personalities, as Fox said I say this all the time to people, it's like you are channeling, you're here. You channel to be here, you channel all of it) so the voice said: 'you can participate or not' and I was like 'what do you mean?'

This isn't something I'd say at the time, I didn't want to hear that: it's your choice still. I wanted, like Gary had mentioned before, 'just show up and tell me the deal. I'm tired of figuring it out' and so that actually made me angry. Which was good.

Because I didn't even have, I wasn't ... it made me angry as like there's something to figure out. Why did this voice say this in my head 'you can participate or not' like I had a choice? I had a choice to be here or ? ...

So through that I started looking into UFOs. Luckily at this time I met Jody and we crossed paths and she was so excited to be alive. If you haven't noticed her energy is very welcoming and heartfelt. When I first saw her the first time (she probably tells this story better than I would) this was when I was still weaning myself, not weaning off but I wasn't doing it as intensely as before, I mean Jody would say I was but to me I kicked back a little bit from doing, you know, snow skiing as much as I thought I was.

So one night when I met Jody I had a bunch of friends that were like 'hey come to this bar' and she was there hanging out with mutual friends and everybody was waiting for this kid Josh and blahbittyblah and I came in ... I don't know if you guys remember but when you have a long sleeved shirt you can put one hand in the other and do this trick and it makes it look like you have something in your stomach. So I come running in this bar, doing this yelling like 'waaaaaah' yelling around the table and Jody is like 'this is this guy you've been waiting for? What the hell is going on? This guy is crazy'.

So from that we met, we hadn't seen each other for about a year and then she broke up with somebody, we slowly melded with each other and instantly I guess the first time we were hanging out. I was like 'okay I don't really want to do anything else but hang out with you all the time' and this was a very, another healing stepping stone for me. With somebody who cared, her energy was like 'no. Things matter. I'm into caring, I like to party but I'm not ready to check out' and that wasn't our first conversation but that's what I felt off her.

So being with her, we eventually moved in together and I started researching every single ... found project Camelot. Actually I found the Freeman perspective first Eddie, as we were talking about. Watched every one of his videos and these people were talking about UFOs and stuff like it wasn't a big deal and for some reason I'd never really gotten to the UFO field. I'd never associated out of body spirituality with ET or anything like that, I don't know why, I just hadn't put it together.

I thought it was all spirit, which it is, but I didn't understand that concept.

So I started looking through all this and got into sacred geometry, got into the golden mean ratio and as I said the other night, Jodi and I were going, I don't remember if it was one of my birthdays but we were walking to a bar and I looked at her and I'd come upon the Law of One and I was reading it and looked at her and I said 'there's no way I can understand the information if I keep doing this much coke. I don't get it. There's a blockage here' so that slowly dwindled off and as this started dwindling off I had a dream voice that showed up. It would say stuff to me agitatingly. The first thing that really triggered me was one night it said 'Alistair Crowley 666 the great work' I mean over and over (in annoying voice) 'Alistair Crowley 666 the great work' and I woke up going shut up! And I remember Jodi was there and I had some friends and I was like 'dude really come on, you know, like a little kid'

So I looked all these things up, I was really into Crowley I understood his stuff, I looked up the number 666 and the different representations but then when I got to the great work I found a work a Rosicrucian's site and it said the great work was soul recognition, that's the work, you're to become

one, this is their secret understandings of the great work, this is one understanding and to me, it did something immediately I went 'oh my god, the higher self. I've been spoken to'.

And I had this experience sitting at my computer where I did a recapitulation of everything that brought me to that moment it just went (*rising undulating sound effect—bududududup*) and I went 'uh ... oh this is real. I'm in a cycle. I'm not. I'm not. I can't die' I mean this gave me this circular out of time experience. Seeing something that could talk to me that I was, that I just didn't get. How could this thing say these things that made sense like that?

So from doing that after the dream voice showed up I got to a point where I was like, 'something else is going on here' I slowly kind of dwindled off doing a bunch of coke and I finished all the Law of One books and I remember going ... I had to go to the post office one day and I remember saying out loud 'if you want me to continue to walk this path I need a sign' I was like 'I'm going a little crazy here, it seems too real. I don't want to jump on the boat, I don't want to jump into some new religion, I don't want to drink the kool-aid, I don't want to be somebody's follower, I don't want to worship anything. You've got to give me a sign or I'm out. I'm just going to let it go.'

Ten minutes later I walk to the post office and I'm in line and right before I get to the window there's a big sign that says "Easy choice, great price" and I went 'shit, I made the choice, I made the choice to ... and it was talking about mailing something out, really simple, but I looked at it and I was like 'I made the choice. 22 yeah, man. Totally. I made the choice to cooperate. It is me and everything is me then I need to cooperate or I'm fighting myself, literally.

22 is the 22nd tarot card. Is everybody aware of that? which is the choice and the fool and you have ...

So for me this was a big deal: I'd gone through the 777 the mind/body experience (seven archetypes for the mind, seven for the body, seven for the spirit) I understood all that and the 22nd card was like 'once you get how it works you can go 'nonono that's not how it works' but I got it. I said okay, this is how it works.

So I get called up to go to a booth and I'm talking to a guy and he uh, I give him a package and it was \$3.95 and he looks at me and he looks at it and says 'ok, where do you want to mail this to blahbittyblah and starts typing the address and then all of a sudden stops and looks at me, sticks his arms up in the air and yells "22 my son!" and I went ...

Nobody in the post office recognized him doing this but he yelled this at me. like, my son! I was like '22?' I just looked at the thing: Great price, easy choice. I was just like 'okayyy ...' I was trying to rationalize this in my mind and he goes directly back to what he was doing okay?

'22 my son' then goes back to typing like it didn't happen. I'm looking at the post office like did any ... what's going on here? So I put forty dollars down. Whatever dude, here's forty bucks for a priority mail that's \$3.95 I don't care, whatever, here you go.

And I understood, I was like 'wow, that was intense'

He looks at me and he goes 'why did you put forty dollars down here?' after he finishes typing the address and I looked at him and I said 'dude, you stuck your arms up in the air and yelled '22 my son' at me and he goes 'oh my god, I did, why? Do you know what 22 means? That did not come from me. That did not come from me! Do you know what this means? Do know what 22? What does 22 mean?'

And I looked at him and I was like ‘oh wow’ and I was like ‘it’s ok. It’s totally fine. He couldn’t wrap it around his brain but I realized I just asked for a sign. I said if you want me to walk the path hook it up and do it now. And the twenty ... I couldn’t shake it, I got back and called Jodi

“Dude, you’ll never believe what happened”

And she was like ‘whoa, are you serious?’ and I was like ‘I can’t make this up’.

So these things started happening more and more and my time’s running out so I’ll try and make it even quicker. More things like that started happening when the dream voice started showing up we ended up being allowed going to Egypt with Graham Hancock and Robert Bauvall for our honeymoon a couple of months ago and everything made sense when I went to Egypt.

It was ‘of course, right. Okay, this makes perfect sense’. And right before we’d gone to Egypt I was on a subway platform and a voice in my head as I looked at a store window front to see three nines in a row and said ‘the magic is in the nine’ and I looked at these three nines and I was like ‘why would I think that? where’d that come from?’ So I looked at the three nines and went wait a minute.

$9 \times 3 = 27, 2 + 7 = 9.$

$9 \times 2 = 18, 1 + 8 = 9.$

I looked at Jodi and I was like ...

9×4 is 36, Josh and 9×5 is 45 and was like ‘(pain sound) stop!’ and I got out my calculator and just typed in the biggest number I could and multiplied it by 9 and it added up to 9 and I had been looking for a way to describe to people the micro and the macro of the numbers and felt like I had found it through the 9.

And after going to Egypt and seeing all this, Graham Hancock had all these pictures and ratios laid out about all the great pyramids and I was talking to Robert Bauvall’s brother and he looks at me and he goes ‘look what they all add up to.’ Everything added up to nine.

And through this I finally realized that, ok, I’m being spoken to. I also see blue flashes of light all the time which I call my guides which basically when I have a synchronicity or understanding I will get a blue flash or a silver flash, this was confirmed by a guy at the Edgar Cayce center who we’d never met before who gave us a reading at the very end and said ‘Josh, all the blue flashes of light you see are your guides’ and I told Jodi about that a month before.

So these things started happening regularly and I let it go and said ‘you know what? This all intentional. This is all meant to happen’ and I was ok with it and I was finally to a point that I was like ‘I have to continue to walk this and I can’t hide it anymore and I’m happy to speak to anyone about it. And I want to end with two little things and that is when I realized the 9 situation I also thought about 2012 again.

Which is December 21, 2012.

12.21.12.

333.

9.

That’s interesting, the closing of a cycle.

And what I’d like to say to everybody, because I’ve called this talk ‘Encoded With Purpose’ is that you are all infinite beings, you are all multidimensional. Just as the flower buds, just as the tree fruits,

just as a caterpillar metamorphoses into a butterfly, we humans are encoded to remember that you are sovereign, you are infinite, you are loved beyond anything you can possibly imagine because that's what everything creates.

Everything is created out of this unconditional love and when I finally realized that I was able to see through what Ra would call the illusion. Because the illusion is not being able see yourself, not being able to see what you are all made of.

And I want to thank everybody once again for being here, for sharing your encoded purpose, for sharing everything. I mean this is not an easy thing to do and you guys are all paradigm busters and who cares what anybody says just speak your truth and that's all that matters.

Thank you.

CERTAINTY VS. DOUBT

Jodi M.

August 27, 2011

Hi, I'm Jodi.

I get really ... I'm really kind of a goofball, very outgoing until I have to speak in front of a group. My voice gets ... sometimes I can't make sounds, so ...

I've been trying to think about what I want to say and I wasn't going to write anything down but that usually ends up disastrous and I start sentences and never finish them and so I've written a few things down but I thought I'd start with—I had a dream last night.

I was in my dream. I was in LA, I used to live in LA, I was on Broadway, I don't even know. I'm sure there's a Broadway in LA but I went into this big humungous bank and there were lots of people hanging out it almost felt like a reality show, like a rave, people had partied there and there was a couch and I was going to get money and ... went to the couch and was like ... slept on this couch last night and I look like a total mess ... everywhere and there were clothes ... and I was kinda going through piles of clothes and I was like 'oh I found these great blazers, these jackets' and I was straightening out these jackets on the couch and I started putting the pillows back and I was ... as I was doing this a security guard came over and grabbed me and was like 'uh ma'am, I'm going to have to ask you to leave' and I was like 'why ... what are you doing?' 'I see that you (oh right, I also tried to sleep on this bed for a few minutes. I tried to take a nap and) he's like 'I see that you are obviously going through people's pockets, taking their money'

I was shocked, I was like 'oh my gosh' I've never been that sort of, I've never had those types of thoughts when I probably could've, you know, I don't know. So I was completely shocked and I was like 'no, I just got money out of the ATM do you want me to show you my money?' and he was like 'mmhmm' and so I was like 'oh my gosh he's completely wrong and I couldn't convince him otherwise' and feel like ... When I woke up, I thought to myself 'I'd never found those jackets were really cool. I really wanted to grab those blazers before I got kicked out. But my other thing was how often people get judged or how often I think this was a message to myself to change my thoughts so that I'm fair, I'm more fair. I'm sorry I'm getting emotional.

I feel like I bring up the subject of my talk a lot because my talk is called certainty versus doubt and I think it's obviously really important to me. I bring it up a lot and I feel I think the general gist of it is I'm at a point in my life where I'm obviously surrounded by amazing information and an amazing husband whose the most patient and amazing person I've ever known but I seem to have a fear of letting go.

So, when I was young (I'm going to talk a little about me) and I feel weird even saying all this stuff about me but it's all about you as well, so, I know that. I was raised by my dad mostly—a construction worker, awesome, he's more zen than I ever known anyone to be and he doesn't even realize. He's giving, he's patient, he's always encouraged me to do anything I want and I'm an only child and he adores me so for him to say 'go move to LA, move to New York' it's selfless and it's amazing.

My mom, I love her very much as well. She's had a lot of issues with herself and projected them. She's been hooked on any drug you can imagine (well not any) most drugs you can imagine from prescriptions to street drugs and she's doing all right now. I'm really lucky, I'm feeling very fortunate

that I, that they're doing all right. But I was talking with Chase because I am a Scorpio. Some people like that, some people don't. Some people believe in that.

I was very introverted and very afraid of ... I was brought up Catholic so I believed every bit of it. I was taught at a young age that God could count every hair on my head, he knew every thought I had and most of my thoughts were sins. So we were brought up Catholic and I know Cecille, I'm not saying all of it is the right ... you know, the things that make up Catholicism but for me it was a lot of fear.

I was in elementary school and one of my best friends was Christian so she went to a different Church and she lived across the street and one day she said 'do you want to go to church with me?' And my family's very catholic, my dad's always been sort of open to almost anything. We've talked to each other like people since I've been very young and I said 'hey dad, I want to check this out' and he said 'alright' and we went and they passed around grape juice and bread and the holy communion that didn't seem so stringent and so many rules and she said something and I said 'I can't take this, I haven't gone to confession' and said 'what's confession?' and I said 'where you go to the priest and you tell him your sins' she said 'why would you tell a priest? even Jesus your friend? can't you talk to him?' and I was like 'oh my god'

It was a whole new look on ... I can talk to Jesus, or I can talk to God, or I can talk to the virgin Mary or I can talk to whoever without.

So that's when I started talking to my Dad, he never forced me to go to church and we never really went after that. So as I grew up ... my spiritual whatever, I got a ... virgin of Guadeloupe had to because it's very cultural, I grew up in a very Chicano neighborhood. I always liked it, I associated love with it and I realize now that a lot of children see this image or they used to see this image and a lot of people think it might have been a UFO or something more wide, more encompassing than the virgin, the apparition of the virgin.

So I went to school, went to college. I was straight edged all through high school. If you don't know what that means—I didn't smoke, didn't smoke pot, didn't do drugs, I don't know why I was just like 'I don't like the way those people are acting' so I would drive them home.

But then I got to college and I experimented. Really, really experimented. I did mushrooms and I was like 'that was it for me' as soon as I took mushrooms I was like 'this is what wars should be fought over, this is why we should be angry with each other because nobody has enough mushrooms we should all to feel this, we should all want to feel this free and this open and I was in love with everything'. I was like 'oh my god' and so I took a lot of other things of that sort to try to obtain feeling as much as possible.

My Dad had also done the same in college so my parents were pretty open about that.

I had dated since I was thirteen. I had my first long term relationship from thirteen to eighteen. I know. It was kinda weird. Off and on. I never quite ... it was always very honest and I feel like I did a good job picking people to date. Never a person I wanted to stay with I never, you know, treat me terribly or ... but I could never find somebody who encouraged the things that I felt myself and through all this time I'm dating and doing drugs and I'm listening to punk rock (finally got out of Janet Jackson and Madonna) was real excited and there's a band that I love.

It's called Built to Spill, some of you may have heard of it and one of my favorite quotes that got me thinking again was as he says 'and God is whoever you perform for' and I was like 'oh my God, that's amazing' God is whoever you're performing for whether it's you're being good because you think somebody's going to be mad at you sitting up in a chair or if it's your parents or if it's your

belief system and any belief system you're in, if you're performing because you're afraid of what the consequences are not from your heart, that's your God, that's who you're obeying. And it was a really big wake up to me. I was like 'oh my God, that's the most amazing thing I've ever heard put into words'.

At the time I was doing a lot of drugs and I was telling Josh when I met Josh, I said 'you know, when I do mushrooms I feel like there's a guy in you know, watching from up there going 'oh my God, look at them running around like ants. They're going to their jobs, they're paying their bills, they're going to school like it matters' and I felt doomed. I felt like there was no way out.

And then Josh was like 'that's you'. Of course another 'huh, oh my god it's me, it is me. I'm watching myself do this and I'm wondering if I'm just crazy'.

So as I got older I moved to LA. It was wonderful, I had a lot of fun. Wasn't very, feeling very spiritual or I was doing a lot of drinking, a lot of punk rock bands a lot of whatever came my way. I was always a good person, I always wanted to be helpful. I've a lot of great friends but one day I was like 'I do want to live in New York'.

So I moved to New York and a few years later I dated a person that we brought out the worst in each other. And it's true, that happens I think if you're with a person that you're trying to make it work instead of letting it work it's always gonna be a struggle so it was a really big struggle and I even knew Josh at that point and there was a lot about relationships or God or spirituality that I put walls up against and I guess this is my certainty versus doubt.

Throughout all of these new things that were coming, I was never sure how to take them. I didn't know how much to believe, how much to not believe. Will I look crazy? Will I look like ...? I didn't care about anything. If I did or didn't believe in something I was always worried that I wasn't going to take it into the level I might need to ... or I would miss something because I was too afraid.

So meeting Josh ... and he showed me as we started to get into the Law of One, I started to read a little bit. Like I said yesterday I'm on book five and I love the Law of One, although I've said this numerous times, it's like homework. Some of it ... I did go to college and I do have a scientific brain but it's beyond even my basic ... every page was like two or three times at least. I'll be sitting on the subway and being like 'I wish everyone could go away so I could read this paragraph, I can't get it!'

And Josh tore through them immediately, so ravenously that I was like 'why is this so hard for this to sink into my brain? what? I'm a good person, I'm spiritual. I know that some of it, when I heard about some people ascending and some people not being ready or whatever I was like 'well this feels like church again—some people make it, some people aren't' and I put up a resistance. And I talked to Josh more about it and I read a little more and I was like 'okay, it's a whole you know, you get to choose the steps you're going to take. You get to choose whether or not you're ready to ascend, you get to ... it's not like you're going to be locked out because you thought a bad thought and you have to confess to priest'.

So it's a whole different thing for me but it's also, I have to realize it's not the same thing I was trapped in earlier in my life and my thoughts ... I think a lot of my fears (letting things in or not letting things in), a lot of times I don't feel worthy. I know I'm a good person, but because I'm not reading the Law of One??? ... maybe complications are going on ...

It's become something that I think my own thoughts about it or the fact that I bring it up. It's like I am holding myself back. I think there might be people here who can relate to this. I know everyone is very excited and I'm very excited but I'm also so hesitant that I'd like to figure out ways to at least let go the fears of the protection I built up as a child and say I don't believe that any more.

Sometimes I feel like because my husband is so eloquent and so into it and so excited that I'm like 'okay how much is my believing because I want to believe in it and how much is it because I'm in love with Josh?'

These are the questions that come into my head all the time. I still feel like I've quite not got the hang of meditation but I know there's no right way. I'm not asking for sympathy I'm just very emotional I just don't know. I feel like we can all be our own worst enemies at times, but the one thing that happened recently is we went to Egypt and our last day in Egypt we were with Robert Bauvall and we were starving.

We were on a 12 hour bus ride and he mentioned maybe grab a roll in the morning so he and I were battling.

"You didn't say grab a meal you said grab a roll". So we were hungry on this bus and it was 110 degrees and we were on this bus for hours and the sun was starting to set. We were going to pull over and finally get some food and I looked at Josh and he's like, he says great things to me at least twenty times a day but he said 'hey, look I'm you, look what you did, you sent me to you and I love you so much, and I'm you' and I was like 'oh my god I must really like myself if I sent this person to me.'

And I'm that person. It was ... feeling I had ... connection ever.

I had no idea I'd get this emotional, sorry. But my, I guess my desire is to be able to open up to a medium at the Edgar Cayce institute in New York. It was this kid that I'd found online. He's twenty-two, he was an amazing kid, funny, from North Carolina and he locked in. He was the one that told Josh about the blue flashes of light but he looked at me and he's like 'you're heart chakra is so guarded' and as much as I feel like I'm fun and open and I have a lot of great friends I'm realizing I'm not letting ... I'll get into their lives and I'll try to help them but I'm not really letting things in and so it's my goal to be more relaxed with myself and to just let things happen as they happen.

I'm very thankful to be here. Thanks Jim and thanks Gary and thanks Carla and I feel like I'm in a really great place. I'm excited to move forward. I'm wondering maybe other people might have suggestions on how to know or how to let go because I feel like I doubt much more than I should and it's weird that I'm feeling like I'm where I could be I know I'm where I should be but something I've just been struggling with ...

(Audience conversation away from microphone.)

Yeah, I feel like when I was in school even when I was studying I ... as much as it was arduous and it was a lot of concentration and me having to memorize then, I mean I'm not memorizing the Law of One but I'm going through and I want to get the gist.

I've always been that kind of person I can't ... when Josh gets up to go the bathroom he would see in a movie, you don't have to pause it and I pause it. I don't want him to miss a part again or something, you know?

I have to get it all, so although it does feel like study to me, it's also gratifying in a way that it was when I studied biology, you know, that I was interested in it. It just takes me so long that some of ... him reading like a romance novel. Like he's just tearing through the pages, he's like 'oh my gosh' and I'm like, it's just a complete difference of the way we're connected or our energy is allowing this information in. So it's fun but I do enjoy, I'm hoping to get through it.

I love you. I love you.

REGARDING ANGELS

Sam W.

August 28, 2011

Okay, good morning everyone. Since I missed the round robin, I'm just going to quickly introduce myself. I'm Sam, relatively new to the Law of One material, found it about just over two years ago and in doing so just absolutely reignited and emboldened my seeking and I'm extremely grateful for the Law of One.

This morning I'm going to speak about angels. With the awakening that came to me with the Law of One there's just so much great stuff to consider—things like extra-terrestrial intelligences and extra-dimensional intelligences—so fantastic and titillating to consider that the idea of angels for me was somewhat abstract. It wasn't something I gave a lot of thought to and the whole idea of angels was sort of poetic—beautiful but again, somewhat abstract.

Well, in the past eight months there's been a sort of story, sub-story within my awakening around angels and I'm really grateful for this time because getting to share some of these experiences and thoughts is great for me. I feel like angels came to me and I'll share some of the ways they did so and more or less gave me a tap on the shoulder and said 'we're here and we're here for you to use, we're here, we're an actionable sort of phenomenon'.

So again, I'm grateful and I feel like they came to me. The idea was I wasn't giving it a lot of thought and the idea ... they came to me and were like 'hey, we're here' and so I feel like that this is a great opportunity for me to share some of what transpired to bring me here and this place and thought and also some of the realizations that I had along the way.

But I'd like to start with just sort of defining the idea, again, for me it was a poetic sort of beautiful nebulous idea but when we look into the Law of One and the recent channeling of Q'uo, we'll see we can really bring focus to the idea and see what a concrete phenomenon angels are.

So I'm going to step through quickly some of the instances in the Law of One that mention angels. In session 54 Ra says, "As we have noted, each mind/body/spirit complex has several guides available to it. The persona of two of these guides is the polarity of male and female. The third is androgynous and represents a more unified conceptualization faculty."

This is a bit of an aside here: the nomenclature or just the different use of the words, for me, in the understanding of the subject, there are some areas that can be further defined and the notion of guides is one of them. My sense is that our angels, the angels that each mind/body/spirit complex has can be referred to as guides. My sense is also that other beings could also be referred to as guides. So the term guides may not be synonymous with angels. In some cases it may.

As another aside, in this quote from Ra, they were giving an answer to a question that Jim had posed as he was talking or asking about an instance when his guide had been giving him some direct guidance and so perhaps when I'm done here we can get a little more detail from Jim or your feelings on it and I will say that Ra gave the name of that being as Angelica and this is an instance of where angels again, can come into a much clearer focus. They even have names and I think yesterday morning Carla shared a name of a being that she works with so these are very concrete, very real presences.

Session 69 there's another mention just briefly Ra says, "as all entities, has it's guides or angelic presences"

So that's just a small sentence but if you take a second and meditate on it, each of you has your angelic presences, which is something you're probably not going to argue with me about but if you're in a state similar to where I was nine months ago, it's not something you actively ponder. There are angels with you right now, right here. It's pretty incredible to think about.

Okay another, in session 51, the group is talking about harvest and asking if there is a supervision to the harvest and Ra explains there are three levels of beings that are watching over the harvest. There's the third group which is what they call Guardians and they're from the octave above our octave we're experiencing now. There's the second class which are entities of the confederation and the first level I'll read:

"The first level is planetary and that which may be called angelic. This type of guardian includes the mind/body/spirit complex totality or higher self of an entity and those inner plane entities which have been attracted to this entity through its inner seeking."

So I think this leads to an interesting point that I wanted to share too and I'll just ... I'll tie that back after reading this last mention of the angels from Ra. Ra says,

"Much like your angelic presences of the positive nature, which move in thought within the inner planes of this planetary influence working from time/space to space/time."

So that gives us a little definition too, of angels, are moving in thought working from time/space to space/time and then this earlier description—the angelic presences which are part of managing the harvest. They sort of occupy the same space as the higher self in this instance, in this instance.

This is something in my own practice I'm going to get to what I consider best practice and one thing that Carla mentioned yesterday morning is we have to ask our angels to participate and help us. This is key. We have to ask them daily if not several times daily and we have to share gratitude with them for the help—in whatever form that we get—to keep this flow going. They have so much to offer us. We have to ask for it. It's because of the law of free will.

One thing that I've been doing is asking my angels to help me more clearly hear my higher self. So this quote in Ra which to me, puts them in this instance, in a similar space, I think that this is a great alliance between the angels and our higher self and I've even wondered—some people that I've come across who are researchers of angels—one individual in particular sees angels. She says everyone has a guardian angel that she sees right behind every individual she looks at and I don't know if that may be a manifestation of our higher self. It seems like these two things are so powerful and closely related.

In February I had the good fortune to come to L/L Research for a Q'uo channeling and one of the group questions was about the nature of angels. So this is perfect because they gave some really good concrete information. Again, it's February 12th, 2011, an absolutely beautiful channeling which I would recommend everyone read in its entirety. I'm just going to sort of bullet point it here.

Q'uo starts off by ... they suggest that in talking about angels they want to first sort of define what it is to be human. Humans experience the emotional distance from the creator. Ours in an experience of chaos and uncertainty. We have one foot in consensus reality and one foot in consciousness. We're distracted, challenged in third density. There's the veil of course and then in the channeling there's a really poignant turn where Q'uo says, "This is not the case with angels."

So a sort of definition by omission. The angels do not have that. They don't have the veil obviously. They don't have the challenges of 3D.

So Q'uo goes on to point out that the angels exist in a hierarchy that is regular and predictable. So there are angels at the Creator level and then there are angels at the personal level, which as we discussed, every entity has its own angels. So it's hierarchical in nature, the structure of the angels.

Angels never left the vibration of the Creator. So this for me was great. In growing up, the way the angels were explained to me was that they are God's thoughts passing to man and I don't necessarily think this is incorrect and this phrase here, that 'they never left the vibration of the Creator', seems to support that. For me though, that angels are God's thoughts passing to man is just less specific and less sort of tangible, as what I have come to see and where I want to try to bring us all in this regard.

Angels are love. Love responsible for realms, hierarchical in manner. Okay, so they're sort of part of—the way I'm getting it—they're part of this actual machinery; just the working of the way we exist. It's like the Hand of God in a way. They're right with us and working.

'Angels flock to those whose vibration are beautiful to them.' We may feel beautiful in the struggle of third density (or not) but the very things that may make us feel *not* beautiful—we're struggling; we have emotions that we're processing or find unattractive—those very things are extremely attractive to the angels. And whatever may make you feel like 'I'm not really manifesting the highest version of myself', or whatever, just the fact that you're in the struggle, you're in the game, is extremely attractive to angels. Which is beautiful. I love that.

Angels have two energies to offer. Love, which makes sense, since they are love. And they also have the energy of safety/healing. So this is great and just a personal observation—the energy of safety/healing is perhaps more open, more encompassing than you might guess at first blush. Again, in my own practice I've been asking the angels to help me be more receptive to my higher self. I also ask them to help me, for instance, not react if another entity is inviting me into conflict, let's say. I can ask them just for behavioral guidance and I would put that guidance under healing or safety.

Another point that I'd like to make here regards the energy of safety that they can bring. We're all learning that our thoughts manifest our reality—our thoughts really determine our experience. So maybe the angels can't come in and just change something material for us but on the other hand, if we're appealing to our angels for help and they're engendering a sense of safety about us, I think that's going to allow our thoughts to be of a more coherent nature, which will have direct influence in our material experience.

The channeling also says angels have a connection with the four elements and four directions. This is something that is new to me and if there's time afterwards maybe someone else can expound on that. Angels cleanse your habitation or area around you with the help of archangels. So that's really interesting. Anyone who may feel like negative entities or negative thought-forms are something they deal with, to me, cleansing your habitation or area around you would be ... I don't think they're talking about picking up the laundry. It's probably cleansing the thought forms that greet us.

And then quickly, because I want to get into my own little personal arc—there is another class of angels as well which are entities who chose to be angels. These are entities which lived a short time and then instead of healing in the inner planes, moved to the angelic realm. These are beings with a high degree of innocence in their short life and this class of angels are fond of those whose hearts are open. The channeling says they rest in the hearts of those that will accept them. So that is quite beautiful, I think.

I think from Ra and Q'uo is really the upshot of the matter but this is information to everyone, but I am going to go ahead and just go into sort of, some things I experienced.

About eight months ago I was in a pattern of ... in the morning of journaling my dreams I would ... I'd journal my dreams on this laptop and I would go after sort of journaling them and processing them, I would go to the internet because I was having a lot of success in finding videos or articles that were of interest to me. For instance Dr. Emoto's work with water, or psymatics that was discussed yesterday. It seemed I could just turn to the internet on Facebook, believe it or not and stuff would be there most mornings so it was quite interesting.

So on this given morning about eight months ago, I woke up and journaled my dreams and opened the laptop and Facebook was still open but it was behaving somewhat anomalously. My newsfeed was not scrolling. It was sort of frozen at the bottom of my newsfeed, which ... that's not so remarkable but at the bottom of my newsfeed then was a video that someone posted which was an interview with a woman named Lorna Byrne and she was promoting a book she had written called 'Angels in my Hair'.

So my computer is just telling me, "This is the video you're watching. You don't even scroll around and look for anything else". And again, this is before, this is sort of the first instance of them orchestrating things for me to consider just the more tangible nature of angels and so I watched it and it was a fascinating interview and I went on to read the woman's book and she is the person I mentioned earlier who sees angels.

So it was quite extraordinary and I recommend the interview highly and reading the book. That is when I began the practice of ... I just, in my daily meditations I would just devote maybe twenty or thirty seconds—just so little time to just sort of start a dialogue with the angels and I would ask them for guidance, for protection, for help and then I would also offer gratitude for any instances, which were plentiful, when I felt that help from them.

So reading the book served to keep my thought on that train and during the period of reading the book I experienced an inordinate amount of synchronicities, particularly in the form of master numbers. I would read a chapter of the book, sit there, consider it and typically the idea that came to me was like, 'this is not just beautiful and wonderful to think about but it's very real and I would have a thought like, 'gosh, it stands to reason there's an angel right with me right now' and that's when I would see a license plate with a 777 or 444 which just ... I've sort of encoded that that's a sign that your last thought was accurate and on the right track.

I did an experiment, just sort of testing the waters. I started to ask

for help with very particular things and just two that I remembered: one is on the mundane side of the scale. I was ... my daughter asked me to get some laundry in an amount of time so that she could wear a particular article of clothing to school and it just ... I just didn't see how it was going to happen but I was like, "Okay, here's a good one. This will be fun."

So I tossed the clothing in the laundry and I was like, "Angels, help me out with this".

As I said, this is on the mundane side. Soon it was time to get in the car and take her to school and the dryer still going but was just like, 'well, I'm going to at least see this all the way out' and just as I was walking ... I was about this distance from the dryer and it buzzed and so my estimation of how long I had to get this done was apparently off and the angels were just giving me that sense of safety and calm which allowed me to just carry on in the way that was appropriate and there was plenty of time. It was to the very moment. So it was again as dramatic as laundry can be, it was dramatic.

I want to go back too because I missed a key part of this.

The morning that woke up to the Lorna Byrne interview—one of my dreams involved a being in my dream that was very large and had blocky shoulders. It was maybe half again the size of me and in the dream stood behind me with its huge hand over my heart and was just sort of in a very powerful but a loving embrace with me and in the interview with Lorna Byrne, towards the end of the interview and this was approaching the holidays in 2010. It was the end of the interview, she says, “At this time there’s a special kind of angel that comes and they’re very boxy. They’re big and blocky.”

So, yeah, my mouth fell open at that point and the last thing she said in the interview she did a little prayer and she said, “You know, maybe the angels will visit you in your dreams.” It was like the last words. So from that point I was really on-point. I was like, ‘this is really happening, this is real, there’s no denying it’. I thought that was excellent.

After the dryer incident there was another case of dreaming where in my dreams I was doing a lot of work of cleansing, which is supported in this Q’uo channeling—emotional cleansing. So in my dreams the emotional cleansing was represented by actually clearing up of dust on the floor of my bedroom and at point I was doing a fair job of cleansing but at a point the floor just was completely clean and my dream actually went lucid and when I was in the waking state I heard two angels telling me, they said, “We did this for you. We helped you with this and we can do anything for you.”

So that was extraordinary. That was direct contact in my estimation.

Other synchronicities around and in my work—I asked angels for help with a particular project and when I was actualizing the budget of the project, there was a tiny, tiny piece of budgetary information and I was just doing my best to be diligent and not leave anything out and when I factored that in, 444 came up and this was, I felt, the angels saying, “Okay, yeah. We did help you with that” and I was most grateful.

Then just two more bits of phenomenon. Recently I was taking a bath. Oh, and I do want to mention this too, I don’t know how I skipped over it but another great thing to ask the angels for help with is in blessing or Q’uo says magnetizing to love our water or food. They specifically call that out. So I was taking a bath recently and I’m in the habit now of asking the angels to help me bless the water and raise it to a vibration of healing or love or whatever seems the most appropriate for what I need, and I was enjoying the bath and some introspective time, and I was mulling over some mental work I’d done in the day, and I had a realization that a particular habit that I feel I need to overcome is nowhere near damaging as the guilt or the ‘beating up’ of myself that I do over the given habit.

And so I realized that and I have one candle in the bathroom when I bathe. When I had that realization, the candle emitted a light that was extremely bright and sort of bluish where the light before was more yellow/orange and I was taken aback by that and my next thought was like ‘oh this is the angels, this is another instance of the angels’ and as soon as I thought that, the candle flared again and it was again unlike anything I’ve experienced before. Again with candles—I know how they can flicker with the wind or if a particle of dust gets in there—that’ll make them flare a little bit, so this can happen but I’m aware of that. This was like a blue flash flare and it happened two more times during my bath. Immediately after I was like, ‘this is incredible, angels are now almost just coming across the veil in their communication with me which is just so direct’.

That was remarkable and I’m again, really happy to have a group like this to share it with where it doesn’t sound like boasting but it’s just real phenomena that is sort of dotting the ‘i’ in this instance.

And then ... only about a minute left. So the last bit of phenomena I want to share is: I was at a band practice at a friend's house. We were recording some music and I got to down to the restroom and I had a moment to myself and again, this thought of angels came to me and the thought that they're very close—like as close as my skin—and it was comforting and wonderful and I went back upstairs to where we were recording the music and my dear friend took my other dear friends' cell phone and said, "I want to take a picture of you."

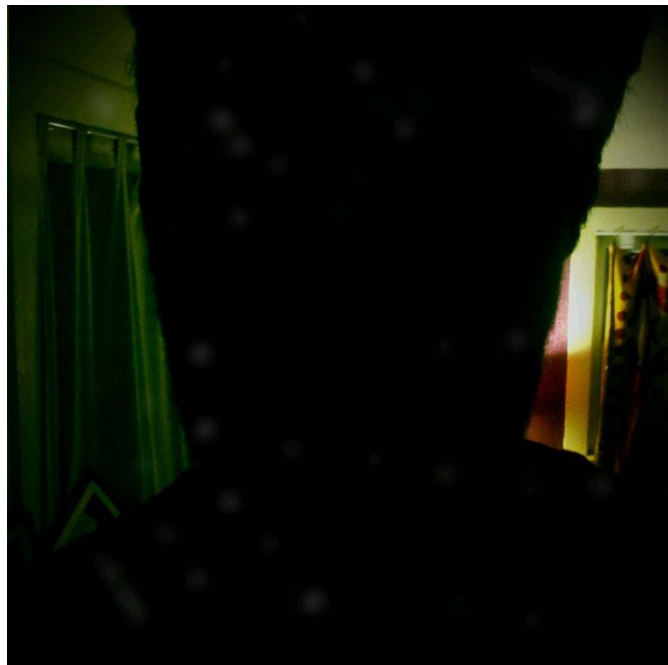
And so he took a picture of me and he wasn't happy with it and it gave me a moment before he took the second picture to sort of just clear my energy field and just in a split moment I was like, 'well how do I want to present myself to whoever might look at this picture?' and I just was like, 'well I want to let love out, I want anyone who looks at it to know that I love them.'

So he took the picture and it's remarkable and I want to share it with you. All the light was from behind me so there's only just a darkness where I am but in this darkness are these spots of light which I think are incredible and I printed this out and the print out really doesn't do it justice. But I can pass that around and I can also pass the computer around. It's easier to see in the computer.

So are these spots of light ... I don't really know. My sense is that they are this energy from the angels. Again, during this period of time leading up to the time this photograph was taken, I felt very close to them. I felt that they were making contact with me and so ... and I did a degree of due diligence to check. I tried to recreate the picture and there was not this instance again ... double checked the lens and there was not spots on that ... checked the room for any sort of reflective substance that might have caused this and I wasn't able to come with it.

Also, in the day preceding when this photograph was taken, I was really having fun with the angels in just how direct the communication was becoming and I said to them in my thought, 'well, please reveal yourselves to me to whatever degree you're comfortable with' and that was the day before this photograph was taken.

So that's thirty minutes and I wanted to leave time for people to share their own experiences or correct anything that they thought might not have been accurate but I didn't do so. So thanks for your attention!



THE HOLOGRAPHIC NATURE OF THE UNIVERSE: HOW WE CREATE REALITY

Eddie E.

August 28, 2011

Before I start I just want to make a quick comment on what Sam said. I'm really glad he talked about angels. A lot of people aren't consciously aware they have them but I have a guardian angel who I can feel palpably. My relationship with her, she's almost like a wife to me. She's always present, or not always present but whenever I think about her she is. Sometimes I can actually, if I think about her and she's not there, I can feel her coming up behind me.

I was really interested to hear you say that that woman said they hover behind you because I can feel mine hovering behind my left shoulder. Sometimes I feel her lay a hand on my shoulder or sometimes she'll grab my hand like that. When I'm in yoga and doing the (?) pose I have a hard time balancing I can feel her reach down and grab my hands and hold onto me.

When I want her to speak to me she does and she's real pithy. She uses two word sentences. I don't know what I'd do without mine. She's a real comfort to me.

The title on the schedule says were going to talk about the holographic universe. It's a little misleading because we're only going to speak about that briefly because I have to discuss that in order to make sense of what comes afterward.

So let me recapitulate what I was talking about at one of the previous homecomings.

The Universe itself is holographic. The entire plan of Creation is present in each infinitesimal portion of the Universe. So that means that here, here, here, here and everywhere else. Everything that has ever existed, everything that can exist and everything that will exist, exists in potentiation. If you take for example, this tree right over here, it exists but it is not a certainty apart from our perception of it. It exists because we project the intent of that tree into the infinite, intelligent infinity is the term that Ra uses to describe it. So we project the intent of the tree into the intelligent infinity. There is energy that exists that comes from the creator and it exists at various levels and the highest and most rarefied level is what Ra refers to as intelligent energy. That's the energy that has to be taken up in order to manifest matter. So the intelligent infinity is the carrier wave and if you know how a hologram works, in order to make the object appear you have to project energy in a form of wave which is a light wave which in the case of the hologram, we use a laser. It creates a standing wave at each portion of the hologram and the standing wave, because the energy, it intersects the wave of the carrier wave and matter manifests there.

So everything that you see around you is created through your own perception. It's hard for us to grasp but it's an illustration of what powerful beings we are, what creative force we have. We take our own intent and we project what we presume to be the greatest possibility out of all these infinite ... probability, the greatest probability out of all these infinite possibilities.

So we project the tree, we project each other and everywhere we anticipate matter, the intelligent energy then zooms to that area and it creates a standing wave and matter is thereby manifest. Now if you can imagine just how much energy there must be in the carrier wave to manifest infinity at every point, it takes a great deal of energy to create the standing wave in order to manifest the matter.

So intelligent energy itself is emanated from every point in the universe simultaneously in all directions. So where matter must be manifested, it sucks in the intelligent energy for it. So matter at all points is bringing in intelligent energy simultaneously from all directions in order to manifest itself.

Let's take a simple example, let's say you take some matter right here and some matter right here, it's bringing in intelligent energy from all directions but in a straight line in between these two, the closest distance in between these two points, this matter here is trying to suck intelligent energy this way and this matter here is trying to suck intelligent energy this way so they get attracted towards each other. And that is the phenomenon that we perceive as gravity.

Gravity, as we perceive it, is merely an artifact of matter sucking in energy towards itself and that's why we fall to the earth. The earth's sucking harder than we are.

I go through all this just to explain to you what powerful creators we are and how much power we have to channel and manifest energy. The only reason that tree is what we perceive there instead of a space ship full of Pleidians checking us out, is because the tree is what we consider to be the greatest probability among of all the possibilities.

So we are limited by our thoughts and beliefs. In part this is just an artifact of incarnation here in third density. We need to be here in earth school to learn in an orderly fashion. If we experienced infinity all the time it would be hard for us to concentrate on one particular thing. So what happens is each infinitesimal point of what we perceive as time is actually us sequentially projecting a different set of circumstances. There are other constraints on our perceptive abilities besides what is made for third density and that comes from our conditioning.

Whether we realize it or not, here, in 21st century Western society, we are heavily influenced by Newtonian and Cartesian logic. So we're conditioned to think that what we perceive right here is all there is but because the universe is holographic that it then implies our fourth density selves, our fifth density selves and everything else exist in the now. Everything exists in the now and it all exists in each individual portion of the universe. So potentially, internally we have access to all those things. If everything exists in the now and everything exists everywhere including inside of us, we have access to all of it.

So when we awaken to our true natures and we let the veil thin, we have access to all the intelligence, all the experience, all the creative abilities, a vast reservoir of knowledge that exists in our other incarnations in this density as well as in our 4th-density selves, our 5th-density selves and also we have iterations or manifestations that are completely different systems of reality that don't even fit into this octave of creation but we're there as well and all of that is connected to us. So we do have access to it.

Right now we are now in the time of waking. If you awaken, you may find yourself spontaneously connected to various aspects of yourself that are present in the here and now. As it happens, this has already happened. I mean it's always happened, it's always been there, it's just that we've been conditioned to reject it. We have these connections like Lana was talking about where she's connecting to other aspects of her own reality and it's hard for us to accept it. Sometimes when it happens we might just dismiss it as a fantasy or a strange dream or something else but this is the time when we need to accept this for what it is. We need to recognize that these connections are real, that these other parts of us really exist and that this connection is here for our benefit. So the pattern of connection sometimes appears as something that doesn't even look like a pattern to us. It can be irregular or uncontrollable or manifest in improbable times and places but we have other confirming events that occur with these connections.

Sam was talking about seeing the 777 or 444 on your license plate. This type of stuff happens all time and it's fashionable nowadays to call these synchronicities, we needed a term for it. The universe is playful and it isn't above having a joke at our expense and it's continually flashing

synchronicities at us to let us know we're supposed to pay attention. Usually we don't and when that happens the universe has a good laugh at our expense.

We need to pay attention to these things. They're in any incarnation, including this one. We can spend months or even years practicing something, preparing, just for that single moment of synchronicity that is supposed to be a signpost, a clue, that we're supposed to pay attention to things.

When we're alert, we're able to recognize these synchronicities.

Several years ago, one summer evening, I was seated at my computer as I usually am in the evening, I was surfing websites, typing stuff into chat boards. Apparently "spontaneously", all of a sudden, I had this sudden download of memories of several of my past lives. They just floated on in and it lasted about a half hour and then again the next night at about the same time it happened again. So I suddenly had this recall of a bunch of past lives and one of those lives was at a place in England that we nowadays call Avebury. There's a famous stone circle and it's reputed to be the largest in the world.

There is a woman in Britain, named Vikki, whom I consider to be one of my dearest friends, even though I haven't seen her for nearly thirty years now, and have lost contact with her. But in that Neolithic life she was my wife. Our home was at Avebury and we lived right next to the circle. Literally, just right next to it. The front door of our home directly faced the circle. I had this very strong memory and in it I'm about 20 years old, we're a young married couple, she's about 17 maybe. We're standing in front of our house, we're holding hands and we're looking at the stone circle. And there were a bunch of men in the circle, about six or seven of them and one of them (they were all doing something to the stones) has climbed up on one of the stones from the other side just like you'd be shimmying up a tree, got his arms and legs around it. If you've seen a picture, you know what these stones are like. They're long, almost obelisk like and so he's grabbed onto one of these stones and his head is facing over the top of it, he's looking at us and he's got this wild look on his face. He looks like an over stimulated cat. You know when a cat gets real excited, his pupils get really big?

Well we're about twenty five yards away and his pupils are so big we can see how big they are from twenty five yards away. Subsequently, it took me a long time to do this, I don't know why it did because in that life he looks just like he does in this life. I recognized, eventually, that that fella was one of my best friends from this life. He was incarnated with us in that life and he looked just the same way that he did. I mean now, he looks the same way he did then—the same facial features, hair color and everything. Of course they were dressed differently, the men had homespun woolen trousers and sleeveless tunics on but other than that he looked the same.

And that's more evidence that it is consciousness that creates form, and not the other way around. I'm sure all of you have seen the pictures of David Wilcock and compare those to Edgar Cayce. When we reincarnate into the same race and sex, we tend to look the same as we used to.

So, what could be the significance of this memory be, and why did I recover it at this time?

During the past several years I have had periods of extraordinary mental clarity, which last for minutes or sometimes hours, during which I connect to this larger reality. I have learned not to disregard these connections. So when these happen, since I don't disregard them I have episodes of learning and a lot of the times these will happen late at night like when I can't sleep. I'll be laying there in bed at 1 or 2 o'clock in the morning and knowledge just starts coming and it seems to come

in at appropriate times. Then I get synchronicities the next day that affirm this new learning that I've had.

Now we in modern times are mystified by the stone circles and the other megalithic ruins. We have a hard time ascertaining why (and how) these structures were built, but I'm going to argue that that confusion stems from the fact that we have this filter over our thinking—not only the narrowness of third density mental processes but the fact we're conditioned by our society and Newtonian and Cartesian logic.

Now there was a time when we had not heard of Isaac Newton or Rene Descartes. We had no calculus, we had no Cartesian coordinate system; but our minds were no less inquiring or industrious. We viewed our existence and our environment from a different frame of reference. We recognized that all things are animated by Divine energy, and we imposed no discreet distinctions between the man and the stone, between the sky and the tree. We realized, in our own way, that everything is nothing but divine energy; and that, to the degree that our consciousness is raised, so to that degree are we able to harness and manipulate that energy.

Now archaeologists noticed there is an apparent alignment between the stone structures and various celestial events, and some of them are now saying to be "calendars". But it would be a frivolous waste of time and energy to move and erect dozens of 15-ton stones to produce something that you could scratch out on a flat rock. There are definite alignments, but these Megalithic structures were not merely expensive cosmic timepieces. They were nothing less than powerful and sophisticated machines that are designed to collect, store, transmit, and distribute Divine energy **for the good of all**.

One of the tragedies of modern incarnation is that we have forgotten who we are. We have forgotten our roles, our importance, in the energetic cycling of the Universe. We are not unhappy mortals trudging blindly through pointless lives. What we is great and powerful beings, as I said earlier we are connected and manifested at all levels of the octave of Creation, and we have definite and important roles to play in the movement and the utilization of Divine energy at each one of those levels.

The Divine Ray of Creation originates with the Creator and it passes from the Creator to each Logos, which you know as the galaxy. Then it's "stepped down", it acts like a step down transformer. The energy then passes from the center of the galaxy into the Sub-logos, each star.

Then, as this energy arrives at a Sub-Logos, not all of it is directly usable by that entity. Modern astrophysicists, who have no true understanding of the nature of cosmic energy, tell us this preposterous tale that the Sun is a fusion reactor, all the energy and all of its energetic output comes from within. But the Sun's corona exhibits a temperature of about a million degrees Kelvin, whereas the surface exhibits a temperature of 5800 degrees Kelvin. The astrophysicists don't have any explanation for this, if all the energy comes from inside there should be a gradient where the temperature decreases as you get further from the sun, it doesn't work that way. But as the electrical engineer Wallace Thornhill points out, this phenomenon is entirely explicable if we admit that the energy comes from without. If you plot the voltage in the plasma that goes around the Sun at the surface of the sun what you see is as we approach the Sun there's this huge sharp spike in the voltage of the flux and right when you get to the surface of the sun it drops precipitously and then as you get inside the interior of the sun it goes back up like that, see the curve looks like that. So what could that be? The Sun is acting like a P-N-P transistor, it's a Positive-Negative-Positive transistor. So the sun is fulfilling its divine role as a collector, transmuter, amplifier, and redistributor of divine energy.

And then from our Sun, which is a Sub-Logos, this energy then is stepped down again. It comes out to the Sub-Sub-Logos. The Earth is a Sub-Sub-Logos and so are we. We're all sub-sub-logoi.

So when that energy arrives at the Earth this transitorial phenomenon is recapitulated. Some of it is immediately useful to the Earth but not all of it is, and that part that isn't usable just hangs around as a kind of a static charge on the surface of the Earth.

That's where we come in. You see this percentage of energy that is usable by the Earth isn't fixed or immutable. Since we are Sub-Sub-Logoi, we take in some of this energy and we transmute it and redistribute it back out. We're able to process a lot more of it than we now do.

At one time we understood this. We knew that the Divine energy that hasn't immediately entered the Earth is available to us and what happens is it enters through our feet, and proceeds upwards through our chakras and it's split into red, orange, yellow, green, blue, indigo, and violet rays; we are energetic prisms. As these separated creative rays emerge from us, it comes out in a form that is then more usable to the Earth. So we're an important link in the chain of Creation!

So as we speak of energy, then let's realize that we can define and categorize the energy in various ways, depending upon what we find useful. Most of you will be familiar with the concepts of Yin and Yang, Yin being the female, or passive or acceptive component of energy; whereas Yang is the male, or reaching or aggressive component. And it's this interplay of Yin and Yang energies that make third density go. Remember we're in the density of duality. With our density or polar opposites and we have a male and female, we have positive and negative charges and so forth, so it really shouldn't be surprising to you that energy itself in this density has dualities.

So having gone through all this lets go to the stone circles.

Geologists divide rock minerals into various types. Most of the commoner minerals comprising the Earth fall into one of two categories; they are either silicate rocks, or carbonate rocks. Silicate rocks have Silicon as one of their basic constituents; some examples include sandstone, quartz, quartzite, granite, schist, and basalt. Carbonate rocks are composed of an alkaline-earth metal cation, such as Calcium or Magnesium, it's then joined to a carbonate anion and examples of these would include limestone, dolomite, or marble.

If you have enough geologic background to understand how these stones are formed it should make sense to you why the silicate rocks are Yang and the carbonate rocks are Yin.

Now it happens (and you will just have to trust me on this, this is knowledge that comes from one of those downloads, those inner knowings that come to me late at night and it's in advance of anything recognized by current science) But silicate rocks are Yang and carbonate rocks are Yin. The silicate rocks are manifestations of Yang energy, carbonate rocks are manifestations of Yin energy. So what we've done is we've taken the energy and turned it into matter and these rocks are not just manifestations of those types of energies but they are very good conductors of their respective types of energies. So the silicate rocks conduct Yang energy well, the carbonate rocks conduct Yin energy well.

If you look at the megalithic structures of we see they're composed of silicate rocks in some cases; of carbonate rocks in other cases; and yet more cases they're composed of mixtures of silicate and carbonate rocks. That famous circle at Stonehenge is one of those. The carbonate rocks at Stonehenge are relatively local, but the silicate rocks—the "Bluestones" that you see on the photographs all the time—come all the way from the Preseli Mountains in Wales, which is about 200 miles away by foot. To have been worthy of such a journey, the bluestones must have been deemed exceedingly suitable for their intended purpose; and, as we shall later see, indeed they were.

The Bluestones are quartzite, which has the highest silicate content of stones. They're mostly silicone dioxide so by weight they're 60%-70% silicate. They are outstanding conductors of Yang energy.

Those of you who have developed enough curiosity about the stone circles to have studied them, will have read that they are placed on what the English call "ley lines". Ley lines are the energetic arteries of the Earth. Just as our blood circulates through us in arteries and veins, energy doesn't move the Earth in an even flux, it tends to congregate in energetic channels and those are the ley lines.

The bedrock of the Salisbury plain in England (which is where Stonehenge exists) is primarily chalk—which is a kind of limestone. So where we have silicate monoliths penetrating the chalky landscape, what we've got is a Yang conductor penetrating a Yin consciousness right here. So we've got a powerful conductor of male energy penetrating a reservoir of female energy. These stones were built to facilitate the concentrated transmission of divine sexual energy!

So how did we do this, how did we direct such energy into the stones? It was through dancing.

In those days, there were dances that belonged to men, and dances that belonged to women. They weren't social dances that are familiar to the ones of us today. We did them at specific times for specific purposes.

So I was one of those dancers, that's why I was at Avebury and those of us who were dancers, we would dance inside the circle in dances that could last unbroken for hours and sometimes all night, as a means of concentrating and directing our male energy. The Earth is a female consciousness, and in order to be properly healthy and happy, she needs wisely directed infusions of male energy at regular intervals. Male energy, when it is unfocused and random, it can be corrosive. But of course it can be constructive when focused and directed.

So when the Earth needed it, for the example the Winter solstice, when she was cold and barren and drowsy, we would gather inside these machines, and dance, and summon our male energy. It would pass from the static layer that hangs around the earth, come in through our feet, come out through our bodies and into the silicate rocks, and then be channeled in a concentrated fashion down into the ley lines, into the energetic arteries of the Earth and the Earth would get an infusion of just the energy she needed at just the time that she needed it. And she would be renewed and gladdened. So in that sense you could say we were the husbands of the Earth.

Some of you may have spent some time in Britain, or maybe you've been involved in folk dancing in your life; and you might be familiar with Cotswold Morris-dancing. We think of south-central England—which is Oxfordshire, Gloucestershire, Wiltshire, and Dorset, as the home of Cotswold Morris dancing; and it also happens that this is the very area where the greatest and most impressive megalithic monoliths are. But interestingly, everywhere that the standing stones are—all the way from the British Isles, down through Normandy and Brittany and then Bordeaux and then Galicia and northwards to Spain and on around to Portugal all the way around to the coast of Morocco and even all the way over to Sicily—everywhere the standing stones exist, there are traditional folk dances, and they're always done by men, and they look like Morris dances and I've seen films of these. I've seen them from Sicily and Morocco and Spain and they look just like Cotswold Morris dancing. These dances have been present for so long, that "the memory of man runneth not to the contrary". People used to speculate that maybe they dated from the crusades or the middle age, but no. What these are is dim echoes of those dances that we did in the stones where we were transmitting our male energy through the silicate rock into the Earth.

Now the foregoing discussion should not be construed to imply that women had no role, for they were just as much a part of this energetic system as the men were. As we noted earlier, there are

carbonate rocks used as megaliths; and these are conductors of female energy. So when the Earth is healthy and happy, she has female energy to spare and that of course is usable too. So the women dancers would dance their dances around and along the carbonate stones, the limestone, and they would bring energy out and it would come into them and then be distributed to the whole community. So where we needed energy for healing or other aspects of feminine energy, they had the dances for that. And then where there were carbonate and silicate stones were together, those were dances for procreation because you need an interaction of male and female energy so we'd have male dancers and female dancers dancing together. This was how this system functioned.

The women's dances were as widespread as the men's, of course back then but after the dark ages when the Roman church spread into that part of Europe they worked for 1000 years to stamp these out because the church didn't want any feminine energy being used except under its direction. They were very effective of stamping that out. There aren't even shadows of those dances any more.

Let's borrow an analogy from the electrical engineers, these machines were the positive and negative poles of the great battery of Divine energy; and they were also step-up and step-down transformers, distributors, and rectifiers. They provided us with all we needed to live symbiotically with Earth. I know I sound as if I am waxing bucolic here, but I must speak what I know: when these machines when they were up and running, the sheep and cattle were large and fat; the barley kernels were plump on the stalk; and there was bread and beer, meat and wool, health and abundance for all. The fame of these machines were so great that they spread all over the known world and people with curious minds came from Persia and Egypt and Mesopotamia and all over to study these machines, to see how they worked.

So let's go back to my memory. Why did I live next to the stones?

Well one of the realizations I had during one of these episodes of connection, was that Vikki and I were what now might be called *principle dancers*; though young, we were so good at the dances, that we taught, organized, and led them; and when solo dances were necessary, we were the ones that did those. I actually have a memory of Vikki doing the solo dance there in the stones. An interesting aside, the morning after I had that connection at night. I got up and I was going to go to the bathroom and I had one of the Seth books in there. It was *The Nature of Personal Reality* and I had been reading it just a little bit at a time as time permitted and I opened it up right where I'd left off. I read the next paragraph and Seth was talking about dancing and it's something Seth almost never addressed and that's one of those synchronicities that I had that confirmed these learnings.

So what about the men in the circle?

They were the movers of the stones. Archaeologists have created this fanciful image for us, of all these villagers, huffing and puffing, straining at immense ropes, hauling these heavy stones over the countryside. But it didn't happen that way. Only a handful of men—six or seven, or eight at most, were required to move the stones. They understood, to some degree, the role of sound in the creation of matter; and they were able to utilize this knowledge to neutralize the weight of the stones. I'm sure some of you were wondering how this would happen and that would be another discussion in itself, but if you think that it takes divine energy to manifest matter and the reason we have gravity is because two points of matter are trying to suck the divine energy away from each other. If you are able to manifest divine energy and focus it in a certain area, enough to fulfill the requirement of a certain object, it's not sucking against everything else anymore and it becomes weightless. That's what these people did. They had learned how to use sound to upstep the energy to that high rarefied level where they could feed the stone with enough of the divine energy to create the standing wave in intelligent infinity. So they were supplying the intelligent energy to manifest the stone and didn't

need to pull it from the surrounding area anymore and when they did that the stone became weightless. And so it would take only a few men to pick it up and move it a couple hundred miles across country.

The men would go to the quarry and they'd get the stone and do whatever it was they did, the chanting, the singing to provide the energy, pick the stone up and move it all the way to the quarry, I mean ...

(Microphone issue.)

Alright, I'm starting to run out of time here so I'm going to try and speed this up a little bit. Anyway so they'd take the stones to the sites, they had things they would have to do. Once they got all the stones assembled at the construction site they had these special rituals to prepare the stones and it was only then that they would call the entire community into place. The entire community would come in to dig the holes for the stones and they would place them in very precise and then all the community would help to backfill the soil back in.

But even in those days, the knowledge of how the stones were moved was esoteric; even in the busiest of construction phases, it was held and transmitted by a small, select group of men. These were the first Masons.

They lived their lives this way, building a structure from start to finish, supported by the local community; and when one structure was completed, they'd go on to the next job. All the way from Neolithic Britain up to the middle ages, this is the way the Masons lived that tradition continued unbroken but the knowledge of how to lift the heavy stones was lost along the way. It was only the pure of heart who could understand how to do this and it was only to the pure of heart that the knowledge could be transmitted and once you become pure of heart you don't fear death and there were evil people all along the way who wanted the knowledge and they would try and get it from these people and even under torture or death they wouldn't reveal the knowledge because it doesn't belong to people who aren't pure of heart. So eventually they were all killed off and the knowledge was lost.

So we have come, now, to the crux of the matter. Why is it important to know all this stuff? What is its significance for us now?

Where are you Peter? When we were snapping beans for supper the other night Peter was talking about his fear that our technology is becoming toxic and we were talking about how it's outracing us. Well what I've just described to you is an example of an organic, non-toxic technology that's designed for the good of all. It's non-consumptive but it's productive.

We are now in a time of transition. It is the appointed time for the Earth to move into 4th density, which requires and accommodates a stronger light, a greater presentation of divine energy. And the Sun, which is our Sub-Logos, is doing his part; if you have followed David Wilcock's work, you will know that laterally insolation is increasing throughout the solar system. In this time, we were supposed to use our ability to process and transmute light, to send more divine energy into the Earth, so she would have the energy necessary for her metamorphosis. But we have been stifled and sidetracked, and we have forgotten our responsibility; and this extra energy, which should have been transmitted into the Earth, has nowhere to go. It is hanging around the earth's surface like a static charge.

This summer, the continental United States have baked. I don't know what it was like where you were but in here through the middle of summer in Kentucky we had the hottest summer on living memory. It averaged about 6 degrees Fahrenheit above normal. This may not sound like much,

but paleoclimatologists tell us that, during the ice age, the temperatures were only about 7 degrees F lower than they are right now. So six degrees is highly significant. I know there were some people here from Texas and it's still hot down there.

The energy is neither good nor bad but it has to manifest itself in some way. So if it's not wisely directed it's going to manifest itself as heat and that's what's happening right here. We have not only the ability, but the *responsibility*, to take all this extra incoming energy that's streaming into the Earth and transform it into a form that's usable to the Earth.

Those of you who attended the 2009 Homecoming might recall the presentation I gave there, during which I recounted an event in which I was contacted by humans from the future, accompanied by what I can only describe as a Pleiadian. They urged me to get others to meditate regularly, and that in particular, we should teach and encourage children to meditate. I believe that this may be one of the reasons I was contacted then, they wanted me to try to get everyone aware that we have the power through our meditations to take this extra energy that's streaming in and transform it into a form of light that's usable to the Earth.

You people here at Homecoming, are a select group. You didn't arrive here by chance. It's not any accident that you're here. All of you are awakening or you wouldn't be here. So to some degree you must have accessed that greater fountain of that I talked about before. Every one of you brings something special here. I suspect at least in a lot of cases that stems from experiences in some of your other incarnations. You may have been a priest in Old Kingdom Egypt, you may have been a shaman in the jungle in the Amazon in some lifetime; maybe you even danced through the stones of Avebury with me, or maybe you've come from a distant reality something very different from what we know here. This might be your first incarnation on Earth. Certainly all of you are connected and manifested to your higher vibrational selves, your fourth and fifth density selves. So you have available to you this vast reservoir of knowledge and experience which you can bring to bear now. So I just went through all this to urge you to connect to that, let it flow through because this is the time when we need it. The Harvest is near.

E. H. Earles 8-8-2011

ON DISCERNMENT AND SERVICE

Fox H.

August 28, 2011

Fox: All right Eddie and Sam. You are a tough act to follow. I'm not nearly as organized as you guys were, and I just want to share a little bit about my journey with discernment and service and then, I'm going to offer some situations that I've dealt with where I have had some confusion and uncertainty about service. I'm hoping that maybe you all have other situations maybe and/or solutions that can help us all with the idea of service and how to determine right service, best service. So to begin with, I would very much, in a nutshell, like to tell you that I made a choice very early in my life to be of service to others, so that was a good thing, but then along with that came a focus, a life lesson throughout my life, of balancing love and wisdom.

What I found was that I tended to have a pendulum between love and wisdom throughout my life. I was raised in the fifties and I was enculturated to serve without regard to my physical or emotional needs, and I identify that now with swinging more towards the love end of the pendulum. I was not wise about taking care of myself, and my service was more unthinking. Then as I got older, I went through the sixties, and got caught up in the women's movement, and I learned a more balanced service, but that I associate more with having more wisdom; taking better care of myself, but then at that point my service was more soured by resentment, which was a side effect of the times.

As my spiritual studies and inner life evolved, I swung back the other way again and filled more with love and compassion, I went overboard, and the pendulum swung back. I went to school. I became a mental health therapist. I was working with children with severe behavioral disabilities, and their families, and ended up working fifty plus hour weeks, and I became physically and emotionally very ill. I just was overdoing it again. I saw myself as my brothers' and sisters' keeper, needing to seek out problems and fix them. It was like I've got to get out there and do my thing.

Luckily during this period, I was exposed to a lot of spiritual material that was helping me, and this was when I became more familiar with the Light Lines and the Wanderer's Handbook, and a lot of material that was helping me work on service.

Also I wrote back and forth with Carla some, and she was helping me. I started to see that what I was doing with my clients and with other people in my life where I was like doing the super hero crusader thing; I was judging people from my life perspective and trying to fix problems that weren't necessarily problems for them; that I was maybe trying to fix catalysts that were meant for them to be dealing with. I was sometimes doing things that ended up causing more problems in the end.

It was a real uncertain time for me, but I do think that much of what I did during that time was true service, and I do know that my intentions were good. I don't worry too much about it. Whatever is, is as it should be, but I saw that I was very much out of balance, both personally and professionally, and at that point, I left my career, though this took some time to happen.

But I am really grateful now that I have learned that all that I am and all that I do is service. That my exhale is the inhale of the plants around us. So my very breathing is service, my thoughts and experiences are my gifts to the Creator; that I cannot not serve.

In the handouts on page 18, at the bottom, there is a quote. I'm just going to read a little piece of it. "There is no measure for service. All services are equal." And then at the end of that quote, "You cannot fail to be of service if you set your intentions to do so. You can only fail to appreciate your efforts. We encourage you to appreciate your own efforts, to respect your own intentions, even when

they do not seem to result in the service that you thought was yours, for all things are of service to the one who loves.”

At that point I finally relaxed into a much more balanced life of service, knowing that the opportunities would present themselves, and that I could also take care of myself, and focus on my spiritual path.

Even so, on a daily basis, I am often confused about “right” service, the best service, and you know, some things are obvious. Cleaning the toilet, letting a car into your lane, stopping to give the cat a good rubbing when you are right in that really good part of your reading, baby-sitting the grandkids. Those are all no-brainers, you know. But there are constantly situations that arise for me where I can’t discern the right service.

The most recent big question, which I was in the middle of when Gary sent out the e-mails requesting topics for the Homecoming, concerned my parents who live a thousand miles away in Iowa, and both have advancing Alzheimer’s. I am going to read another little part of the quote. The first quote on page 18, “Within third density, your lessons have to do with how to magnify the light by the way you think, and by the way you live. Then clearly if others have not requested your opinion or your action, and you press your word or your actions upon them regardless, you are no longer respecting their free will. You are no longer seeing them as equal to yourself. Rather, you have diminished them. You have ceased respecting them.”

As the first born in my family and the daughter of the family, I was called upon to be the parent to my parents. I was imposing services upon them they did not want. Checking on them constantly. Eventually with the help of Mother Gaia in the form of the Missouri River flood, they had to be evacuated, and we moved them out of their home [to a retirement apartment], which was incredibly stressful for them, [but for their best interest, needed to happen].

On page 19, another quote, the very last one. “To those who feel that there is a question as to whether they are acting appropriately or whether they are moving beyond the bounds of acceptable influence and infringing on another’s free will, we might suggest that in your mind that you turn the table and see the situation as happening the opposite way, not from you to another, but from another to you. If in that turnaround, you see the goodness of your actions, you are most likely behaving appropriately, and maintaining unity between yourself and the other self. If when you turn the tables, you realize you would resent such a thing, were it to happen to you, then you know that you have infringed upon the rights, the peace and the liberty of others.”

I was in a situation when my parents were angry at me. They were resentful and our relationships were deteriorating. I was very confused. My parents not only had not asked for this service, but they did not want it. And like my three year old grandson, who they were acting like, very much so, they were adults, and had the right to their free will. And I couldn’t give them a time out like I can my grandson.

This is when I chose this topic. I am happy to report that since then things have improved, and they are doing very well, considering their impairment.

Going back to page 18, the second quote. “It is not always that which someone wants to hear, wants to see have happen that will be of service to that entity. Then it is your discrimination only that will allow you the grace to know just what your service will be.”

So I settled into that. I backed off. My brother took over some of the parenting role.

The last one I am going to read is the second to the last one on page 19. Carla is discussing parenting, but it applied to the situation with my parents. "One may perhaps think of other roles which entities play, in which the responsibility of the role which they play create the seeming impression of one's will upon another. In all cases of this type, what is critical is not what is done, but rather what the intensions are of the entity who is imposing his will upon another."

That was the situation that brought me to selecting the subject. The other big quote on page 19 is about a paradox that happened when the Ra material was being channeled, and you might just read through that one, but I was in a paradox of service in that I was being asked by my family and the other caregivers to do [these things for my parents], and yet I was being asked by my parents to stay out of their lives.

So, a couple of other situations that come to mind where [the question of is it] right service or best service are whether to give a street person money, not knowing whether they will buy food or drugs; choosing whether to freely give away garden produce or stock up to feed my family; service while knowing you are being used; and other love/wisdom choices. [Also], offering service where it has not been requested.

I would just like to open it to the group and ask for any suggestions, or if anybody wants to discuss areas where they have had problems with discernment and right service or best service. And thank you for listening.

Man: *(I have trouble hearing this because the mike is not in front of the speakers.)* Thank you for sharing. In the months leading up to this, discernment has been in the forefront of my mind and is definitely something that I have struggled with my entire life, and something that Ra and Q'uo both shared, in being of purest service-to-others, not only giving without intention of getting something back, but to do so with no hesitation and that is where I get confused. Like giving money to the homeless. Well you know what, get in the flow. It is just a simple thing. I'm a smoker. I have been where I have had almost nothing, literally, and so I know what it is like to ... *(inaudible)* to walk around picking up cigarette butts. You find yourself in that situation and I know that we have to help these things, I but I know that there is a kind of joy ... Because I am around this situation now where I help these kind of people and people help me ... I just know. I have no hesitation whatsoever. I will give them my last one because I know, that even though it is a cigarette, it is not the smoking that brings the joy. It ... gives them a couple of minutes of pleasure, even in that moment, they know someone cares about them and I think that is ... It is purely ... I think that is what I have found in my ...

Woman: Thank you so much. That is so appreciated. The practical thing, if you have a known drug addict begging for food, what I do is I just give them a check filled out to Kroger's so they have to show their I.D. I know that they are not going to buy cocaine with it.

Fox: I love that.

Woman: *(Can't discern her words.)*

Woman: Just for reference, Kroger's won't take a check anymore unless you have the right I.D.

Fox: Maybe some extra gift cards to Walmart or Kroger's or something like that.

Man: Put a banana in their hand.

Man: Thank you for calling your attention to this one. I hadn't read this one before and it hit home for me, and I think when it is all said and done, like for me, anyways, that I will keep in mind when I find myself in situations like that. What do I do and I think it would be like the intention. If it is

an intention that brings joy, by offering them a cigarette, then I will figure it is a good thing, but if my intention is not to give them a cigarette because I think in the long run they will be better off, then I really believe I am doing some service, and I think that would be OK even if the two actions are polar opposite. The intention is to be of service.

Fox: I guess one of my big things was their free will. That is where a lot of my confusion came, but yeah, the intention is a big part of it.

Man: (*Inaudible*) ... You have no choice but to make a decision. That is what you call free will and I mean ...free will. ... Well what kind of free will is that. Why would a living God give you choice and then nothing to play with?whatever it is that you feel like moving into. There is no right, wrong, good, bad. It is a matter of evaluation of it, but the point is, what is behind it?

Man: ... Make all sorts of horrible mistakes, difficult to maintain ...That's the way I see it.

Man: ... it is the same idea but I just want to give my personal view on this idea. My personal views. ... where my parents were trying to help me resolve it and it came in the form of advice and And part of it is that they wanted to have ... and just about a month or two ago I had to tell them to stop. And I really to ... Dad to hear that from me. But I had to call them to stop and it was hard for me to call them to stop because I knew I think it had a lot to do with so I share with you the other side of it and why there is rejection and conflict. I did... with a perception that they don't have basis that they have to tell me what to do, even though I'm 27. And that another factor is that they are not helping me by giving me advice because they don't have the actual ... happy way of life because I have completed and I am going through something that it is necessary to see it ... Often times their advice will be perfectly ... and yet, I will You gave an example where nature where ... was performed in this cocoon and it breaks out of this cocoon and it had to break it out in its process of ... and it has to do it by itself. If you help them by opening it up, it doesn't necessarily survive if they can see the intention and be able to be more ... I think that intention and faith is very critical for me. The faith that they will be able to do it by themselves, and when they need help, they will come to me because they we love them for I know they love me. I will always ... when I need help and I've always done so. I am not sure whether this is helpful.

Fox: Sure. Thank you.

Man: One more example. During the Vietnam era I was an ... in the military, and there was an anti war group, and I'm sure you've read about that....And my dad had served in WWII, actually volunteered and eventually....but I made a different voice, and although I wasn't involved in a spiritual movement at that time, I did not see my future in the military because I didn't want to ... with a group of soldiers. That was my main thought, so I was deciding what to do, and one of my options was to go to Canada. Of course, I chose different path and I'll tell you about that shortly, but my Dad and I had a conflagration about it and he was really upset that I was not going to serve in the military, but I told him, I don't think this is a just cause. I don't want to be involved in killing people. Of course, he had been aand so he understood my argument, but the ... from all of this was really ... My parents did not object. They still loved me. They didn't treat me any differently. They just accepted what I said as my own reality, so what did I do instead?

Well, let me give you my example. I was sitting around a table with some friends and this was after the war finally ended and we were all talking about what we did in Vietnam, and first off, one of the ... said Ok, he said the reason he didn't serve, write it down on a piece of paper and put it on your forehead. Like those games they play when you see somebody else...so I put up borderline psychopath. They did give me Rorschach ink blot test. The psychiatrist I was dealing with said,

“Well, yeah, you shouldn’t serve in the military. It’s not a good idea.” Because he had been in WWII, so he gave me an out and wrote me a letter saying I was really unready to serve... They did not want me.

(The rest of Side A and Side B is blank.)

REPORT ON THE RA CONTACT RELISTENING PROJECT

Tobey W.

August 28, 2011

I talked a little bit about this before, but the original purpose wasn't to ... I didn't really intend ... I started out on a different journey than I ended up on and this one is much longer than the one I started out on.

All I wanted to know was where does book five material go in its session and the only way to do that apparently was to listen to the tapes and find out. But in the process it turned out that there were actually, even though the published version are amazingly faithful to the tapes, they are not 100% what was on there.

So as I started to realize 'ooh, this is kind of cool, there's actually Ra stuff that's never been published before, not even in book five'. And there's subtle changes that are nice to have accurate.

It's been a long slow slog. I started in 2004, it's 2011 now and its current state is that Gary found three volunteers to check my work because I was doing the best I could but I was using a little horrible tape player and I was playing tapes which were copies of copies and a lot of times it's just really hard to hear exactly (usually Don), exactly what Don said.

I had, at some point, made this massive decision to really try to get every little stutter that Don ... Ra actually speaks, Ra really projects and Don speaks pretty darn well, but he still mumbles sometimes.

So anyway there's ... the idea was I would go ... so, I listened to all 106 and as I found changes I uploaded them to the website wiki.lawofone.info. So that's the re-listened version. And then Gary recruited these three volunteers and Gary also, LL has started offering paid downloads of the sessions. So the process of getting ready for that, Gary broke the seal on the original tapes and recorded really nice digital versions straight from the tapes to, you had what, a digital recorder?

Gary: Analog cassette to CD player, then from CD player to computer

Tobey: Okay. They are much clearer than what I listened to. So the first time I got to listen to those, one of those, was maybe session 98 or something, so I was most of the way through. But I, even though I now could go back and listen to them all I found it a little grueling and you'll probably see why when I play some clips. Ra speaks very slowly and of course it's very intense material anyway—you find yourself thinking about what they're saying and it's really great because you get new insights hearing it but still ... and just finding time in the day ...

So anyway, these three volunteers, two of them have dropped out because it's really not for everyone to listen to this stuff, but one of them is faithfully making his way through. So the idea was he would start at the top and work down and I would start at the bottom and work up, so he's down to like 46, he's moving right along and I'm to maybe 9. So thank God for Eric in San Francisco.

So once that's done, then we'll basically call that a clean version and then we're hoping to publish kind of a new version of the Law of One with everything together.

(Question off mic.)

Yeah, I was going to get to that. Probably everybody knows who did the original, sitting right next to me (laughter). Thank you Steve, I'll move then to the first thing or the next thing I wanted to say which is: this process has given me a whole new level of respect for the enterprise and the individuals

involved for just what this meant for them to do. New respect for Don because when you listen, I constantly find myself tuning out, fading away, I even got the transcript right in front of me and still my mind wandering ... Don, sitting there listening to Ra speaking, (you'll hear how Ra speaks) and able to understand, synthesize and follow up ... it's truly amazing.

New respect for Carla. The very first clip I will play is the very start of session one, which of course wasn't session one of the Ra material. That one is just another, what Sunday meditation?

It was a teaching/channeling session, so she's not in trance. The really interesting thing about that is when you read the transcript it doesn't read any differently than the trance channeling. So that, just to me, is an indication just what an accurate channel Carla is. That, whether conscious or in trance, it reads the same.

And the other thing that listening to the tapes makes clear about Carla is just what a toll it took on her because they left tape playing until Carla came back to her body 'cause Ra told them no electromagnetic anything changes while she's out. So Don calls her back at the end of every ... Ra says adonai, goodbye and Don calls her back and once she answers, then usually Don says 'how you doing?' and sometimes Jim left it on long enough to hear her answer and sometimes didn't. But when you hear her answer sometimes it's just like 'okay', she just sounds so tired. Ra says it's a strenuous working and that really is clear, just how much she put into it.

And Steve prompted me, this process has given new respect for Jim. Ra mentions that he loses power, I believe is the term they used and it kind of comes through in the tapes. I'm hopefully going to have time to play—a couple of times during the sessions Ra told them to re-walk the circle of one and you can hear just the power and the fierceness with which that was done. It's pretty clear that nothing's getting through that circle. And even just the way the tapes are flipped, it's like 'rrrr'. They're flipping.

And of course, doing the transcribing, I'm comparing every word and there's whole stretches where there's absolutely no changes, so Jim's accuracy, because he also was using a little portable tape player. It was formidable.

Okay, so what did I find?

First session: not in trance, I think that's interesting and I'm going to play the very start of it. This is also interesting because it's the only time you hear the opening "I am Ra" because always after that they waited 'til Carla was out of her body and Ra was in her body and they knew that for sure because Ra started speaking.

So every other session starts "Ra" or the first thing—"I greet you now". So this is the only time you hear the very beginning: "I am Ra".

And the first 17 sessions are pretty darn faint, they are hard to hear. So there's going to be a lot of static, I apologize for that. It's going to be hard to pick out the thread of actual words. It gets better—I'm going to play a few clips from early sessions and then it get better as you get to the later ones.

Ra: I am Ra. I have not spoken through this instrument. We had to wait until she was precisely tuned as we sent a narrow band vibration. We greet you and in the love and in the light of our infinite ...

Tobey: I don't know if you can tell, can you pick that that's actually Carla talking and not some entity speaking through her? You can hear the little inflections that Ra isn't able to do.

The other thing to give away is that she says ‘we have not spoken through this instrument before’, she is not and of course Ra never called Carla ‘she’, Ra always called Carla ‘it’. Carla didn’t quite hear that one.

The way L/L handled the tapes was ... so the first session was just a regular channeling teaching and so they recorded everything back then but only on one tape and later they used three, right? Yeah. And they re-used tapes because of course they did lots and lots of channeling, lots and lots of teaching.

So unfortunately tape one, the back side was re-used, so that’s gone. That’s the only bit that’s totally lost except for ... so they used three tapes and they staggered them. So they’d start one, wait ten, fifteen seconds, start the next one, right? And so then, these are forty-five minutes on the side. So the tape would end, the first tape would end and you’d hear that end on the tape player and you’d hear Jim flip it and press play and then the next tape would, and the same thing, and then the third one.

So one of those three tapes is the tape that survived, the other two were re-used but Ra kept speaking or Don kept speaking while the tape was being flipped so there’s little segments in each session that we can’t verify because they’re gone too.

Sometimes people ask how much weight should we put on whether or not Ra prefaced an answer with ‘I am Ra?’.

My own opinion is not necessarily a whole lot because they actually weren’t super ... they almost always did but I found a few places where it’s just so obvious to start typing ‘I am Ra’ because that’s how they always answer it. Or Jim would put it in but they didn’t actually say it. And then a few other places where they did say it but it wasn’t in there.

So I don’t know if I would worry too much about the ‘I am Ra’. And I’m not even sure I got them all right because like I say, it’s very easy to zone out for a minute and then it’s like ‘did they say that or not?’

Okay. Most of the changes in the re-listened version are to Don’s questions and those were probably less interesting than the changes to what Ra said. It’s interesting, I think, to go back and read the actual flow of Don’s words and how he thought. I always wondered when I first read the Ra books how Don could speak so ... without any false starts and just never stopping and starting, getting confused and back tracking. And it turns out he did do stops and starts, backtracks, false starts. Not very many. He was very good at thinking on his feet and expressing himself but he did do sometimes and so we’ve put those back in. It’s more kind of like academically interesting than where Ra said something that actually changes the meaning of their answer a little bit. It’s more like resonant.

But sometimes Ra picked up on parts of Don’s questions that were later edited out. The most notable example of that, that I can think of, as I was preparing this was in session 88, it’s in the handout (or I can just read it).

Don’s asking a long (if you want to look it’s in the ... (page 31) probably right). There’s a section called ‘Dropped Lines Restored’, a section called ‘Questions/Answers Not Published’, a section called ‘Inline Changes’. It’s in the ‘Inline Changes’ and I think probably is page 31, section 88.

And so I copied and pasted twice. One is from the published version on top and one’s from the re-listened version below and I bolded the difference.

So Don is asking this complicated question about the archetypes and of course, if you’ve read that section he was fairly confused often about how, as we all are I’m sure when we read it, about just what these archetypes are, how they work, what do we do with them?

So the interesting bit is that he said, so that we can condense the entire archetypical mind into a way of saying 'blah blah blah' and Ra said in their answers "To attempt to condense the archetypes is to make an erroneous attempt".

You probably never think about when you read it in the published version, 'why did Ra say "To attempt to condense the archetypes is to make an erroneous attempt"?'. Now the reason they said that is because Don had suggested condensing the archetypes.

I'm not going to talk really anymore about changes to Don's questions. I don't ... I didn't print out any other versions. You can, if you are really interested, go to lawofone.info. In any session, there's links at the top that say 're-listened version' and then 'differences'. And if you click on the differences there's a difference function that works fairly well but it's not ideal, but it gives you some idea where the changes were side by side with Don's questions and Ra's answers.

Okay, so there's many, many, many fewer changes to Ra's answers. And sometimes the change was actually mostly just the punctuation and I'm going to play a couple here and tell you how I punctuated it and how that was different and see if you agree.

There's some new lines which ... that was almost my favorite part because there's some answers where there's actually just the line of the answer that was omitted and it just, often it was, I think it was ... how did it work? You typed it up and you gave it to someone to ... to the printer or how did it get typeset?

Jim: We had a private printer in Wisconsin and we would send the transcript up there.

Tobey: A typewritten transcript?

Jim: Right, and they would typeset it.

Tobey: So they took that and ... so there'd be a line, it's just the middle of one sentence to the middle of another and it's as if it's just a line of type writer that someone just kind of eye-skipped and just kind of jumped down. And it's often the two sentences end and the two lines end on the same word. Like 'significant' and 'significant' and it's like they got to this 'significant' and say that 'significant' and skipped the line in between. I'll show you a couple examples of that. That was really kind of fun, I thought.

And there's a few new question and answers that just weren't published before and I think ... I don't know if you remember when you went back and did the five if you had some things you decided just weren't that interesting?

Jim: We thought we got it all, except for the few things we were recommended not to publish.

Tobey: Don did the editing originally right? He edited all the questions?

Jim: No, I did that, for better or worse.

Tobey: Oh you did that? No, you did a good job.

At some point, 'cause some of these new questions are kind of marginal, like they're about cattle mutilations or other things that you can see why ... or controversial like the UFO stuff that was withheld until book five. There's actually little references to it in some of the answers that I think were edited out.

Ok, so this is actually all still my introduction. The thing about the introduction that I wanted to say, that I really do think the original reason I undertook this, to put that darn book five material back in context of each section—it didn't work ... (*inaudible*) flow there that I'm glad I did it.

And probably a lot of you that found it online ... if your main source ... if you ordered the books and read the books then you had the experience of reading a session with parts missing. But if you only just printed out from lawofone.info then you're already seeing it already re-assembled.

Changes to Ra's answers—just a few examples of where the whole section called 'Inline Changes'. I started to copy and paste all of them and I only got up to maybe section 17 and I realized there's a lot here. Hopefully as time permits I'll do a more complete 'all the way through' version of what I printed out. That was just, I got to a certain point I realized I'm never going to get this done for homecoming and get a load of other things I've got to do done so I can come.

But a couple of examples of changes just to one word kind of make a difference. In session 12, the published answer reads "the vibratory level of those able to breach the quarantine boundaries is such that upon seeing the love/light net is impossible to break this law" and what Ra actually said was "the vibratory level of those able to reach the quarantine boundaries".

So breach, they actually said 'reach' but it was printed as 'breach'. Doesn't really matter because it's all about just quarantine. They're not getting through anyway but still ...

One of everybody's favorite quotes from session ten and I'll play it. Session 1-17, as I said, were faint, especially Don's questions. I think maybe you didn't have a mic on Don early on.

Jim: I don't know why those were so faint. We didn't do anything different on session 18 than the previous seventeen.

Tobey: It's especially noticeable for Don. You really can't hear him.

Jim: They may have gotten a new microphone at the time, I just don't remember.

Tobey: So you only ever had the one microphone on Carla?

Jim: On Don. We had three microphones on Carla.

Tobey: Oh, and you had one on Don from the beginning?

Jim: Yeah.

Tobey: So the exercise is to consciously see that love, and people have referred to it, see the Creator. Ra actually didn't say the exercise is to consciously *see* that love, at least as I hear it. They said the exercise is to consciously *seek* that love.

So I'll play that.

(Inaudible)

So Don's asking 'can you give us some exercises to move towards the Law of One?'

(Inaudible)

So did you hear that? Consciously *seek*?

Session thirteen was the cosmology session and if you've participated in a Law of One discussion/argument once, you've probably scoured that, about infinity and why the Creator created and how the Creator and how all that started. So Ra says that the Infinite Intelligence discerned a concept which was finity. Which was published as discern to be freedom of will of awareness.

And I'm actually interested in your guys' opinions about whether this should be punctuated and if so, how. Turns out Ra didn't say 'discern to be freedom of will of awareness', they said 'discern due to freedom of will of awareness'.

So is there, due to freedom ... is it freedom of will? Is it freedom of will of aware ... what is freedom of will of awareness?

(Inaudible)

So the question is 'how did Intelligent Infinity become ...', what did he say? Individualized from itself?

Ra: I am Ra. This is an appropriate question. The Intelligent Infinity, this served a ...

(Inaudible)

Moving right along, we're going to have to skip that one. I don't know why that was blank, sorry.

Eddie: The iPod is experiencing psychic attack.

(Laughter)

Tobey: So, in the Inline Changes, next clip is going to be top of page 30, session 33. This is one of those subtle little changes that I thought was quite interesting. Originally published at the top of page 30.

"Secondly, the work begun in harmony may continue in harmony, thanksgiving in praise of opportunities and of the Creator."

As I listened to it, what I heard was "Secondly, the work begun in harmony may continue. Harmony, thanksgiving (so it's a general statement) and praise of opportunities and of the Creator. These are your protection. These are our suggestions."

See what you think.

Ra: Secondly, the work begun in harmony may continue. Harmony, thanksgiving and praise of opportunities and of the Creator. These are your protection. These are our suggestions.

Tobey: So that's a crucial thing right there, what'd you think?

(General audience agreement.)

Okay, another one similar, another neat little subtle twist: session 34. Ra was talking about Albert Schweitzer and they gave him as an example of balanced, polarized green-ray active but also blue-ray active and they said he had quite bright yellow-ray also, due to the needs to mobiize financial resources for his efforts.

So published as "The higher levels, as you may call them, being activated, the lower, as you may call them, energy points remaining in a balance, being quite, quite bright."

And what I heard was "The lower energy points remain in a balanced being quite, quite bright." So again, moving from the specific to the general, the general point really about any balanced being ... see what you think.

Ra: The higher levels, as you may call them, being activated, the lower, as you may call them, energy points, remain in a balanced being quite, quite bright.

Tobey: If you turn to page 21, a section called 'Dropped Lines Restored'. This project gave me some juicy tidbits right from the start because there were several in session 1 that were ... So originally session one, there was a very kind of brief introduction from Ra and it moves into questions.

Book five, they published a much longer introduction from Ra, but even in book five these snippets were dropped out. I'm not going to play 'em, so I'll just read them.

“You are a part of a thought. You are dancing in a ball room in which there is no material. You are dancing thoughts.”

The next one I think probably was ... I suspect, I don't know, who knows at this point but maybe edited out because it might sound a little scary to people. Ra says “We too have our place, we are not those of the love or of the light.”

Of course by now we know that means ‘we’re not fourth density or fifth density, we’re of the Law of One, we’re of unity’. But to say we’re not of love, we’re not of light is like ‘yikes, what are you?’

(Laughter)

And then one more line, it said “We’ve walked among your peoples. This is not so with many of the entities of the Confederation. We found it was not efficacious.”

Okay, in session 7, this is one of the ones that mentions ... dropped out probably because it was controversial. They did decide in book five to publish all the UFO information but there are references to it in other sessions that weren't published until now. So published as “There is a certain amount of landing taking place. Some are of the entities known to you as the group of Orion.”

What Ra actually said was “Certain amount of landings, some of these landings are of your peoples.” And that, in session 8, was what Don followed up on and said “What do you mean ‘landings of our peoples?’” and that got into all the ‘UFO and secret bases’ kind of stuff.

So, actually Jim, thinking about it, you can't really be mad at Don or yourselves for following ... because you're actually just following up on a little tidbit that Ra gave you. “Some of these are landings of your peoples”.

And again in session 12, Don's asking about UFOs and Ra says “Other sightings are due to the inadvertent visualization by your peoples' optical mechanisms of your own government's weaponry.”

Session 18 is the first clear session and it's also the first session that LL is offering for download—because it is clear, but it's in some ways a problematic session to be the very first one because it's the one where Ra tells on Carla, that she had used LSD, which Don didn't know. And then I don't know if it were you or Don but somebody went back and actually erased the word LSD. So I'll play that.

Carla, like she said, she wasn't allowed to listen. Don didn't want to effect the experiment. (So session 23, I think ...) Not listen but read.

(Male voice on tape.)

Writing of the fourth.

Tobey: This is how every tape starts with that, except for the first one. Don or Jim, or occasionally Carla, usually Jim saying which session it is, what date it is.

Ra: I greet you in the Love and the Light of the Infinite Creator. We communicate now.

Don: I was thinking last night that ... *(inaudible)*

Tobey: I'm always impressed listening that Don was able to tell when Ra was done an answer because they kind of drone on and they pause between words, pause between sentences, but he had a remarkably good ability to do that. Occasionally they would start talking at the same time, but very rarely.

Ra did wait until Don asked a question and sometimes Don would realize he actually had just made a statement, not asked a question and then he finally ask a question and then Ra would answer. So I'll play an example of that and this is also an example of when certain sessions, Carla's throat was bothering her so they asked if Ra would make Carla cough and it's really kind of cute to hear Ra try to make Carla cough.

Don: ... request that if it were possible, for you to cause the instrument's vehicle to cough at intervals so it would help her. Is this possible?

Ra: I am Ra. Please restate query specifying interval.

Don: She requests that you cause the instrument to cough about at least after each communication.

(Inaudible)

Tobey: There is very little background noise, you guys must have really made sure that there wasn't background noise. The phone doesn't ring except for once, I think. But the one amazing exception to that is session 45 where there's water truckers that come to deliver water and they are just incredibly insistent.

So you hear the doorbell ringing early on in the session and then you hear they go around the house and pound on every door. And they actually pound on the door that the Ra session is in while Ra's speaking. Hopefully that came through, we'll see.

Don: Can you say if any of the three of us were ever with Ra or one of the other groups?

Speaker: What was the question?

Tobey: The discussion's about sources, where wanderers come from. Some come from Ra, some come from those who came to Atlantis and some come from those that came to South America.

Ra: I am Ra.

Tobey: And Don wants to know what about us, where do we come from?

Ra: Yes.

Don: Can you say which of us are of which group?

Ra: I am Ra. No.

Don: Are all of us from one of the groups that you mentioned?

Ra: I am Ra. We shall go to the limits of our attempts to refrain from infringement. Two are a sixth-density origin. One a fifth-density, harvestable to sixth but choosing to return as a wanderer due to a loving association between the teacher and student. Thus you three form a greatly cohesive group.

Don: Can you explain the right and left ear tone and what I call 'touch contact' that I continually get?

Ra: I am Ra. This has been covered previously. Please ask for specific further details.

Don: I get what I consider to be a tickling in my right and left ear at different times. Is this any different as far as meaning goes, as to the tone I get in my right and left ear?

Tobey: So we didn't quite get the doorbell. That was the middle of the session, I'm going to jump right to the end. This is Ra asking if there are any other brief questions before we leave. So meanwhile the water truckers have been going around and you can hear them faintly on other doors. But the room you're in must have had an outside door. Ready, 'cause it's going to make me jump.

(Inaudible)

I'm just going to play some more sessions including the ones that didn't work and should hopefully work.

So the first one that didn't work was the one where I was asking for your help and what Ra said about freedom of will of awareness.

That was session 13, page 28.

Ra: I am Ra. This is an appropriate question. The Intelligent Infinity, this served a concept. This concept was discerned due to freedom of will of awareness.

Tobey: So should there be commas in there? 'Due to', you agree about 'due to'? What do you think Aaron?

Aaron: I always read that as ... I put the first two together: 'freedom of will' and kind of connected to the third one. So it reads like 'awareness has the freedom of will to go'. Does that make sense?

Tobey: So how would you punctuate that?

Aaron: It doesn't need any more.

Tobey: Does it need any more? 'Freedom of will of awareness'. Just like that?

Speaker: You mean awareness has freedom of will?

Speaker: Due to freedom of (comma).

Tobey: Freedom of comma? Will of awareness?

Any other opinions, thoughts, comments?

Alright the next one that didn't work is from session 18, it's going to be the very beginning of the clip with ... introducing it, Ra starting talking and then the question where LSD is erased.

Jim: Writing of the fourth.

Ra: I greet you in the Love and the Light of the Infinite Creator. We communicate now.

Don: I was thinking last night that if I were in the place of Ra right now, the first distortion of the Law of One might cause me to mix some erroneous data with the true information that I was transmitting to this group. Do you do this?

Ra: I am Ra. We do not intentionally do this. However, there will be confusion. The errors which have occurred have occurred due to the occasional variation in the vibrational complex of this instrument due to its ingestion of a chemical substance. It is not our intent in this particular project to create erroneous information but to express in the confining ambiance of your language system the feeling of the infinite mystery of the one creation in its infinite and intelligent unity.

Tobey: So this is a good example of Don following up. So Ra just said all that in infinite unity et cetera and Don's like 'tell me more about this chemical'.

Don: Can you tell me what the chemical substance is that, when ingested, causes poor contact?

Ra: I am Ra. This is not a clear query. Could you please restate?

Don: You just stated that you had some problems with the instrument because of the ingestion of some chemical substance by the instrument. Can you tell me what the chemical substance was?

Ra: I am Ra. The substance of which we speak is called vib ... (*humming noise*).

Jim: Was there a tape that has that on it?

Tobey: No.

Jim: That must have been Don.

(*Laughter*)

But it's printed.

Tobey: It's printed, in book five, he printed it.

Alright the next one that didn't work was the coughing one.

Don: ... she requests that you cause the instrument to cough about, at least after each communication.

Tobey: Alright so he's waiting, waiting—but think about what he said, 'she requests that you cause the instrument to cough after each communication'. No question there.

Don: Is this possible?

Tobey: And then he finally figures it out.

Ra: I am Ra. This is possible. (*Coughs weakly once.*)

(*Laughter*)

Tobey: And there's some sessions where they did that after every single question. I think this was one.

Speaker: What was the example of the sense of humor? ... were talking about Ra's sense of humor and I forgot what the joke was.

Jim: We were sitting around the kitchen table one night and just talking about what it must be like to be Ra and be aware that we're all of a sudden having a session and we want talk to them and somebody said, "well, it's probably like they're cruising around in an automobile and all of a sudden they get this call and then they have to stop and talk to these people".

I guess it was the next session we had after that Ra said something about "we hope your Ra plans materialize. This is a cosmic joke."

Our plans were to have a session and to ask questions. They had a dry sense of humor but there are other places there, if you really pay attention they have a bit of a sense of humor.

Speaker: I like how they had to tell you guys 'this was a joke'.

(*Laughter*)

When I read that I almost cried laughing. It was so dry and hilarious, finally comic relief out of the whole thing.

Tobey: I'm going to play an example of Don's humor in a minute but first let's do this water tanker session.

Don: I just need to know if there's anything we can do to make the instrument more comfortable or improve the contact.

Ra: I am Ra. (*Loud banging.*)

Waterman!

Don: What did you say? I couldn't hear you.

Ra: I am Ra. All is well my brothers. I leave you now in the love and in the light of the one infinite Creator. Go forth then, rejoicing in the ...

Tobey: I'm going to stop it right there. That was the highlight of it, the bang bang. Earlier you'd heard around the house and other rooms.

Jim: After that we blocked the driveway with a car so nobody could come up the driveway.

Speaker: Where were you living then?

Jim: Southern part of Louisville, probably about half an hour from here.

Speaker: So you actually built the pyramids in the back yard then?

Jim: We just used clothes rods, wooden clothes rods, two inches long and about twelve feet tall. We just had a frame. That's all that's necessary, is just a frame.

Speaker: Do you recommend doing it?

Jim: If you want to do it, I mean, sure.

Speaker: Does it make a big difference, then?

Jim: Ra said that it would make a difference in a couple of different ways. If you aligned it directly north, south, east and west, it would be the easiest type of way of increasing your meditative state and deepening it. To those who are more sensitive, to align it 20 degrees east of north would be to align with the new age energies. That's the direction from which they are apparently coming.

Tobey: On page 26 there's actually the question where Ra says that a rod is just as good as a solid side was actually dropped and not published, but it's in here. And Ra says 'well a solid side is better for keeping out of the rain but in terms of the actual energy flow, they're identical'.

Speaker: If I'm living in a small apartment and I need something I can fold up, is that possible? I don't have a yard to put this big thing in.

Jim: Yeah. Yeah, anything that would be large enough for you to sit under. But I would recommend ...

Speaker: A small one, at least that's what I do, you put it under your head, you lay on a cushion, you put it under your head. As long as you don't do it more than thirty minutes.

Tobey: Alright here's an example of Don's humor. I hope it comes through. Don asks a long convoluted question and Ra gives one of those great answers, 'No'.

I hope you can hear it, Don actually chuckles. He goes like 'huh' and he starts to ask the next question, you can hear a chuckle in his voice.

Don: When a wanderer goes through the forgetting process, you mentioned that those who have both third and fourth density bodies activated do not have the forgetting. The longer it has, I was just wondering if, say a sixth density wanderer were here in a third density body activated, would he have gone through a forgetting that was in sections, shall I say, with a forgetting of fourth, fifth and sixth densities and if he were to have his fourth density body activated he would have a fourth, he

would a partial, additional memory and then another partial if his fifth were activated and then full memory if he sixth activated? Does this make any sense?

Ra: I am Ra. No.

Don: (*Barely audible 'huh'.*) Thank you.

Tobey: Alright. So I mentioned the toll on Carla and she was talking in her talk about red ray and here's ... she was going on even then.

Don: Is there anything we can do to make the instrument more comfortable or to improve the contact?

Ra: I am Ra. You are conscientious ...

Tobey: I'm going to jump forward to where Carla comes back to her body. So Ra's signed off and Don's getting ready to call Carla back. He called her Alrac, which is Carla backwards.

Don: Alrac. How you doing?

(Carla)

(*Moans*) Do I have to go to the bathroom?

Jim: They used a certain sort of material in her body to make the words and the side effect was increased urination and there's where she lost the waste.

Speaker: How long were the sessions in time?

Jim: Usually between forty-five minutes and an hour and a half, depending upon how much sexual energy transfer there was from the night before.

Tobey: Alright, we'll play two more clips.

One thing I kind of realized in listening is that Ra actually (and you can get it from reading too), but Ra preferred some questions to others. And in particular they really liked the questions about the archetypes and you can notice that when you read it because, at least it jumped out at me, the way they said 'oh student' frequently. They're into it and you can hear that, they actually, the intonation, there's more inflection. So hopefully that will come through in this brief clip.

Don: The hand downward ... material world ... (*inaudible*).

Ra: I am Ra. Look again, oh student. Does the hand reach within? Nay. Without potentiation the conscious mind has no inwardness. That hand, oh student, reaches towards that which, outside it's unpotentiated influence, is locked out.

Speaker: What was that card?

Jim: The potentiator of the mind. That would be the, there's the cage next to the magician with the bird in the cage and there's a wand and a hand. The hand is outstretched and that's the way we had it drawn.

The church of light has the Egyptian tarot. We used that for questioning but we couldn't get their permission to print the images before we changed them. So we went to the library of congress in D.C. and got another type of Egyptian tarot by George Fathman. So that's what we published as what the card looked like before we changed it.

Speaker: So the finished product, the changed product, it doesn't exist?

Jim: Not as a card. It just exists in book four.

Tobey: Okay. Alright, so I mentioned the circle of one, occasionally, three times I think, Ra said we need to stop, there's a problem here, someone's gotten through the circle or for some reason ... So here's an example of re-walking ... One of the only times on tape where we actually get to hear the circle of one being walked.

Ra: ... will be patient. There are fairly serious difficulties with the instrument's throat. We shall attempt to ameliorate the situation and suggest the re-walking of the circle of one.

Tobey: So that was Ra making Carla cough again.

(Don and Jim)

What is the Law?

The Law is One?

Why are we here?

We seek the Law of One?

Why do we seek Ra?

Ra is a humble messenger of the Law of One?

Rejoice then and purify this place in the Law One. Let no thought form into the circle we have walked about this instrument, where the Law is One.

Tobey: And then they blow the breath.

(Five hard exhalations on recording)

Tobey: So there's one more clip but Gary has an announcement first.

Gary: (Gary)

There's one more clip that Tobey is going to play.

Tobey: It's the very last bit of the very last session. Since I played the very first bit I thought it bitter sweet to play the end.

Gary: If you want to get up and leave the circle feel free, if not stay and listen to it. We will reconvene at 5:15 in the circle and we'll do the 'Greatest Joy' section before the restaurant this evening.

Tobey: You can hear how subdued Don sounds, how different he sounds than earlier when he was there, vibrant.

Don: I would just ask if there is anything that we can do to make the instrument more comfortable or to help her and to improve the contact, and what would be the soonest that Ra would recommend the next contact? I would certainly appreciate the return of the golden hawk. It gave me great, great comfort.

Ra: I am Ra. You have complete freedom to schedule workings. We suggest the nature of all manifestation to be illusory and functional only in so far as the entity turns from shape and shadow to the One.

I am Ra. We leave you, my friends, in the love and in the glorious light of the One Infinite Creator. Go forth then, rejoicing in the power and in the peace of the One Infinite Creator. Adonai.

Tobey: We're waiting a minute until Don calls Carla back. In the meantime, there's something Carl noticed about the pounding on the door from the water truck. What did they say? Waterman? Carl noticed that there was a way to yield symbolic significance and that's that you could see 'waterman' as 'waterbringer, aquarius' and a knock for each decade until the new age is to arrive. Thought that was interesting.

Don: Alrac. Alrac. Alrac.

Carla: Yeah. Ha ha.

Don: How you doing?

(Ten minutes of post-conversations.)

Q&A REGARDING L/L RESEARCH

Jim McCarty

August 28, 2011

Jim: I thought I'd give you a little information first about how L/L Research started and then we can go to questions and answers.

In 1948, Don Elkins was 17 years old and was a high school student here in Louisville, Kentucky. He was also taking flying lessons at the Elkins-Mantell Flying School at Bowman Field. The Elkins of that school was a distant relative, so that's how he found out about that School.

Thomas Mantell was also a Captain in the Kentucky Air National Guard. On January 7th, 1948, he and three wingmen were flying back to Standiford Field, in Louisville, from Norcross, Georgia. At about 1:30 in the afternoon, Godman Field in Fort Knox, Kentucky, received calls from the Kentucky Highway Patrol that a number of people had sighted an unidentified flying object over Mayfield, Kentucky, and they wondered if there were any planes that Godman Field could scramble to check out this situation.

As it turned out, Captain Mantell and the three wingmen were in the area. The tower contacted them and they changed their course and attempted to intercept the unidentified flying object. They were successful. They got within a mile or two of it. They noticed that it was huge, as Captain Mantell said—250 to 300 feet in diameter. It was as if it were an inverted ice cream cone. It was round on the bottom and pointed on top and the bottom had a red glow around it. The tower asked Captain Mantell if they could close on it and get a closer look, find out more about it, because they had no craft in the area of that size or shape.

One of the wingmen was low on fuel, so he broke off and continued on to Standiford Field. Captain Mantell and two other wingmen flew on. They were flying B-51 Mustangs—World War Two airplanes that had no oxygen. As they got closer, the craft accelerated directly up. It was out of their sight for awhile so Captain Mantell and the two wingmen began to proceed to follow it. At 17,000 feet the two wingmen broke off and Captain Mantell continued on. He got close enough to say, "My God, there are people in there. There are people in there."

And so this apparently excited him enough to continue climbing past the oxygen level. He passed 25,000 feet and about 30,000 feet, he passed out due to anoxia. He had no oxygen and so the craft augured in and crashed about at the Kentucky/Tennessee border.

Now this had two effects. One was, previous to this crash, most people, and especially the news media, pooh-pooed UFOs. They wouldn't take them seriously at all and people didn't even think they really existed. But now an Air National Guard Captain had crashed chasing one. And the second thing that happened was that Don got very interested in UFOs because he was taking flying lessons from Captain Mantell.

So Don finished his high school, went on to college and continued trying to find out what he could about UFOs from reports that were given. There were other sightings in Washington State. All over the place things started happening.

Don got his degree in mechanical engineering and went back to the University of Louisville's Speed Scientific School and was teaching there. And he became known by people around Louisville as one who would investigate UFOs if there was any report. He had his [pilot's] license at this time and he was able to fly to various locations around the country and personally interview people who had close encounters [with UFOs].

He was only interested in people who had actually been aboard a craft—who had seen a craft close up. He wasn't interested in things that could be mistaken for something else: Venus, or swamp gas, or the moon, or whatever. He was interested only in people who had face-to-face encounters.

In about 1958, in Detroit, Michigan, a fellow by the name of Walt Rogers and his wife were asleep one night and in the middle of the night Walt was awakened by a bright light on the ceiling of his bedroom. He looked at the light and he saw in the light some kind of unidentified flying object, some sort of a craft. He apparently was taken aboard. This may or may not have occurred in our space/time reality because his wife wasn't aware of this. He was probably in time/space. He had an experience. He came back and for the next few days and months he experienced what is called a lingering telepathic contact.

The entity aboard the craft was called Hatonn and would give Walt transmissions, messages which he wrote down. He gathered about him a group of folks who were also interested in such phenomena and they compiled this information into what we've now come to call *The Brown Notebook*.

Hal Price was a member of this group in Detroit. He worked at the Ford Motor Company when he was transferred to Louisville, to the Chamberlain Lane Ford Assembly Plant. When he got there he was hoping to find somebody here in Louisville that was interested in pursuing this information and he checked around and found out there was this professor at the U of L (University of Louisville) who was interested in UFOs. So he contacted Don, and Hal and Don and Hal's wife Jo got together and read the information in *The Brown Notebook*, which gave some information about how to set up a meditation group without all the fuss and bother of being abducted.

And they began to gather about them some people who were also interested. The people that Don gathered were twelve of his students from the Speed Scientific School. At that time the Speed Scientific School was all male, so these were twelve guys and one of the guys, Jim DeWitt, had a girlfriend—Carla. And he asked if he could bring her along and Don said, "Sure."

So Hal and Jo Price and Don and Carla and the twelve fellows from the Speed Scientific School were all the first guinea pigs of Don's scientific experiment to see if he could set up a contact situation and receive information through extra-terrestrial sources.

Carla said it was January of 1962, when she first met Don in southern Indiana at Hal and Jo Price's house at one of these meditations. And for the first few meditations, I guess it was six months or so worth, she couldn't help but giggle because there weren't any transmissions taking place. There were a lot of slurps and gurgles and people's vocal cords were being exercised. They wanted a lot of control. They wanted to be sure that the words that they were hearing in their heads were actually what was being said. So nothing was being said for awhile because you have to say what you hear and then more words are given to you. If you are too much [staying with one thought, trying to get it right], nothing else happens. You've got to get the first words out. You've got to get the first olive out of the jar so the rest can come out.

So after a while Walt Rogers visited the group in Louisville and he channeled Hatonn. Hatonn said,, "We have been in contact with your group. If you simply speak the words that are being given to you, then more words will be given."

So after that the scientific validity of the experience, as far as Don was concerned, was blown because Walt Rogers had visited and actually channeled for them. But he continued on anyway⁴ and after about a year or so, there were twelve new channels that were working in the Louisville/southern Indiana region. Carla was not one of these.

And about, I guess a year and half after she and Jim DeWitt began attending, she and Jim got married. They thought they were going to pursue a career singing folk songs because they had sixty of their own [original poems set to their own] music. The manager of Peter, Paul and Mary had discovered them and asked them to come to Chicago and sign a contract and start singing [concerts] opening for Peter, Paul and Mary.

Then somebody asked Jim DeWitt for an autograph. For some reason, unbeknownst to anybody but Jim DeWitt, this freaked him out to the extent that he hung up his guitar, refused to sign the contract and never sang again.

But he and Carla were still married and the only reason they were married was because he said, “If we’re going to go on the road and tour we have to be married. We can’t be sleeping together and being on the road unmarried.”

So, here Carla was in this situation with a fellow who no longer wanted to sing. She really wanted to sing and share her love and light in that fashion. She thought that was the way she was going to be contacting people in this life. So it was about four years of a rocky situation. As Steve mentioned, this was a time of the Vietnam War in ‘65 and Jim DeWitt decided to go to Canada and avoid the draft. So he took off to Canada. He decided he also wanted his girlfriend to join him. This wasn’t Carla. But he wanted Carla too. And Carla read the fine print in the marriage contract. It said ‘for better or for worse’. There was no way out so she went.

And after a while Jim got disappointed with everything. He refused to find work. Now, he was trained as an engineer himself and he didn’t want to pump gas or work in a grocery store. He had to have something more up to his standards. So Carla had to work and she got a job at the [Simon Fraser University Library] in Burnaby, near Vancouver. [It was] a very good job and she really enjoyed herself there. And then Jim said, “Well, I want a divorce.”

Carla breathed a sigh of relief and said, “Okay, I’ve got a great job, I’ve got some friends here. That’s fine with me,” and Jim DeWitt said, “I’m sorry we have to go back to Louisville. I want to take you back to your people. You’ve got to be with your people.” She threw up her hands in frustration and said, “Okay. Let’s go back to Louisville.”

So back to Louisville they went and [when] the divorce was final [in November of 1968], Don [moved in to Carla’s apartment on Douglass Boulevard. Jim, Don and Carla] continued on with the meditations. It wasn’t until 1974—twelve years after she’d heard the first channeling—that Don said, “Well, the free ride is over. It’s time for you to start learning how to channel.”

She’d really enjoyed hearing the channeling and enjoyed the inspiration. She was a Christian Mystic. This had nothing in opposition to what she believed already as a Christian, where she felt Jesus Christ was her savior and nothing [in the channeling was] said was in opposition to that.

So she said, “Well, okay, if you really want me to.” Because at this point all the other channels had left. Don was the only channel. He was the anchor channel.

⁴ Don continued because he felt that while there was no completely scientific validity to the experiment, there was virtue in collecting as much of this material as possible.

So after twelve years of listening, Carla learned how to channel in 1974. That was her first year. She channeled on through 1980—seven years later, when I came to Louisville.

I was living in central Kentucky on my homestead and a friend of mine and I would drive to Louisville for the channelings. I decided that this was really something I enjoyed. Don and Carla invited me to join them [in the spring of] 1980 but I had been taking mailings from a channeling group in Olympia, Washington—Cosmic Awareness Communications. A fellow by the name of Paul Shockley was [allegedly] channeling the same source that Edgar Cayce had channeled, which is the Akashic records of the planet. And I really liked their information. So I thanked Don and Carla for inviting me to join them, but I said, “But I’ve got to go out to Oregon and join the Cosmic Awareness group.” And so that’s what I did.

[I drove] 25,000 miles out to Oregon. [I stayed] a couple months there—had a great experience. But a fellow from Canada invited me to join his group which was mining diatomaceous earth, which is a fossilized substance which can be used for all kinds of things like preserving food and brushing teeth and cleaning things. He gave me a chance to earn \$100,000 a year as [his company’s] U.S. representative. I didn’t have anything against money, but that wasn’t why I went to Oregon. So I said, “You know, I need to take the weekend out.” I was living in a little trailer at the time and I said, “I need to meditate for the weekend and figure out what to do, because now I don’t know if this is what I really need to do.”

So I did, I took the weekend out and about thirty seconds into my meditation I got my answer. Like a comet across the inner sky it said, “Go back to Louisville and join Don and Carla.” OK-dokey!

So I packed up the little kitty that the kids at the Cosmic Awareness Communications “Windsong School of Awareness.” The kids there gave me a little Himalayan kitten. Up to that point I was really a dog person. I really liked dogs, I didn’t much like cats. I said, “Okay.”

So this little cat was in the front seat of my truck with me and I litter trained it, because the litter box was on the floor and every time she started to go, I just put her in the litter box. And so we travelled back to Louisville and my little cat Chocolate Bar joined Gandalf and Fairchild.⁵

Three weeks after I got back to Louisville with Don and Carla, the Ra contact started. As we said before, there was a training session for instruments and a fellow there, Leonard Cecil, was learning how to channel. I walked through the door with my two bags full of groceries and interrupted the session. So the water-truckers and I are the only people on the planet to have interrupted a Ra session!

So that’s what I wanted to give as information as a background. Does anybody have any questions? Russell?

Russell: When Ra first made contact, were you guys excited about that?

Jim: “Well, one of us was really excited, one of us had no idea, and one of us just said, “What?” Don was extremely ecstatic, I mean he knew right away, from the first answer, that he had something. Don said, “Yeah, this is what I’ve been waiting for all my life.” Carla wasn’t allowed to read any of the sessions until after the twenty-third one because, still being the scientist, Don didn’t want her to read the sessions, thinking that her knowledge of them might affect future sessions. And I, not having been at the first session, responded to Don’s request that I transcribe that as soon as possible with, “But, you know, I’ve got a lot of other stuff to do.” And he said, “But I think you’re going to

⁵ Gandalf and Fairchild were Don’s and Carla’s cats.

enjoy this. Really, as quickly as you can get this typed, I'd like to read it and we want to see if we can get some more sessions going." So I said, "Okay," and after I transcribed it I thought, "Yeah, yeah. This is it."

(Inaudible question about who was at the first Ra session.)

Jim: There was one other person learning how to channel. There were three people at the first session.

(Inaudible question.)

Jim: We knew that harmony was one of the primary factors that supported the session. The three of us were living together and doing whatever work came before us, whatever work we thought could be of most service. Leonard wasn't living with us. He was a student that did eventually attend another couple of sessions but at that time the harmony and then the protection we provided by walking the circle of one was a key factor to allow the sessions to occur.

So, we were open to other people if somebody also wanted to dedicate their lives and live with us and do that, but that never occurred.

(Inaudible question, the sense of which was, "How were the questions generated? Did you all discuss beforehand or did Don do most of them?")

Jim: The night before, we would get together and try and to figure out where we wanted to go with the line of questioning according to what Ra had given in the previous session. So we would usually start of with four or five questions and then the next day, the next morning, I'd give Carla a massage and then we'd meditate together, a silent meditation, before we did the Ra session. And frequently during this meditation something would occur to Don and he would have another question come up and he'd write that down.

Then we would go into the room that was dedicated only to the Ra sessions and begin by walking the Circle of One⁶ and Don would ask the first question. Somewhere after the second or third

⁶ Jim refers to Ra's instructions in our second session:

2.6 Questioner: Consider them asked. I don't have anything to go on. What is the proper use of this instrument? What should we do? What should we do to maximize her ability and her comfort?

Ra: I am Ra. We are pleased that you asked this question for it is not our understanding that we have the right/duty to share our perceptions on any subject but philosophy without direct question. However, this mind/body/spirit is not being correctly used and therefore is experiencing unnecessary distortions of body in the area of fatigue.

The vibrations may well be purified by a simple turning to the circle of One and the verbal vibration while doing so of the following dialogue:

Question: What is the Law?

Answer: The Law is One.

Question: Why are we here?

Answer: We seek the Law of One.

Question: Why do we seek Ra?

Answer: Ra is an humble messenger of the Law of One.

question, frequently, Ra would give an answer that so piqued Don's interest that he'd put aside all the other questions and he'd follow that line of questioning.

So we usually started off with questions, the first two or three of every session were pre-scripted by what we wanted to ask, but then after that it's very likely [to be] Don following a line of questioning due to what Ra had to say.

Question: And there's the banishing ritual?

Jim: The Banishing Ritual of the Lesser Pentagram, right.

Question: Right, right. I'm wondering, to learn this stuff, what should I read? What are some good [sources]?

Jim: W.E. Butler is the best author we've ever found. His book, *The Magician: His Training and His Work* is the book from which we got the Banishing Ritual of the Lesser Pentagram. Butler also has other books and I'd recommend anything by Butler. Israel Regardie is also another good author. Anything in the Golden Dawn is excellent.

Question: And then, the Archetypes of mind—there are seven cards of mind, seven cards of body, seven cards of spirit and I believe you got through the mind and that was all, right? So the body and spirit haven't been covered at all. is there any [more material available]? I haven't gone through all the Q'uo material yet, I haven't gotten that far yet but is that information not available? Can it be had?

Jim: We were only able to ask in depth [about] the first seven cards before Don died. We went generally through everything once. So this general information is available in *Book IV* on all of the cards and only specific questions on the first seven.

Occasionally, we would Q'uo a question about some concept somewhere in the other cards but there's nothing that's been put together to try and fill in those blanks. We're hoping that the information we got concerning the mind and general information concerning the archetypical mind can be used by students to extrapolate their own understanding, because Ra said every student will have to look at these cards in his or her own way. The information that Ra had to give was generalized and every student would have to interpret what is given there and use it in a unique fashion. So we're hopeful that that can be done by the information that's given there.

Comment: Yeah I was going to say, you might [have] followed up and say have two sessions just on archetypes.

Jim: Right. We were talking about archetypes in general before we figured out exactly what we wanted to do and how we wanted to approach them. Ra said white ceremonial magic, astrology, and the tarot were three avenues we had that we could pursue. We decided to go with the tarot because we had more information about that.

We took the winter out in '81 I believe, Carla had surgery on her wrist. We pursued [ceremonial magic briefly] even though Don knew white ceremonial magic himself. We ended up feeling that that was a practice that required so much dedication on the part of the practitioner that it might be more than we could handle, actually, so we went on with tarot.

Both together: Rejoice then and purify this place in the Law of One. Let no thought-form enter the circle we have walked about this instrument, for the Law is One.

Question: In order to contact Ra they had to, if I understand correctly, remove her spirit from her body and stored it in their dimension)

Jim: Her mind/body/spirit complex. Right.

Question: So her body was there and they used her body. Tobey said that they were in her body. That's not correct. They were using her body, what we would say, from a distance and she was with them but was unaware of being anywhere.

Question: Well if I understand correctly that would be dangerous. You notice the attempt by the negative entity would remove her into negative time/space. Well, my question is could this be done again? [Is it] safe to channel?

Jim: Right. Ra has been able to maintain you might say, a stepped-down contact by blending with Latwii and Hatonn (fifth density and fourth density respectively) and is able to transmit information in that fashion.

As far as can [a pure Ra contact] be done again—maybe. But it would be dangerous to try. If it were unsuccessful, it would not only cost, maybe, Carla her life but the misplacement of her mind/body/spirit complex. So we figured Don's dead, we'll take the hint, the contact's over.

Question: What about different people?)

Jim: If somebody comes along that feels like the right thing I guess we would consider it. But like I said, it feels like the contact has fulfilled its purpose. We're happy to be able to do what we can now with Q'uo.

Question: But do think that the channeling with Q'uo right now is it of the same quality, I guess you could say?

Jim: Some people feel much more comfortable with Q'uo and really enjoy that information. I think the Q'uo channelings are the best, short of Ra, and they're getting better. Carla is an (I'm not biased) excellent instrument. She's dedicated her life to this type of service and she continues to learn and she gets better and better.

Question: At what point did you learn to channel?

Jim: I started learning, I guess, before I went to Oregon in 1980. I started learning to channel then and I channeled for about 25 years. I scraped and clawed my way up to mediocrity. And I figured there are enough mediocre channels on the planet and they don't need another one.

Question: What year is the YouTube video that you see Carla and Don on when she explains psychic surgery. What year is this?)

Jim: [In January of] 1978. She went to both the Philippines, for P'Ning and Benjie Belacano, both] psychic surgeons, and then to Mexico for Pachita, who used the rusty knife to heal her kidneys.

Question: Two quick questions. There was a great moment where Ra came through each of you. You, then Don, and then finally Carla.)

Jim: There was a time when Ra tried. We never spoke a word.

Question: Oh really? Do you remember what it felt like?

Jim: We weren't sensitive enough to pick it up. It came in, apparently, through the back of the head, according to Ra. That was where they entered the violet ray. Ra said Don had a certain limitation that didn't allow him to receive the contact and I would need a great deal more practice.

Question: When Carla was channeling, was there any bleed through? Could you kind of telepathically feel or anticipate what was coming next?

Jim: Not in words or even in concepts, just the energy. I could feel the energy in the room. My meditations were deepened because of that energy. It was like when you meditate in a group like this, it's much easier to meditate because you have this group energy. That's what the Ra contact was like to me.

Question: How did it feel like it was accurate—I don't want to say accurate—but ... held up. I mean, it's amazing, but at the same time then, were you finding this was referencing stuff that you guys had already come upon and it just kept confirming information to you? Or what was your system of discernment with Ra?

Jim: There was confirmation of information we already had. There was new information that sounded logical. Basically, it was the intuition or kismet or chemistry or "yep, that's it"—beyond the intellect, the insight, you know, the soul mind/body/spirit complex said, "Yeah! Let's play with this guy."

Question: Did it seem higher quality though? I mean as far as just the way it came across. Did it seem like it was higher quality information to you?

Jim: Well, it was definitely unique. You heard how Ra enunciated every syllable and that was something that caught our attention, you know, this is different.

Question: Your other channelings weren't like that?

Jim: No. No, the other channelings are dual consciousness. You are sitting in a chair and you are aware that you are in a chair, you're aware there are thoughts in your mind. You can speak the thoughts. You can also stop it at any point and it's like a conversation. You're just repeating a conversation you are hearing.

Question: So [that is] what we call or what you try and call 'conscious' channeling versus 'trance' channeling?

Jim: Yeah right, concept. You can get the word-by-word type of channeling consciously, which is like chewing rye bread, it's really hard. What Carla usually gets is a concept, a ball of concept. She unravels it and translates it and always has the feeling like she hasn't quite gotten it all even though you feel like, when you read it, that it's a lot of great information. But when you get the concepts, the concept of infinity comes in. You can really go on for a long time if you were aware of everything that's being transmitted.

Question: And that's what you do too, right? Concept ... or is more word by word?

Jim: Pretty much. More word by word because I have to be hit over the head, I'm kind of thick-headed.

Question: When we listen to it, we have the impression that each word cost a lot of vital energy.

Jim: Yeah, [Carla] would lose two to three pounds at each session and Ra said that each session was the equivalent of a long day of hard physical labor. She lost down to 84 pounds. She started with 110 so she got pretty thin and she had to eat and eat and eat just to keep that way.

Question: The question I had was the psychic attack, could you describe [that]?

Jim: Yeah, this is a good time to give the general information on psychic attacks, not just for us but for anybody. Anybody who seeks the light and attempts to serve others runs the possibility of

attracting negatively oriented entities because your light is seen as a power. They gather power. They want power. They use power over others for manipulation and control. That's their polarity. That's the way they do their job.

So the way they do it is by examining a person to see if there are any chinks in their armor of light. Is there any way that they have stepped away from the light? Have they made a misstep? Have they caused disharmony? Does it still exist? Have they not attempted to harmonize? If that occurs, there is an opening that can be intensified—like putting a magnifying glass on it to a point that whatever chakra with which it is associated becomes out of balance and a physical illness can ensue.

For me, I allowed disharmony with Don to exist for about a day and I had a problem with my kidneys where the kidneys began to fail and I gained thirty pounds of water weight and had to take very strong chemicals to get the kidneys back into function.

[Psychic greetings can be] all kinds of things. There are different examples—Carla bore the brunt of the psychic attacks. We didn't call them psychic attacks after awhile because we felt that was a separating type of a term, we came to call them psychic greetings. We didn't want to look at this as a battle situation. If you try to engage a negative oriented entity in a battle you will lose. That's their way of going. That's their game plan. That's not the positive polarity. The positive polarity is to welcome the darkness into the self because we are all one.

Question: Okay, I've got a whole bag of things together. It's all related though. sexual energy transfer and tantra. Are those the same thing? Reaching intelligent infinity through that versus not through that—how does that all work? When you reach intelligent infinity, what's it like? How do you know? Also, in the development of social memory complexes, are they linking different entities together?

Jim: Well, let's stick with one question first, then I'll go to the next one. I'm never really sure [when I have] contacted intelligent infinity but when my orgasm goes to my brain I figure I'm close. You know, the brain explodes, so that's an idea. You know the feeling you have before you have an orgasm. Imagine it in your brain and then multiply it a little bit. Before each session Carla and I would have a sexual energy exchange. That was fine with Don because he was celibate. He was a hermit and I fit in so well into the group because he was not interested in sexual energy exchanges at all.

So we were able to transfer energy to Carla in a fashion that she was able to use for the Ra contact. Occasionally we transferred a bit too much energy and Ra had to speak more slowly than usual because there was so much [live energy]. It had to be slowly used through the contact.

Question: The reason I'm thinking about this is that I actually recently experienced it and it blew me away. I mean, I've had good sex before but never like this. This was, pure emotion and I could feel the energy moving through my chest. It blew me away. Twenty to thirty minutes afterwards, I felt this powerful energy come over me. I felt bliss. I felt ecstatic. I was singing. I was just completely in love. Also at one point, I felt the intense energy moving through my chest. Later I felt this tingling on the back of my head, right near the base of my skull. And since then I'm feeling blockages in my throat. I'm thinking it's stopping here and it could go up to that point maybe. She said the energy went all the way through her. She's more advanced than I am. So, I was just wondering.

Jim: In the violet ray, sometimes, you can see the colors and the indigo ray would be indigo and [in the] violet [ray], you see violet. Feeling inspirited or inspired is another way of determining that you made it to one of those two. What you experienced, joy, is a good indicator.

Question: It was ecstatic bliss. But [how can I get] it [to] go up through the crown chakra? I wonder [am I] capable [of that]. Ra didn't talk about that. Ra talked about, for example, universal love would be the heart chakra energy. And I guess here [in blue ray he spoke of the] freedom of communication. But up here they didn't really want to [explain anything]. What is intelligent infinity, exactly?

Jim: Well, apparently [intelligent infinity is] the Creator, the fully experienced presence of the one infinite Creator. It is different for every person but it basically has the feeling of joy. And you come back with the desire to serve others, to share what you have gained with everyone else.

Question: [Can] the shuttle take you energetically to a much more powerful place without sexual energy?

Jim: Sure, some people can do that with meditation. To some people it happens spontaneously. In their lives, they're seeking this approach to a point where eventually there is a tipping point and they have an experience of nirvana, kensho⁷, whatever you want to call it. Oneness with the Creator. It happens to all kinds of people daily.

Question: Is one more difficult than the other?

Jim: I have no idea

Question: Ra talked about marriage, the divinity of the two [seeking together], and about, when this entire group meditated together, everybody's chakras were completely clear and you'd have not just the energies between the two, for example, [but] all the way through the entire unit, each chakra fully activated. Is that the way it works?

Jim: Apparently the way a social memory complex works is, entities are able to access their subconscious to the point that all the information there is available to everyone else in the group, so that everybody has this entire wealth of knowledge available to them. This usually happens on a planetary or racial basis, if there's just one race on the planet.

As far as what could happen with a group like this, whatever would happen here would be a momentary type of experience, perhaps of an ecstatic nature, of a unified nature, whatever, but it probably wouldn't be that which would be called a social memory complex because you would not have access to everybody's subconscious and all the experiences they've ever had in every incarnation.

Question: Do you know what makes that happen?

Jim: A planet deciding to point their spiritual compass of seeking in one direction and the entire planet becoming successful to at least 51% of all thoughts, words, and actions.

Question: What are some of your favorite channelings comparable to the Ra stuff? Or is there something else you really enjoy that compares to what you guys have brought through, through your own work?

Jim: Well, I first became interested in Seth. That was my first channeled information and I really enjoyed Seth and I still would.

Paul Solomon was channeling from what he called 'the source' and I've always recommended Paul Solomon. As I said, I thought Paul Shockley at Cosmic Awareness Communications, was an

⁷ Wikipedia defines kensho this way: "Kensho is an initial insight or awakening, not akin to full Buddhahood. It is to be followed by further training to deepen this insight, and learn to express it in daily life. The term kensho is often used interchangeably with satori, 'catching on.'"

excellent channel. Some of the questions asked him were questionable. You have to maintain a disciplined line of questioning that seeks to be of service to others and doesn't veer off into unimportant information, for [otherwise] the value and quality of the channeling deteriorates.

That's what happens to most groups. They start off really positive, really high, with high ideals. And then people start asking these questions about conspiracy theories or, "Who's going to win the Kentucky Derby?" or, "How can I make a bunch of money?" or, "How do we gain power?" Things like this.

So, it's hard to maintain a good clear channel because most people don't know you have to tune the instrument. [You need to have] some form of tuning to get you to the highest point you can get to in a stable fashion. And then you're ready to channel. [And] you need to challenge each entity that wishes to channel through you in the name of whatever it is you would live for and die for.

Most groups don't know that. Carla's learned this the hard way. So that's what she's teaching to people who wish to learn how to channel.