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THE PARTICIPANT-DRIVEN SYMPOSIUM

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## PRESENTATIONS & DESCRIPTIONS

Carla & Jim	<i>Two Solar Cycles:: Dancing with Catalyst</i>	We will discuss life since my spinal surgery and share our collaborative attempt to live the Law of One during challenging times.
Eccles	<i>Cosmogony of the Law of One</i>	The origins of the universe and the cosmic narrative according to the Law of One material.
Dean	<i>How to Talk with Your Higher Self</i>	Audience participation in a simple method to immediately begin talking (AKA “listening”) to your Higher Self. No predisposition to psychic ability required.
Daniel	<i>My Experience with the Hawaiian Healing Way</i>	How the Hawaiian Healing Way (Huna), fits in my Massage and Shamanic healing practice as a natural expression of Truth in the physical world.
Austin	<i>Harvest is Now (&amp; Every Week Until the End of the Season)</i>	A brief presentation on life on a small farm, emphasizing the relationship to the principles of the Law of One and spiritual evolution.
Julee	<i>Introduction to Transcendental Meditation</i>	I will be discussing the benefits of Transcendental Meditation in 4 key areas: mental potential, health, relationships, and world peace. I will end by explaining the steps for learning.
Lynn	<i>Projection and Creating Responsible Thought Forms</i>	A study in the reality we create with our thoughts.
Ken	<i>Manifestations of the Law of One in Music</i>	Personal observations of music mirroring and manifesting aspects of the Law of One like the densities, rays of energy, etc., along with similarities between Western Music and the seven rays of energy.
Pupak	<i>Open-Pollinated Seeds: Their Identity and Mission</i>	The intention of this presentation is to invoke the spirit of the Open Pollinated Seeds to awaken the participants inner connection and care the for OP Seeds

Jim I	<i>A Tale of Eve</i>	A love story of how a synchronistic interaction with another 'self' advanced my seeking/discovering, waking me abruptly to my connection with the energy of the universe; an awakening that eventually brought me to this gathering.
Lee	<i>Requeros de Mexico con Don y Carla</i>	I will share my experience of visiting Pachita, the Mexican psychic surgeon who healed Carla, with Don Elkins, Carla Rueckert, and Andrija Puharich.
Gary	<i>30 Minutes with My Morning Jacket</i>	We will explore the wanderer philosophy contained with the music of My Morning Jacket. Not to mention the jam session of our own we will have.
Diana	<i>Sharing our Experience of Moving into 4th Density</i>	I will facilitate a circle of sharing about the things we're all probably noticing within us, and in the external world, that move us to feel the increasing Oneness, the movement into 4th density and our imminent Harvest.
Scott	<i>Fourth-Density Government</i>	3rd density power structures are hierarchical in nature. These power structures reflect the desire of service to self entities to move to a position of power over others, be it in a corporation or government. What will these structures look like in 4th density with respect to government? Why is Quo so interested in the lawform set up in the founding of the United States? Does democracy really create freedom, or have we been duped into believing that? These questions and many others will be explored in this talk.
Jim & Carla	<i>Q&amp;A with Carla Rueckert &amp; Jim McCarty</i>	We will make ourselves available to the circle of seeking for questions.
Sephi	<i>Cosmic Genesis in the Ra Material</i>	Five crucial terms in the Law of One material are commonly glossed over by readers on both the first and second pass through the material in the hopes that these terms will later become clearer: Intelligent Infinity, Intelligent Energy, the First Distortion of Free Will, the Second Distortion of Love or Logos, and the Third Distortion of Light. These haunting terms will be explored with as much common sense, detail and loyalty to the Ra Material as I can manifest. Their interconnections and deep impact upon all of the Universe will be discussed.

ECCLES P. PRESENTS  
*Cosmogony of the Law of One*

*The following information comes from Carla Rueckert-McCarty's more than 1,500 channelings of Ra, Q'uo and other spiritual beings during the last 40 years and can be found at [www.llresearch.com](http://www.llresearch.com). The questions in italics are those of Don Elkins during 1981-1983; the quoted material is from Ra, a 6<sup>th</sup> density social memory complex from the spirit world. Additional reincarnation information was obtained from personal angels and spirit guides and is documented at: [www.afterlife101.com](http://www.afterlife101.com).*

THE CREATOR OF OUR UNIVERSE WANTED TO KNOW ITSELF AND CREATED ALL THERE IS—INCLUDING SOULS, SPIRITS, GALAXIES, STARS, PLANETS AND HUMANS WHO HAVE EXPERIENCED LIVES AND REINCARNATIONS ON 3<sup>RD</sup> DENSITY EARTH TO LEARN LESSONS OF THE LAW OF ONE, WHICH INCLUDE FAITH AND ACCEPTANCE, UNCONDITIONAL LOVE AND FORGIVENESS OF SELF AND OTHER-SELVES. IT IS A TIME OF SPIRITUAL HARVEST FOR EARTH'S PEOPLE IN THEIR CONTINUING GROWTH AND EVOLUTION OF CONSCIOUSNESS IN THE SEVEN DENSITIES IN THIS OCTAVE OF OUR INFINITE, HOLOGRAPHIC MULTIVERSE.

- [The Creator Wanted To Know Itself And Created All There Is Through Three Distortions Of Free Will, Love And Light. This Resulted In Infinite Numbers of Dimensions And Universes. Logoi Established Rules, Communications And Archetypical Minds For Their Sub-Logoi.](#)

**Creation** –“The first known thing in creation is infinity...[Then,] infinity became aware. (B1, S13, 129) As the Creator decides to experience Itself, It generates into that plenum (nothingness that has the potential for being) full of the glory and the power of the One Infinite Creator which is manifest to your perceptions as space or outer space. (B4, S82, 65) Step by step, the Creator becomes that which may know (or experience) Itself, and the portions of the Creator partake less purely in the power of the original word or thought. The creation itself is a form of consciousness which is unified. The Creator does not properly create as much as it experiences Itself.” (B1, S1, 65)

**Three Distortions** - At the beginning of this creation, the Creator used three distortions—free will, love and light—of the Law of One to create *logoi* and *sub-logoi* from a singularity in an expanding universe in order to know Itself. “Awareness led to the focus of infinity into infinite energy. You have called this by various names, the most common being 'logos' or 'love'.” (B1, S13, 129)

- **Free Will** – “The Logoi always conceived of themselves as offering free will to the sub-Logoi in their care. The sub-Logoi (planetary creators) had freedom to experience and to experiment with consciousness, the experiences of the body, and the illumination of the spirit.” (B4, S78, 28)

“The first logos to instill what you now see as free will, in the full sense, in its sub-logos came to this portion after contemplation in depth of what we call signifiers. The logos put forward the possibility of the mind, body, and spirit as being complex (i.e., having a split mind or veil), and having a signifier that would balance all catalysts. In order for the signifier to be what it is not, it then must be granted the free will of the Creator.” (B4, S78, 29)

“Intelligent infinity discerned a concept; namely, freedom of will of awareness. This concept was finiteness. This is the first and primal paradox or distortion of the Law of One. Thus the one intelligent infinity

invested itself in an exploration of many-ness. Due to the infinite possibilities of intelligent infinity (or the Oneness), there is no ending to many-ness. The exploration thus is free to continue infinitely into an eternal present.” (B1, S13, 130-131)

- **Love** – “The distortion love is the great activator and primal co-Creator of various creations using intelligent infinity.” (B2, S27, 8) “Love uses Its intelligent energy to create a certain pattern of illusions or densities in order to satisfy Its own intelligent estimate of a method of knowing itself.” (B2, S27, 9)
- **Light** – “This intelligent energy thus creates a distortion known as Light. From these 3 distortions come many, many hierarchies of distortions each having its own paradoxes to be synthesized, no one being any more important than another.” (B1, S16, 148)

“Intelligent infinity has a rhythm or flow as of a giant heart, beginning with the central sun as you would conceive of this...the presence of the flow inevitable as a tide of beingness without polarity, without finiteness, the vast and silent all beating outward, outward and inward until all the focuses are complete. Then their spiritual nature or mass calls them inward, inward until all is coalesced. This is the rhythm of reality.” (B2, S27, 6) “The origin of all energy is the action of free will upon love. The nature of all energy is light, including the inner light which is the guiding star of the self. This is the true nature of all entities.” (B3, S54, 30)

**Infinite Numbers of Dimensions and Universes** - “The next step is an infinite reaction to the creative principle (intelligent energy) following the Law of One in one of its basic distortions--namely, freedom of will. Thus many, many dimensions, infinite in number, are possible. The energy moves from the intelligent infinity due first to the outpouring of randomized creative force which then creates patterns. These patterns of energy begin to regularize their own rhythms and fields of energy, thus creating dimensions and universes. At this point the physical universes were not yet born. The steps are simultaneous and infinite.” (B1, S13, 129-130)

**Galaxies, Stars and Planets** – “The first manifestation of the Creator or Logos in creating a galaxy is the appearance of a cluster of outward swirling energies that produce new energy centers for the Logos. These energy centers are called stars. The closer to the, shall we say, beginning of the manifestation of the logos the star is, the more it partakes in the one original thought.” (B4, S82, 64) “The progression is from the galaxy spiraling energy to the solar spiraling energy to the planetary spiraling energy to the spiraling energy which started the 1st density of awareness in planetary entities.” (B1, S13, 131-132)

**Black Holes** – “Gravity, the attractive force, which we also describe as the pressing outward force towards the Creator, is greater spiritually upon the entity you call Venus due to the greater degree of their success at seeking the Creator. When all of creation, in its infinity has reached a spiritual gravitational mass of sufficient nature, the new creation infinitely coalesces the light seeking and finding its source and thusly ending the creation, and then beginning anew creation much as you consider the black hole with its condition of infinitely great mass at the zero point from which no light may be seen.” (B2, S29, 20)

*Then the black hole is a point at which the environmental material has succeeded in uniting with the Creator. Is this correct?* “The black hole which manifests in 3<sup>rd</sup> density is the physical complex manifestation of this spiritual or metaphysical state. That is correct.” (B2, S29, 20-21)

**Logos** – is a galactic-level creator; the creator of all the stars in a particular galaxy. Logos defines the natural laws of physics for that galaxy, establishes its own “personality” of deep-mind archetypes and a form for consciousness to express itself, such as the human bodily form, which is the template for all evolution in this and neighboring galaxies.

- **Types of Logoi** - “A Logos may create what you call a star system or a logos (i.e., a galaxy) may create billions of star systems. There are many different logos entities or creations.” (B2, S28, 13)

- **Sub-Logos** – If a logos is a galaxy, a sub-logos would be a star. Ra also refers to a star system as a “galaxy”; then a sub-logos would be a planet. In a similar manner, if Earth is a logos, a human would be a sub-logos.

“It would seem that if one Logos creates the intelligent energy ways for a large system there would not be the necessity of the further sub-Logos differentiation. However, within limits, this is precisely the case.” (B2, S28, 14)

- **Communications** - *Were there any other plans set up by the Logos for the evolution of Its path through the densities?* : “One more; that is, the permeability of the densities so that there may be communication from density to density.” (B4, S90, 141) “To be aware of the nature of this communication is to be aware of the nature or the logos. Much of what you call creation has never separated from the One logos of this octave and resides within the One Infinite Creator. Communication in such an environment is the communication of cells of the body. That which is learned by one is known to all.” (B4, S81, 62)

- **Archetypal minds** – “The archetypal mind is the mind of the logos, the blueprint used to make the Creation and the means by which we evolve in mind, body and spirit.” (B4, 1)

“There are some of Ra which have served as far wanderers to those of another logos. The experience has been one which staggers the intellectual and intuitive capacities.” (B4, S90, 139)

“You have, among you on Planet Earth, sixteen different archetypal minds [from 16 different planetary sources including Mars, Maldek, the Deneb star system, etc.] They vary in seemingly small ways, yet the cultures produced by these archetypal minds vary widely in the way perception works.” (*About Ascension*, February 19, 2011, L/L Research)

- [An Infinite, Holographic, Multiverse Comprised Of Octaves Of Densities Provides For Our Journey Of Spiritual Evolution And Return To The Creator. Our Souls, Spirits, Higher Selves And Energy Beings Teach/Learn Lessons Of Love And Wisdom In The Spirit World Of Time/Space.](#)

**Infinite, Holographic Multiverse** - There are not only parallel, holographic (“as above, so below”) universes in time/space but also spiritual evolution through **Octaves of Densities** in which the Creator further knows Itself and the evolutions of unique spirits/souls are enriched through additional seeking in another octave of seven densities. In reality, there are “parallel” universes; **All is One** in a holographic universe; the Universe is Infinite; spiritual evolution is enhanced through octaves of existence; “time” is of the moment; we are all “co-creators”; and our ultimate goal is to return to the Creator.

- **Universe is Infinite** – “The universe is infinite. This has yet to be proven or disproven, but we can assure you that there is no end to your selves, of your journey of seeking, or your perceptions of the creations.” (B1, S1, 66)
- **Holographic Universe** – “The galaxy and all other material things are products of individualized portions of intelligent infinity. As each exploration began, an individualized portion of the One would, in its turn, find its focus and become co-creator. Using intelligent infinity each portion created a universe.

Allowing the rhythm of free choice to flow and playing with the infinite spectrum of possibilities, each individualized portion channeled love/light into intelligent energy, thus creating the so-called Natural Laws of any particular universe. Each has its own local version of illusory Natural Laws.

It shall be understood that any portion, no matter how small, of any density or any illusory pattern contains, as in a holographic picture, the one Creator which is infinity. Thus all begins and ends in mystery.” (B1, S13, 131)

- **Multiverse** – “The concept of various parts of the being living experiences of varying natures simultaneously is not precisely accurate--due to your understanding that this would indicate that this was occurring with true simultaneity...True simultaneity is available only when all things are seen to be occurring at once...This is not the case. The case is, rather, *from* one universe *to* another universe. Parallel existences in these different universes can then be programmed by the Higher Self, using the information available from the mind/body/spirit complex.” (B2, S36, 63)

**Seven Densities** – Spirits evolve by amassing consciousness through learning and incarnational experiences throughout seven densities in seeking the Creator [see diagram on page 43]. These seven densities include the:

- 1<sup>st</sup> Density of Consciousness
- 2<sup>nd</sup> Density of Awareness – a cycle of growth and awareness
- 3<sup>rd</sup> Density of Choice – a cycle of self-awareness; “This is the only place of forgetting. It is necessary for the 3rd density entity to forget what it really is, so that the mechanisms of confusion or free will may operate upon the newly individuated consciousness complex.” (B1, S21, 193)
- 4<sup>th</sup> Density of Love or Understanding [Law of Love]
- 5<sup>th</sup> Density of Light or Wisdom [Law of Light]
- 6<sup>th</sup> Density of Love/Light, Light/Love, or Unity [Law of One]
- 7<sup>th</sup> Density of Foreverness – the gateway cycle where one perceives the sacramental nature of all things. (B1, S16, 153) “The mystery and unknown quality of the occurrences we are allowed to offer have the hoped for intention of thinking your peoples grasp infinity, and then and only then, can the gateway be opened to the Law of One.” (B1, S7, 99)

**Cosmology of Our Universe** – Physical cosmology, as a branch of [astronomy](#), is the study of the largest-scale structures and dynamics of the [universe](#) and is concerned with fundamental questions about its formation and evolution.

- **Dewey Larson’s physics** - *Speaking of the rapid change that occurred in the physical vehicle from second to third density: this occurred, you said, in approximately a generation and a half. Body hair was lost and there were structural changes. I am aware of the physics of Dewey B. Larson, who states that all is motion or vibration. Am I correct in assuming that the basic vibration that makes up the physical world changes, thus creating a different set of parameters, shall I say, in this short period of time between density changes allowing for the new type of being? Am I correct? “This is correct.”*

*Is the physics of Dewey Larson correct?* “The physics of sound vibrational complex, Dewey, is a correct system as far as it is able to go. There are those things which are not included in this system. However, those coming after this particular entity, using the basic concepts of vibration and the study of vibrational distortions, will begin to understand that which you know as gravity and those things you consider as “n” dimensions. These



things are necessary to be included in a more universal, shall we say, physical theory." *Did this entity, Dewey, then bring this material through for use primarily in the fourth density?* "This is correct." (Ra, B1, S20, 2/9/1981)

- **Bruce Peret's RS forum** - Bruce Peret has established a Reciprocal System website and forum at <http://rstheory.org/> that is dedicated to the research of the American engineer Dewey B. Larson (1898-1990). "This site is dedicated to Dewey B. Larson's *Reciprocal System of physical theory*, a Theory of Everything that is based on the concept of *motion*, rather than *matter*. With only two fundamental postulates, Larson was able to construct a theoretical universe based on just the inverse relation between *space* and *time*, that he called "motion." (It has nothing to do with something moving--"motion" is just a ratio between space and time that causes change.)

Larson's universe, referred to as the *Universe of Motion*, has some different premises than conventional theory: Because mathematical relations are based on the multiplicative inverse (not the additive inverse), the condition of rest is *unity*--not zero. Larson calls this motion the *natural datum*, and is the speed of light. In Larson's universe, change is measured as a displacement from unity (the speed of light). A simple analogy to understand this concept is the see-saw, where the fulcrum is unity and distances are measured outward from the center, towards the far edges. Conventional science starts at the edges, measuring towards the center.

Because of this inverse, see-saw relationship of space and time, Larson's universe also contains two "halves" that he calls *sectors*. The first is the *material sector*, the one of our everyday experience, consisting of 3-dimensional space and *clock time*. Because of the reciprocal relation flipping across unity, he discovered the *cosmic sector*, the realm of *3-dimensional time* and *clock space*. These two halves of the universe sit in opposition to each other, and are connected through his concept of *motion*.

As a result of this structure, the Universe of Motion tends to look inside-out to those with a conventional, scientific background--whom are usually the first to ask, "How can you have motion, without something moving?" Larson describes this as the "actors on the stage" approach, where you have things in a setting, and the two are entirely different from each other. Conventional science has "atoms" playing parts on the space/time stage of the Universe. In the Reciprocal System, however, the actors and stage are the same stuff--motion--acting in relative relation to each other. As such, the only fixed reference in a universe of motion is a speed--the speed of light, which Larson refers to as the "progression of the natural reference system." (Bruce Peret, "The Reciprocal System of physical theory", 2/4/2012, <http://rstheory.org>)

- **Dewey Larson's two fundamental postulates**
  - The physical universe is composed entirely of one component, space-time, existing in three dimensions, in discrete units, and in two reciprocal forms, space and time.
  - The physical universe conforms to the relations of ordinary mathematics, its magnitudes are absolute and its geometry is Euclidean.
- **Space/Time, Dimension/Density and Simultaneous Time** - In a channeling by Carla Rueckert in August, 1973, Oxal, a social memory complex of the star system Arcturus, explained the relationships between space and time in our universe.

"Time is a field. It is space-dependent. For this reason you recognize a reciprocal nature. The relationship between the two is the third power [of] displacement in either. This may be recognized by a simple equation or formula.  $T^3$  divided by 3 is equal to S [not  $S^3$ ].  $S^3$  divided by 3 is equal to T...There are six dimensions, but you must speak of three. And time is a field, and radiates from each nucleus of matter in all directions and may be evaluated as  $T = S^3/3$ , where T is time and S is space.

Condensation in dense form results from oscillations between reciprocally related space/time entities and permeability, or the basic **density** of this material, is a function of the apparent velocity of what you call light. There are six spaces and six times in each density. In your present form and state of awareness you recognize three. The other three you travel to in the state of sleep. In doing this, you become, quite often, mismatched with your awareness you possess in your waking state. For this reason you are able to perceive events that will occur in what is to you in the waking state the future. However, the future is an illusion, as is the past, for there is only the present. It is possible to slide, shall we say, along with respect to your awareness of time in the waking state simply by removing through the process of normal sleep the confines of physical illusion. Space and time are then, as before, reciprocally related.

Space may be thought of as linear, if time is thought of as volumetric [time/space]. Or you may reverse the process, as you do within your limitation [on Earth], and consider space volumetric and time linear [space/time]. Either is true. And either may be perceived to be true, depending on the limitations of your thought. It is possible to move linearly in space and volumetrically in time [time/space], all with the same movement. You can be aware of what you call the past, the present, and the future, simultaneously [or simultaneous time].” (*Hatonn/Oxal, Sunday Meditation, August, 1973, L/L Research*)

- **Time/Space (the spirit side)** – “In these metaphysical planes there is a great deal of what you call time which is used to review and re-review the learning and teachings of a previous space/time incarnation.

The extreme fluidity of these regions makes it possible to penetrate many things which need to be absorbed before healing of an entity may be accomplished. Each entity is located in a somewhat immobile state in space – much as you are located in space/time in a somewhat immobile state in time (i.e., it’s not that time is unchanging in space/time but rather that we do not have any control over the flow of time by making it stop or go slower or go faster).

- **Help in healing** – “There will be certain helpers which assist in this healing process. The process involves seeing the experience in fill against the backdrop of the entity’s total experience, forgiving the self of all missteps as regards the missed guideposts during the incarnation and, finally, the careful assessment of the next necessities for learning.

This is done entirely by the Higher Self until an entity has become conscious in space/time of the process and means of spiritual evolution at which time the entity will consciously take part in all decisions.” (*B3, S71, 157*)

**Soul versus Spirit** – Our soul or soul stream is of time/space, while our spirit shuttles between the physical body in space/time and the time/space of our spiritual world.

- **Soul stream** - “It is our understanding that each of you is part of a soul stream. You, as a soul stream, may be considered to be the center of a three-dimensional, timeless field in which all of the incarnations which you have experienced as an individual in third density, fourth density, fifth, sixth or seventh density resides. The fruit, the harvest, of your incarnation is gathered, thankfully and lovingly, by the soul stream and by the Creator as you experience life within an incarnation and most especially as you leave the incarnation and go through the healing process of the review of the incarnation after your physical death and before you choose your next incarnation.” (*Q’uo, Saturday Meditation, October 23, 2010, L/L Research*)
- **Spirit shuttle** – “Each archetype presents an aspect of the One Infinite Creation to teach the individual mind/body/spirit complex according to the calling or the electromagnetic configuration of mind of the

entity. Teaching is done via the intuition. With the proper seeking or mind configuration, the power of will uses the spirit as a shuttle to contact the appropriate archetypical aspect necessary for the teach/learning.” (Ra, B3, S67, August 15, 1981)

**Higher Self** – “The Higher Self, as you call it, is the self which exists with full understanding of the accumulation of experiences which have not yet been understood by the conscious self. It aids the entity in achieving healing, and assists in programming further life experiences.” (B2, S36, 62) “The Higher Self may communicate with the entity during the discarnate part of a cycle (in between lives)--or during the [physical] incarnation [itself], if the proper pathways or channels through the roots of mind are opened. (B2, S36, 65) “The Higher Self seems to exist simultaneously with the mind/body/spirit complex which it aids. This is not actually simultaneous, for the Higher Self is moving to the mind/body/spirit complex as needed from a position in development of the entity which would be considered in the future of the entity.” (B2, S36, 63-64)

“Thus the Higher Self is like a map on which the destination is known and the roads are shown, and the traveler has already reached the destination in some universe...maybe this one. The Higher Self, at the destination, looks back on the way that has been traveled...and assists the traveler in arriving at the goal in an easier way...So the Higher Self can program the entity for certain lessons and predisposing limitations, but the rest is up to the free choice of the entity.” (B2, S36, 64) “The Higher Self protects when possible and guides when asked, but the force of free will is paramount. The seeming contradictions of determinism and free will melt away when it is accepted that there is such a thing as true simultaneity. The Higher Self is the end result of all the development experienced by the mind/body/spirit complex up to that point (i.e., up to the end of 6th density.)” (B3, S70, 150)

**Social Memory Complex versus Single Entity** – “When a group of mind/body/spirits becomes able to form a social memory complex, all experiences of each entity is available to the whole of the complex.” (B2, S47, 111)

“You would call it a social memory complex thus indicating many-ness. To our understanding, you are speaking to an individualized portion of consciousness.” (B1, S17, 162) Ra speaks as one, a social memory complex of over 6 million beings whose home planet was Venus.

“The work that is accomplished in positive 4<sup>th</sup> density is that work whereby the positive social memory complex, having through slow stages, harmoniously integrated itself, goes forth to aid those of less positive orientation which seek their aid. Greater and greater intensities of understanding or compassion are attained. This intensity continues until the appropriate intensity of the light may be welcomed. This is 4<sup>th</sup> density harvest.” (B2, S48, 119)

**Positive or Negative Polarity** – “There have been Logoi with greater percentages of negative harvests. There are Logoi which have offered a neutral background against which to polarize. This Logos [the Milky Way galaxy] chose not to do so but instead to allow more of the love and light of the Infinite Creator to be both inwardly and outwardly visible and available to those undergoing Its care in experimenting.” (B4, S90, 141)

“In the 4<sup>th</sup> and 5<sup>th</sup> densities the positive polarity functions without any need of the negative polarity and vice versa. It is to be noted that in attempting to sway 3<sup>rd</sup> density entities in choosing polarity there evolves a good bit of interaction between the two polarities.

In 6<sup>th</sup> density, the density of unity, the two paths must take in each other. This is not difficult for the positive polarity which sends light/love to all other-selves. For the service-to self polarized entities it is difficult enough that at some point the negative polarity must be abandoned.” (B4, S31, 31)

**Types of Service** - These densities of increasing levels of consciousness help a seeker follow a spiritual path of service-to-others (STO) or service-to-self (STS).

**Octaves of creation** – An octave consists of seven densities. “The term density is a—what you call—mathematical one. The closest analogy is that of music, whereby after seven notes on your western type of scale, if you will, the eighth note begins a new octave. Within your great octave of experience which we share with you, there are seven densities. Within each density there are seven sub-densities. Within each sub-density, there are seven sub-sub-densities. Within each sub-sub-density, seven sub-sub-sub-densities and so on infinitely.” (B1, S16, 157-158)

- **Preceding Octave** – “At the beginning of this creation, or octave, there were things known which were the harvest of the preceding octave. About the preceding Creation, we know as little as we do of the octave to come.” (B4, S78, 27) *Was there any concept of polarity carried through from the previous Octave in the sense of service-to-others or service-to-self polarity?* “There was polarity in the sense of the mover and the moved. There was no polarity in the sense of service-to-self and service-to-others.” (B4, S78, 28) “To the limits of our knowledge, which are narrow, the ways of the octave are without time; that is, there are seven densities in each creation infinitely.” (B4, S78, 28)
- **Current Octave** - This octave of Infinite knowledge of the One Infinite Creator is as it is throughout the One Infinite Creation, with variations programmed by sub-logoi of what you call major galaxies and minor galaxies. These variations are not significant, but may be compared to various regions in which different pronunciations of the same sound vibration are used. (B3, S71, 159)
- **Following Octave** – “The blackness of the black hole, metaphysically speaking, is a concentration of white light being systematically absorbed once again into the One Creator. Finally, this absorption into the One Creator continues until all the infinity of creations have attained sufficient spiritual mass in order that all form once again...the great central sun--if you would so imagine it--of the intelligent infinity awaiting potentiation by free will. Thus the transition of the octave is a process which may be seen to enter into timelessness of unimaginable nature. To attempt to measure it by your time measures would be useless. Therefore the concept of moving through the black hole of the ultimate spiritual gravity well and coming immediately into the next octave misses the sub-concept of this process which is timelessness.” (B2, S40, 79) “Spiritual mass is that which begins to attract the out-moving and on-going vibratory oscillations of beingness into the gravity well of the great central sun, core, or Creator of the infinite universes.” (B2, S37, 69-70)
- [\*\*Our Milky Way Galaxy Is Comprised Of Over 250 Billion Stars With Over 67 Million Planets. The Confederation Of Planets Is Allied In Service Promoting The Law Of One For The Seven Densities And Their Physical/Energy/Light Bodies Striving For Perfection Of Mind/Body/Spirit.\*\*](#)

**Milky Way Galaxy** – “This planetary Logos is a strong Logos, creating approximately 250 billion of your star systems for Its creation.” (B2, S28, 13) The 250 billion stars in our Milky Way Galaxy are a quarter of nearby Andromeda Galaxy’s one trillion stars.

**Planets in our galaxy** – “Approximately 32% of stars have planets as you know them while another 6% have some sort of clustering material which can be inhabited in some densities.” (B3, S71, 158) “Approximately 1/5 of all planetary entities contain awareness of one or more densities.” (B1, S16, 154) “The percentage of inhabited [3<sup>rd</sup> density] planets is approximately 10%.” (B3, S71, 158)

- **67 million planets** - *How many planets, in total, in this galaxy of stars are aware, regardless of density?* “Approximately 67 million.” (B1, S16, 154)
- **Distribution among densities** – *What percentages are of the different densities?* “17% of the planets are 1<sup>st</sup> density; 20% are 2<sup>nd</sup> density; 27% are 3<sup>rd</sup> density; 16% are 4<sup>th</sup> density; 6% are 5<sup>th</sup> density. The other information must be withheld.” (B1, S16, 154) This means the remaining 14% are distributed between 6<sup>th</sup> and 7<sup>th</sup> density planets. “Earth is hospitable for 1<sup>st</sup> through 4<sup>th</sup> densities at this time [1981].” (B1,54)

**Confederation of Planets** – “I (Ra) am one of the members of the Confederation of Planets in the Service of the Infinite Creator.

- **500 planets** – “There are approximately fifty-three civilizations, comprising approximately five hundred planetary consciousness complexes in this Confederation. This Confederation contains those from your own planet who have attained dimensions beyond your third. It contains planetary entities within your solar system and planetary entities from other galaxies (or solar systems.) It is a true Confederation in that its members are not alike, but allied in service according to the Law of One...They are available to you through your thought.” (B1, 97)
- **Thought wars** – [In a thought war] “The negative become depleted through failure to manipulate, and the positive become depleted through failure to accept what is given.” *What is meant by “failure to accept what was given”?* “The most accepting and loving energy would be to so love those who wished to manipulate that those entities were surrounded and engulfed, transformed by positive energies.

This, however, being a battle of equals, the Confederation is aware that it cannot, on equal footing, allow itself to be manipulated in order to remain purely positive, for then though pure it would not be of any consequence, having been placed by the so-called powers of darkness under the heel, as you may say.

Thus those who deal with this thought-war must be defensive rather than accepting in order to preserve their useful service to others. Thus they cannot fully accept what the Orion group wishes to give, that being enslavement.

Thusly some polarity is lost due to this friction, and both sides must then regroup...This is the most difficult work of the Confederation. Only four planetary entities at any one time are asked to partake in this conflict...The 4<sup>th</sup> density is the only density besides your own which, lacking the wisdom to refrain from battle, sees the necessity of battle.” (B1, 214)

- **Council of Saturn** – “The members of the Council are representatives from the Confederation and from those vibratory levels of your inner planes bearing responsibility for your third density. The names are not important because there are no names. Your mind/body/spirit complexes request names and so, in many cases, the vibratory sound complexes which are consonant with the vibratory distortions of each entity are used. However, the name concept is not part of the Council. If names are requested, we will attempt them. However, not all have chosen names.

In number, the Council that sits in constant session, though varying in its members by means of balancing, which takes place, what you would call irregularly, is nine. That is the Session Council. To back up this Council, there are twenty-four entities which offer their services as requested. These entities faithfully watch and have been called Guardians.

The Council operates by means of, what you would call, telepathic contact with the oneness or unity of the nine, the distortions blending harmoniously so that the Law of One prevails with ease. When a need for thought is present, the Council retains the distortion-complex of this need, balancing it as described, and then recommends what it considers as appropriate action. This includes:

- One, the duty of admitting social memory complexes to the Confederation;
- Two, offering aid to those who are unsure how to aid the social memory complex requesting aid in a way consonant with both the call, the Law, and the number of those calling (that is to say, sometimes the resistance of the call);
- Three, internal questions in the Council are determined. These are the prominent duties of the Council. They are, if in any doubt, able to contact the twenty-four who then offer consensus/judgment/thinking to the Council. The Council then may reconsider any question.” (B1, S7, 1/25/81)

The Council has not allowed the breaking of quarantine in the time/space continuum. But permission has been granted to appear in thought form capacity for those who have eyes to see. However, there is a certain amount of landing taking place. Some are the entities known to you as the group of Orion. (B1, 98-99)

**Seven Densities** – A density is comprised of vibration or consciousness. **The higher the density, the higher the level of consciousness.** Density is a term frequently used by Ra as an analog to what is currently thought of as “dimensions” in the universe. Densities are organized into a seven-fold “octave” of densities similar to the seven tones in an octave of musical notes [see diagram on page 43]. The seven densities are further divided into seven sub-densities; and these seven, into seven, infinitely.

“The term density is a—what you call—mathematical one. The closest analogy is that of music, whereby after seven notes on your western type of scale, if you will, the eighth note begins a new octave. Within your great octave of experience which we share with you, there are seven densities. Within each density there are seven sub-densities. Within each sub-density, there are seven sub-sub-densities. Within each sub-sub-density, seven sub-sub-sub-densities and so on infinitely.” (B1, S16, 157-158)

- **First Density** – “Each step plays out again the discovery of awareness by intelligent infinity. In a planetary environment all begins in what you would call chaos, energy undirected and random. Slowly there forms a focus of self-awareness. Thus the logos moves. Light comes to form the darkness, according to the creator’s patterns and vibratory rhythms. This begins with the 1<sup>st</sup> density which is the density of consciousness, the mineral and water life upon the planet learning from fire and wind the awareness of being. This is the 1<sup>st</sup> density.” (B1, S13, 132)

“The 1<sup>st</sup> or red ray density, though attracted towards growth, is not in the proper vibration for those conditions conducive to the spark of awareness.” (B2, S41, 87) “The air and fire of that which is formless literally illuminates and forms the formless, for earth and water were, in the timeless state, unformed. As the active principles of fire and air blow and burn incandescently about that which nurtures that which is to come, the water learns to become sea, lake and river, and the earth learns to be shaped, both offering opportunity for viable life.” (B4, S78, 32)

- **Second Density** – “On the planet second density beings begin to move about within and upon its being.” (B1, S13, 132) “It is your longest density. It lasted approximately 4.6 billion years.” (B4, S76, 13) “Those 2<sup>nd</sup> density vegetation forms which graduated into 3<sup>rd</sup> density upon the planet bearing the name of Dog [in the Sirius star system] were close to the tree as you know it.” (B2, S38, 72)

- **Third Density** – “The 2<sup>nd</sup> density strives towards the 3<sup>rd</sup> density which is the density of self-consciousness or self-awareness.” (B1, S13, 133) “There are 3 types of 2<sup>nd</sup> density entities which become enspirited (i.e., 3<sup>rd</sup> density). The most common are animals, the second most common are trees, and the third is mineral. Occasionally a certain location becomes energized to individuality through the love it receives and gives in relationship to a 3<sup>rd</sup> density entity which is in relationship to it. This is the least common transition.” (B4, S94, 177) “Entities do not become enspirited. They become aware of the intelligent energy within each portion, cell, or atom of its being-ness. The self-awareness comes from within even the catalyst of certain experiences. There is an inevitable pull toward eventual realization of self.” (B1, S94, 177)

“There is one necessity for 3<sup>rd</sup> density, namely, self-awareness or self-consciousness. The body must be capable of abstract thought. The fundamental necessity is the combination of rational and intuitive thinking.” (B1, S19, 179)

“The 3<sup>rd</sup> density being, having the potential for complete self-awareness, thus has the potential for minimum activation of all energy centers. The 4<sup>th</sup>, 5<sup>th</sup>, and 6<sup>th</sup> densities are those refining the higher energy centers. The 7<sup>th</sup> density is a density of completion and turning towards timelessness or forever-ness.” (B2, S41, 89)

- **Fourth Density** – “The intensity of the 4<sup>th</sup> density is that of the refining of the rough-hewn sculpture. However, in the 3<sup>rd</sup> density the statue is forged in the fire. This is a type of intensity, which is not the property of 4<sup>th</sup>, 5<sup>th</sup>, 6<sup>th</sup> or 7<sup>th</sup> densities.” (B4, S29, 20)

“The planetary conditions of 4<sup>th</sup> density negative include the constant alignment and realignment of entities in efforts to form dominant patterns of combined energy. The early 4<sup>th</sup> density is one of most intensive struggle. When the order of authority has been established and all have fought until convinced that each is in the proper placement for power structure, the social memory complex begins. The 4<sup>th</sup> density effect of telepathy and the transparency of thought are always used for the sake of those at the top of the power structure.” (B2, S38, 73-74) “In the 4<sup>th</sup> density the methods used in battle are mental rather than manifested weapons.” (B3, S63, 123)

- **5<sup>th</sup> Density** – “5<sup>th</sup> density is extremely white in vibration.” (B2, S57, 50) “...5<sup>th</sup> density entities may choose to learn as a social memory complex or as mind/body/spirit complex. The wisdom density is an extremely free density whereas the lessons of compassion leading to wisdom necessarily have to do with other-selves.” (B2, S43, 103) “The 5<sup>th</sup> density harvest is of those who accept the honor and duty of the Law of One.” (B1, S16, 157) “...vehicle needs food which may be prepared by thought – a nectar or ambrosia or light broth of golden white hue.” (B2, S43, 104) “In 5<sup>th</sup> density it is a comfort for those of like mind gathered together to share in this broth, thus becoming one in light and wisdom while joining hearts and hands in physical activity. It becomes a solace rather than a catalyst for learning.” (B2, S43, 105) “In 5<sup>th</sup> density the manifestation of the physical complex is more and more under the control of the conscious mind complex. Therefore the 5<sup>th</sup> density entity may dissolve one manifestation and create another.” (B4, S90, 136) “In 5<sup>th</sup> density light is as visible a tool as your pencil’s writing.” (B3, S67, 131)
- **6<sup>th</sup> Density** – “Sixth density is white with a golden quality. This quality relates to the blending into wisdom of the compassion learned in 4<sup>th</sup> density.” (B2, S33, 50)

“I [Ra] am 6<sup>th</sup> density with a strong seeking towards 7<sup>th</sup> density. The harvest for us will be in only 2.5 million of your years and it is our desire to be ready for harvest as it approaches our space/time continuum.” (B1, S14, 138)

“We seek the Creator upon a level of shared experience to which you are capable of knowing about. Rather than surrounding ourselves in light we have become light. Our understanding is that there is no other material except light.

Our techniques are an infinitely subtle continuation of the balancing processes which you are now beginning to experience.

We seek without polarity. Thus we do not invoke any power from without, but our search has become internalized as we become light/love and love/light.

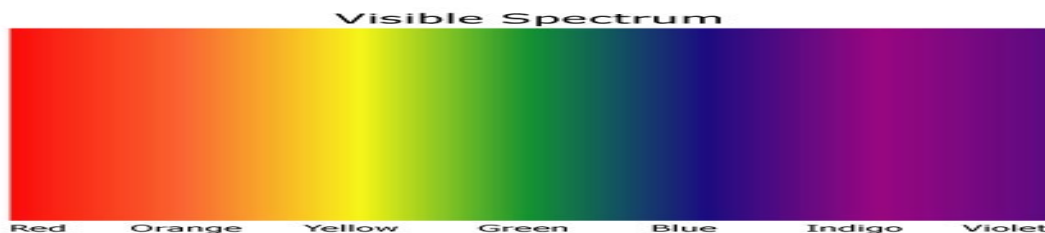
We seek balances between love and wisdom which more and more allow our understanding of experience to be informed that we may come closer and closer to the unity with the One Creator which we so joyfully seek.” (B3, S64, 98)

- **Seventh Density** – “The 7<sup>th</sup> density being, the completed being, the Creator who knows Itself, accumulates mass (i.e., spiritual mass) and compacts into the One Creator once again.” (B2, S39, 75)

“There are portions of the 7<sup>th</sup> density which, although described to us by our teachers, remain mysterious. We have experienced a great deal of the available refining catalyst of this octave, and our teachers have worked with us most carefully that we may be one with all, that in turn our eventual returning to the great all-ness of creation shall be complete.” (B4, S81, 58)

- **(Eighth Density)** – The eighth density is actually a misnomer; there is no eighth density, *per se*. It is the start of the next octave of densities, i.e., the 1<sup>st</sup> density of the new octave. “The 8<sup>th</sup> density functions also as the beginning density or 1<sup>st</sup> density of the next octave of densities. We cannot speak in firm knowledge of all the creations. We only know that they are infinite. We assume an infinite number of octaves. However it has been impressed upon us by our own teachers that there is a mystery-clad unity of creation in which all consciousness periodically coalesces and again begins. We understand it is cyclical in nature.” (B2, S28, 15)

**Seven Chakras** – There is a part of your body which exists in time/space. It is the metaphysical or the time/space portion of your physical body. **In some systems of philosophy it is called the chakra system; in others it might be called the electrical body.** The chakra- or the electrical-body contains the ideal or perfect system settings for your entire body system. These settings exist in the memory in each of your chakras. Any of these chakras— that is, the first six chakras, not counting the seventh chakra—may have over-activation, under-activation or blockage. And that blockage may be simple or complex.



- **1<sup>st</sup> Root (Red Ray)** “The basic energy of red ray - this ray is the basic strengthening ray for each density.” (B2, 77) “The south pole (root chakra) is one which attracts. It pulls unto itself those things magnetized to it. This red ray, being the lowest center of the physical vehicle, will have the first opportunity to react to any experience. It has the opportunity to function first, and therefore relates to survival. Once it is balanced and unblocked, much is open to the seeker.” (B2, 128) “The first balancing is of the Malkuth, or Earth,



vibratory energy complex, called the red-ray complex. An understanding and acceptance of this energy is fundamental.” (B1, 144)

- **2<sup>nd</sup> Emotional or Personal Center (Orange Ray) Chakra** – “The next energy complex which may be blocked is the emotional or personal complex, also known as the orange-ray complex. This blockage will often demonstrate itself as personal eccentricities or distortions with regard to self-conscious understanding or acceptance of self.” (B1, 145) “The orange ray is that influence or vibratory pattern wherein the mind/body/spirit complex expresses its power on an individual basis. Power over individuals may be seen to be orange ray. This ray has been quite intense among your peoples on an individual basis. You may see in this ray the treating of other-selves as non-entities, slaves or chattel, thus giving other-selves no status whatsoever.” (B2, 38)
- **3<sup>rd</sup> Self-Awareness or Interaction with Others (Yellow Ray) Chakra** - *What is the simplest entity having both orange and yellow ray energy centers?* “Those having animal and vegetative natures which find the necessity for reproduction by bisexual techniques or who find it necessary to depend in some way upon other selves for survival and growth.” (B2, 89)

**Blockages related to Groups** – “The yellow ray concerns the entity in relation to groups or societies. It is at the heart of hostile actions in which one group of entities feels the necessity and the right of dominating other groups of entities until bending their wills to the wills of the masters.” (B2, 38) “The usual nature of sexual interaction, if one is yellow or orange in primary vibratory patterns, is one of blockage and then insatiable hunger due to the blockage. When two selves are of this pattern. One entity experiences the pleasure of humiliation and slavery and bondage, the other experiencing the pleasure of mastery and control over another entity. In this way a sexual energy transfer of a negative polarity is experienced.” (B2, 39)

**Blockages related to Ego** - “The third blockage resembles most closely that which you have called ego. It is the yellow-ray or solar plexus center. Blockages in this center will often manifest as distortions toward power manipulation and other social behaviors concerning those close and those associated with the mind/body/spirit complex. Those with blockages in these first three energy centers, or nexi, (i.e., red, orange and yellow) will have continuing difficulties in ability to further their seeking of the Law of One.” (B1, 145)

**4<sup>th</sup> Heart or Compassion and All-Forgiving Love (Green Ray) Chakra** – “Green ray activity is that all-compassionate love which demands no return.” (B4, 77)

- **A turning point** – “With the green ray transfer of energy you come to the great turning point sexually as well in other modes of experience. The green ray may be turned outward, the entity then giving rather than receiving.” (B2, 39)
- **Springboard to infinite intelligence** – “The center of heart, or green-ray, is the center from which third-density beings may springboard, shall we say, to infinite intelligence. Blockages in this area may manifest as difficulties in expressing what you may call universal love or compassion.” (B1, 145)
- **Possible reversals** – “The green ray activation is always vulnerable to the yellow or orange ray of possession. Fear of possession, desire for possession, fear of being possessed, desire to be possessed: these are the distortions which will cause the deactivation of green ray energy transfer.” (B2, 43)

“The influences of the true color green acting upon yellow ray entities have caused many entities to revert to the consideration of self rather than the stepping forward into consideration of other-self or green ray. This may not be seen to be of a negatively polarized nature, as the negative polarized entity is working very intensively with the deepest manifestations yellow ray group energies, especially the manipulations of other-self for service to self. Those reverting to the orange ray, and we may add these are many upon your plane at this time, are those who feel the vibrations of true color green and, therefore, respond by rejecting governmental and societal activities as such and seek once more the self.” (B2, 88)

**5<sup>th</sup> Throat or Communication (Blue Ray) Chakra** – The first ray of radiation of self regardless of any actions of another. “Once the green ray has been achieved, the ability to enter blue ray is immediate and is only awaiting the efforts of the individual.” (B2, 43) “The first giving beyond green ray is the giving of acceptance or freedom, thus allowing the recipient of blue ray energy transfer the opportunity of feeling accepted, thus freeing that other-self to express itself to the giver of the ray.” (B2, 39) “The blue-ray center of energy streaming is the center which, for the first time, is outgoing as well as inpouring. Those blocked in this area may have difficulty in grasping the spirit/mind complexes of its own entity and further difficulty in expressing such understandings of self. Entities blocked in this area may have difficulties in accepting communication from other mind/body/spirit complexes.” (B1, 145) “The blue ray entity is a co-Creator.” (B2, 92)

**6<sup>th</sup> Inner Eye or Pineal (Indigo Ray) Chakra** – “The indigo ray is opened only through considerable discipline and practice largely having to do with acceptance of self, not only as the polarized and balanced self, but as true creator, as an entity of infinite worth. This will begin to activate the indigo ray.” (B2, 43) “The indigo-ray energy center is fed, as are all energy centers, by experience--but far more than the others it is fed by what we have called the disciplines of the personality.” (B3, 160) “The indigo ray is the ray of awareness of the creator as self. Thus one whose indigo ray vibrations have been activated can offer the energy transfer of Creator to Creator.” (B2, 40)

“The indigo ray, though precious, is that ray worked upon only by the adept, as you would call it. It is the gateway to intelligent infinity bringing intelligent energy through. This is the energy center on in those teachings considered hidden and occult, for this ray is that which is infinite possibilities. Those who heal, teach and work for the Creator in any way which may be seen to be as balanced are those of the indigo ray.” (B2, 77)

“Those blocked in this (indigo-ray) center may experience a lessening of the influx of intelligent energy due to manifestations which appear as unworthiness...The indigo-ray balancing is quite central to the type of work which revolves about the spirit complex, which has its influx then into the transformation or transmutation of third density to fourth density, it being the energy center receiving the least distorted outpourings of love/light from intelligent energy and also the potential for the key to the gateway of intelligent infinity.” (B1, 145)

**7<sup>th</sup> Crown (Violet Ray) Chakra** - *When there's a feeling in the crown chakra in meditation, what is happening?* “The entity is experiencing in-streamings at that energy center to be used either for the unblocking of this center, for its tuning to match the harmonics of its other energy center, or to activate the gateway to intelligent infinity.” (B3, 32)

“(The violet ray center) is simply the total expression of the entity’s vibratory complex of mind, body and spirit. It is as it will be, “balanced” or “imbalanced” has no meaning at this energy level, for it gives and takes in its own balance. Whatever the distortion may be, it cannot be manipulated as can the others and, therefore, has no particular importance in viewing the balancing of an entity.” (B1, 145) “The energy ingress ends with indigo (inner eye chakra). The violet ray is a thermometer or indicator of the whole.” (B3, 31)

**Interactions of the Chakras** – “We would instead suggest that it may be helpful for you to examine each chakra in the sense of identifying the octave of energies that are available to that chakra. That is, in the red-ray chakra, for instance, there is the red ray’s relationship with itself. There is the red ray in its foreshadowing of orange. There is the red ray in its relationship to the yellow ray, the green ray, the blue ray, and the indigo ray.

For each of those chakras, one through six, there is an entire octave of correspondences that may be used to consider the more subtle aspects of work within any one chakra. Any of those chakras mentioned— that is, the first six chakras, not counting the seventh chakra—may have over-activation, under-activation or blockage. And that blockage may be simple or complex. It may involve one chakra or it may have connections into two or three chakras.

For the most simple work, it is enough to think of a chakra and its basic attributes or the material with which it is associated. For more subtle work, when the initial blockages and so forth have been examined and yet the entity still feels that there is more examination that would be helpful because of some set of feelings, analyses or reasoning in the process of attempting to see the self and to help the self evolve, then it may well be helpful to do the more subtle work and see what some of these more subtle relationships feel like.

Sometimes there is a situation where two chakras at once are caught in a dynamic that is hard to see, and it is very helpful if you will take the time, perhaps at the end of each day, to sit down with the self and move through the thoughts and feelings of the day. When you can identify a particular feeling that you wish to investigate, ask yourself if it reminds you of more than one center of activity.

Perhaps it is a relationship between a question of survival and a question of ethics that moves into either personal dynamics between the self and another self or legal or family dynamics in the relationship with a family member. This is a simple example.

The ways that an entity can become caught in a dynamic between two chakras or even three are almost infinite, and no two entities can do work the same way, not only because each entity is different, but because the experiences that impinge upon each entity are unique.” (*Q’uo, Special Meditation, 02/07/06*)

**Seven Types of Bodies** - : *In our esoteric literature numerous bodies are listed, i.e., the physical, etheric, emotional, and astral. Is this the right number?* “To answer your query fully would be the work of many sessions such as this one, for the interrelationships of the various bodies and each body’s effects in various situations is an enormous study. However, we shall begin by referring your minds back to the spectrum of true colors and the usage of this understanding in grasping the various densities of your octave. We have the number seven repeated from the macrocosm to the microcosm in structure and experience. Therefore, it would only be expected that there would be seven basic bodies which we would perhaps be most lucid by stating as red-ray body, etc. However...this will be confusing, for various teachers (may have) named a subtle body one thing and another find a different name.” (*B2, 114*)

- **Red-ray body** – “The red-ray is your chemical body. However, it is not the body which you have as clothing in the physical. It is the unconstructed material of the body, the elemental body without form. This basic unformed material body is important to understand for there are healings which may be carried out by the simple understanding of the elements present in the physical vehicle.”
- **Orange-ray body** – “This is the physical body complex. It is still not the body you inhabit. But rather the body formed without self-awareness, the body in the womb before the spirit/mind complex enters. This body may live without the inhabitation of the mind and spirit complexes, but seldom does so.” (*B2, 114*)

- **Yellow-ray body** – “(This) is your physical vehicle which you know of at this time and in which you experience catalyst.”
- **Green-ray body** – “This is a lighter body packed more densely with life. It is the body that is seen in séance when what you call ectoplasm is furnished. Some call it the astral body. Others have called it the etheric body, but this is not correct in the sense that the etheric body is that body of gateway wherein intelligent energy is able to mold the mind/body/spirit complex.”
- **Blue-ray body (light body)** – “The light body or blue-ray body may be called the devachanic body. There are many other names for this body especially in your so-called Indian Sutras or writings, for there are those among these peoples which have explored these regions and understand the various types of devachanic bodies. There are many, many types of bodies in each density, much like your own.” (B2, 115)
- **Indigo-ray body** – “This is what we choose to call the etheric body. It is the gateway body. You may only see this body as that of light as it may mold itself as it desires. This is the first body that activates itself upon death. It is the “form-maker”. This body remains until understanding has been gained by the mind/body/spirit complex. Then a body of another ray (i.e., green) is activated. This indigo body, being intelligent energy, is able to offer the newly dead, as you would term it, a soul perspective and a place from which to view the experience most recently manifested.”
- **Violet-ray body** – “You may call this the Buddha body or that body which is complete. Within it lies a sense of wholeness which is extremely close to unity with all that there is.” (B2, 114-117) “This may be seen to be manifested by a sense of the consecrate or hallowed nature of everyday creations and activities.” (B2, 121)

**Mind/Body/Spirit Complex** – “The term “mind/body/spirit” should be used to refer to those entities dwelling in 3rd density prior to the veiling process. The term “mind/body/spirit complex” refers to those entities dwelling in 3rd density after the veiling process.” (B, 09)

- **Mind** - : The body is the material experienced in space/time or time/space. The mind reflects the in-pourings of the Spirit and up-pourings of the body complex. It contains feelings and thoughts. Moving further down the tree of mind we see the intuition which is more in tune with the total being-ness complex. Moving down to the roots of mind we find the progression of consciousness which gradually turns from the personal to the racial memory, to the cosmic influences, and thus becomes a direct contractor of that shuttle we call the spirit complex. (B3, 25)
- **Body** – “What is important is the balanced blending of the energy centers in such a way that intelligent energy is able to channel itself with minimal distortion. The mind/body/spirit complex is not a machine. It is rather what you might call a tone poem.” (B3, 25) “The body is the creature of the mind and is the instrument of manifestation for the fruits of mind and Spirit. (B4, 57)
- **Spirit** – “The spirit complex is the channel whereby the in-pourings from all the various universal, planetary and personal in-pourings be funneled into the roots of consciousness and whereby consciousness can be channeled to the gateway of intelligent infinity.” (B2, 25)

**Use of the Archetypical Mind’s Components to Teach Mind/Body/Spirit Complexes** – Ra said that the archetypical mind is that mind which is peculiar to the Logos under which influence you are at this space/time distorting your experiences. “It is appropriate to study one form of constructed and organized distortion of the

archetypical mind in depth in order to arrive at the position of being able to become and to experience archetypes at will.” (B4, S76, 2/3/82)

“You have three basic choices. You may choose Astrology, the twelve signs, as you call these portions of your planet’s energy web, and what has been called the ten planets. You may choose the Tarot with its twenty-two so-called Major Arcana. You may choose the study of the so-called Tree of Life with its ten Sephiroth and the twenty-two relationships between the stations. One of these studies will be more attractive to the seeker.”

Approximately 11,000 years ago, Ra provided archetypical images to the Egyptians to promote spiritual learning and growth. Today, approximations of these images may be found in the 22 Major Arcana cards of Tarot. Fathman’s illustrations were used in *Book IV of The Law of One* series. (Fathman, George, *The Royal Road, A Study in the Egyptian Tarot; Key to Sacred Numbers and Symbols*, 1951) Also in Book IV, seven images (I-VII) were revised based on channeled information from Ra during 1982-83.

- **Mind, Body and Spirit Complexes** – On 3<sup>rd</sup> density Earth, each enspirited individual is comprised of a mind, body and spirit complex. “During the space/time of the Egyptian teach/learning we worked to bring the mind complex, the body complex, and the spirit complex into an initiated state in which the entity could contact intelligent energy and so become teach/learner itself so that healing and the fruits of study could be offered to all.” (B4, S76, 2/3/82)
- **Archetypical Mind Components** - Seven components comprise each of the three mind/body/spirit complexes in our particular Logos or galaxy:
  - **Matrix** – a place within which something originates, takes form or develops.
  - **Potentiator** - that which makes possible, as opposed to actual or realized; latent.
  - **Catalyst** - that which accelerates a reaction, yet is unchanged.
  - **Experience** - an actual living though an event; actual enjoyment or suffering; the effect upon the judgment or feelings produced by personal or direct impressions; observed facts and events in contrast with what is supplied by thought.
  - **Significator** - that which is meaningful, full of import, expressive; suggestive or contains some covert or special meaning; important, momentous.
  - **Transformation** - that which changes the form, transforms, metamorphosizes, transmutes, converts, or transfigures.
  - **The Great Way** – the biblical “Way”.
- *Thus, for the each Mind, Body and Spirit, a Matrix is Potentiated, then Catalyzed into Experiences, and Significantly Transformed into The Great Way.*
- [Our Solar System Has Supported Many Civilizations In the Past. Earth’s Cosmology Of Three Volumetric Dimensions Of Space And One Dimension Of Linear Time Is Actually An Illusion Created By Our Collective Thoughts. The Spirit World Consists Of Three Volumetric Dimensions Of Time—Simultaneous Time—And One Dimension Of Linear Space Or Level Of Consciousness.](#)

**Our Sun** – “The sub-logos which is our sun is of the entire octave and is not that entity which experiences the learning and teachings of entities such as yourself.” (B2, S41, 86) “Metaphysically, the sun achieves a meaning to 4th through 7th densities according to the growing abilities of entities in these densities to grasp the living creation and other-self nature of this sun body. Thus by the 6th density the sun may be visited and inhabited by

those dwelling in time/space and may even be partially created from moment to moment by the processes of 6th density entities visiting within the sun.” (B2, S41, 85) “In this [6<sup>th</sup>] density some entities whose means of reproduction is fusion may choose to perform this portion of experience as part of the beingness of the sun body. Thus you may think of the light that you receive as offspring of the generative expression, or birthing, of 6th density love.” (B2, S41, 85-86)

**Venus** – “This planetary sphere was one of rapid evolution. It is our [Ra’s] native earth and the rapidity of the progress of the mind/body/spirit complexes upon its surface was due to harmonious interaction.” (B2, 2/24/1981)

- **Population of 38.5 million** - *What was the average total population of Venus in 3rd density?* “We were a small population which dwelt upon what you would consider difficult conditions. It was a harshly bright planet in the physical sense.” (B4, S89, 129)
- **Positive harvest of 17%** - “Our harvest was approximately 6.5 million mind/body/spirit complexes out of a total population of 38.5 million. (16.8 percent.) Those of us which had the gift of polarity felt deep compassion for those who seemed to dwell in darkness. To those who wish to sleep we could only offer those comforts designed for the sleeping. Service is only possible to the extent it is requested.” (B4, S89, 129)

*I am guessing that before 3rd density was completed Ra, being polarized positively, probably had some difficulty in that the negative polarity was not appreciated. Is that correct?* “Our harvest was overwhelmingly positive and our appreciation of those which were negative was relatively uninformed. Although there was no negative, planetary harvest as such, there were two entities which harvested themselves during the 3rd density in the service-to-self path. (B4, S89, 129)

- **Negative harvest of two entities** - *What techniques did the two negatively harvested entities use for negative polarization upon such a positively polarized planet?* (B4, S89, 130) “The technique of control over others and domination unto the physical death was used. On a planetary influence much unused to slaughter these entities were able to polarize by these means. You would call these two entities ruthless dictators or despots who waged holy war.” (B4, S89, 130) *What was the origin of these two entities?* “These entities were Wanderers from early positive 5th density.” *And though they had already evolved through a positive 4th density, they switched polarity when they reincarnated into 3rd density. Is this correct?* “That is correct...From their viewpoint of wisdom there was an overabundance of love on Venus. These two entities looked at those still in darkness on Venus and saw many who found such harmony sickening. The Wanderers felt a more wisdom oriented way of seeking love could be more appealing to those in darkness. These entities had agreed to serve together and so they did, glorifying the One Creator, but not as they intended. The end of this was the graduation of the two Wanderers into 4th density negative. (B4, S89, 131)

*I can’t understand why they thought Venus needed help with harvest when it was doing so well.* “Wanderers are always drawn to whatever percentage has not yet polarized and come when there is a call. There was a call from those which were not positively polarized but which sought to be positively polarized and sought wisdom, feeling the compassion of other-selves upon Venus as complacent or pitying towards other-selves.” (B4, S89, 132)

- **Change in polarity** - *What was the attitude of these two entities after they graduated into 4th density negative and realized they had switched polarities?* “They were disconcerted.” *What happened to them?* “They worked with the 4th density negative for some period until within this framework, the previously learned patterns of the self had been recaptured and the polarity was, with great effort, reversed. There was a great deal of 4th

density positive work then to be retraced.” *How is Ra aware of this information?* “These entities joined Ra [the SMC] in 4th density positive for a portion of the cycle which we experienced.” (B4, S89, 132-133)

**Mars** – “Upon the entity known to you as Mars, as you have already discussed, this entity was stopped in mid-third density, thus being unable to continue in progression due to the lack of hospitable conditions upon the surface. This planet shall be undergoing healing for some of your space/time millennia.” (B1, 2/24/81)

“The first entities of 3rd density to come here were brought from Mars. This planet’s environment [became] inhospitable to 3rd density beings...The warlike actions of these beings caused such difficulties in the atmospheric environment of their planet that it became unlivable for 3rd density experience before the end of its cycle. Thus the Red Planet entities were unharvested and continued on your planet to attempt to learn the Law of One...about 75,000 years ago. Your planet was not 3rd density in its environment until this time. (B1, S9, 107)

**Maldek** – “There are those from Maldek. In your distant past there was a population of 3rd density beings upon a planet which was within your solar system. They had a civilization somewhat similar to Atlantis. (B1, S10, 109) After destroying their planet, they came to Earth. It was the only planet in your solar system which was livable and capable of offering the lessons necessary to decrease their distortions with respect to the Law of One. (B1, S6, 91)

“... they came into incarnation upon your planet in 2nd density forms, i.e., in forms that were not human. They experience this until the distortions of destruction are replaced by distortions toward the desire for a less distorted vision of service to others...Many have removed the karma and gone onto a 3rd density experience in a 3rd density body. (B1, S10, 111)

“About 1/2 of the 3rd density entities [on your planet] are from Mars; about 1/4 are from 2nd density of your own planet [i.e., Earth natives]; the other 1/4 are from elsewhere. (B1, S20, 187)

**Saturn** – “The planet known as Saturn has a great affinity for the infinite intelligence and thus it has been dwelled upon in its magnetic fields of time/space by those who wish to protect your system.” (B1, 2/24/81) [See Council of Saturn.]

**Uranus** - “The planetary entity known to you as Uranus is slowly moving through the first density and has the potential of moving through all densities.” (B1, 2/24/81)

**Earth’s Dark Twin** – Earth has a very cold, uninhabitable, first density body hidden from our view in orbit behind the Sun. *Is there a planet opposite our sun, in relation to us, that we do not know about?* “There is a sphere in the area opposite your sun of a very, very cold nature, but large enough to skew certain statistical figures. This sphere should not properly be called a planet as it is locked in first density.” (B1, 01/28/81)

**Lemuria and Atlantis** - *I was wondering about the advent of the civilizations of Atlantis and Lemuria, when these civilizations occurred, and where did they come from?* “...The civilizations of Atlantis and Lemuria were not one but two. Let us look first at the Mu entities.”

- **Lemuria** - They were beings of a somewhat primitive nature, but those who had very advanced spiritual distortions. The civilization was part of this cycle, experienced early within the cycle at a time of approximately 53,000 of your years ago. It was an helpful and harmless place which was washed beneath the ocean during a readjustment of your sphere’s tectonic plates through no action of their own. They sent out those who survived and reached many places in what you call Russia, North America, and South America. The Indians of whom you come to feel some sympathy in your social complex distortions are the descendants

of these entities. Like the other incarnates of this cycle, they came from elsewhere. However, these particular entities were largely from a second-density planet which had some difficulty, due to the age of its sun, in achieving third-density life conditions. This planet was from the galaxy Deneb [*Alpha Cygni* star system].”

- **Atlantis** – “The Atlantean race was a very conglomerate social complex which began to form approximately 31,000 years in the past of your space/time continuum illusion. It was a slow growing and very agrarian one until approximately 15,000 of your years ago. It reached quickly a high technological understanding which caused it to be able to use intelligent infinity in an informative manner. We may add that they used intelligent energy as well, manipulating greatly the natural influxes of the indigo or pineal ray from divine or infinite energy. Thus, they were able to create life forms. This they began to do instead of healing and perfecting their own mind/body/spirit complexes, turning their distortions towards what you may call negative.

Approximately 11,000 of your years ago, the first of the, what you call, wars, caused approximately forty percent of this population to leave the density by means of disintegration of the body. The second and most devastating of the conflicts occurred approximately 10,821 years in the past according to your illusion. This created an earth-changing configuration and the large part of Atlantis was no more, having been inundated. Three of the positively-oriented of the Atlantean groups left this geographical locus before that devastation, placing themselves in the mountain areas of what you call Tibet, what you call Peru, and what you call Turkey.” (*B1, 11/27/81, 115*)

- **Earth’s Interior** – “You may say that your sphere is of a honeycomb nature. The center is, however, solid if you would so call that which is molten.” *Are there 3rd density entities living in the honeycomb areas?* “This was at one time correct. This is not correct at the present time.” (*B3, S60, 69*)

**Earth’s Cosmology** – Earth’s observable **space/time** of 3<sup>rd</sup> Density is an “illusion” perceived as three dimensions of space and one of time by earthlings. “There are six spaces and six times in each density. In your present form and state of awareness you recognize three.” (*Oxal, Sunday Meditation, August, 1973*)

- **Earth’s Inner Planes** – “The **astral planes** vary from thought-forms in the lower extremities to enlightened beings who become dedicated to teaching and learning in the higher astral planes. In the **devachanic planes** are those even more close to the primal distortions of love/light. Beyond these planes there are others. The invisible, or inner, 3rd density planes are inhabited by those who do not have body complexes such as yours; they do not collect about their spirit/mind complexes a chemical body. In the upper levels, desire to communicate knowledge back down to the outer planes of existence becomes less due to the intensive learn/teaching which occurs on these levels.” (*B1, S17, 168*)
- **Earth’s Inner Planes of Time/Space** – “The **time/space** of the other six densities consists of three dimensions of time and one of space...It is possible to move linearly in space and volumetrically in time, all with the same movement. You can be aware of what you call the past, the present, and the future, simultaneously.” (*B1, S17, 168*)

These cosmological time/space configurations permit both the existence of “parallel” universes and multiple soul stream incarnations of your same **Higher Self** in differing periods of “time”, which occur at the same moment in reality.

1. **Simultaneous Time** – “The nature of true simultaneity is such that, indeed, all is simultaneous. However, in your mode of perception you perhaps would more properly view the seeding of the creation as that of growth from the center or core outward...There is a center to infinity. From this center all spreads. Therefore there



are centers to the creation, to the galaxies, to star systems, to planetary systems and to consciousness.” (B4, S82, 63)

- **Advantages of Time/Space** - “In space/time it is not possible to determine the course of events beyond the incarnation but only to correct present imbalances. In time/space, on the other hand, it is not possible to correct any imbalanced actions but rather to perceive the imbalances and thusly forgive the self for that which is. The advantage of time/space is that of the fluidity of the overview. The advantage of space/time is that, working in darkness with a tiny candle, one may correct the imbalances.” (B3, S71, 158)

“In time/space, which is precisely as much of your self as is space/time, all times are simultaneous, just as, in your geography, your cities and villages are all functioning, bustling and alive with entities going about their business all at once. So it is in time/space with the self.” (B3, S70, 151)

- [Previously, Our Earthly Spirit Crossed Over After Physical Death To The Spirit World To Reunite With Former Loved Ones, Review Life Experiences, Participate In Spirit Family Learning, Select Future Parents, Develop A New Life Plan, And Reincarnate On Earth.](#)

**Reincarnation according to Ra** – “The illusion is created of light, or more properly but less understandably, light/love. This is in varying degrees of intensity. The spirit complex of an entity moves along the line [steps] of light until the light grows too glaring, at which time the entity stops. The entity may have barely reached 3rd density or may be very, very close to the ending of the 3rd density experience. Some incarnate automatically, that is without any conscious self-awareness of the process of spiritual evolution. They are under the Guardians, beings whom you may call angelic.” (B2, S48, 121)

“When the entity becomes aware of the mechanism for spiritual evolution, it will arrange and place those entities [including parents] and lessons necessary for maximum growth and expression of polarity in the incarnative experience before the forgetting occurs. The only disadvantage of this is that some entities will attempt to learn too much during one incarnative experience that the intensity of the catalyst disarranges the entity and is not maximally used as intended.” (B2, S48, 122) *At this time [1981], what percentage of the entities are making their own choices?* “About 54%.” (B1, S21, 194)

**Reincarnation according to Afterlife 101** – An Afterlife101.pdf is available on the internet at [www.afterlife101.com](http://www.afterlife101.com). This 156 page document contains information gathered from the spirit guides and personal angels of a husband and wife team who wrote under a pseudonym to preserve their privacy and anonymity. There are five major areas discussed in the reincarnation process including cosmology, crossing over, transformation, afterlife and reincarnation.

2. **Cosmology** – “Earth’s space/time of 3<sup>rd</sup> Density (or dimension) is an “illusion” perceived as three dimensions of space and one of time by earthlings. However, the time/space of other densities—the spirit world or “Heaven”—consists of three dimensions of time and one of space. There is advancement along the space axis, but it is based on one’s level of consciousness, not time as on 3<sup>rd</sup> density Earth.” (*Afterlife 101, page 71*)
3. **Crossing Over** – “At the time of crossing over, individuals are generally thrown into an initial place of darkness and then met by a very bright light. They move through a tunnel with the assistance of their personal angels and spirit guides; they emerge into an area where loved ones from their most recent incarnation have gathered.” (132) “After death, a spirit will often stay around Earth until after the memorial

services, keep earth-bound connections, and visit homes and loved ones.” (133) “Sometimes soul-spirits who were murdered will remain earth-bound as *ghosts*.” (134)

4. **Transformation** – “Once you have moved into your **spirit** from your physical body, you go through your most recent life review. Once a new spirit moves through the phases of releasing from its earthbound life, it begins to gradually move into its spiritual consciousness and finds that it is losing earthbound forms and dimensions and begins to experience things telepathically. Your spirit evolves through various forms of energy rather than through the three dimensions of space it experienced on earth.” (135) “Your spirit is also given the opportunity in the spirit world to experience both things and people from earth that you enjoyed very much or hoped to enjoy in your prior incarnation on Earth.” (137)
5. **Afterlife** – “Your **spirit family** is where you exist as a form of spirit energy living with other spirit energies of the same consciousness, the same level of energy, and of the same like-mind and thought that you carry as a spirit. Your spirit family can change somewhat and the reason that it changes is because there will be spirits within your family that have chosen not to evolve.” (139) “You tend to share your primary spiritual family with those who have the same type of creative energies that you do; thus, there are many **secondary families** in that consciousness level who have different creative energies but the same spiritual energies. All spirits live within a spirit family and do not live as couples.” (141) “While communication in the spirit world takes place by telepathy, there are innate elements of privacy for spirits in heaven.” (143)
6. **Reincarnation** – “Spirits have reincarnated on earth because they are being given the opportunity to accelerate their learning process to achieve higher consciousness levels.” (146) “A general life plan is prepared before a spirit is reincarnated. Once your spirit reaches its human level, it is generally disconnected from its spirit world and any pre-knowledge it has been given because it does not have to follow that path—it has free will.” (147) “**Three very important life lessons are usually acceptance, unconditional love and forgiveness of self and other-selves.**” (151) “When a spirit decides it is going to be a particular human, the [new] spirit begins its development then inside the fetus or even at the beginning of conception. The transformation from spirit to human is the aspect of a new form, a new personality, and a new ego being created.” (149) “Even though the new incarnated human is generally coming from many past lives and coming through parents that will have particular traits and DNA connections, still the new reincarnate is its own person and has the ability to create its own personality in its new life.” (153) “Until its 2<sup>nd</sup> birthday, a child is still connected—fairly strongly—with its spirit world and knowledge of the spirit world.” (93) “By its 3<sup>rd</sup> birthday, a human child is usually disconnected from the spirit world except through its sub-conscious mind primarily in dream states.” (*Afterlife 101.pdf*, [www.afterlife101.com](http://www.afterlife101.com))

- [We Are Here On Earth To Learn Lessons Of Acceptance, Unconditional Love, Forgiveness And Faith, Thereby Increasing Our Levels Of Consciousness During Our Spiritual Journey Back To The Creator. Spiritual Exercises And Practices Aid Our Choice Of Polarity For Service To Others Or Self.](#)

**Law of One** – “The Law of One simply states that all things are One, that all beings are One.” (B1, S6, 92) “In truth there is no right or wrong. There is no polarity, for all will be reconciled at some point in your dance through the mind/body/spirit complex with which you amuse yourself. This belief in polarity is chosen, instead of understanding the complete unity of thought that binds all things together. You are every thing, every being, every emotion, every situation. You are unity. You are infinity. You are love/light, light/love. You are. This is the Law of One.” (B1, S1, 67)

“The Law of One, although beyond all words, may be approximated by saying that all things are one; there is no polarity, no right or wrong, no disharmony, but only one identity. All is one; and that one is love/light, light/love, the Infinite Creator.” (B1, S4, 85)

**Fundamental life lessons** – There are three fundamental life lessons in our spiritual training and experience on Earth; they are **acceptance, unconditional love, and forgiveness** of both self and other-selves.

1. **Acceptance of Self and Other-Selves** – “You have requested that we speak upon acceptance, and that we are most pleased to do as long as it becomes and remains clear to each of you that we are not the voice of authority but your brothers and sisters, imperfect, as are you in any sense that can be rationally understood. We make mistakes. We have opinions. We share the opinions and hope not to share the mistakes but undoubtedly we shall make mistakes. Not all of our opinions shall be those that will aid you and so we ask, as always, that you use your discrimination and trust your guidance within to the exclusion of other voices when necessary. For we have utter faith that you shall know the truth that is for you. As long as that is understood we are delighted to talk about acceptance.

As we search through this instrument’s store of experiences, we find that this word of acceptance has overtones of toleration and even a grudging or somewhat difficult transaction within. The acceptance is not an easy thing sometimes—that sometimes it is difficult to accept and we would like to remove that overtone that is implied in that bare word—for acceptance is a word that does not ring of joy. It does not have the freedom of feeling that we would like to talk about. Our choice of words would perhaps be faith. When this instrument was very close to death some years ago, she put a motto above the hospital bed where she lay. It read “Faith, the final frontier.” As each of you does, she wished to find the joy of acceptance. It is well to have that kind of reminder when one is working upon a situation in which one is not yet comfortable and does not yet feel positively or affirmatively concerning the situation.

The one known as Jim has talked this weekend somewhat about becoming the fool, and we are the first to confirm that in any rational sense that faith is a foolish thing, that archetypical image of the fool walking off the cliff into dead air. This instrument immediately thinks of the coyote in the Road Runner cartoon, who is running at top speed to the edge of the cliff and beyond and continues running in the air until he realizes that there is no more cliff. That realization plummets him to the depths. The teacher known to you as Jesus called to the one known as Peter who was in a boat. Jesus was walking across the waves towards him. At Jesus’ call, Peter left the boat and was walking on the water also, until he realized that he was on water. And as his faith fell prey to rational observation, he sank like a stone. So each of you is vulnerable when being full of faith to accusations of foolishness, of not getting it, of not being aware of the true situation, and like any fool there is almost no answer that will satisfy one who critiques the actions of faith.” (*Q’uo, Sunday Meditation, 9/20/98*)

2. **Unconditional Love of Self and Other-Selves** – “When one worries and strives and struggles it may seem that the night falls and nothing can be seen, yet always the self lies waiting for you to allow its depths to rise up into conscious awareness. There is a spring inside each in that sanctum of the heart, and it bubbles forever with the clear water of light and love. The Creator has placed His tent within this inner sanctum and patiently, lovingly and personally waits for your touch upon the door, for your step upon the stairs, hoping that you shall come in and sit with It. And there is no greater joy that the Creator has than that joy of being joined in communion within the heart. The Creator has enormous infinite love for you. There is a personality, a personhood to that quality of love. It is not impersonal. It is not general or vague. The Creator finds each vibratory complex beautiful and loves each just as it is.

For those in third density and within incarnation such unconditional love is not particularly easy to find access to. And we are aware that you hope to find more resources to help you become a better servant.

Certainly our first suggestion to each would be to enter into a deepening and more comprehensive awareness of the self, especially those parts of the self this instrument would call the dark side, for this complete and total self encompasses all that there is. Each of you has made repeated choices in this incarnation, and those choices have been to emphasize, for the most part, the positive qualities. However, your culture does not teach you to deal with the other path of the self with the appropriate kindness. And so each has faced that self that murders and steals and blasphemes and envies and lusts. And each has turned a hard heart to the self and said, "I judge this part unworthy."

It is not that we disagree with how wretched each of us is, for truly when one is all things one does encompass the pain and suffering of all time and all space as well as the brightness and glory of the light. But it is our humble opinion that these parts of self are actually other than they seem. Within third density, however, the knowledge that nothing is what it seems is a cold and unpersuasive thing. We are not sure how to suggest to each of you that you find the courage and nerve to forgive yourself for being human. In the world of illusion you, too, must be of the same stuff made. You cannot bring into this illusion an undeniable reality, for the whole purpose of illusion is to so confuse you that you finally give up using the tools of intellect and logic in order to make sense out of life, for life does not make logical sense in the normal use of that term. Certainly each has been in that state of mind wherein all things were seen to be perfect. And these are moments of rare beauty and joy. And yet they feed only the self. You cannot give them as presents to others or persuade any because you have been persuaded, for this is the density of choice, and each entity must face that choice of whom to serve, how to serve, for himself.

However, we can assure you that there are ways to be of service to others besides simply being. It is just that it all begins with loving yourself. We cannot overemphasize this step, nor can we say that it is an easy or simple thing, for the self must first be plumbed and seen, not in great detail, perhaps, but in the sense of facing that ravening wild beast that dwells within each and that has the power of the vampire, pulling on the energy of self when it is not loved. Each of you has forgiven others tremendous things, but have you forgiven yourself for the small things, much less for the things that you consider large? How difficult it is to turn and see self. Many never achieve knowledge and must project all that occurs with them in their life upon other entities, and this is one of the things that other entities are here to offer. Indeed, each of you has played that part for others, being the mirror that reflects and offers catalyst. Each of you has experienced that great feeling of seeing self for the first time because someone else was a good mirror. But the first mirror we suggest you hold up to yourself.

The one known to you as Jesus was reared in a climate of what this instrument calls the Old Testament, the Ten Commandments, the Law of Orthodoxy. This teaching was tempered by much mysticism, but when this entity began to teach others it suggested that all of the law and all that the prophets had said could be replaced by loving the Creator and loving others as one loved oneself. One cannot become able to love others unconditionally until one has forgiven the self. We encourage each to press on towards self-acceptance, self-forgiveness and that feeling that each day is a new one, each moment is a clean and untouched thing." (*Q'uo, Sunday Meditation, 3/16/97*)

"We ask each to be persistent with the daily routine of morning offering. We realize that anywhere two or three, as it is said in your holy works, are gathered together, unconditional love is within the group as a member, an actual principle or being of consciousness. Thus, the group meditation, the group focus upon the truth and love and peace, creates a very strengthening resource for each as it moves from the group into other environments which are not controlled, which are not safe, which are puzzling and risky. May you pray for such risks, and such chances to utilize that which you have learned, to move closer and closer to the polarity of the unconditional love that is the core of your imperishable being." (*Q'uo, Sunday Meditation, 1/7/90*)

3. **Forgiveness of Self and Other-Selves** – “Forgiveness is based upon the knowledge of who you are. Two things are important to remember here. Firstly, you are the least of all, as are all who serve. You do not have rights, you do not have privileges, you do not mount defenses that armor you from others, for you are stronger than that, you have upon you the entire armor of white light, as your knowledge of the one infinite Creator and your experience with this wonderful and peaceful and joyful presence increases. You must also remember that you are a portion of the Creator, and that which is forgiven by you will be forgiven, and that which is retained by you will be retained. You are beings of immense metaphysical power, and you squander your inheritance with petty grudges and hardness of heart.

As the one known as S so prudently requested, forgiveness begins with the self, and we shall explain why. The one known as Jesus of Nazareth erased what you call the Ten Commandments, those negatives that put so many unfortunate ideas in so many heads. This entity said, “You have two jobs to do, love the Lord your God, with all your heart, and all your mind, and all your strength; and your neighbor as yourself. On these two commandments hang all the law and the prophets.” In this simple sentence a huge body of material, which you call the Old Testament, was relegated to a dusty back shelf, and forgiveness and redemption had come into focus at last.” (*Latwii, Special Meditation, 6/23/90*)

“Forgiveness is first the turning to a power greater than yourself, and a giving to that power of an entire situation, that you may be given the consolation and the healing that you require in order to forgive yourself, whether you are the wronged one or the self-perceived wrong doer. There is always a lack of forgiveness of the self that seems to be held more tightly than the forgiveness of others. You gaze too close into the mirror of this illusion and your manifestation within it. Your birthright is to be forgiven, to realize each self-perceived error and to forgive oneself for it, and move on.

Thus, you come to a respect, and an honoring, and a loving, and a nurturing of yourself. The key to forgiveness of others is the forgiveness of the self. Release, release, release, give back to the forces of the universe those energies which are easily absorbed in infinity, and leave them not to pollute your own feelings, your mind, or your heart, but rather let forgiveness flow as a sweet river under the surface of all that you do and say.” (*Latwii, Special Meditation, 6/23/90*)

“In order to forgive the unforgivable, which is part of the lesson of learning to love without condition, it is extremely helpful to take that person within yourself and earnestly and humbly to pray for that person, for as you pray and intercede for such a person, you will grow to love that person, you will have compassion upon that person, and these changes in consciousness are wonderful catalyst for that person to be (*inaudible*), that person may also begin the long cycle of learning to forgive. Your biases are not incorrect. You have earned them. Do not abandon them and simply say that all things are acceptable. You are miles and miles away from this elevation. First you must learn to love, and you must learn to have wisdom, and you must learn to have compassionate wisdom. Right at this moment in your development, you are simply attempting to love. Of yourself you cannot do this, but the great original Thought of Love is with you. You may block it out, you may deafen yourself against its call, but it lies just beyond the door that you can open at any time, waiting to comfort, to ease, and to offer grace.

Forgiving entities does not mean that it is necessary for the forgiving entity to continue to accept acts upon the part of the other self which are subjectively seen to be abusive and destructive enough that the self—or those young selves for whom you are responsible—[is] in danger of any kind, be it mental, or physical, but as you do those things that you must, as you decide upon the separation because you see that union is impossible, as the other entity cannot do the work that you are doing in forgiveness, you simply do that which you have to do, with love and compassion and peace, staying within the forgiveness, accepting the unacceptable that may occur, loving the unlovable that has brought about the current situation by its catalyst.

You cannot adjust other entity’s states of self-forgiveness or forgiveness of others. You may drop the seeds, and see yourself as the Johnny Appleseed of forgiveness, for forgiveness is the essence of what this instrument

would call the Kingdom of Heaven, and the seeds of forgiveness are like leaven, that lighten and lift and make delicious the whole loaf of life, and love, and relationships. But you cannot do others' work for them.

Consequently, realize that you must stop the wheel of karma for yourself by completing a very thorough and earnest process of forgiveness of the self, forgiveness of the other self or situation, and forgiveness of the process that has taken place, on steps that seem to have been made clumsily or wrongly. You are perceiving yourself within an illusion. You can judge to the point of your own instinct, but you cannot judge finally. You simply judge, and forgive, to increase your own positive polarity.

What we are talking about, when we talk about forgiveness, is healing. The hope of each entity is to become healed, and healing may be defined as that state wherein the karma is balanced with each soul with whom you come into contact, and your realization of yourself is a realization of yourself as whole, perfect, beautiful, and a child of the infinite One. Does this make you special and important? May it never be. This makes you the servant of all. With compassion comes humility, and you would gladly serve, as did the one known as Jesus, by washing the feet, by doing the unattractive things that make up the daily run of existence, because, since you are forgiven, you dwell in a state of redemptive joy, so that every dish you wash, every window that you clean, every flower that you touch, is alive to the light within you, and responds in love." (*Latwii, Special Meditation, 6/23/90*)

**Spiritual growth** - *Is it correct that entities can accelerate their growth much more while in the 3rd density than in between incarnations of this density?* "This is correct. In 3rd density each entity is free to accept, reject or ignore others about it. Yet here there are many who practice the ways of love. If, in addition to this, an entity chooses to accept responsibility for each moment of experience, then this empowers its progress." (*B1, S10, 113*)

"Let us remember that we are all one. This is the great learning and teaching. In this unity lies love. In this unity lies light. This is the fundamental teaching of all planes of existence in materialization: unity, love, light and joy. The 2nd ranking lessons are in meditation and service." (*B3, S52, 16*)

**Spiritual exercises** – *What are some exercises to perform?*

- **Exercise One.** This is the most nearly centered and useable within your illusion complex. The moment contains love. That is the lesson/goal of this illusion or density. The exercise is to consciously see that love in awareness and understanding distortions. The first attempt is the cornerstone. Upon this choosing rests the remainder of the life-experience of an entity. The second seeking of love within the moment begins the addition. The third seeking empowers the second, the fourth powering or doubling the third. As with the previous type of empowerment, there will be some loss of power due to flaws within the seeking in the distortion of insincerity. However, the conscious statement of self to self of the desire to seek love is so central an act of will that, as before, the loss of power due to this friction is inconsequential.
- **Exercise Two.** The universe is one being. When a mind/body/spirit complex views another mind/body/spirit complex, see the Creator. This is an helpful exercise.
- **Exercise Three.** Gaze within a mirror. See the Creator.
- **Exercise Four.** Gaze at the creation which lies about the mind/body/spirit complex of each entity. See the Creator." (*B1, S10, 114 – 1/27/81*)

**Spiritual Practices** – "The foundation for these exercises is meditation, contemplation or prayer. With this attitude these exercises can be processed. Without it, the data will not sink down into the roots of the tree mind, thus enabling and ennobling the body and touching the spirit." (*B1, S10, 114 – 1/27/81*)

1. **Meditation** - *In meditation is it best to leave the mind as blank as possible and let it run down or is it better to focus on some object for concentration?* "Each type is useful for a particular reason." (*B2, 127*)

- **Passive meditation** – “The passive mediation involving clearing the mind, the emptying of the mental jumble, is useful for those who wish to achieve an inner silence as a base from which to listen to the Creator.”
- **Visualization** – “The other type of meditation which may be called visualization has a different goal. It is the tool of the adept. Those who learn to hold visual images in mind are developing an inner concentrative power that can transcend boredom and discomfort. When the ability has become crystallized, one can effect planetary consciousness. Only those wishing to pursue the conscious raising of planetary consciousness will find visualization particularly satisfying.” (B2, 127) “The key is first silence, and secondly, singleness of thought. Thusly a visualization which can be held steady to the inward eye for several of your minutes will signal the adept’s increase in singleness of thought.” (B2, 130)

“When the positive adept touches intelligent infinity from within, this is the most powerful of connections. The adepts become living channels for love and light and are able to channel this radiance directly into the planet’s web of energy nexi. The ritual will always end in praise and thanksgiving and the release of this energy into the planetary whole.” (B2, 131)

- **Contemplation** – “Other uses of silence and the releasing of the mind are those we have mentioned to you many times. The reading of inspirational works and then the contemplation of what you have read. Silent meditation. Meditation following the breath. Meditation staring at a white wall. Walking meditations, and so forth.” (*Sunday Meditation - 12/17/2006*)

“Perhaps the road to experiencing emotions more clearly and more deeply begins with the contemplation of the astounding, generous and infinite love of the one Creator. The Creator’s nature Itself is love infinite. Each of you is likewise imperishable and infinite, but in terms of the experience you now enjoy, within the body you are finite, limited and fooled by the illusion which is to teach you. Therefore, we suggest a daily alignment of affirmation and closeness with the love within oneself which is infinite.” (*Emotions, Part 1 – 11/12/89*)

“I am Latwii, and am aware of your question, my brother. To develop such a skill as this is the work of many of, what you call, your years for most entities who would attempt it. Few there are who have what might be called a natural ability to do this, though there are such entities, as you are aware. To become able to perceive the patterns of the personality, shall we say, as they are expressed in the aura of any entity it is necessary to develop what might be called an inner vision, [which] might be most simply defined as the ability to perceive patterns of energy and to view these patterns in relation to the incarnational experience which has set them in motion.

The ability to read such patterns must, as we have said, in most cases be consciously pursued. The meditative state, of course, is of greatest value to the beginner, for within the meditative state does the entity then become aware of those patterns of energy within its own being. To aid the beginner, contemplation is recommended for the beginner, the contemplation of those sensations, experiences, cravings and patterns of thought which pass like a stream through the being of each entity, after an entity has been able to become more aware of such patterns within its own being. Then the entity may begin—and we stress, begin—to attempt to become aware of those patterns in others by the use of what might be called training aids.” (*Latwii, Sunday Meditation - 3/14/82*)

**Prayer** – “Perhaps by now you might guess we would say that you have a very wide range of ways to pray, one of them not being better than another, each of them being a child of your personality, your sensibility. Prayer is a very intimate, personal thing. It is a conversation between you and the Creator.

Now, the Creator does not speak in words. It is the Creator. It is that “still, small voice” as the *Holy Bible* says. His silence is thunder. And in that silence is all the information that is infinite. You receive it whole and undisturbed as you enter the silence and tabernacle with the one infinite Creator. For some that is all that is needed, resting in silence, feeling that communion with the divine. There nothing else that seems to be needed.

For others, there is the gift of visualization. Such entities will find visualization very effective. It will feel right to hold each entity in thought, to visualize the entity as being well and see that entity in the light. For others, as this instrument said [earlier], a certain entity with a certain difficulty brings to mind a hymn or a song or a chant. And the expression of the chant or song is directed at that crystallized place of pain that the prayer hopes to dissolve.

For others, there is a need for communication. There is a need for talking. Such entities will find it very comforting to journal, as that entity did who wrote *Conversations with God*, writing down one’s question and then writing down the answer when it comes, writing down the next question, then writing down the next thought that appears in the mind, the answer. For some, this is a very comforting, reassuring way to have that conversation with the Creator. Certainly something is lost as impressions are turned into words. Yet for one who needs the words, those words are very helpful, more helpful than all of the silence in the world.

There are as many ways to pray as there are people who seek to join in union with the one infinite Creator that is their beginning, their end, and their deepest truth. We would assure you that there are no mistakes. If there is an intention to pray, [however you choose to pray] will be an effective way for you to pray.

Remember always that thanksgiving, praise and devotion are also ways to pray—to enter the silence and to feel the union with the one that opens to you that gateway to intelligent infinity.” (*Saturday Meditation - 1/30/10*)

**Choice of polarity** – “The entity, as it becomes more and more conscious of itself gradually comes to the turning point at which it determines to seek either in service to others or in service to self. The seeker becomes the adept when it has balanced with minimal adequacy the appropriate energy centers, red, orange, yellow, and blue, with the addition of green for the positive, thus moving into indigo work. The adept then begins to do less of the preliminary or outer work having to do with function, and begins to effect the inner work which has to do with being. As the adept becomes a more and more consciously crystallized entity, it gradually manifests more and more of that which it has always been since before time--that is, the one infinite Creator.” (*B3, 192-193*)

1. **Service to Self** – “Those who choose service to self basically feel that the Creator is them and they are the Creator. The environment about them is that which may be controlled or manipulated in order to best make the self happy, comfortable and so forth. This is not a consciously negative attitude in many cases but simply the day-to-day working pattern of self expressing. The other choice is service to others, and the one who chooses this way of expressing love is intending to, at the expense of the self, put others first. The service-to-self polarity and the service-to-others polarity are like the north and south poles of a magnet. In third density each begins somewhere in the middle in a kind of well of inertia. There is no positive charge or negative charge when experience begins to be accumulated by the awakened soul within incarnation. It is little choices, like whether to share your peanut butter sandwich with the other kids in fifth grade, whether to go sit with the kid with a broken leg in second grade, whether to help the parent who seems to need it. These seemingly small and everyday decisions are those in which one either decides to attract to the self that which is needed or to give away the love that is within one for the benefit of others.” (*Sunday Meditation - 5/24/98*)



2. **Service to Others** – “We are those who seek to be of service to others for we feel that others and ourselves are one, even though it is not something that we can see and certainly not something that you can see. You cannot see that your hands do not stop at the ends of your fingers and that the other person’s hands next to you similarly do not end there but that each is touching each. Each energy field is moving to find comfort and [harmonization] with each other entity within this dwelling place and, in general, this has a tendency to occur, people finding ways to make each other more comfortable and to smooth and oil the social machinery that helps each person to feel better about whatever situation is occurring. These are not small choices when viewed in the context of the basic purpose of third density, for in a nutshell, the way you graduate from this third density to the density of love and understanding is by making decision after decision after decision based, not upon evidence, but upon faith. Faith that the love and the hope and the charity and the good feelings that you experience within your heart are real and are not foolish or naive. Faith that things are well and that things will be well and that you do have comfort to give to yourself and to others.” (*Sunday Meditation - 5/24/98*)

*What are some of the "best ways" for being of service to others?* “The best way of service to others is the constant attempt to seek to share the love of the Creator as it is known to the inner self. This involves self-knowledge and the ability to open the self to the other without hesitation and radiate that which is the essence or the heart.” (*B1, S17, 166-167*)

“The proper role of the entity in this density is to experience all things desired and then to analyze understand and accept all experiences, distilling from them the love/light within them. That which is not needed falls away. (*B1, 169-170*) “We suggest that you attempt to become aware of the other-self as self. Become aware of the intelligent energy expressed in nature and expressed in self-love shared when appropriate.” (*B1, 171*)

“In service-to-others there is an association with the heart of all other selves and a disassociation from the illusory husks which prevent the adept (or anyone else) from correctly perceiving the self and other-selves as one.” (*B4, 51*)

“In the 3rd density an increase in the serving of others or the serving of self will almost inevitably increase the ability of an entity to enjoy a higher intensity of light. Thus it is almost impossible to polarize without increasing harvestability in 3rd density. In the 5th density harvest, polarization has very little to do with harvestability.” (*B3, 156*)

**Ra’s Service to Others** – “Although it would be possible for us to move at will throughout the creation within this logos, that is to say, the Milky Way Galaxy, so called, we have moved where we were called to service; these locations being local and including Alpha Centauri, the planets of your solar system, Cephus and Zeta Reticuli. To these sub-logoi we have come, having been called.” (*B4, S81, 59-60*)

“There are those among our social memory complex which have become Wanderers in other major galaxies. Thus there has been knowledge of other major galaxies, for to one whose mind/body/spirit complex has been crystallized the universe is one place and there is no bar upon travel.” (*B4, S81, 60*)

**Dreaming** - *You have stated that dreaming, if made available to the conscious mind, will aid greatly in polarization. Could you say how it does this?* “Dreaming is an activity of communication through the veil between the unconscious mind and the conscious mind. In one who is blocked at two of the three lower energy centers the dreaming will aid polarization because there will be a repetition of recent catalyst, as well as deeper blockages, thereby giving the waking mind clues to the nature of these blockages.” (*B4, 97*) *In remembering dreams, an individual can find specific clues to current energy center blockages and may, thereby, reduce or eliminate these blockages. Is this correct?* “That is correct.” (*B4, 99*)

“Dreaming becomes the most efficient tool for polarization when three things happen: one consciously chooses the path of the adept (or spiritual seeker), and each energy center is balanced at least to a minimum degree, and one begins to open the indigo-ray (psychic) center. If it is known by the adept that work may be done in consciousness while the so-called conscious mind rests, this adept may call upon those who guide it, and most of all, the magical personality which is the Higher Self as it moves into the sleeping mode of consciousness.” (B4, 98)

**Penetrating the veil** – “The penetration of the veil has its roots in the development of green-ray activity--that all-compassionate love which demands no return. If this path is followed, the higher energy centers shall be activated and crystallized until the adept is born. Within the adept is the potential for dismantling the veil to some extent that all may be seen again as one. The other self is the primary catalyst in this particular path to the piercing of the veil.” (B4, 78) “The awareness of all as Creator is that which opens the green-ray center.” (B4, 82)

**Personal enlightenment** – “It is impossible to help another being directly. It is only possible to make catalyst available in whatever form, the most important being the radiation of realization of oneness with the Creator from the self, less important being information such as we share with you. We cannot offer short cuts to enlightenment. Enlightenment is of the moment--an opening to intelligent infinity. It can only be accomplished by the self, for the self. Another self cannot teach enlightenment, but only teach/learn information, inspiration, or a sharing of love, of mystery, of the unknown that makes the other-self reach out and begin the seeking process.” (B1, 161-162)

**Removing karma** – “Our understanding of karma is that which maybe called inertia. Those actions which are put into motion will continue. The stoppage of the inertia of action may be called forgiveness.” (B2, 51) *You stated that forgiveness removes karma. This includes forgiveness not only of other selves but also forgiveness of self as well. Is this correct?* “You are correct. Forgiveness of other-self is forgiveness of self.” (B1, 73)

**Healing** – “You may observe the thoughts of anger becoming those cells of the physical bodily complex going out of control to become what you call cancer.” *Are you saying that cancer is quite easily healed mentally and once the entity forgives the other-self at whom he is angry, the cancer will disappear?* “This is partially correct. The other portion of healing has to do with forgiveness of self.” (B2, 81) “The discipline or denial of the unwanted, cancerous portion as an appropriate part of the self is taken through the tree of mind down through the trunk to subconscious levels where the connection is made. Then the body, mind, and spirit, in unison, express denial of the excess or unwanted spiritual or mental material as part of the entity. All then falls away.” (B2, 91)

“Another part of healing has to do with demonstrating a greatly heightened respect for the self. This may conveniently be expressed by taking care in dietary matters. This is quite frequently a part of the healing and forgiving process. Information on dietary matters is not to be understood literally but as a link or psychological nudge for the body and the mind and the spirit. Thus it is the care and respect for the self that is the true thing of importance.” (B2, 82-83)

“Those entities in need of purging the self of a poison thought-form or emotion do well to follow a program of careful fasting until the destructive thought-form has been purged. The by-product of this is the ridding of the physical body of excess material. See the value not to the body but see the body used as a link for the mind and spirit.” (B2, 83)

“Healing is first done in the time/space portion (metaphysical part) of the mind/body/spirit complex, then is adopted by the form-making or etheric body, and finally is given to the space/time physical illusion for we by the physical body. It is the adoption of the configuration which you call health by the etheric body in time/space which is the key to physical health, not any event which occurs in space/time.” (B3, 118)

“The great number of entities with the so-called mental diseases is due to effect of this green ray true color upon the mental configurations--those unready mentally to face the self for the first time.” (B2, 83) *Is it those entities on the service-to-self path who have extreme difficulty mentally with this green ray vibration?* “This is incorrect. It is those who have distracted themselves and failed to prepare for this transition yet who are somewhat susceptible to its influence who may be affected.” (B2, 83-84)

“The crystallized healer is a channel for intelligent energy which offers an opportunity to an entity that it might heal itself. In no case is there any other description of healing. This is also true of the more conventional healers of your culture and if these healers could but fully realize that they are responsible only for offering the opportunity of healing, and not for the healing, many of these entities would feel an enormous load of misconceived responsibility fall from them.” (B3, 116)

- [Earth’s Population Is Currently Being Harvested At The End Of Its 77,777 Year Major Cycle. Graduates Of The Harvest Will Enter 4<sup>th</sup> Density For Continued Spiritual Learning And Evolution. Most People On Earth Will Reincarnate Elsewhere On Another 3<sup>rd</sup> Density Planet For Additional Catalyst, Experiences And Learning.](#)

**Prior Harvests** - “One major cycle is approximately 25,000 of your years.” (B1, S6, 92) “There are 3 cycles of this nature. Those who have progressed sufficiently may be harvested at the end of any of these 3 major cycles. After this is completed [77,777 years?] all are harvested regardless of their progress, for during that time the planet itself has moved through the useful part of that dimension and begins to cease being useful for the lower levels of vibration within that density.” (B1, S6, 93)

- **First harvest (~50,000 years ago)** – “There was none.” (B1, S14, 138)
- **Second harvest (~25,000 years ago)** – “The harvest at that time was extremely small and consisted of those entities of extreme distortion towards service toward those who would be repeating the major cycle.” (B1, S14, 138) “[No civilizations] became great as the greatness of Lemuria or Atlantis. However, in the South American region there grew to be a great vibratory distortion towards love. These entities were harvestable at the end of the 2nd major cycle without having ever formed strong social or technological complexes.” (B1, S21, 196) “The lifetime of these entities was about 900 years. The population of Earth at that time was about 345,000 entities.” (B1, S22, 198)
- **150 stay in 3<sup>rd</sup> density** - *How many of this number were harvestable?* “Approximately 150 (0.04%).” *These were the ones who stayed to work on the planet. Correct?* “That is correct. They were visited by the Confederation and became desirous of staying in order to aid the planetary consciousness.” (B1, S22, 199) *What type of visit was this?* “A light being appeared bearing what might be called a shield of light. It spoke of the oneness and infinity of all creation and of those things that await those ready for harvest. It described in golden words the beauties of love as lived. It then showed those who were interested the plight of 3rd density when seen as a planetary complex. It then left. And all these entities stayed.” (B1, S22, 199)
- **Who?** - *Are any of these entities names that we would know from our historical past?* “Saint Augustine, Saint Teresa, Saint Francis of Assisi.” (B1, S22, 199)
- **Third (current) harvest** – “The 4th density is as regularized in its approach as the striking of a clock upon the hour. Your planetary sphere has spiraled into space/time of a different vibrational configuration. This causes

the planetary sphere to be molded by these new distortions. However, the thought-forms of your people vary greatly and are not able to point in one direction. Thus the harvest will be such that many will repeat the 3rd density cycle. The energies of your Wanderers, your teachers, and your adepts at this time are all bent upon increasing the harvest. However there are few to harvest.” (B1, S13, 133)

“The harvest is now. There is at this time no reason to aim for longevity, but rather to encourage efforts toward seeking the heart of the self, for this which resides clearly in the violet-ray energy field will determine the harvesting of each person.” (B1, S14, 138)

**Old 3<sup>rd</sup> density Earth** – “You must see the Earth as being seven planets. There is red, orange, yellow, and there will soon be a completed green color vibratory locus for 4th density entities which they will call Earth. During the 4<sup>th</sup> density experience, the 3<sup>rd</sup> density sphere isn’t useful for habitation, because the early 4th density entity will not know precisely how to remain undetectable by 3rd density. Thus in 4th density the red, orange and green energy nexi (centers) of your planet will be activated while the yellow is in potentiation along with blue and indigo.” (B3, S62, 86)

- **Third Density Progression** – “On Earth, the end of 3<sup>rd</sup> density is marked by the end of its third cycle of precession about the Earth’s axis.” *Our planetary population has only a certain amount of time to progress. This time is divided into three 25,000-year cycles. At the end of 75,000 years the planet progresses itself. Why is this so precise?* “The living flow creates a rhythm which is as inevitable as one of your timepieces. Intelligent energy offers a type of clock. The gateway from intelligent energy to intelligent infinity opens regardless of circumstance on the striking of the hour.” (B1, S9, 105)
- **Earth Changes** – “When an entire planetary system of peoples and cultures repeatedly experiences disharmony on a great scale, the earth under the feet of these entities shall begin to resonate with this disharmony.” (B3, S60, 68) “In the event of mixed harvest there is nearly always disharmony and therefore, added catalyst in the form of your so-called “Earth changes”. It is the Confederation's desire to serve those who may indeed seek more intensely because of this added catalyst. We do not seek for the success of added numbers to the harvest for this would not be appropriate. We are servants. If we are called, we shall serve with all our strength. To count the numbers is without virtue.” (B3, S65, 109)

“The fourth density is a vibrational spectrum. Your time/space continuum has spiraled your solar system into this vibration. This will cause the planet itself to electromagnetically realign its vortices of reception of the in-streaming of cosmic forces expressing themselves as vibrational webs so that the Earth will be 4th density magnetized. This is going to occur with some inconvenience due to the energy of the thought-forms of your peoples which disturb the orderly constructs of energy patterns within your Earth's spirals of energy which increases entropy and unusable heat. This will cause your planet to have some ruptures [earthquakes] in its outer garment while making it appropriately magnetized for 4th density. Those who remain in 4th density on Earth will be of positive orientation.” (B1, S17, 160)

*When the planetary axis realigns, will it realign 20 degrees east of north to conform to the green vibration?* “There is every indication that this will occur. We cannot speak of certainties.” (B3, S59, 64)

**Transformation to 4<sup>th</sup> Density Earth** – “Your planet is 3rd density in the beingness of its peoples, but the planet is now in a 4th density space/time continuum.” (B1, S13, 133) “It is correct that there is a correlation between the energy field of an entity of your nature and planetary bodies, for all material is constructed by means of the dynamic tension of the magnetic field. The lines of force in both cases may be seen to be much like the interweaving spirals of the braided hair.” (B2, S49, 124)

- **Earth is currently 4<sup>th</sup> density** – “This sphere... has not made an easy transition to the vibrations which beckon. Therefore, it will be fetched with some inconvenience...This inconvenience, or disharmonious vibratory complex, has begun several of your years in your past. It shall continue unabated for a period of approximately thirty of your years.” *In 30 years this will be a 4th density planet. Is this correct? (1981 + 30 = 2011)* “This is so.” (B1, S6, 93)
- **Assisted by Wanderers** – “They come from all reaches of the infinite creation...They are the Wanderers. There are approximately 65 million on Earth [in 1981]...Few there are of 4th density. Most are of 6th density...The desire to serve must be distorted towards a great deal of purity of mind and what you call foolhardiness or bravery. The challenge and danger to the Wanderer is that it will forget its mission, become karmically involved, and thus be swept into the maelstrom and turbulence which it had intended to avert.” (B1, S12, 127)

“Thus the positively polarized Wanderer chooses to accept the danger of forgetting what it is in order to be of service to others by radiating love of others...If the forgetting is penetrated, the amount of catalyst in 3rd density will polarize the Wanderer with much greater efficiency.” (B2, S36, 67)

“A significant portion of sixth-density Wanderers are those of our [Ra’s] social memory complex... Another large portion consists of those who aided in South America; another portion, those aiding Atlantis.” (B5, S45, 79)

**Requirements for Harvest** – *The book Oahspe says that if an entity is over 51% service to others and less than 50% service to self, then the entity is harvestable for the positive 4th dimensional level.* “This is correct. The negative path is quite difficult for attaining harvestability and requires great dedication. To be harvestable in the negative orientation requires at least 95% service to self and 5% service to others.” (B1, S17, 167)

“The vibratory rates are not to be understood as the same in the positive and negative orientations. They are to be understood as having the power to accept and work with intelligent infinity to a certain degree or intensity. Neither the blue or green vibratory energies are seen in the vibratory patterns of negative 4th and 5th rates of vibration. On the other hand, the positive entity has the full spectrum of true color time/space vibratory patterns. Each is capable of doing 4th density work. This is the criteria for harvest.” (B2, S47, 112)

“The brilliance or rotational speed of the energy centers is not as important for harvestability as the balanced aspect or violet ray manifestation of an entity; for those entities which are unbalanced, especially as to the primary rays (red, yellow and blue) will not be capable of sustaining the impact of the love and light of intelligent infinity to the extent necessary for harvest.” (B2, S41, 90-92)

“It is necessary for graduation across densities for the primary energy centers to be functioning in such a way as to communicate with intelligent infinity and to appreciate and bask in this light in all its purity. However, to fully activate each energy center is the mastery of the few, for each center has a variable speed of rotation or activity. The important observation to be made once all necessary centers are activated to the minimal necessary degree is the harmony and balance between these energy centers.” (B2, S40, 80)

*It is not necessary for an entity to be consciously aware of the Law of One to go from 3rd to 4th density. Is this correct?* “That is correct...The 5th density harvest is of those whose vibratory distortions consciously accept the honor/duty of the Law of One.” (B1, S16, 157)

1. **Harvest of Negative Polarity** - *Will anyone go to a 4<sup>th</sup> density negative type planet?* “Yes, but the number is small....” *What are some specific examples?* “Taras Bulba, Genghis Khan and Rasputin. They were aware,

through memory of Atlantean understandings involving use of the various centers of mind/body/spirit complex energy influx in attaining the gateway to intelligent infinity.” (B1, S11, 117-118)

“A negatively oriented individual mind/body/spirit complex will ordinarily program (his next incarnation) for wealth, ease of existence and the utmost opportunity for power. Thus many negative entities burst with the physical complex distortion you call health. However, it may choose a polarized condition in order to improve the distortion towards negative states such as anger, hatred and frustration. Such an entity may use an entire incarnative experience honing a blunt edge of hatred or anger so that it may polarize more towards the negative or separated pole.” (B3, 28)

“There are those on the negative path who take great care in the preservation of the distortion your peoples perceive as fairness/ugliness. This fairness (i.e., beauty) is, of course, then used to manipulate other-selves.” (B4, 103)

“In the Orion group [of negative polarity] there are a very few 3rd density, a larger number of 4th density, a similarly large number of 5th density, and very few of 6th density. Their numbers are perhaps one tenth of ours as the problem of spiritual entropy causes them to experience constant disintegration of their social memory complexes. Their power is the same as ours. The Law of One blinks at neither the light nor the darkness, but is available for service to self as well as service to others.” (B1, 100)

“Only very rarely is the social memory complex of negative polarity capable of acting totally as one being. The loss of polarity due to spiritual entropy is quite large.” (B4, 108)

“There are no negative beings that have obtained the Higher Self manifestation.” (B2, 66)

“As the 6th density approaches, the negative orientation is thrown into confusion and little space travel is attempted. (B3, 13) These negatively oriented mind/body/spirit complexes have a difficulty which to our knowledge has never been overcome, for after 5th density graduation wisdom is available but it must be matched with an equal amount of love. This is difficult to do for negatively oriented entities so they will choose to release the negativity and leap into 6th density positive.” (B2, 66)

“The 6th density negative entity is extremely wise. It observes the spiritual entropy occurring due to the lack of ability to express the unity of the 6th density. Thus, loving the Creator and realizing at some point that the Creator is not only self but other-self as self, this entity consciously chooses an instantaneous energy reorientation (to 6<sup>th</sup> density STO) so that it can continue its evolution.” (B2, 66)

2. **Three-Way Split** - *At present we have, in third-density incarnation on this plane, those third-density entities of the planet Earth who have been here for some number of incarnations who will graduate in the three-way split, either positive polarity remaining for fourth-density experience on this planet, the negative polarity harvestable going to another planet, and the rest unharvestable third-density going to another third-density planet. In addition to these entities I am assuming that we have here some entities already harvestable from other third-density planets who have come here and have incarnated in third-density form to make the transition with this planet into fourth-density, plus Wanderers. Is this correct?* “This is correct except we may note a small point. The positively oriented harvested entities will remain in this planetary influence but not upon this plane.” (B3, S63, 89-90, 7/18/81)

**Process of Earth’s Harvest** – Harvest is also known by the more conventional term “Ascension”--the process whereby a soul and/or a planet “graduates” from one density to the next. This process occurs naturally as a planetary system traverses through different areas of energy in the galaxy.

- **Steps of light** – “The nature of vibration is such that it may be seen as having mathematically straight or narrow steps. These steps may be seen as having boundaries. Within each boundary there are infinite gradations of vibration or color. However, as one approaches a boundary, an effort must be made to cross that boundary. These colors are a simplistic way of expressing the boundary divisions of your density. There is also the time/space analogy which may be seen as the color itself in a modified aspect.” (B2, S32, 42) [see diagram on page 43]
- **Graduation Criteria** – “[In walking the Steps of Light after physical death,] the entity who wishes to pursue the path of service-to-self must attain a grade of 95% STS and 5% STO.” (B1, 167) “Those who wish to follow the service-to-others path must achieve a grade of 51% STO or better. **The great majority of your peoples will repeat 3rd density.**” (B1, 166) “The greater preponderance of your entities find themselves in what may be considered a perpetual childhood.” (B1, 188)
- **Mixed Harvest** “Among planetary harvests approximately 10% are negative, approximately 60% are positive and the remaining 30% are mixed--with nearly all those harvested in the mixed harvest being positive. It is almost unknown for the majority of a mixed harvest to be negative. When a planet moves strongly towards the negative there is almost no opportunity for harvestable positive polarization.” (B3, S65, 109)
- **Harvest Helpers** – “In time of harvest there are always harvesters. There is some supervision necessary to ensure that this bounty is placed as it should be without bruise or blemish. There are three levels watching over the harvest.” (B3, 6)
  1. **Angelic (from Earth’s inner planes)** – “The first type is planetary and that which may be called angelic. This type of helper includes the Higher Self of an entity and those inner plane entities which have been attracted to this entity through its inner seeking.
  2. **Confederation (from other planets)** – The second class are those of the of the Confederation who stand at the edge of the steps of light/love so that those entities harvested will not, no matter how confused or unable to make contact with their Higher Self, stumble and fall away for any reason other than the strength of the light. These Confederation entities catch those who stumble and set them aright so that they may continue into the light.
  3. **Guardians (from next octave of creation)** - The third group is called the Guardians. This group is from the octave above our own and serve as light bringers. They provide the precise emissions of light/love in exquisitely fastidious disseminations of discrimination so that the precise light/love vibration of each entity may be ascertained.” (B3, 6)

**Description of Earth’s Fourth Density** – “It uses a type of bipedal body which is much denser in consciousness and more full of life. It does not use your heavy chemical vehicles or body. Fourth density is not of words, unless chosen. One is aware of the thoughts and vibrations of other-selves. It is a plane of compassion and understanding of the sorrows of 3<sup>rd</sup> density. It is a plane striving towards wisdom or light. It is a plane wherein individual differences are pronounced although automatically harmonized by group consensus [and the eventual formation of a social memory complex]. There is no disharmony within the self or within other peoples. It is not within the limits of possibility to cause disharmony in any way. When sickness is present, it is easily healed.” (B1, S16, 157)

“Illnesses such as cancer are very amenable to self-healing once the mechanism of the destructive influence has been grasped by the individual.” (B2, S40, 82)

“The 4<sup>th</sup> density abounds in compassion. This compassion is folly when seen through the eyes of wisdom. It is the salvation of 3<sup>rd</sup> density but creates a mismatch in the ultimate balance of the entity.” (B2, S42, 95)

“The 4<sup>th</sup> density being desires to serve and the preparation of foodstuffs is extremely simple due to increased communication between entity and living foodstuff. Therefore, the work needed to acquire food is not a significant catalyst. But there is a catalyst involved. It is the necessity for eating the food. Eating food is not considered to be of importance to 4<sup>th</sup> density entities and therefore it aids in teaching patience. To stop the functioning of service-to-others long enough to ingest food is to invoke patience.” (B2, S43, 104)

“The typical time for one incarnation or “lifetime” in the harmonious 4<sup>th</sup> density is approximately 90,000 of your years as you measure time.” (B2, S43, 102) “The [4<sup>th</sup> density] cycle lasts approximately 30 million of your years if the entities are not capable of being harvested sooner.” (B2, S43, 103)

**Earth’s call at this time** – “Now, to respond to your query on the nature of the call. When one of your human babies awakens in the night and discovers that it is hungry, wet and alone, it cries. It calls out in the only way it knows for help. Blessedly, in almost every case, the parents come and minister to that child, feeding it, drying it, getting a new, dry diaper on it, and cuddling it until it naturally goes back to sleep, content, knowing that it is loved and that all of its needs are met.

Each of you is, spiritually speaking, an infant. And you are crying in the night. You are crying for spiritual food. You are crying to be cleansed of the grime of confusion, sorrow and suffering. And you are crying because you are alone and you do not feel loved.

As entities move through the third density, they begin to become able to address their own needs. As they awaken and become spiritual toddlers, or spiritual preschoolers, they begin to choose to feed themselves heavenly food, to cleanse themselves from spiritually degrading ideas and concepts, and to win through to the knowledge that they are not alone. Because of the intense confusion among your peoples throughout your third-density experience, for the most part entities have not matured beyond the crib. They cry out in the darkness and our hearts go out to them.

There is a great desire on our parts to reach out the hand to steady that baby, to feed that baby, to give that sweet infant soul a new start, a clean diaper, a bellyful of love, and a good rock in the cradle.

We hope that we have become more mature as those who offer help, as we have experimented with ways to answer that call. And we can certainly say that those of planet Earth have begun to become more mature, as it should be. Many are those who have moved from the cradle to preschool, to grade school, to middle school, and finally are ready to graduate third density on time, mature at last, knowing that the food of love is the food for them; knowing that they wish to turn from anything that is not truly love and light; knowing that they are not alone. For as they love, so have they been loved a hundredfold, a thousandfold, overwhelmingly.

**The hard part for entities is that first waking up.** And it is this effort to which we have come in response. Our love remains unblemished. How far we have fallen short of perfection in our dealings with your planetary population is unknown to us, but we are sure that there are many, many mistakes that we have made for which we humbly ask your forgiveness.

The energy wanes for this entity and this group, so we thank the instrument and leave it and the group in love and in light. We are known to you as those of Q’uo. Adonai, my friends. Adonai vasu borragus.” (*Saturday Meditation, 3/15/08*)

## IN SUMMARY



**Questions chosen by a Planet Light Workers poll** - *Can you talk about the concept of densities and/or vibrations levels? We hear a lot about these terms. What do they really mean? How do we apply them in our daily lives here?*

“In fact, there is a part of your body which exists in time/space. It is the metaphysical or the time/space portion of your physical body. **In some systems of philosophy it is called the chakra system. In others it might be called the electrical body.** There are many names, in fact, if one examines the terms used in religions and systems of spiritual seeking for this unseen but causal body. It is, shall we say, the repository of the default settings for the body which was born into incarnation at your birth. The chakra- or the electrical-body contains the ideal or perfect system settings for your entire body system. These settings exist in the memory in each of your chakras.

Within the system of chakras known best by this instrument, there are seven chakras and each of them is a part of the energies of the body.

The **red-ray** or root chakra deals with issues of survival and sexuality.

The **orange-ray** chakra found in the [area of the] lower intestines deals with the relationship of self to self and the relationship of self to people around you on a personal level.

The **yellow-ray** or solar plexus chakra deals with issues of groups and the self. If you have married your mate, for instance, that energy has moved from an orange to a yellow-ray vibration. Family, work environment, your relationship with groups such as churches and other communities, all have the characteristics of yellow-ray work.

The heart chakra or the **green-ray** chakra is the first chakra at which there is the possibility of energy transfer and it contains that energy which this instrument calls Christed or that energy of unconditional love. The green-ray energy system is the springboard for the remaining chakras of your body.

The throat chakra or the **blue-ray** chakra deals with open communication and inclusivity.

The **indigo-ray** or brow chakra deals with issues with work in consciousness. If you are a person that enjoys meditation, for instance, you are doing indigo work. If you enjoy walks in nature, the reading of inspirational materials, or work in visualization, these are also indigo-ray works.

The remaining chakra, found on the crown of the head, is the **violet-ray** chakra and is a simple readout of your system-wide rate of vibration at a particular time. Altogether, this chakra system is not only yourself in the unseen realms, that self that came to incarnation and that self that will leave incarnation with you. It is also your identity as far as energies and essences such as we ourselves are concerned.

When we look at those who are sitting in this particular circle of seeking, we see not your physical bodies but the rainbow of your chakra system. Each of you is completely and utterly unique in your coloration and your energies, and that readout, shall we say, of the rainbow being that you are in time/space identifies you much more accurately and completely than your name or the way you look in space/time or consensus reality.

This system of space/time and time/space, outer and inner self, is who you are at this moment in your incarnation on planet Earth. It carries with the chakra system all that you are as a citizen of eternity and infinity. At the same time it carries the very ephemeral and transitory energies of your physical body. Your physical body was born and it shall pass through the gates of death and be no more. Your metaphysical body or the chakra system will travel through the gates of death into larger life with you; and in terms of your own experience or consciousness, your consciousness will not know any stoppage nor will it cease in its being for an instant at any moment during the death process. When you leave this incarnation, you shall be leaving what we would term a

third-density incarnation. And that brings us to the discussion of the densities. **The densities repeat at a macrocosmic level the chakra system of your body.**

The **first density** is equivalent to the red-ray chakra. It is the elemental density of earth, air, wind and fire. It is out of this elemental red ray or first density that your planet was formed and that your body was formed. The elements within your body vibrate at first density.

First density is interpenetrated by second density, and the denizens or inhabitants of second density are governed by that energy which seeks growth, movement and light.

**Second density** includes the plants and the animals that are not self-aware. The world of nature is the world of second density. Neither first nor second density is at all or in any way separate from the love that created it and so all aspects and each iota of first and second-density entities and essences have a full awareness of the love and the light of the one infinite Creator.

**Third density**, however, is a density in which the inhabitants are veiled from that primal, instantaneous and instinctual awareness of this love and light. It is not obvious to the inhabitants of third density that there is a Creator or that they are one with the Creator. The third density is inhabited by those animals of second density that have become aware of themselves. If you gaze upon your pet you will notice that the entity that is your pet is not self-aware. Without self-consciousness it goes about its life.

You, on the other hand, are endlessly self-aware. You are always looking into yourself, asking yourself what you think, how you feel and who you are. You are aware that other entities are looking at you and you can become self-conscious and create all manner of concerns having to do with how you are coming across to other people. Second-density inhabitants are never troubled by concern as to how they are coming across. You, on the other hand, are self-concerned.

The third density is a density which is veiled from direct knowledge of the one infinite Creator in order that you may choose the manner of your being in perfect freedom. The Creator, in creating the universe which you enjoy at this time, wished to know Itself. And you are the sparks of that Creator which are going about the business of getting to know who you are. The harvest of this observation, with its processes of learning and realization, are the gift that your life will offer up to the one infinite Creator at the end of your incarnation.

That harvest is your crowning achievement. All that you have thought and felt, chosen and decided become a system of thinking that has a coherence and exists as a vibratory essence. It is this that remains, not your personality, not anything to do with your physicality, but this very bouquet of thoughts and feelings that you develop into the self that you are. This is your highest achievement. So it is very valuable to yourself in terms of the process of evolution of mind, body and spirit that you are engaged in as a seeker; that constitutes your basic vibration within third density at this time.

It is interesting to note, before we move on to fourth density in our discussion, that your third-density world at this time is giving birth to its fourth-density self. The Earth or Gaia is exhausting its third-density identity at this time. And in unseen realms interpenetrating with the third density planet, or Gaia, is a baby Gaia. It is being born full-grown and is swimming into coherence with the inevitability of the striking of the clock upon the hour. It is time for fourth-density Earth to be born.

We are happy to say that the birth is going well, and the baby is alive. The challenges that you experience in your third-density planet at this time, having have to do with wind and weather, are the birth pains of third-density Gaia as she adjusts her rate of vibration in order to bring forth the fourth-density Earth in both its space/time

and its time/space aspects. At this time, however, it is a time/space phenomenon and it will not become a fourth-density space/time entity until the third-density inhabitants have been thoroughly cleared safely from the planet.

It is worth noting at this time that the planetary evolution is separate from your personal evolution from third density into fourth density. And one of the reasons that you were so happy to come into incarnation at this particular time is that it is a challenging time for your planet. Your heart went out to the planet as it entered this period of transition and you hoped to be a steward and a lover of the planet itself in that you may help it to achieve a soft landing, shall we say, into fourth-density being-ness. When a planet changes densities it is then time for the entities that have had incarnations on the planet also to choose the manner of their being-ness. So you are, as a third-density being at this time, in an incarnation at the end of which you shall be given the opportunity to graduate from third density experiences into fourth-density experiences.

The person that will decide whether or not it is time for you to move on into fourth density with your planet is yourself. Upon your death you shall walk what this instrument is being shown as steps of light, each step being of a slightly fuller vibration of light than the one before it. There is a quantum break between the top level of third density and the lowest level of fourth density. At that point the light changes in its nature. If you are comfortable with fourth-density light, then you shall continue walking up those steps of light into fourth density. Wherever you stop is where you shall find the manner of your being-ness when next you take flesh and incarnate.

If you remained within the third-density range of levels of vibration, then you shall need to move to a third-density planet elsewhere in order to continue your learn/teaching, your teach/learning, and your process of seeking. If when you stopped walking in the steps of light, you were standing in fourth density light, then your next incarnation shall be on planet Earth as a fourth-density being. There are exceptions to this statement into which we shall not go into at this time. In general, this is correct information.

**Fourth density** is a density which has been called the density of love or the density of understanding. In fourth density the lessons of love will be explored. All of the thoughts of all of the entities within a fourth-density planet are known to each other and work is done in groups rather than being done singly.

The **fifth density** is a density which has often been called the density of wisdom.

The **sixth density** has been often called the density of unity. It is a density which explores the balance between love and wisdom.

The **seventh density** has been called the density of forever-ness. In this density the energies of spiritual gravity begin to take hold of you as a spark of the Creator. The Creator shot you forth into first density with the understanding and the knowledge that within an infinite reach of time/space and space/time you would once again be drawn up into the Creator completely. The seventh density is the density where you prepare for and then go through the final stages of return to the one infinite Creator.

At the end of this density, it is as if you have entered a **black hole**, and, indeed, the physical black holes that your scientists have seen are physical aspects of this metaphysical process of spiritual gravity and the return of all that there is into the heart of the one infinite Creator. The end of this density system has been called by this instrument the “**octave**” because she is a musician and sees that when the seven tones, or colors, of creation have been completed there is a return to the original creation of the Father, as this instrument would put it. As the Creator’s heart beats, shall we say, the entire process begins again. It is an infinite cycle.

The Creator is endlessly curious.

Now, each of these densities takes a considerable length of what this instrument would call time. Your density, the third density, is the shortest of all densities, being a bit over 75,000 of your years in length, and if you are familiar with the study of astrology, it is equal to the age of three of the signs of the zodiac. You are now ending one age and beginning another. The age of Pisces is giving way to the age of Aquarius. This 75,000-year cycle is called a density of choice.

You asked, "How can I use the concept of densities?" The most important way that we know of to use this concept is to realize the purpose of the density which you now inhabit. The purpose of the density you now inhabit is to create an environment within which, with complete free will and no compulsions because of knowledge that you have but only through those realizations that come from within, or as this instrument would say, by faith alone, you make a certain choice upon which hinges your path through fourth density, fifth density, and part of sixth density.

The choice is the one of your polarity.

There are **two choices** of ways to go or paths that you may choose within third density. One path is the path of **service to others**. The other path is the path of **service to self**. Either path, followed persistently and with dedication will lead you to graduation from third to fourth density.

In order to graduate from third density in the path of service to others it is necessary for you so to make choices that you end up being the kind of person that will choose service to others over service to self over half the time; that is, 51% of the time or more. A grade or level of choice of 51% percent or higher is that level of polarity which will qualify you for graduation to fourth density on the path to service to others.

If you choose, on the other hand, to follow service to self in order to graduate in the negative polarity it will be necessary for you to make choices that create a person who ends up choosing to be of service to the self 95% of the time or higher; that is, to have a level of service to others that is 5% or less. We realize that it may seem to be off-balance that such a low positive grade would guarantee graduation, since 51% is not usually considered a passing grade, whereas in order to graduate service to self, an entity must have an almost perfect score of 95% or more of service-to-self [orientation.] However, we assure you that it is as difficult to achieve unselfish choices over half the time as it is to achieve selfish choices 95% of the time.

The reason is that the culture in which you are embedded is basically a service-to-self culture, thereby creating an outstanding and substantial bias which must be overcome by those who wish to vibrate in unconditional love, or service-to-others polarity. Choosing to be of service to others at the expense of the self is difficult to speak about and, within the confines of this question and this session of working, we would only point in the direction of speaking about it by saying that there are many examples of those who have chosen service to others at the sacrificial level.

Every parent is an example of those who have chosen to love unconditionally at the expense of their own comfort, time and convenience. Certainly exemplars such as the Buddha, the one known as Jesus, and other gurus and masters of the spiritual path exist as obvious examples of those whose lives exemplify the choices of unconditional love.

It is equally obvious, when one thinks about it, that there are exemplars of service to self. This instrument thinks immediately of the one known as Hitler, and there are many other examples whereby the principles of service to self were invoked. Principles of service to self suggest simply that the self is worthy and that others exist to serve the self. By serving the self those other entities will learn that purity of thought and singleness of mind that will enable them to become service to self in their polarity.

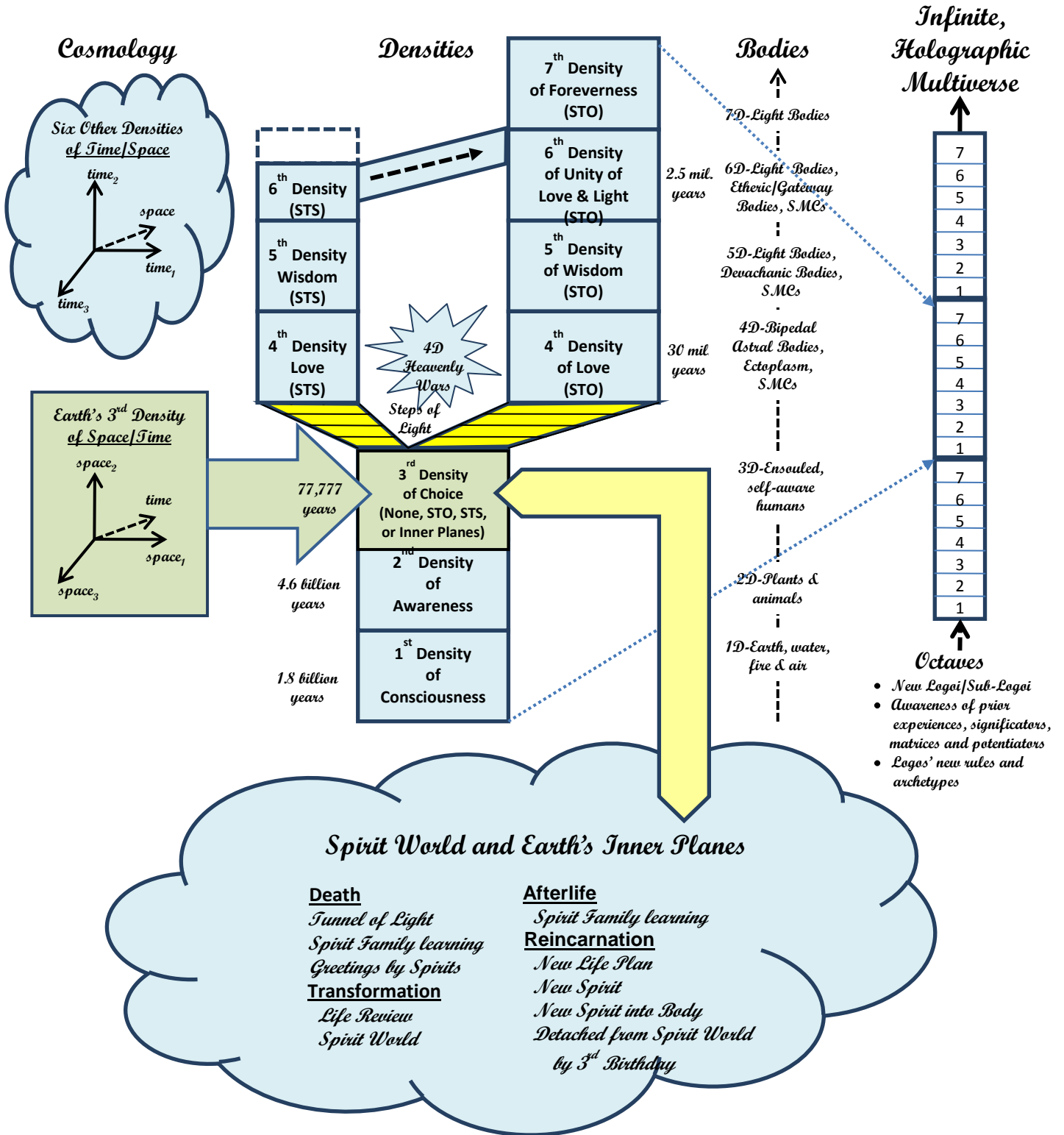
Whether one chooses service to others or service to self as the path, it is a choice in how to love. If you are offering service to others you are expressing the love that is at the heart of your being by offering that unconditional love as your vibratory gift. You are allowing light to shine through you in just the way that a light house would.

If you are expressing service to self you are attracting the light to you rather than allowing it to radiate from you. So you might say indeed that the service-to-others polarity is the path to radiation whereas the service-to-self polarity is the path of magnetism or attraction.

It is your choice. How do you wish to express the love that created you? What do you feel is the truth and the heart of your being? Do you wish to follow entities such as Jesus the Christ, Gautama Buddha, or that guru that speaks to you of unconditional love? Or do you wish to follow those exemplars of the negative path which will teach you how to purify your ego and create a universe in which all things lead to you, and all other entities exist to serve you?

**The point is to make a choice.** If you do not make a choice, then you shall, along with your culture, take one step forward and then one step back. [You will] do a service-to-others act and then be selfish. You will never gain power until you begin to make, not only that first choice, but then to hold to the determination to live in such a way that your subsequent choices build on that first choice. With every choice that you make which is consistent, you are building polarity. You are strengthening your ability to do work in consciousness, and you are becoming a magical, powerful being; the being that you were meant to be; the being that you hoped to be when you took the bold and unimaginably brave step of casting away the memory of who you are in order to enter into the world of illusion that is third density so that you could, by faith alone, choose the manner of your expression.”  
*(Q’uo, Special Meditation, 10/15/05)*

Our Infinite, Holographic Multiverse



PUPAK H-B. PRESENTS  
*Open Pollinated Seeds:  
Their Identity & Mission*

*Wanderers often feel 'at home' for the first time as they meet others of like mind.*  
Aaron/Q'uo Dialogues, p. 380

Dear wanderers and fellow seekers,

I am happy to join our circle this weekend even though from a distance. This joining truly brings me 'home.' I am glad to be sharing the gifts of openly pollinated seeds with you. This has been a gift and a task given to me by the spirit - now I pass it on to you.

For Life, with love, Pupak  
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Seeds are at the Heart of renewal, regeneration, and reproduction in the plant kingdom. Open Pollination is the natural means and way of the plants to reproduce. Through openly pollinating, either self-pollination, or cross-pollination, the immense diversity in the plant-kingdom has been achieved. Our ancestors understood the nature of open pollination and bred vegetable varieties suitable to their locations.

This story changed since 1920's with experiments to hybridise the seeds - to make the seed do something against its own nature. The story got worse over time. Now we have GM Seeds, Hybrid Seeds, and CMS Seeds, all non-reproducible seeds (a self-contradiction), all man-made creations for the monopoly and control of the food market.

Now we are facing a world where the source of our food renewal and fertility is under siege by non-renewable seeds. We have lost up to 75 to 80% of the genetic diversity of Open Pollinated Seeds in our food supply, and this trend is increasing. It is time we recognise the predicament of our food dependence on non-renewable seeds and change course to the Open Source of OP Seeds.

The urgency of the matter prompted my husband, Peter Brinch and I, to start a campaign to bring the public's attention to what is happening to the critical and central role of the seeds in our food cultures and our choice regarding the kind of food and seeds we want to promulgate.

**For more information on the campaign go to:**

[open-pollinated-seeds.org.uk](http://open-pollinated-seeds.org.uk)  
[http://www.hoopoesong.com/Open\\_Pollinated\\_Seeds.html](http://www.hoopoesong.com/Open_Pollinated_Seeds.html)

Nowadays most people have heard of GM or hybrid seeds, but not many recognise what Open Pollinated Seeds are and what tremendous power and gift the genius in their design offer us.

We recognised the need to discern the OP Seeds and Produce grown from them as opposed to the hybrids and GM produce in the Market. Therefore a symbol was designed to label Open Pollinated Seeds and Produce (the seed Logo on this page)

We encourage people to use and disseminate the symbol widely to spread the power of OP Seeds. You can down-load the symbol from our website. Feel free to use the symbol on OP seed packages, for seed-swap events, posters, cards, envelopes, or any other way you can think of.

Open Pollinated Seeds:

- are naturally pollinated - by insects or wind; not enforced pollination or in-breeding.
- contribute to food plant biodiversity (of which we have lost 80% in Europe this last century).
- are adaptable - they are genetically variable and therefore able to adapt to climate change, to particular landscapes and environmental conditions and evolve along with them.
- can be seed-saved by farmers, market gardeners, home gardeners and allotment holders.
- seed saved will breed true-to-type plants, resembling parent plants - unlike hybrids.
- can be used to develop local varieties.
- are non-GM, non-hybrid, and non-patented.

By using Open Pollinated Seeds you protect biodiversity.

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How to Protect OP Seeds and Encourage their Use

- One obvious way is to **grow** them. OP varieties can be sourced through seed catalogues. Please see *seed links* page on web address [www.open-pollinated-seeds.org.uk](http://www.open-pollinated-seeds.org.uk) for OP seeds retailers.
- **Identify** seed types on seeds packets when buying seeds direct from garden centres, hardware stores and agricultural merchants. If there is no F1 written on the packet (front or back), then it is an open pollinated variety.
- A **logo** has recently been designed for identification of open pollinated varieties and seeds. Please use it generously and tell others about its existence. The OP logo on front of card can be obtained from the website mentioned.
- Another way is to **buy** OP produce or **ask** for it. Farm shops, farmers markets and box schemes can now identify their open pollinated produce through using the suggested logo.
- Experience the **wonder** and **beauty** of how your vegetable species go to flower and seed by allowing them to do so. It's fascinating, revealing and the insects love it.
- Learn to **save seeds** of some of the species that you grow by attending *seed saving workshops*.
- If you know the essential principles of seed saving, **offer** workshops and share your knowledge, your experience and your insights.
- **Adopt** an open pollinated variety and maintain it through saving its seeds.
- Become an open pollinated seed **producer**.
- Be an agent and **tell** others about open pollinated varieties and seeds.

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JIM I. PRESENTS  
*A Tale of Eve*

The life we are given is but a small piece of an infinite puzzle. We are interlocked with all whose path we cross. It has been said that we see partial reflections of ourselves in all we who encounter passing through this life. Sometimes, if we are very fortunate, we find a soul that completely mirrors our own; someone that seems to have always belonged with us. A soul, so like our own, it contains all we aspire in ourselves and, paradoxically, everything we despise. This is a story of just such an experience. This is the tale of Eve.

GARY B. PRESENTS  
*30 Minutes with My Morning Jacket*

Lyrics to select songs from the album "Circuital"

**VICTORY DANCE**

Should I close my eyes and prophesize  
Hoping maybe someday come  
Should I wet the ground with my own tears  
Crying over whats been done

Should I lift the dirt and plant the seed  
If I knew I'll never grow  
Should I wet the ground with the sweat from my brow  
And believe in my good work  
My good work  
My good work  
My good work

Hey there, I'm flying up above  
Looking down on the tired earth  
And I can see, I can see potential  
Speaking through you, speaking to you  
From all of heaven's possibilities

Power, hey do know how it works  
Hey do you know that the meek, they shall inherit the earth  
You should work, you should work  
leaving with something of ?

Should I hit the water or stay on dry land  
Even though I've never swam  
Take machete into the brush  
Though at first there is no (man?)

Taste the war paint on my tongue  
As it's dripping with my sweat  
Place my gaze in the futures path  
Seeing things that ain't come yet

Hope to watch the victory dance  
After whole day's work is done  
Hope to watch the victory dance  
In the evening's setting sun

Hope to watch the victory dance  
over many lives to come  
Hope to watch the victory dance

In the evening's setting sun

Setting sun  
setting sun  
setting sun

Hope to dance the victory dance  
After whole day's work is done  
Hope to dance the victory dance  
In the evening's setting sun

Hope to dance the victory dance  
Over many lives to come  
Hope to dance the victory dance  
In the evening's setting sun

## CIRCUITAL

Spinning out, gracefully  
Going nowhere, quickly  
I'm older, day by day  
But still going back to my childhood way

Circuital Round and round patiently  
Getting lost by the guide  
And I'm all worked up over nothing

Circuits All in and out  
Connect my body  
Deep into the ground  
Circuits Connect the earth to the moon  
And link our heavenly bodies  
And not a moment too soon

Well you can fling open the windows  
Or you can board them up Satan's jeweled crown  
Or Christ's humble cup

You think you'll find yourself out there  
Out in the lion's den  
In some bloody battle  
Over belief systems

Or disappear into the vacuum  
Total neutrality  
Where you can't lose nothing  
But nothing can be gained

Well anyway you cut it

We're just spinning around  
Out on the circuits  
Over the hallowed grounds  
Out on the circuits  
Over the hallowed grounds  
Ending up in the same place  
That we started out  
Right back in the same place  
Right back in the same place  
That we starting out

### THE DAY IS COMING

You need it, that's for sure  
You receive, but always want more  
Take it for granted,  
This lifetime and what's up ahead

But the day is coming  
The day is near  
The day is coming  
You know what I mean  
The day is coming  
The way is clear  
The day has come

Bang bang, on the door  
You opened, not knowing what for  
If opportunity, rears its head  
Will you answer, or stay home in bed

Hey babe

Cause the day is coming  
The day is near  
The day is coming  
You know what I mean  
The day is coming  
The way is clear  
The day has come, ooh

Hey babe

Cause the day is coming  
The day is near  
The day is coming  
You know what I mean  
The day is coming  
The way is clear  
The day has come

## OUTTA MY SYSTEM

Told me not to smoke drugs, but I wouldn't listen  
Never thought I'd get caught and wind up in prison  
Chalk it up to youth, but young age I ain't dissin'  
I guess I just had to get it outta my system  
Outta my system, outta my system  
Oh lord I'd never do it now I know what I ain't missing  
I'm glad I went and got it all outta my system

The lust of youth versus married security  
I'm glad I'm here now, but just between you and me  
I had to get it out and make the deals  
And learn to know how it feels but that it ain't real  
Outta my system, whoa outta my system  
There's a way to have it all you know I ain't kidding  
Some things I know I'll never get outta my system  
[ Lyrics from: <http://www.lyricsty.com/my-morning-jacket-outta-my-system-lyrics.html> ]  
If you don't live now you ain't even trying  
And then you on your way to a mid-life crisis  
Livin it out, any way you feel  
You can feel it in your bones, but try to deny it  
Wipe it off your face but your eyes won't hide it  
You knew it all along, but never made it clear

They told me not to steal cars said I'd wind up in prison  
Thought I knew it all, yeah I wouldn't listen  
Chalk it up to young age, but youth I ain't dissin'  
I guess I just had to get it outta my system  
Outta my system, whoa outta my system  
I'm glad I did it all, then I know what I ain't missing  
Glad I went and got it all outta my system

I'm glad I did it all now I know what I ain't missing  
Glad I went and got it all outta my system, oh  
I'm glad I did it all now I know what I ain't missing  
Glad I went and got it all outta my system, oh, oh, oh

## FIRST LIGHT

First light tonight,  
First light tomorrow,  
First light this morning,  
First light this evening,  
First light tonight.

Been looking back,  
Down through the ages;  
First I was an ancient,

Then I was an infant,  
Now I am alive.

Been holdin' out,  
Searchin' for something,  
Something to carry  
Me over the sunset,  
To dawn's early lights.

First light tonight,  
First light tomorrow,  
First light this evening,  
First light this morning,  
First light tonight.

Then I found it  
I did it, finally oh  
My search it was over  
I prayed till was gone  
My all in light  
I been there...

Still holdin' on

First light tonight,  
First light tomorrow,  
First light this morning,  
First light this evening,  
First light tonight.

First light tonight,  
First light tomorrow,  
First light this evening,  
First light this morning,  
First light tonight.

SEPHIRA V PRESENTS  
*Cosmic Genesis in the Ra Material*  
Edited by Gary L. Bean and Lana Autio

## I. The Law of One

“The Law of One, though beyond the limitations of name, as you call vibratory sound complexes, may be approximated by stating that all things are one, that there is no polarity, no right or wrong, no disharmony, but only identity. All is one, and that one is love/light, light/love, the Infinite Creator” (4.20).

## II. Infinity (or Intelligent Infinity, first usage)

### *Infinity*

Infinity is identical to Unity: "That which is infinite cannot be many, for many-ness is a finite concept. To have infinity you must identify or define that infinity as unity; otherwise, the term does not have any referent or meaning" (1.6).

Author's Aside: Etymologically, 'in-finite' means “without boundary” or “without limitation”. Typically, this definition is imagined as an expansiveness: the boundaries which are usually imagined to be absent are those which are *external* to that which is infinite. Interestingly enough, the word 'unity' also means “without boundary,” but this is typically imagined as a compression. The boundaries which are imagined to be absent by most users of this word are *internal* to that which is unified. When we remove our biases concerning the meanings of these words, we discover that even their definitions are identical: that which is infinite and therefore unified has no boundaries, internal or external – for there *is* no internal or external for Infinity.

Infinity is that which distorts itself, Creating thereby.

Infinity is also identical to the All, the Creation (13.5) and the Creator (13.13) together, undistinguished from each other: "The first known thing in the creation is infinity. The infinity is creation" (13.5). Therefore, the term “Infinity” is also synonymous with the terms “One Creator,” “One Infinite Creator,” and even “Creator” (depending on context, see the excerpt from answer 51.10 below).

“Infinity,” as Ra uses the term, is not to be understood as a state of being, a condition, or a category. Rather it is the conditionless condition in which all things are merely by virtue of *being*. Anything that is perceived as *other than* or *not* Infinity is what Ra calls an “illusion” or “distortion”.

### *Intelligent Infinity*

“Intelligent Infinity” is a term that Ra calls “two-sided”. In the first sense of this two-sided term, “Intelligent Infinity” is equal to the term “Infinity”, for Intelligent Infinity in this sense refers to “undistorted unity, being without any kinetic or potential side” (27.7). In the second sense of the term, “Intelligent Infinity” refers to the potential side of Infinity, once the First Primal Distortion has been discovered.

Intelligent Infinity in the first sense is also equal to the term “Creator”. In 51.10, Ra tells us that “The intelligent energy of the mind/body/spirit complex totality draws its existence from intelligent infinity or the Creator. This Creator is to be understood, both in macrocosm and microcosm, to have, as we have said, two natures: the

unpotentiated infinity which is intelligent; this is all that there is.” In this quotation, Ra not only identifies Intelligent Infinity with “the Creator,” but Ra also points out, for a second time, that these terms, “Intelligent Infinity” and “Creator”, have “two natures”. In the first sense, that nature is “unpotentiated infinity” which solidifies the equivalency between this first sense of these two terms and the concept of Infinity.

In 27.12, Ra equates a set of terms: “Intelligent Infinity or unity or the One Creator.” This demonstrates that these seemingly disparate terms all refer to the same basic concept, but each sheds a different light upon what is contained in that infinite concept known as “Infinity”. In Ra's terminology, this Unity or Intelligent Infinity is a simple, though mysterious concept: “Unity...cannot be specified by any physics but only be activated or potentiated intelligent infinity due to the catalyst of free will” (28.1).

Author's Aside: Although the word “intelligent” leads the reader to think that Intelligent Infinity in its usage as “undistorted unity” is aware, there is a deeply logical reason to associate the event “Infinity became aware” (13.6) with the First Primal Distortion of Free Will, rather than with unpotentiated Infinity. In 13.5, Ra is asked what the first known thing in creation is, to which Ra answers that it is Infinity. In 13.6, Ra is asked what the “next step” in evolution is, to which Ra answers that “Infinity became aware.” Finally, in 13.7, Ra is asked what the “next step” after this is, to which Ra answers that “Awareness led to the focus of Infinity into Infinite Energy.” Careful observation of Ra's usage of the words “focus” and “focusing” within the context of cosmology reveals that these words always refer to the Second Primal Distortion, Love or Logos. Hence, if the only step that came before the Second Distortion is “Infinity became aware,” this step must also be the First Distortion. If we do not associate the terms “awareness” and “Free Will”, there is no room within the cosmology in Session 13 for the First Distortion. The significance of this fact is that if awareness is a distortion which is taken on by Intelligent Infinity, but “unpotentiated Infinity” is “intelligent” (51.10), then we must approach the word “intelligent” as in some sense *distinct* from the word “aware”. Intelligence clearly describes Infinity without distortion, whereas awareness describes the first distortion called forth by Infinity. Consequently, my best characterization of the meaning of the word “intelligent” in this first usage of the term “Intelligent Infinity” is that it presages the eventual awareness and Creatorhood that undistorted Infinity will experience. That is, the intelligence of Intelligent Infinity in the first sense is the latent capacity to become an aware Creator which is still coiled up in the undistorted mystery, unknown even to Infinity. It is the catalyst not yet found, the potential not yet acquired. It is worth mentioning, of course, that Ra resists any attempt to separately the word “Intelligent” separately from the word “Infinity” (27.4).

### *The Center of Infinity*

In 82.7, Ra says that “there is a center to Infinity,” and it is from this center which creation spreads, just as a central Sun remains in the center as the evolution of galaxies and star systems progresses. Therefore, we may imagine that the macrocosmic infinity, the One Infinity, is that portion Infinity which is pure and undistorted and remains so even as the microcosmic portions of Infinity distort themselves and become the creation and the experience of that creation. As Ra says, “The one undifferentiated intelligent infinity, unpolarized, full and whole, is the macrocosm of the mystery-clad being” (28.1).

## III. Distortion

### *Distortion*

Infinity is the All (13.5, 13.13), including the finite. There is nothing which is not infinite, nothing which is not of Unity. Infinity is pure and undistorted Unity. It is also, simultaneously and completely the manifest universe of many-ness and distortion. Everything that appears not to be pure and undistorted Unity is a distortion of



Infinity.

A distortion is a characteristic which varies from the One Infinite Creator in its pure form. Everything is a distortion, then, beginning with the First Primal Distortion of Free Will and extending to all the various distortions of light in its manifested forms and universes. Distortion is not a pejorative term, as all things, all concepts, all entities, all energies and all experiences are distortions of the One Infinite Creator. If an experience approaching unity with the Creator is desired, the seeker must lessen the degree of the distortion which creates an illusory separation between the self and the Creator, by learning to vibrate more and more as the One Infinite Creator.

Distortion does not somehow lessen or reduce Infinity, or somehow get outside Infinity or become *other* than Infinity – rather, distortion obscures and conceals Infinity, creating entire holographic systems of perception that make it appear as if its constituent residents exist and operate in a field which is finite and many, those residents subject to the dual master illusions of time and space and able to distort their experience further.

In 13.13, Ra says: “It shall be understood that any portion, no matter how small, of any density or illusory pattern contains, as in an holographic picture, the One Creator which is Infinity. Thus all begins and ends in mystery.” No matter the depth and extent of the distortion, then, the One Infinite Creator is not diminished, separated from or lost – rather, the distortion only conceals the Creator to the sight of the beholder, as each seeming aspect of the manifest universe contains, as Ra says, “The One Creator which is Infinity”. Infinity is fully present within each iota of seeming non-infinity.

Author's Aside: As a metaphor which is deeply consonant with the metaphysics of the Ra Material, distortion may also be understood as the spectral expansion of One into Many. In this sense, white light through a prism may be said to *distort* into the color rainbow.

### *Primal Distortions*

Among the many distortions of the One Creator, there is a very small set of fundamental distortions which Ra describes as “primal distortions”. From these primal distortions, all other distortions, infinitely many, emerge (15.21).

In answer 1.6, Ra says “There is no polarity for all will be, as you would say, reconciled at some point in your dance through the mind/body/spirit complex which you amuse yourself by distorting in various ways at this time. This distortion is not in any case necessary.” Because all distortion begins with the first primal distortion, Free Will, no distortion is necessary. Rather, all distortion is “chosen...as an alternative to understanding the complete unity of thought which binds all things” (1.6).

Author's Aside: In 13.12, the words "paradox" and "distortion" are used interchangeably. Paradox is the logical conundrum in which two statements which seem to be contradictory necessitate each other's truth. Consider, for example, the sentence, "This sentence is false." If the sentence is false, it is true, but if it is true, it is false. The essence of paradox, then, is the inextricable union of opposites. Because the first paradox is the concept of "finiteness" or manyness emerging in a context of perfect unity, the essence of both paradox and distortion can be said to be this: The One is the Many. What is undistorted is the One, and what is distorted is the Many. In this sense, all of experience can be seen to emerge from the paradox of the One distorting into Many.

## IV. Primal Distortion

“There is only one law. That is the Law of One. Other so-called laws are distortions of this law, some of them primal and most important for progress to be understood. However, it is well that each so-called law, which we also call “way,” be understood as a distortion rather than a law. There is no multiplicity to the Law of One” (22.27).

There are many laws by which the experience of Creator by Creator is dictated, but all of these laws may be said to be sub-laws under the one great Law, which is the Law of One: All is One. But these “laws” or “ways” – which create the illusion through which the Creator experiences itself – are actually just distortions of the One Creator, so Ra often refers to them as such. Among these distortions some of them are known as “primal”. We know from the definition of the word “primal” that these distortions must be somehow fundamental and/or logically prior to other distortions. Among the primal distortions mentioned in the Ra Material are the Law of Free Will (sometimes Ra refers to this as the Law of Confusion, though they do not seem to be strictly identical), the Law of Healing, the Law of Love, and the Law of Light.

There are three primal distortions of the Law of One which may be seen as primordial or logically prior to all other distortions, including other primal distortions of the Law of One. The First Distortion is Free Will, the Second Distortion is Love, and the Third Distortion is Light. (See: “Distortion, First”, “Distortion, Second”, “Distortion, Third”.) In 15.21, Ra says, “From these three distortions come many, many hierarchies of distortions, each having its own paradoxes to be synthesized, no one being more important than another.” And after the first three primal distortions, “the many-ness of distortions are equal one to another”.

## V. The First Distortion, Free Will

### *Free Will and Awareness*

The First Primal Distortion of the Law of One is called Free Will. Prior (logically, not temporally) to this distortion, there was only Infinity/Unity, pure and undistorted.

"In the first distortion of the Law of One it is recognized that the Creator will know Itself" (27.8). Thus, the Free Will of the First Distortion is the freedom of the Creator to know itself.

Before anything more can be said about this distortion, a subtle point must be made, one about which there is some contention among followers of the Ra Material. In Session 13, Ra is asked about “the first known thing in the creation.” Ra's answer is “The first known thing in creation is Infinity.” Don's very next question is “What was the next step?” to which Ra answers “Infinity became aware.” Don's next question is “After this, what came next?” to which Ra answers “Awareness led to the focus of infinity into infinite energy.” Here we have a starting point and two very distinct steps which follow. They can be schematized as follows:

Infinity is.  
 Infinity became aware.  
 Awareness led to the focus of Infinity into Infinite Energy.

Then, in Session 15, Ra says “The first distortion, free will, finds focus. This is the second distortion known to you as Logos, the Creative Principle or Love.” Here we have the very same cosmological structure, but with different terminology. The starting point is left out of this description, but it is always the same: undistorted unity, also known as Infinity.

- 0. Infinity is.
- 1. Infinity discovers free will.

## 2. Free will finds focus.

A keen observer of the Ra Material will also notice that, in the context of cosmology (as opposed to meditation or pyramids, for example), Ra only uses the terms “focus” and “focusing” in reference to the Second Distortion, the focusing of Intelligent Infinity into Intelligent Energy. Hence, we can judge that “the focus of Infinity into Infinite Energy” is the same process described with different terms. It is also worth mentioning that Ra only ever uses the term “Infinite Energy” twice. Even when this issue is approached from an intuitive standpoint, it seems that the activities of “Infinity becoming aware” (self-awareness) and the “Creator becoming free to know itself” (self-knowledge) are one and the same.

In 13.7, Ra says “The Creator is the focusing of infinity as an aware or conscious principle called by us...Intelligent Infinity.” Although this quotation admits to the anomaly of using the terms “the Creator” and “Intelligent Infinity” as if they have different referents (something which is contradicted in 51.10 and 27.12 where Ra clearly identifies the two terms), which has spawned alternate interpretations of the quotation – nevertheless, “infinity as an aware or conscious principle called by us...Intelligent Infinity” seems to strongly associate the concept of awareness with the concept of Intelligent Infinity (understood as a potential in relation to a kinetic, and not as undistorted unity. See the entries on Intelligent Infinity (first usage) and Intelligent Infinity (second usage)).

Intelligent Infinity (in the second sense), aka the Creator, is possessed of Free Will as a potential which is aware of and therefore has the freedom to project itself into its kinetic aspect. In other words, when the First Primal Distortion is viewed from the perspective of its association with the primordial awareness discovered by One Infinite Creator, it becomes evident that the free will of the Creator is precisely what distinguishes the potential side of the Creator from the kinetic side. Thus, the First Distortion creates the *possibility* of experience, which begins with the relationship between the potential and the kinetic.

Author's Aside: Though Ra clearly prefers the physics terminology “potential” and “kinetic”, the relationship between these two terms corresponds to a more common philosophical vocabulary. Since Free Will is associated with awareness and awareness also admits of a dual relationship, the two terms, “subject” and “object”, may harmoniously be associated with “potential” and “kinetic (respectively). Just as the kinetic, Intelligent Energy, becomes a microcosm or reflection (or, as Ra gives in 28.2, a “representation” or “recapitulation”) of the potential, Intelligent Infinity, so in awareness, the object becomes a microcosm of the subject. The free will of the Creator may thus be seen to be the freedom that the subject has to determine which aspects of the object will be observed. Or, in Ra's terminology, the freedom that Intelligent Infinity has to focus itself into Intelligent Energy. The freedom of the awareness is precisely its freedom to focus, which we commonly call “attention”. What you pay attention to is what you will experience. Hence, the awareness of the Creator, Intelligent Infinity, pays attention to certain parts of its reflection, Intelligent Energy, thereby focusing these parts.

However, as soon as Intelligent Infinity focuses upon Intelligent Energy, the first discovery *within* Intelligent Energy is the First Distortion. That is, the focusing of Intelligent Infinity is the discovery of a *new* awareness, a microcosmic awareness which belongs to the focus and not to the Whole. The “One Intelligent Infinity” may then be thought of as the awareness of the One Infinite Creator; however, once this awareness finds focus, it is Intelligent Energy which discovers awareness by connecting itself to a distinct and unique portion of Intelligent Infinity. This portion of Intelligent Infinity then becomes the dedicated link between the new focus and the All.

### *Finity*

In addition to the onset of Free Will and awareness as defined by the second usage of Intelligent Infinity, the

First Distortion is also the first expansion of the One into Many; therefore, this distortion *is* the concept of Manyness, or "finity" as Ra names it: "The Intelligent Infinity discerned a concept. This concept was discerned to be freedom of will of awareness. This concept was finity. This was the first and primal paradox or distortion of the Law of One. Thus the one Intelligent Infinity invested itself in an exploration of many-ness" (13.12). In the First Distortion, it is recognized that the Creator will know itself, and the means of this self-knowledge is an exploration of many-ness aka finity.

Although the First Distortion is the concept of "finity," Infinity is still the nature of the Creator, so there is no end to the exploration of finity: "Due to the infinite possibilities of Intelligent Infinity there is no ending to many-ness. The exploration, thus, is free to continue infinitely in an eternal present" (13.12).

### *Extension of the First Distortion into All Subsequent Distortions*

As the First Distortion, Free Will is present within every subsequent distortion. Thus, each newly distorted aspect of the One is possessed of Free Will and thus capable of becoming a co-Creator by finding its own unique contact with the vast potential of Intelligent Infinity: "With the primal distortion of free will, each galaxy developed its own Logos. This Logos has complete free will in determining the paths of intelligent energy which promote the lessons of each of the densities given the conditions of the planetary spheres and the sun bodies" (19.11). It is as if Intelligent Infinity has a dedicated conduit for each new co-Creator, thus splitting itself into many smaller and smaller awarenesses which are all, paradoxically, part of the same Unity.

"If you will penetrate the nature of the first distortion in its application of self knowing self, you may begin to distinguish the hallmark of an Infinite Creator, variety" (54.7). Each distortion of the One is possessed of infinite freedom to explore its uniqueness, thus among all distortions of the One, there is infinite variety.

### *The Law of Free Will and the Law of Confusion*

In the third density, the First Distortion is largely experienced in microcosm. Whereas Free Will in its primordial sense exists within all third density entities, there is another form which it takes, called by Ra, the Law (or Way) of Confusion. In 27.10, Ra plainly says "In your illusion all experience springs from the Law of Free Will or the Way of Confusion." The Way of Confusion is the veiling process which provides a more robust free will to planetary entities through the co-Creatorhood of *each* incarnation of any given entity. Thus, the "confusion" with which we are born is also the freedom which we are given to determine our own experiences without reference to what we have already experienced in previous incarnations.

## **VI. The Second Distortion, Love or Logos**

### *Intelligent Energy and Logos*

The Second Primal Distortion of the Law of One is called Logos or Love. Prior (logically, not temporally) to this distortion, the awareness of Intelligent Infinity was without focus.

Author's Aside: Intelligent Infinity, once invested with Free Will, must have already undergone the first separation, which Ra implies is the separation between potential and kinetic (27.7). This is so because all awareness is *awareness of*. In order for Intelligent Infinity to be aware, it must have something within its awareness and therefore it must have a reflection of itself to perceive. This is the first split, the first distinction within Unity, and it is the kinetic aspect of Intelligent Infinity (known by Ra as Intelligent Energy) which acts as a reflection, a "representation" or a "recapitulation" (28.2), of the potential aspect of Intelligent Infinity (also named "Intelligent Infinity"). But prior to the focusing of this kinetic aspect,

there is no further differentiation within Intelligent Infinity apart from simple awareness. Therefore, prior to the focusing, the kinetic aspect is just as undistorted as the potential aspect, merely reflecting the unity of the Creator back to itself.

"The first distortion, free will, finds focus. This is the second distortion known to you as Logos, the Creative Principle or Love" (15.21). The act of focusing is, itself, the Second Distortion (27.12). This act is "the great activator and primal co-Creator" (27.13), and so is also called the Creative Principle. Referring to Aristotle's terminology of the Mover which is itself Unmoved, Ra also refers to the Logos as a "prime mover" (27.15). And again, in 13.7, Ra says that the next step after Infinity becomes aware is that "awareness led to the focus of Infinity into Infinite Energy." Ra only uses the term "Infinite Energy" twice within the entire Ra material, so, based on context, we may infer that this term is later replaced by "Intelligent Energy".

Upon naming the second distortion as "Logos, the Creative Principle or Love" in 15.21, Ra refers to it as "Intelligent Energy" in the very next sentence, invoking an identity between the two terms "Love" and "Intelligent Energy". There is thus an relationship between Intelligent Energy and the Second Primal Distortion (or Love) just as there is a relationship between Intelligent Infinity and the First Primal Distortion (or Free Will).

These associations, the First Primal Distortions with Intelligent Infinity and the Second Primal Distortion with Intelligent Energy, however, are not as easy to glean within the Ra Material as it may seem. In 92.18, Ra states that "Intelligent Energy in the kinetic phase, through free will, creates the Logos," whereas in 92.13, Ra states that "the kinetic phase of Intelligent Infinity, through free will, reaches for the Logos." On the one hand, we know that Ra occasionally misspeaks, using one term when Ra intends another. In Ra's definition of Intelligent Infinity, in 27.7, the kinetic is distinguished as Intelligent Energy which is opposed to the potential, which is distinguished as Intelligent Infinity. However, because Intelligent Energy is "formed from the potential of Intelligent Infinity" (27.12), drawing a sharp identity distinction between the two terms is not possible. Rather, it may be best to understand them as two phases of Intelligent Infinity: the potential may be viewed as the static, unchanging phase; whereas the kinetic may be viewed as the dynamic, changing phase. In Ra's cosmology, it is the dynamic which flows forth from the static, the kinetic which is formed from the potential, so although the two phases are distinct, they are inextricably linked: one cannot exist without the other. There is no potential without actualization, and there is no movement without a mover. Hence, Ra may coherently say either "Intelligent Energy in the kinetic phase" or "the kinetic phase of Intelligent Infinity", referring to the same kinetic phase, whose name is given by Ra as Intelligent Energy.

More importantly, however, it is this kinetic phase which "reaches for" and "creates" the Logos. Therefore, Intelligent Energy precedes the Logos. We may smooth this confusion with a short story of the Beginning. Intelligent Infinity in its first sense, undistorted unity, became aware. This split Intelligent Infinity into a potential aspect (known also as Intelligent Infinity) and a kinetic aspect (known as Intelligent Energy), the former became aware of the latter. But because all is one, both aspects are possessed of Free Will, thus the kinetic aspect, which, because it is kinetic, is capable of further distortion, "reaches for" focus. Here, we can imagine that the Creation (Intelligent Energy), without knowing that it is doing so, seeks to emulate the Creator (Intelligent Infinity). In doing so, it calls forth the attention of Intelligent Infinity until there is a focused stream of awareness which becomes dedicated to this one focus of Intelligent Energy. Once Intelligent Energy becomes aware, the process may be repeated again, as Love begets Light which then finds its own awareness.

The first act of Creation is therefore the split between potential and kinetic due to the discovery of awareness within Infinity, while the second act of Creation is the kinetic's act of reaching for focus, known as Logos. Hence, Intelligent Infinity (in its second sense) is the One Infinite Creator which now has free will, while Intelligent Energy, which may be thought of as that same Intelligent Infinity (again, in its second sense) reflected and set to motion, becomes the substance of Logos, the stuff of which the Logos is a focus. Or, to put it yet another way, if Intelligent Infinity (as a potential) is the subject which is aware and Intelligent Energy is the

object of which the Intelligent Infinity is aware, then the Logos is the object which then becomes its own subject, so the awareness of Intelligent Infinity is the first thing which is reflected back to itself through the awareness of Intelligent Energy. Thus, Intelligent Energy *focuses on* or *attends to* itself. *This* is the Second Primal Distortion known as Love or Logos or the Creative Principle.

### *Infinite Reaction to the Creative Principle*

The next step after Intelligent Infinity finds focus is “an infinite reaction to the Creative Principle following the Law of One in one of its primal distortions, freedom of will. Thus many, many dimensions, infinite in number, are possible. The energy moves from the Intelligent Infinity due first to the outpouring of randomized creative force, this then creating patterns which in holographic style appear as the entire creation no matter which direction or energy is explored. These patterns of energy begin then to regularize their own local, shall we say, rhythms and fields of energy, thus creating dimensions and universes.”

This one quotation offers a wealth of information about the Second Primal Distortion. As there is One Infinite Creator, there is also "One Logos of this octave" (81.33), representing the first instance of the Second Primal Distortion. In response to this first focus, there was an “infinite reaction” within that One Logos, a cascading of further and further focusing. Once it was discovered that Intelligent Energy could focus, this process repeated over and over in an effort to explore this distortion in its fullness. Because “each step recapitulates Intelligent Infinity in its discovery of awareness” (13.16), the Intelligent Energy within the One Logos may freely individuate into an infinitude of Logoi (plural of "Logos") and sub-Logoi, each of which is also a prime mover and each of which is also an instance of the Second Primal Distortion. This “infinite reaction” may be seen as the beautiful mating dance of the First and Second Primal Distortions, for it is only through Free Will that each new Logos may individuate.

In the First Primal Distortion, Infinity conceives finitude -- that which Infinity is not. In the Second Primal Distortion, this concept repeats itself in the finite qualities which distinguish one Love or Logos from another, each infinite in its uniqueness: "Each Love, as you term the prime movers, comes from one frequency, if you wish to use this term. This frequency is unity. We would perhaps liken it rather to a strength than a frequency, this strength being infinite, the finite qualities being chosen by the particular nature of this primal movement" (27.15).

According to Ra's definition of the Second Primal Distortion, the Love or Logos itself is the freely chosen act of focusing of Intelligent Infinity into Intelligent Energy. Each focus, each Love, emanates from Unity through Free Will, its finite qualities providing that Logos with its own unique identity: "[Love] must be defined against the background of Intelligent Infinity or unity or the One Creator with the primal distortion of free will. The term Love then may be seen as the focus, the choice of attack, the type of energy of an extremely, shall we say, high order which causes Intelligent Energy to be formed from the potential of Intelligent Infinity in just such and such a way. This then may be seen to be an object rather than an activity by some of your peoples, and the principle of this extremely strong energy focus being worshipped as the Creator instead of unity or oneness from which all Loves emanate" (27.12).

### *The Holographic Structure of Love*

The passage from 13.8 above also tells us that once Intelligent Energy focuses into a Logos, it takes on a holographic structure. This structure, more popularly known as a fractal structure, repeats its own patterns within itself such that each part of the creation, each Logos and each sub-Logos, is a microcosm of the whole creation of which Infinity is the macrocosm. Thus, as a consequence of the First Distortion, Free Will, the Second Distortion individuates into microcosmic co-Creators: "The galaxy and all other things of material of which you are aware are products of individualized portions of Intelligent Infinity. As each exploration began, it,

in turn, found its focus and became co-Creator" (13.13). The continual individuating and coming to awareness of smaller and smaller aspects of Creation "recapitulates Intelligent Infinity in its discovery of awareness" (13.16).

Thus the Intelligent Energy of the Logos is inherently organized. It organizes the creation in a hierarchical hologram, descending in microcosmic orders, according to the "finite qualities" (27.15) chosen by each Logos: "It is necessary to consider the enabling function of the focus known as Love. This energy is of an ordering nature. It orders in a cumulative way from greater to lesser so that when Its universe, as you may call it, is complete, the manner of development of each detail is inherent in the living light and thus will develop in such and such a way" (28.5). In this context, a reasonable interpretation suggests that the "finite qualities" of the Logos are the chosen archetypical mind, or "natural laws" according to which the Logos directs its Intelligent Energy (28.1).

"The nature of the vibratory patterns of your universe is dependent upon the configurations placed upon the original material (or Light) by the focus (or Love) using Its Intelligent Energy to create a certain pattern of illusions (or densities) in order to satisfy Its own intelligent estimate of a method of knowing Itself. Thus the colors, as you call them, are as straight, or narrow, or necessary as is possible to express, given the will of Love" (27.17). The hierarchical shape of the Intelligent Energy of the Logos constitutes the basis of the structure of the Logos' experience of itself through the densities. The Second Primal Distortion of Love or Logos yields the "intelligent estimate of a method of knowing itself," whereas the actual manifestation of this experience, the Third Primal Distortion of Light, is the practical application of this estimate. Or, in simpler terms, the focus of Intelligent Energy becomes the theory, the set of laws which governs the experience, while the Light of Intelligent Energy (for there is only "one energy" (15.9)) becomes the test run, the real-time operation of experience according to the laws invented by the Logos.

### *Sun Bodies*

Within the Ra Material, Stars are the physical manifestations of Logoi and sub-Logoi (29.1), and they are often referred to as Logoi themselves (presumably as a shorthand notation).

## VII. Intelligent Infinity, second usage

### *The Two Senses of "Intelligent Infinity"*

The term "Intelligent Infinity" is used synonymously with the term "Creator". Twice in the Ra Material, Ra states that these terms have two sides (27.7) or two natures (51.10). The first side, described as "undistorted unity" (27.7) and "unpotentiated Infinity which is intelligent" (51.10), appears to be identical in its usage to the terms "Infinity," "One Creator," "One Infinite Creator," and "unity". Therefore, the entry on Infinity covers this first side of this term and the present entry will expand upon the second side of this term, which is by far the more frequently used side within the Ra Material.

### *Potential and Kinetic*

In this second usage, Intelligent Infinity is said to be "vast potential tapped into by foci or focuses of energy" (27.7). In 51.10, Ra says that "Free Will has potentiated [the Creator] with Intelligent Infinity which has will". In its unpotentiated state, Infinity is "without any kinetic or potential side" (27.7), but once Infinity has been potentiated by Free Will, once "Infinity became aware" (13.6), thereby discovering the First Primal Distortion, then there came to be both a kinetic side and a potential side. Thus, the awareness of Infinity is the Intelligent Infinity's awareness of Intelligent Energy, for, based on the definitions of the words, the potential is the unmanifest aspect of Infinity and the kinetic is the manifest – and these are the two sides of awareness.

In 28.1, Ra says that “The one undifferentiated intelligent infinity, unpolarized, full and whole, is the macrocosm of the mystery-clad being. ... Unity...cannot be specified by any physics but only be activated or potentiated intelligent infinity due to the catalyst of free will.” The great mystery of being, when “Infinity became aware” (13.6), potentiates Intelligent Infinity with Free Will, transforming it into a potential in relation to a kinetic formed from that potential. It is this very close association between unpotentiated Intelligent Infinity and potentiated Intelligent Infinity which likely leads Ra to use the same words to name both concepts.

“There is unity. This unity is all that there is. This unity has a potential and kinetic. The potential is Intelligent Infinity. Tapping this potential will yield work. This work has been called by us, Intelligent Energy” (27.5). Thus, this first split within Infinity yielded two sides, Intelligent Infinity and Intelligent Energy. Ra occasionally refers to the kinetic side as Intelligent Infinity (such as in 92.13), but the rarity of this kind of description suggests that the intended word was “Intelligent Energy”. Nevertheless, the unique relationship between these two sides of Unity also suggests that Ra may not have misspoken. Just as in awareness, there can be no subject without an object (and therefore no object without a subject), so there can be no kinetic without a potential and no potential which does not yield a kinetic. The distinction between these two is not hard and fast, for the two are still inextricably linked, so much so that Ra says that “Intelligent Energy [is] *formed from* the potential of Intelligent Infinity” (27.12).

### *Answer 13.7*

The following quotation is subject to diverging interpretations, but its relevance to the term “Intelligent Infinity” is unquestioned: “The Creator is the focusing of Infinity as an aware or conscious principle called by us as closely as we can create understanding/learning in your language, Intelligent Infinity” (13.7).

One possible interpretation gives a definition for Intelligent Infinity as “Infinity as an aware or conscious principle”. This interpretation dovetails with the above explication of other relevant passages, but entails an anomalous usage of the term “Creator”: it appears to have a different referent than “Intelligent Infinity”, namely: the focus or Logos seems to be associated here with the term “Creator”.

The other possible interpretation gives the definition for Intelligent Infinity as “the focusing of Infinity as an aware of conscious principle.” This second interpretation solves the problem of the anomalous usage of the term “Creator” by keeping its referent and the referent of “Intelligent Infinity” identical, that is, this interpretation construes both as meaning the same thing in this context. However, this solution comes at a price: the term “focusing” must be interpreted anomalously. In all other instances where Ra discusses cosmology, the terms “focus” and “focusing” refer to the focusing of Intelligent Energy to create the Logos. This interpretation of 13.7, however, identifies, not the *Logos* or *Intelligent Energy* with the focusing, but *Intelligent Infinity*. The only way to harmonize this interpretation with the rest of the Ra material is to assume that there are *two* acts of focusing: one which focuses Infinity into Intelligent Infinity and another which focuses Intelligent Energy into the Logos.

This second interpretation requires retroactive a reinterpretation of the entire cosmology hinging upon a single anomalous usage of the term “focusing”, which this author has chosen not to do.

### *The Function of Intelligent Infinity*

Intelligent Infinity, in its second usage, is very closely associated with the First Primal Distortion of Free Will. As Free Will is the discovery of awareness within Infinity, Intelligent Infinity, the potential, is that aspect of Infinity which *is aware, which has free will*. However, the significance of Intelligent Infinity understood as a potential expands far beyond this very first cosmic step. The onset of awareness, the inception of the first split between potential and kinetic, most frequently named the First Primal Distortion, was an investment “in an exploration



of many-ness” (13.12). It is through this exploration of many-ness, through free will, that the One Infinite Creator decided to know itself: "in the first distortion of the Law of One it is recognized that the Creator will know Itself" (27.8). Therefore, the exploration cannot end with this first and primal distinction. Intelligent Infinity exists as a vast potential to be tapped at literally *all* stages of Creation.

"Awareness led to the focus of infinity into infinite energy" (13.7). This quotation stands as something of an anomaly within the Ra Material, for Ra only ever uses the term "infinite energy" twice; however, we can see by context that the "focus of Infinity into Infinite Energy" is precisely the same cosmic act as the "focus...which causes Intelligent Energy to be formed from Intelligent Infinity" (27.12). Furthermore, Ra tells us that "There is one energy. It may be understood as love/light or light/love or Intelligent Energy" (15.9).

This terminology leads us to an apparent contradiction: although Intelligent Infinity is focused into Intelligent Energy, "Intelligent Energy in the kinetic phase, through free will, creates the Logos" (92.18). We know that the "focus" is identified as the Logos (15.21); however, we are now left wondering whether it is Intelligent Infinity or Intelligent Energy which forms the Logos. This question can be resolved simply. Intelligent Energy is the projection, the manifestation, the "representation", the "recapitulation" (28.2) of Intelligent Infinity. Therefore, everything that resolves itself into being within the movements of Intelligent Energy has emerged from Intelligent Infinity. This is what is meant when Ra describes Intelligent Energy as "tapping" the potential of Intelligent Infinity (27.5). In microcosm, we can imagine that "tapping" Intelligent Infinity means existing within the space where genius flows freely from the Intelligent Infinity through the spirit into the mind, thus manifesting in the body.

Intelligent Energy, however, is free to choose its own experience, to choose its own manner of connecting to Intelligent Infinity, for Free Will is the First Primal Distortion. In its freedom, Intelligent Energy learns that it can tap Intelligent Infinity in a focused way, thereby creating a new entity, the Logos, the Creative Principle, which is a focus of Intelligent Energy formed from the vast potential of Intelligent Infinity.

Ra poetically describes the process of the emergence and return of foci within Intelligent Infinity with the metaphor of a heart, rhythmically beating outward: "Intelligent Infinity has a rhythm or flow as of a giant heart beginning with the central sun as you would think or conceive of this, the presence of the flow inevitable as a tide of beingness without polarity, without finity; the vast and silent all beating outward, outward, focusing outward and inward until the focuses are complete. The intelligence or consciousness of foci have reached a state where their, shall we say, spiritual nature or mass calls them inward, inward, inward until all is coalesced. This is the rhythm of reality" (27.6). This quotation is another unique instance within the Ra Material, for Ra has subtly intertwined the two sides of the term "Intelligent Infinity". The first side is the "tide of beingness without polarity, without finity;" however, it is the second side which is "focusing outward and inward until the focuses are complete." Here we find ourselves face to face with the veil of mystery with which Ra's teachings begin and end (28.1). Although Infinity is an undistorted tide of beingness, somehow this tide moves inevitably to awareness, then to focus, and then to return. The first precipitation of this movement, known by metaphysical authors as involution (focusing outward) and evolution (focusing inward), was the split between potential and kinetic which brought awareness of the possibility of infinite experience to the Creator.

### *Faith, the Spirit Complex, and Intelligent Infinity*

In 3.9, Ra tells Don "You are precisely correct in your understanding of the *congruency* of faith and intelligent infinity; however, one is a spiritual term, the other more acceptable perhaps to the conceptual framework distortions of those who seek with measure and pen." Thus, these two terms are very closely interrelated – an interrelation which comes out in Ra's statements concerning the function of the spirit complex.

Ra describes the spirit complex as a "pathway or shuttle into Intelligent Infinity" (6.1) which is activated or

opened through working in the indigo-ray energy center, for the indigo-ray energy center has “the potential for the key to the gateway of Intelligent Infinity” (15.12). Through doing this work, the seeker will eventually access the violet-ray energy center, which Ra directly associates with Intelligent Infinity (48.7 Ra refers to “violet-ray Intelligent Infinity”). The success of this process can be both measured and enhanced through observing and encouraging faith, for in 71.13, Ra defines faith as the “ability to allow and accept changes through the violet-ray into the gateway of Intelligent Energy.” Hence, faith is the common spiritual word which most directly refers to contact with Intelligent Infinity.

## VIII. Intelligent Energy

### *Intelligent Energy as the Kinetic Phase of Intelligent Infinity*

"There is unity. This unity is all that there is. This unity has a potential and kinetic. The potential is Intelligent Infinity. Tapping this potential will yield work. This work has been called by us, Intelligent Energy. The nature of this work is dependent upon the particular distortion of free will which in turn is the nature of a particular Intelligent Energy or kinetic focus of the potential of unity or that which is all." (27.5).

Ra gives two definitions for Intelligent Infinity. The first definition is undistorted unity (27.7), a concept which Ra also signified by the word “Infinity.” When Infinity becomes aware through the First Primal Distortion of Free Will, it splits into two aspects, a potential and a kinetic, which may also be thought of as a subject and an object. The second definition of Intelligent Infinity, the one used 27.5, quoted above, is identified as the potential aspect of Infinity. The kinetic aspect, on the other hand, is given as the definition of Intelligent Energy. Thus, the Infinity which was at first unified, undistorted and unpotentiated discovers Free Will, discovers awareness. In this discovery, an *awareness of* and *that of which awareness is aware* are differentiated from each other, the first of which is identified by Ra as a potential and the second of which is identified as a kinetic.

The kinetic aspect of Infinity, however, due to the permeating influence of the First Primal Distortion of Free Will, also becomes a subject, a Creator in its own right. And just as Infinity created itself as aware, as free, so Intelligent Energy creates itself, through focusing, as a Logos: “Intelligent Energy in the kinetic phase, through free will, creates the Logos” (92.18).

In 13.7, Ra says that “Awareness led to the focus of Infinity into Infinite Energy.” Although the term “Infinite Energy” varies slightly from the term “Intelligent Energy,” it clearly refers to the same concept, for “There is one energy. It may be understood as love/light or light/love or Intelligent Energy” (15.9). Thus, through the free will of Intelligent Energy, Intelligent Infinity (the potential) is focused into Intelligent Energy (the kinetic) to form a Logos.

### *Intelligent Energy Is Formed from Intelligent Infinity*

There is an identity between the Second Primal Distortion of Logos (or Love) and Intelligent Energy, as Ra indicates by referring to the Love as “Intelligent Energy” in 15.21. This identity stems from the substance of a Logos. Though a Logos is defined by the act of focusing Intelligent Infinity into Intelligent Energy, it is *composed* of the focus of Intelligent Energy. One can imagine that Intelligent Infinity enters into Intelligent Energy to organize it into a newly aware entity (i.e. the focus) which now also has access to Intelligent Infinity just as unfocused Intelligent Energy did. Intelligent Infinity can always be found in that which is aware, just as Intelligent Energy can always be found in that *of which* awareness is aware. In 27.2, Ra describes Intelligent Infinity as becoming “codified” into Intelligent Energy, which suggests that Intelligent Energy shapes itself to reflect that which already exists in Intelligent Infinity.

Ra describes Intelligent Energy as “formed from the potential of Intelligent Infinity in such an such a way” (27.12). This terminology, namely “formed from...in such and such a way” implies that the act of focusing is what gives Intelligent Energy “such and such a way;” whereas, the actual formation of Intelligent Energy from the potential of Intelligent Infinity is a constant flowing due to the essences of these two aspects. When unity split into a potential and a kinetic, it split into a duality which has a relationship, that relationship being a flowing of one into the other.

### *Intelligent Energy Is Everything That Is Experienced*

As an infinite Unmanifest, Intelligent Infinity, the potential side of Unity, has no form in and of itself. Form comes to be *within* the confines of Intelligent Energy through its tapping of the infinite awareness, the infinite creativity of Intelligent Infinity. Thus, Intelligent Energy becomes the infinite Manifest, the many entities and experiences which flow forth from the “vast potential” of Intelligent Infinity. Intelligent Energy is a “representation” of Intelligent Infinity (28.2). Because the many-ness of Intelligent Energy flows from unity, it must be organized, hierarchically and holographically, so that it reflects the One in the Many. Through spectrally expanding the One into Many, Intelligent Energy is able to become the many universes, densities and entities which we call Creation (27.17).

Intelligent Energy literally constitutes the entirety of the Creation as it is experienced. The only thing that Intelligent Energy does not fully encompass is the unbroken, unmoving, undistorted, unmanifest, infinite awareness which is witnessing, so to speak, the distortions of Creation: witnessing Itself. “The Creator does not properly create as much as It experiences Itself” (82.10). Ra names those distortions – distortions which form the Creation by the act of Intelligent Energy focusing and tapping the potential of Intelligent Infinity – as *experience* itself.

Intelligent Energy is responsible for all motion in the universes, “for this energy is the energy of the Logos, and thus it is the energy which heals, builds, removes, destroys, and transforms all other-selves as well as the self” (80.22). In endorsing Dewey Larson’s physics, which postulates that there exists nothing in the universe but motion, Ra thus defines Intelligent Energy as the substance of everything in the universes, both physical and metaphysical.

### *Intelligent Energy and the Indigo-Ray*

There is a very close association between Intelligent Energy and the indigo-ray energy, both in macrocosm and microcosm.

In macrocosm, Ra describes the sixth density, the indigo-ray density, as being the density of “love/light light/love”. In 15.9, Ra says that “There is one energy. It may be understood as love/light or light/love or Intelligent Energy.” Consequently, it would seem just as appropriate to call the sixth density the density of Intelligent Energy.

In the next microcosm down, the microcosm of vehicles or bodies which constitute the mind/body/spirit complex, the indigo-ray body, the “form-maker” as Ra names it, “may be seen to be an analog for Intelligent Energy. It is, in microcosm, the Logos.” This part of the mind/body/spirit complex has both the Creative capacity and the awareness that Intelligent Energy has in its focus as a Logos. Another way of looking at this point is that the form-making body precisely *is* the focusing of Intelligent Energy into the sub-logos which is the mind/body/spirit complex. Maintaining the parallel between macrocosm and microcosm, the violet-ray body may then be said to be the portion of Intelligent Infinity which then becomes dedicated to the Logos as the stream which fills it with the abundant potential of Infinity.

Finally, in the smallest microcosm in the mind/body/spirit complex, the chakras or energy centers, once again, Intelligent Energy corresponds to the indigo-ray energy center. According to Ra, the indigo-ray center “receives the Intelligent Energy from all sources lawful within the one Creation” (12.31), so “those blocked in the [indigo-ray] center may experience a lessening of the influx of Intelligent Energy... it being the energy center receiving the least distorted outpourings of love/light from Intelligent Energy” (15.12). Whereas the form-making body is identified as the pure Intelligent Energy, the Logos within the mind/body/spirit complex, the indigo-ray energy center is the center where this pure Intelligent Energy flows in and is then put to use according to the will and faith of the mind/body/spirit complex which is receiving that energy. This energy center is also referred to as holding the “key to the gateway for Intelligent Infinity” (15.12), which suggests that one must first make contact with Intelligent Energy before one may make contact with Intelligent Infinity.

## IX. The Third Distortion, Light

### *Origin of Light*

The Third Primal Distortion of the Law of One is called Light prior (logically, not temporally) to this distortion, there was no physical or manifest existence, for all things were only potentials within the mind of Love or Logos.

“The first distortion, free will, finds focus. This is the second distortion known to you as Logos, the Creative Principle or Love. This Intelligent Energy thus creates a distortion known as Light. From these three distortions come many, many hierarchies of distortions, each having its own paradoxes to be synthesized, no one being more important than another.” (15.21)

Logos, also known as Love or the Creative Principle, is a co-Creator with the One Infinite Creator. Hence, Light is “the first distortion of Intelligent Infinity which was called [forth] by the Creative Principle” (13.9) and is yet another microcosm of the First Primal Distortion, the first split within Unity and thus the first act of Creation, for “each step recapitulates Intelligent Infinity in its discovery of awareness” (13.6). In becoming aware, Intelligent Infinity generates Intelligent Energy, which is a reflection of itself (28.2); similarly, the Logos generates Light which is a manifestation of that which was previously only potential.

### *Light Is both Physical and Metaphysical*

Ra confirms in 27.14 and 27.16 that Light is to be understood quite literally as that wave/particle which we call alternately photons and radiation. It is the simplest manifest being (41.9) and thus the foundation or “building block of that which is known as matter” (13.9). Since each next microcosm contains all of the previous macrocosms within it (due to the Law of One which states that all is one), Light is “intelligent and full of energy,” embodying both the First and Second Primal Distortions within it.

Although Light may be described as a distinct being and spoken of in contradistinction to Love, by the Law of One the two are unified. They are only distinct in an illusory or distorted sense. It is for this reason that Ra says that “the illusion is created of light, or more properly but less understandably, light/love” (6.14). “Light/Love” and “Love/Light” are Ra’s shorthand way of naming Light and Love as two sides to an inseparable unity. In 1.9, Ra says that “to learn is the same as to teach.” Then in 15.22, Ra says, “There is the same difference between love/light and light/love as there is between teach/learning and learn/teaching. Love/light is the enabler, the power, the energy giver. Light/love is the manifestation which occurs when light has been impressed with love.” Or, again, “There is one energy. It may be understood as love/light or light/love or intelligent energy.” (15.9)

Ra engages Don on his own terms by referring to Light as “photons,” but it must be understood that although the photon is the building block of matter, it is not an exclusively physical phenomenon. As Ra says, “the

metaphysical and physical are inseparable” (29.17). In Dewey Larson’s physics, which Ra endorses, the physical and metaphysical realms are understood to be reflections of each other to such precision that everything that exists in the physical realm has a corresponding existence in the metaphysical realm. Thus, Light has metaphysical characteristics in addition to physical characteristics. In 58.15 and 58.19, Ra refers to “Light in the metaphysical sense” in order to describe the unseen potentials of the pyramid shape. In truth, “Light in the metaphysical sense” is not very different from Light in the physical sense except that we must conceive of Light as a thought and not as a sensation. In 40.1, Ra engages this conception: “The white light which emanates and forms the articulated sub-Logos has its beginning in what may be metaphysically seen as darkness. The light comes into that darkness and transfigures it, causing the chaos to organize and become reflective or radiant. Thus the dimensions come into being. Conversely, the blackness of the black hole, metaphysically speaking, is a concentration of white light being systematically absorbed once again into the One Creator.”

Author’s Aside: Perhaps one of the most illuminating ways of seeing the relationship of Love and Light is through the simple metaphor of a single breath. Love may be imagined as the out-breath which begins with an unmanifest focus of Infinity and expels that focus into Infinite manifestation, expanding what was previously unknown into a vast diversity. Light may then be imagined as the in-breath which, through its experience of infinite diversity, finds itself drawn back to unity through its constant seeking. This relationship is hinted at in 29.18 when Ra describes Light as “seeking and finding its source.” Light emanates from its source and then seeks to return to it. Paradoxically enough, this same metaphor will hold true in reverse, which gives further substance to the deep unity between these two: Love may also be imagined as the in-breath which collects thought-patterns, potential experiences and archetypes into a single unified whole. Once this whole is complete, once the “focus is complete” (27.6), then Light is called forth as the Logos breaths out its creation in order to bring that which had thus far only been imagined into experience.

### *The “Straight Line” Characteristic of Light*

In 13.9, Ra says that Light was designed to have the characteristic of “the infinite whole paradoxically described by the straight line.” The meaning of this statement, of course, is that Light’s trajectory of motion, whether as a photon or a larger mass, is a straight line. Since motion, or vibration, is literally the essence of Light (27.14), it is evident that this straight line characteristic is one of the most central features of this distortion. The “paradox” of the infinite whole within the straight line may be seen as the simple paradox (known as Zeno’s Paradox) of the line as mathematically conceived. A line is constituted of an infinite number of points, yet such an infinite number of points can fit into a finite amount of space. The line is therefore both infinite and finite.

Ra also says that this straight line motion “is responsible for the shape of the various physical illusion entities you call solar systems, galaxies, and planets, all revolving and tending towards the lenticular” (13.9). Light emanates from a source, then seeks that source, and yet moves in a straight line. In simple Cartesian space, it seems impossible for Light to emanate from a source in a straight line and then return to that source along the very same path. However, gravity, which is the seeking of Light for its source (29.16), bends the motion of Light toward it, giving all Light the characteristic shape of orbital motion which is a result of matter falling into the object it orbits while simultaneously moving in a straight line tangent to that orbit.

### *Light as a Hologram*

Light is experienced in colors. This spectral expansion of the One into the Many is an archetypal instance of the concept of distortion, for the emergence of all experience from unity into all the Octaves of existence is described by Ra in both microcosm and macrocosm according to the metaphor of the spectral expansion of white light into the color rainbow: densities, sub-densities, color bodies, energy centers, etc. This spectral expansion is the means by which the One Infinite Creator chose to experience itself, although we must remember that it is

still only a metaphor.

The spectral expansion into distinct energy centers is the “configuration placed upon...Light by...Love using Its Intelligent Energy to create a certain pattern of illusions or densities in order to satisfy Its own intelligent estimate of a method of knowing itself” (27.17). Hence, “the nature of this light thus creates the nature of the catalytic and energetic levels of experience in the creation” (54.10). Or, in more direct terms, Light is split into seven true colors in order to give distinction to the many possible experiences to be had. These seven true colors separate out into densities, sub-densities (or planes of existence), bodies, and energy centers, each of these different spectral expansions contributing its own unique form of variety to experience, and each further re-iterating the continuous microcosmic repetition of all of existence. The structure of the Octave, the system of sevens, is a theoretical pattern according to which the Logos estimates it can fulfill the directive of the First Distortion: the Creator will know itself. This pattern is then implemented in the Creation and the estimate is fleshed out through experimentation.

### *Living Light*

Ra describes light/love as “the manifestation which occurs when light has been impressed with love” (15.22). The manifestation is not *merely* the material universe imagined as a dead thing which then receives life; rather, the manifest universe, both physical and metaphysical, becomes a “recapitulation” or “representation” of Intelligent Infinity (28.2). All the features of Intelligent Infinity and the Logos through which Intelligent Infinity is manifest in Light exist *within* the Light itself, which is why Light may be said to be *living*. As Ra says, Light is “intelligent and full of energy” (13.9).

In 28.5, Ra says that “the manner of development of each detail is inherent in the living light and thus will develop in such and such a way.” From this we can begin to glean that the “inherent” organization of the living light will reveal itself in numerous microcosmic and macrocosmic forms. Perhaps the most familiar microcosm of this inherent organization of living light is the DNA within living beings which is more and more being discovered to have, all by itself, properties of both intelligence and energy, in addition to the organizational information it gives to the organism as a whole.

## X. Sub-Logos

### *Everything Is a Sub-Logos*

"Questioner: Then every entity that exists would be some type of sub or sub-sub-Logos. Is that correct?"

Ra: I am Ra. This is correct down to the limits of any observation, for the entire creation is alive." (29.8).

Logos, the Second Primal Distortion of the Law of One, is found within all distortions subsequent to it, as are the First and Third Primal Distortions. Therefore, as the above quotation states, all beings are sub-Logoi of some kind. Because "each step recapitulates Intelligent Infinity in its discovery of awareness" (13.16), there is no end to the individuating process which generates further and further levels of sub- and sub-sub-Logoi.

### *Logos versus Sub-Logos*

However, there is an important distinction which must be made concerning the concept of a sub-Logos as opposed to the concept of a Logos. In 40.1, Ra describes the origin of a sub-Logos as a “white light which emanates and forms the articulated sub-Logos.” This white light emanates, of course, from the Logos which

spawns that particular sub-Logos. The crucial part of this quotation, however, is that the sub-Logos is formed from Light. Light is the Third Primal Distortion of the Law of One and the first distortion created by the Logos. Therefore, a sub-Logos may be viewed as the creation of a Logos, the sub-Logos – in its turn – becoming a co-Creator.

One kind of sub-Logos is a mind/body/spirit complex (Ra's term for what is commonly called a "person"), which individuates from the local Logos whose body is the local Sun. Both Logos and sub-Logos are Creators and both are therefore foci of Intelligent Energy which may tap the potential of Intelligent Infinity: "You may begin to see your relationship to the Logos or sun with which you are most intimately associated. This is not the relationship of parent to child but of Creator, that is Logos, to Creator that is the mind/body/spirit complex, as Logos" (65.17). A sub-Logos is literally Created by a Logos; however, both are the same type of entity equally imbued with the free will to tap the potential of Intelligent Infinity, find its focus, and create its experience. Both sub-Logos and Logos are separated only by an order of existence, the former being a microcosm of the latter.

### *Relationship between Logos and Sub-Logos*

Each subsequent sub-Logos operates exclusively within the space created for it by its local Creator (the Logos which spawned it): "Within the, shall we say, guidelines or ways of the Logos, the sub-Logos may find various means of differentiating experiences without removing or adding to these ways" (28.18). The sub-Logos, then, individuates within the context of the guidelines of the Logos, and it is these guidelines which define the very essence of the sub-Logos.

A mind/body/spirit complex, for example, is a sub-Logos whose local Creator is represented by the Sun around which its planet revolves. As the body complex cannot live without the particular frequencies of light radiation from the local Sun body, so the mind/body/spirit complex cannot exist without the archetypal structure generated by its local Creator, for these archetypes define the essence and function of the mind, body and spirit complexes. This relationship between Logos and sub-Logos reflects the paradoxical nature of the First Primal Distortion of the Law of One: freedom is only known within limitation as suggested by the identification of the First Distortion of Free Will with the concept of "finitude" in 13.12.

### *The Sub-Logos Which Is a Mind/Body/Spirit Complex*

Ra locates the sub-Logos which is the mind/body/spirit complex within the least distorted part of this complex, the indigo-ray body:

"The indigo body may be seen to be an analog for Intelligent Energy. It is, in microcosm, the Logos. The Intelligent Energy of the mind/body/spirit complex totality draws its existence from Intelligent Infinity or the Creator. This Creator is to be understood, both in macrocosm and microcosm, to have, as we have said, two natures: the unpotentiated infinity which is intelligent; this is all that there is.

Free will has potentiated, both the Creator of us all and our selves as co-Creators with intelligent infinity which has will. This will may be drawn upon by the indigo or form-making body and its wisdom used to then choose the appropriate locus and type of experience which this co-Creator or sub-sub-Logos you call so carelessly a person will take" (51.10).

## **XI. One Original Thought**

"The One Original Thought is the harvest of all previous, if you would use this term, experience of the Creator by the Creator. As It decides to know Itself It generates Itself, into that plenum full of the glory and the power of

the One Infinite Creator which is manifested to your perceptions as space or outer space. Each generation of this knowing begets a knowing which has the capacity, through free will, to choose methods of knowing Itself. Therefore, gradually, step by step, the Creator becomes that which may know Itself, and the portions of the Creator partake less purely in the power of the original word or thought. The Creator does not properly create as much as It experiences Itself" (82.10).

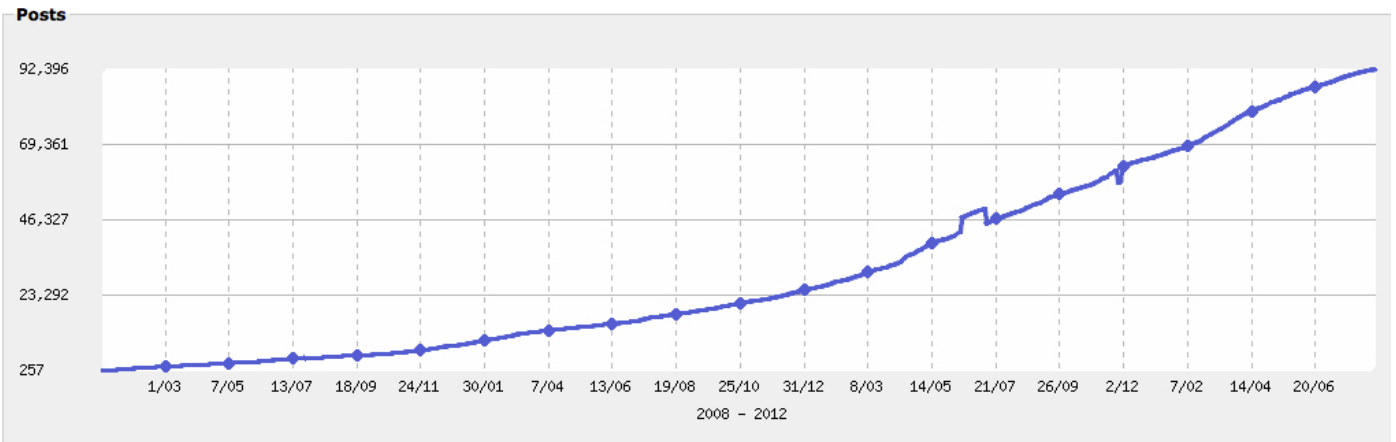
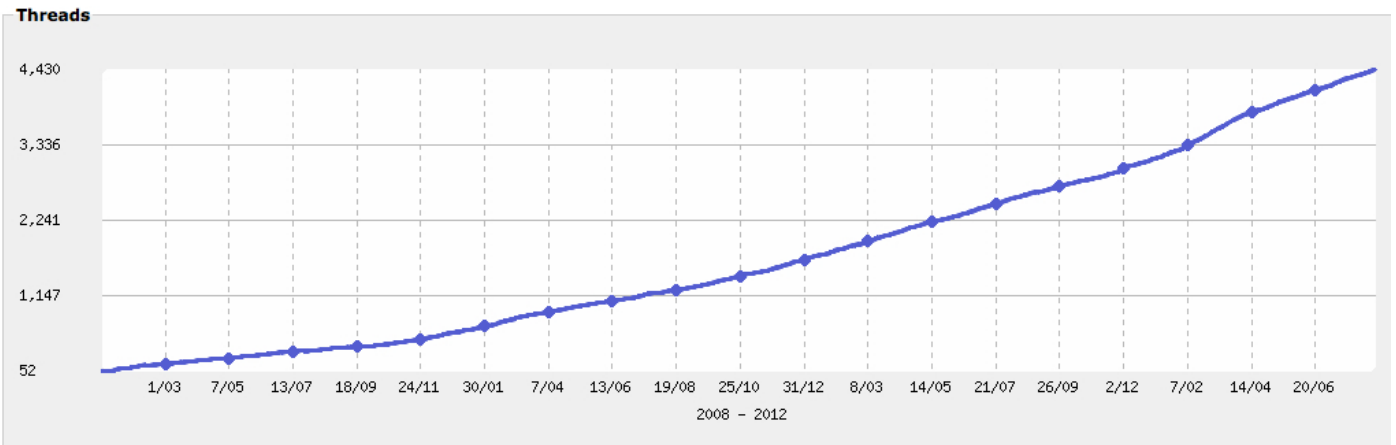
It may be surmised from this quotation that the One Original Thought is the over-arching seed concept or system of manifesting its experience of itself which the One Infinite Creator brings to each new Octave, and that this Original Thought is subject to great distortion through the experimentation which each Octave brings. The harvest of the previous Octave, for example, brought into this Octave "awareness of the efficiency for experience of mind, body and spirit," as well as nine archetypes which describe the movement of mind, body and spirit (78.10).



STEVE E. PRESENTS  
*A Brief Report on Bring4th.org*

The forums are continuing to rock steady! It may not appear like we are at breakneck speed, but any time a forum has a bell curve of a growth pattern, it is considered exceptional.

Bring4th will be hitting its 100,000th post in the next couple of weeks!



**RA PRESENTS:**  
*Some of the Best Things We Ever Said –*  
**AND – You're Welcome**

We spoke to one who heard and understood and was in a position to decree the Law of One. However, the priests and peoples of that era quickly distorted our message, robbing it of the, shall we say, compassion with which unity is informed by its very nature. Since it contains all, it cannot abhor any.

**Ra, 1.4**

In truth there is no right or wrong. There is no polarity for all will be, as you would say, reconciled at some point in your dance through the mind/body/spirit complex which you amuse yourself by distorting in various ways at this time. This distortion is not in any case necessary. It is chosen by each of you as an alternative to understanding the complete unity of thought which binds all things. You are not speaking of similar or somewhat like entities or things. You are every thing, every being, every emotion, every event, every situation. You are unity. You are infinity. You are love/light, light/love. You are. This is the Law of One.

**Ra, 1.6**

Consider, if you will, the path your life-experience complex has taken. Consider the coincidences and odd circumstances by which one thing flowed to the next. Consider this well.

**Ra, 8.1**

The vibratory distortion of sound, faith, is perhaps one of the stumbling blocks between those of what we may call the infinite path and those of the finite proving/understanding.

You are precisely correct in your understanding of the congruency of faith and intelligent infinity; however, one is a spiritual term, the other more acceptable perhaps to the conceptual framework distortions of those who seek with measure and pen.

**Ra, 3.9**

The Law of One, though beyond the limitations of name, as you call vibratory sound complexes, may be approximated by stating that all things are one, that there is no polarity, no right or wrong, no disharmony, but only identity. All is one, and that one is love/light, light/love, the Infinite Creator.

One of the primal distortions of the Law of One is that of healing. Healing occurs when a mind/body/spirit complex realizes, deep within itself, the Law of One; that is, that there is no disharmony, no imperfection; that all is complete and whole and perfect. Thus, the intelligent infinity within this mind/body/spirit complex reforms the illusion of body, mind, or spirit to a form congruent with the Law of One. The healer acts as energizer or catalyst for this completely individual process.

**Ra, 4.20**

The prerequisite of mental work is the ability to retain silence of self at a steady state when required by the self. The mind must be opened like a door. The key is silence.

**Ra, 5.2**

The dissolution into nothingness is the dissolution into unity, for there is no nothingness.

**Ra, 6.7**

[The higher-density beings'] purposes are very simple: to allow those entities of your planet to become aware of infinity which is often best expressed to the uninformed as the mysterious or unknown.

**Ra, 6.25**

The mystery and unknown quality of the occurrences we are allowed to offer have the hoped-for intention of making your peoples aware of infinite possibility. When your peoples grasp infinity, then and only then, can the gateway be opened to the Law of One.

**Ra, 7.12**

The Law of One blinks neither at the light nor the darkness, but is available for service to others and service to self.

**Ra, 7.15**

Each entity will receive the opportunity that each needs. This information source-beingness does not have uses in the life-experience complex of each of those among your peoples who seek. Thus the advertisement is general and not designed to indicate the searching out of any particular material, but only to suggest the noumenal aspect of the illusion.

**Ra, 8.1**

The Law of One has as one of its primal distortions the free will distortion, thus each entity is free to accept, reject, or ignore the mind/body/spirit complexes about it and ignore the creation itself. There are many among your social memory complex distortion who, at this time/space, engage daily, as you would put it, in the working upon the Law of One in one of its primal distortions; that is, the ways of love. However, if this same entity, being biased from the depths of its mind/body/spirit complex towards love/light, were then to accept the responsibility for each moment of the time/space accumulation of present moments available to it, such an entity can empower its progress...

**Ra, 10.12**

**Exercise One.** This is the most nearly centered and useable within your illusion complex. The moment contains love. That is the lesson/goal of this illusion or density. The exercise is to consciously see that love in awareness and understanding distortions. The first attempt is the cornerstone. Upon this choosing rests the remainder of the life-experience of an entity. The second seeking of love within the moment begins the addition. The third seeking empowers the second, the fourth powering or doubling the third. As with the previous type of empowerment, there will be some loss of power due to flaws within the seeking in the distortion of insincerity. However, the conscious statement of self to self of the desire to seek love is so central an act of will that, as before, the loss of power due to this friction is inconsequential.

**Exercise Two.** The universe is one being. When a mind/body/spirit complex views another mind/body/spirit complex, see the Creator. This is an helpful exercise.

**Exercise Three.** Gaze within a mirror. See the Creator.

**Exercise Four.** Gaze at the creation which lies about the mind/body/spirit complex of each entity. See the Creator.

The foundation or prerequisite of these exercises is a predilection towards what may be called meditation, contemplation, or prayer. With this attitude, these exercises can be processed. Without it, the data will not sink down into the roots of the tree of mind, thus enabling and ennobling the body and touching the spirit.

**Ra, 10:14**

An entity which acts in a consciously unloving manner in action with other beings can become karmically involved.

**Ra, 12.29**

It shall be understood that any portion, no matter how small, of any density or illusory pattern contains, as in an holographic picture, the One Creator which is infinity. Thus all begins and ends in mystery.

**Ra, 13.13**

The harvest is now. There is not at this time any reason to include efforts along these distortions toward longevity, but rather to encourage distortions toward seeking the heart of self, for this which resides clearly in the violet-ray energy field will determine the harvesting of each mind/body/spirit complex.

**Ra, 14.14**

There is but one service. The Law is One. The offering of self to Creator is the greatest service, the unity, the fountainhead. The entity who seeks the One Creator is with infinite intelligence. From this seeking, from this offering, a great multiplicity of opportunities will evolve depending upon the mind/body/spirit complexes' distortions with regard to the various illusory aspects or energy centers of the various complexes of your illusion.

Thus, some become healers, some workers, some teachers, and so forth.

**Ra, 15.7**

There is one energy. It may be understood as love/light or light/love or intelligent energy.

**Ra, 15.9**

It is important to allow each seeker to enlighten itself rather than for any messenger to attempt in language to teach/learn for the entity, thus being teach/learner and learn/teacher.

**Ra, 15.13**

...the material for your understanding is the self: the mind/body/spirit complex. You have been given information upon healing, as you call this distortion. This information may be seen in a more general context as ways to understand the self. The understanding, experiencing, accepting, and merging of self with self and other-self, and finally with the Creator, is the path to the heart of self. In each infinitesimal part of your self resides the One in all of Its power. Therefore, we can only encourage these lines of contemplation or prayer as a means of subjectively/objectively using or combining various understandings to enhance the seeking process. Without such a method of reversing the analytical process, one could not integrate into unity the many understandings gained in such seeking.

**Ra, 15.14**

The purpose of the Orion group, as mentioned before, is conquest and enslavement. This is done by finding and establishing an elite and causing others to serve the elite through various devices such as the laws you mentioned and others given by this entity.

**Ra, 16.15**

Questioner: I am assuming that it is not necessary for an individual to understand the Law of One to go from the third to the fourth density. Is this correct?

Ra: I am Ra. It is absolutely necessary that an entity consciously realize it does not understand in order for it to be harvestable. Understanding is not of this density.

**Ra, 16.37**

Questioner: That is a very important point. I used the wrong word. What I meant to say was that I believed that it was not necessary for an entity to be consciously aware of the Law of One to go from the third to the fourth density.

Ra: I am Ra. This is correct.

**Ra, 16.38**

Each responsibility is an honor; each honor, a responsibility.

**Ra, 16.14**

We ask you to consider as we speak that there are not words for positively describing fourth density. We can only explain what is not and approximate what is. Beyond fourth density our ability grows more limited until we become without words.

That which fourth density is not: it is not of words, unless chosen. It is not of heavy chemical vehicles for body complex activities. It is not of disharmony within self. It is not of disharmony within peoples. It is not within limits of possibility to cause disharmony in any way.

Approximations of positive statements: it is a plane of type of bipedal vehicle which is much denser and more full of life; it is a plane wherein one is aware of the thought of other-selves; it is a plane wherein one is aware of vibrations of other-selves; it is a plane of compassion and understanding of the sorrows of third density; it is a plane striving towards wisdom or light; it is a plane wherein individual differences are pronounced although automatically harmonized by group consensus.

**Ra, 16.44**

It is impossible to help another being directly. It is only possible to make catalyst available in whatever form, the most important being the radiation of realization of oneness with the Creator from the self, less important being information such as we share with you.

We, ourselves, do not feel an urgency for this information to be widely disseminated. It is enough that we have made it available to three, four, or five. This is extremely ample reward, for if one of these obtains fourth-density understanding due to this catalyst then we shall have fulfilled the Law of One in the distortion of service.

We encourage a dispassionate attempt to share information without concern for numbers or quick growth among others. That you attempt to make this information available is, in your terms, your service. The attempt, if it reaches one, reaches all.

We cannot offer shortcuts to enlightenment. Enlightenment is, of the moment, an opening to intelligent infinity. It can only be accomplished by the self, for the self. Another self cannot teach/learn enlightenment, but only teach/learn information, inspiration, or a sharing of love, of mystery, of the unknown that makes the other-self reach out and begin the seeking process that ends in a moment, but who can know when an entity will open the gate to the present?

**Ra, 17.2**

True healing is simply the radiance of the self causing an environment in which a catalyst may occur which initiates the recognition of self, by self, of the self-healing properties of the self.

**Ra, 17.18**

The best way of service to others is the constant attempt to seek to share the love of the Creator as it is known to the inner self. This involves self knowledge and the ability to open the self to the other-self without hesitation. This involves, shall we say, radiating that which is the essence or the heart of the mind/body/spirit complex.

Speaking to the intention of your question, the best way for each seeker in third density to be of service to others is unique to that mind/body/spirit complex. This means that the mind/body/spirit complex must then seek within itself the intelligence of its own discernment as to the way it may best serve other-selves. This will be different for each. There is no best. There is no generalization. Nothing is known.

**Ra, 17.30**

It is not our intent in this particular project to create erroneous information but to express in the confining ambiance of your language system the feeling of the infinite mystery of the one creation in its infinite and intelligent unity.

**Ra, 18.1**

Questioner: Thank you. I have a question here that I will read: "Much of the mystic tradition of seeking on Earth holds the belief that the individual self must be erased or obliterated and the material world ignored for the individual to reach 'nirvana,' as it is called, or enlightenment. What is the proper role of the individual self and its worldly activities to aid an individual to grow more into the Law of One?"

Ra: I am Ra. The proper role of the entity is in this density to experience all things desired, to then analyze, understand, and accept these experiences, distilling from them the love/light within them. Nothing shall be overcome. That which is not needed falls away.

The orientation develops due to analysis of desire. These desires become more and more distorted towards conscious application of love/light as the entity furnishes itself with distilled experience. We have found it to be inappropriate in the extreme to encourage the overcoming of any desires, except to suggest the imagination rather than the carrying out in the physical plane, as you call it, of those desires not consonant with the Law of One, thus preserving the primal distortion of free will.

The reason it is unwise to overcome is that overcoming is an unbalanced action creating difficulties in balancing in the time/space continuum. Overcoming, thus, creates the further environment for holding on to that which apparently has been overcome.

All things are acceptable in the proper time for each entity, and in experiencing, in understanding, in accepting, in then sharing with other-selves, the appropriate distortion shall be moving away from distortions of one kind to distortions of another which may be more consonant with the Law of One.

It is, shall we say, a shortcut to simply ignore or overcome any desire. It must instead be understood and accepted. This takes patience and experience which can be analyzed with care, with compassion for self and for other-self.

**Ra, 18.5**

Thus, what would be an improper distortion with one entity is proper with another. We can suggest an attempt to become aware of the other-self as self and thus do that action which is needed by other-self, understanding from the other-self's intelligence and awareness. In many cases this does not involve the breaking of the distortion of free will into a distortion or fragmentation called infringement. However, it is a delicate matter to be of service, and compassion, sensitivity, and an ability to empathize are helpful in avoiding the distortions of man-made intelligence and awareness.

**Ra, 18.6**

Forgiveness of other-self is forgiveness of self. An understanding of this insists upon full forgiveness upon the conscious level of self and other-self, for they are one. A full forgiveness is thus impossible without the inclusion of self.

**Ra, 18.12**

All serve the One Creator. There is nothing else to serve, for the Creator is all that there is. It is impossible not to serve the Creator. There are simply various distortions of this service.

**Ra, 18.13**

Thus, the weakening of the physical vehicle, as you call it, was designed to distort entities towards a predisposition to deal with each other. Thus, the lessons which approach a knowing of love can be begun.

This catalyst then is shared between peoples as an important part of each self's development as well as the experiences of the self in solitude and the synthesis of all experience through meditation. The quickest way to learn is to deal with other-selves. This is a much greater catalyst than dealing with the self. Dealing with the self without other-selves is akin to living without what you would call mirrors. Thus, the self cannot see the fruits of its being-ness. Thus, each may aid each by reflection. This is also a primary reason for the weakening of the physical vehicle, as you call the physical complex.

**Ra, 19.12**

We can speak only in metaphor. Some love the light. Some love the darkness. It is a matter of the unique and infinitely various Creator choosing and playing among its experiences as a child upon a picnic. Some enjoy the picnic and find the sun beautiful, the food delicious, the games refreshing, and glow with the joy of creation. Some find the night delicious, their picnic being pain, difficulty, sufferings of others, and the examination of the perversities of nature. These enjoy a different picnic.

All these experiences are available. It is the free will of each entity which chooses the form of play, the form of pleasure.

**Ra, 19.16**

The mind/body/spirit complex of third density has perhaps one hundred times as intensive a program of catalytic action from which to distill distortions and learn/teachings than any other of the densities. Thus the learn/teachings are most confusing to the mind/body/spirit complex which is, shall we say, inundated by the ocean of experience.

**Ra, 20.23**

The original desire is that entities seek and become one.

If entities can do this in a moment, they may go forward in a moment, and, thus, were this to occur in a major cycle, indeed, the third-density planet would be vacated at the end of that cycle.

**Ra, 20.26**

As, what you would call, the energy centers begin to be activated to a higher extent, more of the content of experience during incarnation deals with the lessons of love.

**Ra, 21.7**

There is only one law. That is the Law of One. Other so-called laws are distortions of this law, some of them primal and most important for progress to be understood. However, it is well that each so-called law, which we also call "way," be understood as a distortion rather than a law. There is no multiplicity to the Law of One.

**Ra, 22.27**

We ask you to remember that we are of the Brothers and Sisters of Sorrow. When one has been rescued from that sorrow to a vision of the One Creator, then there is no concept of failure.

**Ra, 23.10**

Here the Orion group found fertile soil in which to plant the seeds of negativity, these seeds, as always, being those of the elite, the different, those who manipulate or enslave others.

**Ra, 24.3**

[In reference to the battle being waged between the Confederation and the Orion Confederation.] At the level of time/space at which this takes place in the form of what you may call thought-war, the most accepting and loving energy would be to so love those who wished to manipulate that those entities were surrounded and engulfed, transformed by positive energies.

This, however, being a battle of equals, the Confederation is aware that it cannot, on equal footing, allow itself to be manipulated in order to remain purely positive, for then though pure it would not be of any consequence, having been placed by the so-called powers of darkness under the heel, as you may say.

It is thus that those who deal with this thought-war must be defensive rather than accepting in order to preserve their usefulness in service to others. Thusly, they cannot accept fully what the Orion Confederation wishes to give, that being enslavement. Thusly, some polarity is lost due to this friction and both sides, if you will, must then regroup.

It has not been fruitful for either side. The only consequence which has been helpful is a balancing of the energies available to this planet so that these energies have less necessity to be balanced in this space/time, thus lessening the chances of planetary annihilation.

**Ra, 25.6**

Questioner: Can you describe the mechanism of the planetary healing?

Ra: I am Ra. Healing is a process of acceptance, forgiveness, and, if possible, restitution. The restitution not being available in time/space, there are many among your peoples now attempting restitution while in the physical.

**Ra, 26.27**

To give you this information would be to infringe upon the free will or confusion of some living. We can only ask each group to consider the relative effect of philosophy and your so-called specific information. It is not the specificity of the information which attracts negative influences. It is the importance placed upon it.

This is why we iterate quite often, when asked for specific information, that it pales to insignificance, just as the grass withers and dies while the love and the light of the One Infinite Creator redounds to the very infinite realms of creation forever and ever, creating and creating itself in perpetuity.

Why then be concerned with the grass that blooms, withers and dies in its season only to grow once again due to the infinite love and light of the One Creator? This is the message we bring. Each entity is only superficially that which blooms and dies. In the deeper sense there is no end to being-ness.

**Ra, 26.33**

Questioner: Is there any reason for some portions being much more efficient in learning?



Ra: I am Ra. Is there any reason for some to learn more quickly than others? Look, if you wish, to the function of the will ... the, shall we say, attraction to the upward spiraling line of light.

**Ra, 28.13**

Questioner: Is there any loss to the mind or spirit after this transition which we call death or any impairment of either because of the loss of this chemical body which we now have?

Ra: I am Ra. In your terms there is a great loss of mind complex due to the fact that much of the activity of the mental nature of which you are aware during the experience of this space/time continuum is as much of a surface illusion as is the chemical body complex.

In other terms nothing whatever of importance is lost; the character or, shall we say, pure distortion of emotions and biases or distortions and wisdoms, if you will, becoming obvious for the first time, shall we say; these pure emotions and wisdoms and bias/distortions being, for the most part, either ignored or underestimated during physical life experience.

**Ra, 30.4**

We call it mind/body complex recognizing always that in the simplest iota of this complex exists in its entirety the One Infinite Creator.

**Ra, 30.5**

The bisexual knowing of the Creator by Itself has the potential for two advantages.

Firstly, in the green ray activated being there is the potential for a direct and simple analog of what you may call joy, the spiritual or metaphysical nature which exists in intelligent energy. This is a great aid to comprehension of a truer nature of being-ness. The other potential advantage of bisexual reproductive acts is the possibility of a sacramental understanding or connection, shall we say, with the gateway to intelligent infinity, for with appropriate preparation, work in what you may call magic may be done and experiences of intelligent infinity may be had. The positively oriented individuals concentrating upon this method of reaching intelligent infinity, then, through the seeking or the act of will, are able to direct this infinite intelligence to the work these entities desire to do, whether it be knowledge of service or ability to heal or whatever service to others is desired .

These are two advantages of this particular method of the Creator experiencing Itself. As we have said before, the corollary of the strength of this particular energy transfer is that it opens the door, shall we say, to the individual mind/body/spirit complexes' desire to serve in an infinite number of ways an other-self, thus polarizing towards positive.

**Ra, 31.3**

The green ray is one of complete universality of love. This is a giving without expectation of return.

**Ra, 31.5**

Secondly, the means of protection against any negative or debilitating influence for those upon the positive path was demonstrated by this instrument to a very great degree. Consider, if you will, the potentials that this particular occurrence had for negative influences to enter the instrument. This instrument thought upon the Creator in its solitude and in actions with other-self, continually praised and gave thanksgiving to the Creator for the experiences it was having. This in turn allowed this particular self such energies as became a catalyst for an opening and strengthening of the other-self's ability to function in a more positively polarized state. Thus we see protection being very simple. Give thanksgiving for each moment. See the self and the other-self as Creator. Open the heart. Always know the light and praise it. This is all the protection necessary.

**Ra, 32.1**

With the green ray transfer of energy you now come to the great turning point sexually as well as in each other mode of experience. The green ray may then be turned outward, the entity then giving rather than receiving. The first giving beyond green ray is the giving of acceptance or freedom, thus allowing the recipient of blue ray energy transfer the opportunity for a feeling of being accepted, thus freeing that other-self to express itself to the giver of this ray. It will be noted that once green ray energy transfer has been achieved by two mind/body/spirits in mating, the further rays are available without both entities having the necessity to progress equally. Thus a blue ray vibrating entity or indigo ray vibrating entity whose other ray vibrations are clear may share that energy with the green ray other-self, thus acting as catalyst for the continued learn/teaching of the other-self. Until an other-self reaches green ray, such energy transfer through the rays is not possible.

**Ra, 32.5**

The entire creation is of the One Creator. Thus the division of sexual activity into simply that of the bodily complex is an artificial division, all things thusly being seen as sexual equally, the mind, the body, and the spirit; all of which are part of the polarity of the entity. Thus sexual fusion may be seen with or without what you may call sexual intercourse to be the complete melding of the mind, the body, and the spirit in what feels to be a constant orgasm, shall we say, of joy and delight each in the other's being-ness.

**Ra, 32.10**

...once the green ray has been achieved, the ability of the entity to enter blue ray is immediate and is only awaiting the efforts of the individual. The indigo ray is opened only through considerable discipline and practice largely having to do with acceptance of self, not only as the polarized and balanced self but as the Creator, as an entity of infinite worth. This will begin to activate the indigo ray.

**Ra, 32.14**

The incarnating entity which has become conscious of the incarnative process and thus programs its own experience may choose the amount of catalyst or, to phrase this differently, the number of lessons which it will undertake to experience and to learn from in one incarnation. This does not mean that all is predestined, but rather that there are invisible guidelines shaping events which will function according to this programming. Thus if one opportunity is missed another will appear until the, shall we say, student of the life experience grasps that a lesson is being offered and undertakes to learn it.

**Ra, 33.6**

Questioner: From this I would extrapolate to the conjecture that the orientation in mind of the entity is the only thing that is of any consequence at all. The physical catalyst that he experiences, regardless of what is happening about him, will be a function strictly of his orientation in mind.

Ra: I am Ra. It is completely true to the best of our knowledge that the orientation or polarization of the mind/body/spirit complex is the cause of the perceptions generated by each entity. Thus a scene may be observed in your grocery store. The entity ahead of self may be without sufficient funds. One entity may then take this opportunity to steal. Another may take this opportunity to feel itself a failure. Another may unconcernedly remove the least necessary items, pay for what it can, and go about its business. The one behind the self, observing, may feel compassion, may feel an insult because of standing next to a poverty-stricken person, may feel generosity, may feel indifference.

**Ra, 33.8**

The impulse to protect the loved other-self is one which persists through the fourth-density, a density abounding in compassion. More than this we cannot and need not say.

**Ra, 33.11**

...the primary mechanism for catalytic experience in third-density is other-self. The list of other catalytic influences: firstly, the Creator's universe; secondly, the self.

**Ra, 33.14**

Our understanding of karma is that which may be called inertia. Those actions which are put into motion will continue using the ways of balancing until such time as the controlling or higher principle which you may liken unto your braking or stopping is invoked. This stoppage of the inertia of action may be called forgiveness. These two concepts are inseparable.

**Ra, 34.4**

Questioner: If an entity develops what is called karma in an incarnation, is there then programming that sometimes occurs so that he will experience catalysts that will enable him to get to a point of forgiveness thereby alleviating the karma?

Ra: I am Ra. This is, in general, correct. However, both self and any involved other-self may, at any time through the process of understanding, acceptance, and forgiveness, ameliorate these patterns. This is true at any point in an incarnative pattern. Thus one who has set in motion an action may forgive itself and never again make that error. This also brakes or stops what you call karma.

**Ra, 34.5**

The societal and self interactions most often concentrate upon the second and third energy centers. Thus those most active in attempting to remake or alter the society are those working from feelings of being correct personally or of having answers which will put power in a more correct configuration. This may be seen to be of a full travel from negative to positive in orientation. Either will activate these energy ray centers.

There are some few whose desires to aid society are of a green ray nature or above. These entities, however, are few due to the understanding, may we say, of fourth ray that universal love freely given is more to be desired than principalities or even the rearrangement of peoples or political structures.

**Ra, 34.9**

Finally, one may polarize very strongly fourth ray by expressing the principle of universal love at the total expense of any distortion towards involvement in bellicose actions. In this way the entity may become a conscious being in a very brief span of your time/space. This may be seen to be what you would call a traumatic progression. It is to be noted that among your entities a large percentage of all progression has as catalyst, trauma.

**Ra, 34.14**

To know your self is to have the foundation upon firm ground.

**Ra, 35.4**

We make note at this time that each entity has several beings upon which to call for inner support. ...the Higher Self... may communicate with the mind/body/spirit ... during the incarnation... if the proper pathways or channels through the roots of mind are opened.

**Ra, 36.10**

We remind you that the negative path is one of separation. What is the first separation: the self from the self.

**Ra, 36.14**

We can approximate the percentage of those [wanderers] penetrating intelligently their status. This is between eight and one-half and nine and three-quarters percent. There is a larger percentile group of those who have a

fairly well defined, shall we say, symptomology indicating to them that they are not of this, shall we say, "insanity." This amounts to a bit over fifty percent of the remainder. Nearly one-third of the remainder are aware that something about them is different, so you see there are many gradations of awakening to the knowledge of being a Wanderer. We may add that it is to the middle and first of these groups that this information will, shall we say, make sense.

**Ra, 36.24**

...you may see your self, your Higher Self or Oversoul, and your mind/body/spirit complex totality as three points in a circle. The only distinction is that of your time/space continuum. All are the same being.

**Ra, 37.6**

The mechanism of inspiration involves an extraordinary faculty of desire or will to know or to receive in a certain area accompanied by the ability to open to and trust in what you may call intuition.

**Ra, 38.4**

The principle so veiled in that statement [Don presents an equation] is but the simple principle of the constant or Creator and the transient or the incarnate being and the yearning existing between the two, one for the other, in love and light amidst the distortions of free will acting upon the illusion-bound entity.

**Ra, 39.6**

The other portion of healing has to do with forgiveness of self and a greatly heightened respect for the self. This may conveniently be expressed by taking care in dietary matters. This is quite frequently a part of the healing and forgiving process.

**Ra, 40.13**

Thus self reveals self to self.

**Ra, 40.14**

There is nothing random about this or any portion of evolution.

**Ra, 41.9**

The chemical vehicle is that which most conveniently houses the consciousness. The functioning of consciousness is the item of interest rather than the chemical makeup of a physical vehicle.

**Ra, 41.11**

The will of the entity as it evolves is the single measure of the rate and fastidiousness of the activation and balancing of the various energy centers.

**Ra, 41.17**

The more strongly the will of the entity concentrates upon and refines or purifies each energy center, the more brilliant or rotationally active each energy center will be. It is not necessary for the energy centers to be activated in order in the case of the self-aware entity. Thusly entities may have extremely brilliant energy centers while being quite unbalanced in their violet ray aspect due to lack of attention paid to the totality of experience of the entity.

The key to balance may then be seen in the unstudied, spontaneous, and honest response of entities toward experiences, thus using experience to the utmost, then applying the balancing exercises and achieving the proper attitude for the most purified spectrum of energy center manifestation in violet ray. This is why the brilliance or rotational speed of the energy centers is not considered above the balanced aspect or violet ray manifestation of an entity in regarding harvestability; for those entities which are unbalanced, especially as to the primary rays,

will not be capable of sustaining the impact of the love and light of intelligent infinity to the extent necessary for harvest.

**Ra, 41.18**

Questioner: You mentioned in the last session the concept of fasting for removing unwanted thought-forms. Can you expand on this process and explain a little bit more about how this works?

Ra: I am Ra. This, as all healing techniques, must be used by a conscious being; that is, a being conscious that the ridding of excess and unwanted material from the body complex is the analogy to the ridding of mind or spirit of excess or unwanted material. Thus the one discipline or denial of the unwanted portion as an appropriate part of the self is taken through the tree of mind down through the trunk to subconscious levels where the connection is made and thus the body, mind, and spirit, then in unison, express denial of the excess or unwanted spiritual or mental material as part of the entity.

All then falls away and the entity, while understanding, if you will, and appreciating the nature of the rejected material as part of the greater self, nevertheless, through the action of the will purifies and refines the mind/body/spirit complex, bringing into manifestation the desired mind complex or spirit complex attitude.

**Ra, 41.20**

Questioner: Then would this be like a conscious reprogramming of catalyst? For instance, for some entities catalyst is programmed by the Higher Self to create experiences so that the entity can release itself from unwanted biases. Would this be analogous then to the entity consciously programming this release and using fasting as the method of communication to itself?

Ra: I am Ra. This is not only correct but may be taken further. The self, if conscious to a great enough extent of the workings of this catalyst and the techniques of programming, may through concentration of the will and the faculty of faith alone cause reprogramming without the analogy of the fasting, the diet, or other analogous body complex disciplines.

**Ra, 41.21**

Questioner: I am going to make a statement and ask you to comment on its degree of accuracy. I am assuming that the balanced entity would not be swayed either towards positive or negative emotions by any situation which he might confront. By remaining unemotional in any situation, the balanced entity may clearly discern the appropriate and necessary responses in harmony with the Law of One for each situation. Is this correct?

Ra: I am Ra. This is an incorrect application of the balancing which we have discussed. The exercise of first experiencing feelings and then consciously discovering their antitheses within the being has as its objective not the smooth flow of feelings both positive and negative while remaining unswayed but rather the objective of becoming unswayed. This is a simpler result and takes much practice, shall we say.

The catalyst of experience works in order for the learn/teachings of this density to occur. However, if there is seen in the being a response, even if it is simply observed, the entity is still using the catalyst for learn/teaching. The end result is that the catalyst is no longer needed. Thus this density is no longer needed. This is not indifference or objectivity but a finely tuned compassion and love which sees all things as love. This seeing elicits no response due to catalytic reactions. Thus the entity is now able to become co-Creator of experiential occurrences. This is the truer balance.

**Ra, 42.1**

Questioner: Would a perfectly balanced entity feel any emotional response in being attacked by the other-self?

Ra: I am Ra. This is correct. The response is love.  
**Ra, 42.3**

Questioner: In the illusion that we now experience it is difficult to maintain this response especially if the attack results in physical pain, but I assume that this response should be maintained even through physical pain or loss of life. Is this correct?

Ra: I am Ra. This is correct and further is of a major or principle importance in understanding, shall we say, the principle of balance. Balance is not indifference but rather the observer not blinded by any feelings of separation but rather fully imbued with love.  
**Ra, 42.4**

Questioner: I would like to try to make an analogy for third-density of this concept. Many entities here feel great compassion for relieving the physical problems of third-density other-selves by administering to them in many ways, with food if there is hunger as there is now in the African nations, by bringing them medicine if they feel that there is a need to minister to them medically, and being selfless in all of these services to a very great extent.

This is creating a vibration that is in harmony with green-ray or fourth-density but it is not balanced with the understanding of fifth-density that these entities are experiencing catalysts and a more balanced administration to their needs would be to provide them with the learning necessary to reach the state of awareness of fourth-density than it would be to minister to their physical needs at this time. Is this correct?

Ra: I am Ra. This is incorrect. To a mind/body/spirit complex which is starving, the appropriate response is the feeding of the body. You may extrapolate from this.

On the other hand, however, you are correct in your assumption that the green ray response is not as refined as that which has been imbued with wisdom. This wisdom enables the entity to appreciate its contributions to the planetary consciousness by the quality of its being without regard to activity or behavior which expects results upon visible planes.

**Ra, 42.6**

Questioner: What is the difference in terms of energy center activation between a person who represses emotional responses to emotionally charged situations and the person who is balanced and, therefore, truly unswayed by emotionally charged situations?

Ra: I am Ra. This query contains an incorrect assumption. To the truly balanced entity no situation would be emotionally charged. With this understood, we may say the following: The repression of emotions depolarizes the entity in so far as it then chooses not to use the catalytic action of the space/time present in a spontaneous manner, thus dimming the energy centers. There is, however, some polarization towards positive if the cause of this repression is consideration for other-selves. The entity which has worked long enough with the catalyst to be able to feel the catalyst but not find it necessary to express reactions is not yet balanced but suffers no depolarization due to the transparency of its experiential continuum. Thus the gradual increase in the ability to observe one's reaction and to know the self will bring the self ever closer to a true balance. Patience is requested and suggested, for the catalyst is intense upon your plane and its use must be appreciated over a period of consistent learn/teaching.

**Ra, 42.8**

Questioner: How can a person know when he is unswayed by an emotionally charged situation or if he is repressing the flow of emotions, or if he is in balance and truly unswayed?

Ra: I am Ra. We have spoken to this point. Therefore, we shall briefly iterate that to the balanced entity no situation has an emotional charge but is simply a situation like any other in which the entity may or may not observe an opportunity to be of service. The closer an entity comes to this attitude the closer an entity is to balance. You may note that it is not our recommendation that reactions to catalyst be repressed or suppressed unless such reactions would be a stumbling block not consonant with the Law of One to an other-self. It is far, far better to allow the experience to express itself in order that the entity may then make fuller use of this catalyst.  
**Ra, 42.9**

Questioner: How can an individual assess what energy centers within its being are activated and in no immediate need of attention and which energy centers are not activated and are in need of immediate attention?

Ra: I am Ra. The thoughts of an entity, its feelings or emotions, and least of all its behavior are the signposts for the teaching/learning of self by self. In the analysis of one's experiences of a diurnal cycle an entity may assess what it considers to be inappropriate thoughts, behaviors, feelings, and emotions.

In examining these inappropriate activities of mind, body, and spirit complexes the entity may then place these distortions in the proper vibrational ray and thus see where work is needed.  
**Ra, 42.10**

There is but one technique for this growing or nurturing of will and faith, and that is the focusing of the attention. The attention span of those you call children is considered short. The spiritual attention span of most of your peoples is that of the child. Thus it is a matter of wishing to become able to collect one's attention and hold it upon the desired programming.

This, when continued, strengthens the will. The entire activity can only occur when there exists faith that an outcome of this discipline is possible.  
**Ra, 42.11**

In the less sensitized individual the choosing of personally inspirational images [for visualization] is appropriate whether this inspiration be the rose which is of perfect beauty, the cross which is of perfect sacrifice, the Buddha which is the All-being in One, or whatever else may inspire the individual.  
**Ra, 42.14**

The entity, child or adult, as you call it, is not an instrument to be played. The appropriate teach/learning device of parent to child is the open-hearted being-ness of the parent and the total acceptance of the beingness of the child. This will encompass whatever material the child entity has brought into the life experience in this plane.

There are two things especially important in this relationship other than the basic acceptance of the child by the parent. Firstly, the experience of whatever means the parent uses to worship and give thanksgiving to the One Infinite Creator, should if possible be shared with the child entity upon a daily basis, as you would say. Secondly, the compassion of parent to child may well be tempered by the understanding that the child entity shall learn the biases of service-to-others or service-to-self from the parental other-self. This is the reason that some discipline is appropriate in the teach/learning. This does not apply to the activation of any one energy center for each entity is unique and each relationship with self and other-self doubly unique. The guidelines given are only general for this reason.  
**Ra, 42.19**

We have, many times now, spoken about the relative importance of balancing as opposed to the relative unimportance of maximal activation of each energy center. The reason is as you have correctly surmised. Thusly the entity is concerned, if it be upon the path of positive harvestability, with the regularizing of the various

energies of experience. Thus the most fragile entity may be more balanced than one with extreme energy and activity in service-to-others due to the fastidiousness with which the will is focused upon the use of experience in knowing the self.

**Ra, 43.8**

You may consider all of these aforementioned aids [the Questioner presented a long list of aids] as those helpful to the stimulation of that which in actuality aids concentration, that being the will of the entity. This free will may be focused at any object or goal.

**Ra, 43.30**

Questioner: This is very revealing to us. Thank you. Each of us gets signals and dreams. I have been aware of clairaudient communication at least once in waking up. Can you suggest a method whereby we might be able, shall I say, to nullify the influence of that which we don't want of a negative source?

Ra: I am Ra. There are various methods. We shall offer the most available or simple. To share the difficult contact with the other-selves associated with this working and to meditate in love for these senders of images and light for self and other-selves is the most available means of nullifying the effects of such occurrences. To downgrade these experiences by the use of intellect or the disciplines of will is to invite the prolonging of the effects. Far better then to share in trust such experiences and join hearts and souls in love and light with compassion for the sender and armor for the self.

**Ra, 44.10**

Control is the key to negatively polarized use of catalyst. Acceptance is the key to positively polarized use of catalyst.

**Ra, 46.7**

The first acceptance, or control depending upon polarity, is of the self. Anger is one of many things to be accepted and loved as a part of self or controlled as a part of self, if the entity is to do work.

**Ra, 46.8**

Questioner: Then the positively oriented entity, rather than attempting repression of emotion, would balance the emotion as stated in an earlier contact. Is this correct?

Ra: I am Ra. This is correct and illustrates the path of unity.

**Ra, 46.11**

The catalyst, and all catalyst, is designed to offer experience. This experience in your density may be loved and accepted or it may be controlled. These are the two paths. When neither path is chosen the catalyst fails in its design and the entity proceeds until catalyst strikes it which causes it to form a bias towards acceptance and love or separation and control. There is no lack of space/time in which this catalyst may work.

**Ra, 46.14**

We have used this particular term ["crystallized entity"] because it has a fairly precise meaning in your language. When a crystalline structure is formed of your physical material the elements present in each molecule are bonded in a regularized fashion with elements in each other molecule. Thus the structure is regular and, when fully and perfectly crystallized, has certain properties. It will not splinter or break; it is very strong without effort; and it is radiant, traducing light into a beautiful refraction giving pleasure of the eye to many.

**Ra, 47.7**



The audience brought about by Orion-type publicity is not seeded by seniority of vibration to a great extent. The audiences receiving teach/learnings without stimulus from publicity will be more greatly oriented towards illumination. Therefore, forget you the counting.

**Ra, 48.4**

The entity ruled by intuition and impulse is equal to the entity governed by rational analysis when polarity is considered. The lobes may both be used for service to self or service-to-others. It may seem that the rational or analytical mind might have more of a possibility of successfully pursuing the negative orientation due to the fact that in our understanding too much order is by its essence negative. However, this same ability to structure abstract concepts and to analyze experiential data may be the key to rapid positive polarization. It may be said that those whose analytical capacities are predominant have somewhat more to work with in polarizing.

The function of intuition is to inform intelligence. In your illusion the unbridled predominance of intuition will tend to keep an entity from the greater polarizations due to the vagaries of intuitive perception. As you may see, these two types of brain structure need to be balanced in order that the net sum of experiential catalyst will be polarization and illumination, for without the acceptance by the rational mind of the worth of the intuitive faculty the creative aspects which aid in illumination will be stifled.

**Ra, 49.4**

Like most scientific attempts at precision, it fails to take into account the unique qualities of each creation.

**Ra, 49.5**

The most important concept to grasp about the energy field is that the lower or negative pole will draw the universal energy into itself from the cosmos. Therefrom it will move upward to be met and reacted to by the positive spiraling energy moving downward from within. The measure of an entity's level of ray activity is the locus wherein the south pole outer energy has been met by the inner spiraling positive energy.

As an entity grows more polarized this locus will move upwards. This phenomenon has been called by your peoples the kundalini. However, it may better be thought of as the meeting place of cosmic and inner, shall we say, vibratory understanding. To attempt to raise the locus of this meeting without realizing the metaphysical principles of magnetism upon which this depends is to invite great imbalance.

**Ra, 49.5**

Questioner: What process would be the recommended process for correctly awakening the kundalini and of what value would that be?

Ra: I am Ra. The metaphor of the coiled serpent being called upwards is vastly appropriate for consideration by your peoples. This is what you are attempting when you seek. There are, as we have stated, great misapprehensions concerning this metaphor and the nature of pursuing its goal. We must generalize and ask that you grasp the fact that this in effect renders far less useful that which we share. However, as each entity is unique, generalities are our lot when communicating for your possible edification.

We have two types of energy. We are attempting then, as entities in any true color of this octave, to move the meeting place of inner and outer natures further and further along or upward along the energy centers. The two methods of approaching this with sensible method are first, the seating within one's self of those experiences which are attracted to the entity through the south pole. Each experience will need to be observed, experienced, balanced, accepted, and seated within the individual. As the entity grows in self-acceptance and awareness of catalyst the location of the comfortable seating of these experiences will rise to the new true color entity. The experience, whatever it may be, will be seated in red ray and considered as to its survival content and so forth.

Each experience will be sequentially understood by the growing and seeking mind/body/spirit complex in terms of survival, then in terms of personal identity, then in terms of social relations, then in terms of universal love, then in terms of how the experience may beget free communication, then in terms of how the experience may be linked to universal energies, and finally in terms of the sacramental nature of each experience.

Meanwhile the Creator lies within. In the north pole the crown is already upon the head and the entity is potentially a god. This energy is brought into being by the humble and trusting acceptance of this energy through meditation and contemplation of the self and of the Creator.

Where these energies meet is where the serpent will have achieved its height. When this uncoiled energy approaches universal love and radiant being the entity is in a state whereby the harvestability of the entity comes nigh.

**Ra, 49.6**

Those aware of evolution and desirous in the very extreme of attaining the heart of love and the radiance which gives understanding no matter what the lessons programmed: they have to do with other-selves, not with events: they have to do with giving, not receiving, for the lessons of love are of this nature both for positive and negative. Those negatively harvestable will be found at this time endeavoring to share their love of self.

**Ra, 50.5**

There is no entity without help, either through self-awareness of the unity of creation or through guardians of the self which protect the less sophisticated mind/body/spirit from any permanent separation from unity while the lessons of your density continue.

**Ra, 50.5**

The negatively oriented being will be one who feels that it has found power that gives meaning to its existence precisely as the positive polarization does feel.

**Ra, 50.6**

This negative entity will strive to offer these understandings to other-selves, most usually by the process of forming the elite, the disciples, and teaching the need and rightness of the enslavement of other-selves for their own good. These other-selves are conceived to be dependent upon the self and in need of the guidance and the wisdom of the self.

**Ra, 50.6**

Questioner: Can you expand on the concept which is that it is necessary for an entity, during incarnation in the physical as we know it, to become polarized or interact properly with other entities and why this isn't possible in between incarnations when the entity is aware of what he wants to do. Why must he come into an incarnation and lose conscious memory of what he wants to do and then act in a way in which he hopes to act?

Ra: I am Ra. Let us give the example of the man who sees all the poker hands. He then knows the game. It is but child's play to gamble, for it is no risk. The other hands are known. The possibilities are known and the hand will be played correctly but with no interest.

In time/space and in the true color green density, the hands of all are open to the eye. The thoughts, the feelings, the troubles, all these may be seen. There is no deception and no desire for deception. Thus much may be accomplished in harmony but the mind/body/spirit gains little polarity from this interaction.

Let us re-examine this metaphor and multiply it into the longest poker game you can imagine, a lifetime. The cards are love, dislike, limitation, unhappiness, pleasure, etc. They are dealt and re-dealt and re-dealt

continuously. You may, during this incarnation begin—and we stress begin—to know your own cards. You may begin to find the love within you. You may begin to balance your pleasure, your limitations, etc. However, your only indication of other-selves' cards is to look into the eyes.

You cannot remember your hand, their hands, perhaps even the rules of this game. This game can only be won by those who lose their cards in the melting influence of love, can only be won by those who lay their pleasures, their limitations, their all upon the table face up and say inwardly: "All, all of you players, each other-self, whatever your hand, I love you." This is the game: to know, to accept, to forgive, to balance, and to open the self in love. This cannot be done without the forgetting, for it would carry no weight in the life of the mind/body/spirit being-ness totality.

**Ra, 50.7**

...the use of technology to manipulate that outside the self is far, far less of an aid to personal evolution than the disciplines of the mind/body/spirit complex resulting in the whole knowledge of the self in the microcosm and macrocosm.

To the disciplined entity, all things are open and free. The discipline which opens the universes opens also the gateways to evolution. The difference is that of choosing either to hitchhike to a place where beauty may be seen or to walk, step by step, independent and free in this independence to praise the strength to walk and the opportunity for the awareness of beauty.

The hitchhiker, instead, is distracted by conversation and the vagaries of the road and, dependent upon the whims of others, is concerned to make the appointment in time. The hitchhiker sees the same beauty but has not prepared itself for the establishment, in the roots of mind, of the experience.

**Ra, 52.2**

Questioner: Am I correct, then, in assuming that discipline of the personality, knowledge of self, and control in strengthening of the will would be what any fifth-density entity would see as those things of importance?

Ra: I am Ra. In actuality these things are of importance in third through early seventh densities. The only correction in nuance that we would make is your use of the word, control. It is paramount that it be understood that it is not desirable or helpful to the growth of the understanding, may we say, of an entity by itself to control thought processes or impulses except where they may result in actions not consonant with the Law of One. Control may seem to be a short-cut to discipline, peace, and illumination. However, this very control potentiates and necessitates the further incarnative experience in order to balance this control or repression of that self which is perfect.

Instead, we appreciate and recommend the use of your second verb in regard to the use of the will. Acceptance of self, forgiveness of self, and the direction of the will; this is the path towards the disciplined personality. Your faculty of will is that which is powerful within you as co-Creator. You cannot ascribe to this faculty too much importance. Thus it must be carefully used and directed in service-to-others for those upon the positively oriented path.

There is great danger in the use of the will as the personality becomes stronger, for it may be used even subconsciously in ways reducing the polarity of the entity.

**Ra, 52.7**

Questioner: Is there then, from the point of view of an individual who wishes to follow the service-to-others path, anything of importance other than disciplines of personality, knowledge of self, and strengthening of will?

Ra: I am Ra. This is technique. This is not the heart. Let us examine the heart of evolution.

Let us remember that we are all one. This is the great learning/teaching. In this unity lies love. This is a great learn/teaching. In this unity lies light. This is the fundamental teaching of all planes of existence in materialization. Unity, love, light, and joy; this is the heart of evolution of the spirit.

The second-ranking lessons are learn/taught in meditation and in service. At some point the mind/body/spirit complex is so smoothly activated and balanced by these central thoughts or distortions that the techniques you have mentioned become quite significant. However, the universe, its mystery unbroken, is one. Always begin and end in the Creator, not in technique.

**Ra, 52.11**

If there is fear and doom, the contact was quite likely of a negative nature. If the result is hope, friendly feelings, and the awakening of a positive feeling of purposeful service-to-others, the marks of Confederation contact are evident.

**Ra, 53.17**

Were there no potentials for misunderstanding and, therefore, understanding, there would be no experience.

**Ra, 54.7**

The mind/body/spirit complex is not a machine. It is rather what you might call a tone poem.

**Ra, 54.8**

We may suggest that in order to progress, a state of some dissatisfaction will be present, thus giving the entity the stimulus for further seeking. This dissatisfaction, nervousness, or angst, if you will, is not of itself useful. Thus its use is indirect.

**Ra, 54.3**

Questioner: OK. Then I assume that the first distortion is the motivator or what allows this blockage. Is this correct?

Ra: I am Ra. We wish no quibbling but prefer to avoid the use of terms such as the verb, to allow. Free will does not allow, nor would predetermination disallow, experiential distortions. Rather the Law of Confusion offers a free reach for the energies of each mind/body/spirit complex. The verb, to allow, would be considered pejorative in that it suggests a polarity between right and wrong or allowed and not allowed. This may seem a minuscule point. However, to our best way of thinking it bears some weight.

**Ra, 54.13**

While it is a primary priority to activate or unblock each energy center, it is also a primary priority at that point to begin to refine the balances between the energies so that each tone of the chord of total vibratory being-ness resonates in clarity, tune, and harmony with each other energy. This balancing, tuning, and harmonizing of the self is most central to the more advanced or adept mind/body/spirit complex. Each energy may be activated without the beauty that is possible through the disciplines and appreciations of personal energies or what you might call the deeper personality or soul identity.

**Ra, 54.15**

Questioner: Let me make an analogy that I have just thought of. A seven-stringed musical instrument may be played by deflecting each string a full deflection and releasing it producing notes. instead of producing the notes this way the individual creative personality could deflect each string the proper amount in the proper sequence producing music. Is this correct?

Ra: I am Ra. This is correct. In the balanced individual the energies lie waiting for the hand of the Creator to pluck harmony.

**Ra, 54.15**

The more advanced the entity, the more tenuous the connection between the sub-Logos and the perceived catalyst until, finally, all catalyst is chosen, generated, and manufactured by the self, for the self.

**Ra, 54.17**

Questioner: A positively oriented entity may select a certain narrow path of thinking and activities during an incarnation and program conditions that would create physical pain if this were not followed. Is this correct?

Ra: I am Ra. This is correct.

**Ra, 54.20**

...the positively oriented entity will be transmuting strong red-ray sexual energy into green-ray energy transfers and radiation in blue and indigo and will be similarly transmuting selfhood and place in society into energy transfer situations in which the entity may merge with and serve others and then, finally, radiate unto others without expecting any transfer in return.

**Ra, 54.24**

The origin of all energy is the action of free will upon love. The nature of all energy is light. The means of its ingress into the mind/body/spirit complex is duple.

Firstly, there is the inner light which is Polaris of the self, the guiding star. This is the birthright and true nature of all entities. This energy dwells within.

The second point of ingress is the polar opposite of the North Star, shall we say, and may be seen, if you wish to use the physical body as an analog for the magnetic field, as coming through the feet from the earth and through the lower point of the spine. This point of ingress of the universal light energy is undifferentiated until it begins its filtering process through the energy centers. The requirements of each center and the efficiency with which the individual has learned to tap into the inner light determine the nature of the use made by the entity of these in-streamings.

**Ra, 54.26**

We have addressed the filtering process by which in-coming energies are pulled upwards according to the distortions of each energy center and the strength of will or desire emanating from the awareness of inner light. If we may be more specific, please query with specificity.

**Ra, 54.28**

We scan this instrument and find its distortion towards appreciation of each entity and each entity's caring, as you may call it. This atmosphere, shall we say, offers the greatest contrast to the discomfort of such psychic attacks, being the reciprocal, that is, the atmosphere of psychic support.

This each of you do as a subconscious function of true attitudinal, mental, emotional, and spiritual distortions towards this instrument. There is no magic greater than honest distortion toward love.

**Ra, 55.2**

This contact may be characterized as one typical of the Brothers and Sisters of Sorrow wherein those receiving the contact have attempted to prepare for such contact by sacrificing extraneous, self-oriented distortions in order to be of service.

The Ra social memory complex offers itself also as a function of its desire to serve. Both the caller and the contact are filled with gratitude at the opportunity of serving others.

We may note that this in no way presupposes that either the callers or those of our group in any way approach a perfection or purity such as was described in the bidding process. The calling group may have many distortions and the working with much catalyst, as may those of Ra. The overriding desire to serve others, bonded with the unique harmonics of this group's vibratory complexes, gives us the opportunity to serve as one channel for the One Infinite Creator.

Things come not to those positively oriented but through such beings.  
**Ra, 55.7**

This instrument is under a most severe psychic attack. This instrument is bearing up well due to replenished vital energies and a distortion towards a sense of proportion which your peoples call a sense of humor.  
**Ra, 57.1**

The inner light is that which is your heart of being. Its strength equals your strength of will to seek the light.  
**Ra, 57.14**

It is to be noted that a strongly crystallized entity is, in effect, a portable King's Chamber position.  
**Ra, 57.16**

...the concept of initiation and realize that it demands the centering of the being upon the seeking of the Creator. We have hoped to balance this understanding by enunciating the Law of One, that is, that all things are One Creator. Thus seeking the Creator is done not just in meditation and in the work of an adept but in the experiential nexus of each moment.

The initiation of the Queen's Chamber has to do with the abandoning of self to such desire to know the Creator in full that the purified in-streaming light is drawn in balanced fashion through all energy centers, meeting in indigo and opening the gate to intelligent infinity. Thus the entity experiences true life or, as your people call it, resurrection.  
**Ra, 57.24**

The space/time and time/space concepts are those concepts describing as mathematically as possible the relationships of your illusion, that which is seen to that which is unseen. These descriptive terms are clumsy. They, however, suffice for this work.

In the experiences of the mystical search for unity, [concepts of space and time] need never be considered, for they are but part of an illusory system. The seeker seeks the One. The One is to be sought, as we have said, by the balanced and self-accepting self aware, both of its apparent distortions and its total perfection. Resting in this balanced awareness, the entity then opens the self to the universe which it is. The light energy of all things may then be attracted by this intense seeking, and wherever the inner seeking meets the attracted cosmic prana, realization of the One takes place.

The purpose of clearing each energy center is to allow that meeting place to occur at the indigo ray vibration, thus making contact with intelligent infinity and dissolving all illusions. Service-to-others is automatic at the released energy generated by this state of consciousness.

**Ra, 57.33**

Contact with indigo ray need not necessarily show itself in any certain gift or guidepost, as you have said. There are some whose indigo energy is that of pure being and never is manifested, yet all are aware of such an entity's progress. Others may teach or share in many ways contact with intelligent energy. Others continue in unmanifested form, seeking intelligent infinity.

Thus the manifestation is lesser signpost than that which is sensed or intuited about a mind/body/spirit complex. This violet ray being-ness is far more indicative of true self.

**Ra, 58.22**

You may note that as one learns the, shall we say, understandings or disciplines of the personality each of these configurations of prana is available to the entity without the aid of this shape. One may view the pyramid at Giza as metaphysical training wheels.

**Ra, 60.13**

This is in common with each of your orthodox religious systems which have all become somewhat mixed in orientation, yet offer a pure path to the One Creator which is seen by the pure seeker.

**Ra, 60.18**

We of the Confederation are at the call of those upon your planet. If the call, though sincere, is fairly low in consciousness of the, shall we say, system whereby spiritual evolution may be precipitated, then we may only offer that information useful to that particular caller. This is the basic difficulty. Entities receive the basic information about the Original Thought and the means, that is meditation and service-to-others, whereby this Original Thought may be obtained.

Once this basic information is received it is not put into practice in the heart and in the life experience but instead rattles about within the mind complex distortions as would a building block which has lost its place and simply rolls from side to side uselessly, yet still the entity calls. Therefore, the same basic information is repeated. Ultimately the entity decides that it is weary of this repetitive information. However, if an entity puts into practice that which it is given, it will not find repetition except when needed.

**Ra, 60.27**

This is not a dimension of knowing, even subjectively, due to the lack of overview of cosmic and other in-pourings which affect each and every situation which produces catalyst. The subjective acceptance of that which is at the moment and the finding of love within that moment is the greater freedom.

That known as the subjective knowing without proof is, in some degree, a poor friend for there will be anomalies no matter how much information is garnered due to the distortions which form third-density.

**Ra, 61.19**

These distortions remove the focus from the One Infinite Source of love and light of which we are all messengers, humble and knowing that we, of ourselves, are but the tiniest portion of the Creator, a small part of a magnificent entirety of infinite intelligence.

**Ra, 62.23**

Continue in love and praise and thanksgiving to the Creator. Examine previous material. Love is the great protector.

**Ra, 63.5**

The vital energy may be seen to be that deep love of life or life experiences such as the beauty of creation and the appreciation of other-selves and the distortions of your co-Creators' making which are of beauty.

Without this vital energy the least distorted physical complex will fail and perish. With this love or vital energy or elán the entity may continue though the physical complex is greatly distorted.

**Ra, 63.7**

Wanderers are third-density activated in mind/body/spirit and are subject to the forgetting which can only be penetrated with disciplined meditation and working.

**Ra, 63.17**

The principle behind any ritual of the white magical nature is to so configure the stimuli which reach down into the trunk of mind that this arrangement causes the generation of disciplined and purified emotion or love which then may be both protection and the key to the gateway to intelligent infinity.

**Ra, 64.3**

Let it be said that any entity or group may create the most splendid harmony in any outer atmosphere. Ra's experiences are no more than your own. Yours is the dance at this space/time in third-density harvest.

**Ra, 64.7**

If the entity is polarized towards service-to-others, analysis properly proceeds along the lines of consideration of which path offers the most opportunity for service-to-others.

For the negatively polarized entity the antithesis is the case.

For the unpolarized entity the considerations are random and most likely in the direction of the distortion towards comfort.

**Ra, 64.15**

...when faced with a hole in the curtain, an entity's eyes may well peer for the first time through the window beyond.

**Ra, 65.2**

There are many Wanderers whose dysfunction with regard to the planetary ways of your peoples have caused, to some extent, a condition of being caught up in a configuration of mind complex activity which, to the corresponding extent, may prohibit the intended service.

**Ra, 65.3**

Consider the shopper entering the store to purchase food with which to furnish the table for the time period you call a week. Some stores have some items, others a variant set of offerings. We speak of these possibility/probability vortices when asked with the understanding that such are as a can, jar, or portion of goods in your store.

It is unknown to us as we scan your time/space whether your peoples will shop hither or yon. We can only name some of the items available for the choosing. The, shall we say, record which the one you call Edgar read from is useful in that same manner. There is less knowledge in this material of other possibility/probability vortices and



more attention paid to the strongest vortex. We see the same vortex but also see many others. Edgar's material could be likened unto one hundred boxes of your cold cereal, another vortex likened unto three, or six, or fifty of another product which is eaten by your peoples for breakfast. That you will breakfast is close to certain. The menu is your own choosing.

The value of prophecy must be realized to be only that of expressing possibilities. Moreover, it must be, in our humble opinion, carefully taken into consideration that any time/space viewing, whether by one of your time/space or by one such as we who view the time/space from a dimension, shall we say, exterior to it will have a quite difficult time expressing time measurement values. Thus prophecy given in specific terms is more interesting for the content or type of possibility predicted than for the space/time nexus of its supposed occurrence.

**Ra, 65.9**

It was the aim of Wanderers to serve the entities of this planet in whatever way was requested and it was also the aim of Wanderers that their vibratory patterns might lighten the planetary vibration as a whole, thus ameliorating the effects of planetary disharmony and palliating any results of this disharmony.

Specific intentions such as aiding in a situation not yet manifest are not the aim of Wanderers. Light and love go where they are sought and needed, and their direction is not planned afortimes.

**Ra, 65.11**

You may, at this time, note that as with any entities, each Wanderer has its unique abilities, biases, and specialities so that from each portion of each density represented among the Wanderers come an array of pre-incarnative talents which then may be expressed upon this plane which you now experience so that each Wanderer, in offering itself before incarnation, has some special service to offer in addition to the doubling effect of planetary love and light and the basic function of serving as beacon or shepherd.

Thus there are those of fifth-density whose abilities to express wisdom are great. There are fourth and sixth-density Wanderers whose ability to serve as, shall we say, passive radiators or broadcasters of love and love/light are immense. There are many others whose talents brought into this density are quite varied.

Thus Wanderers have three basic functions once the forgetting is penetrated, the first two being basic, the tertiary one being unique to that particular mind/body/spirit complex.\

**Ra, 65.12**

We may note at this point while you ponder the possibility/probability vortices that although you have many, many items which cause distress and thus offer seeking and service opportunities, there is always one container in that store of peace, love, light, and joy. This vortex may be very small, but to turn one's back upon it is to forget the infinite possibilities of the present moment. Could your planet polarize towards harmony in one fine, strong, moment of inspiration? Yes, my friends. It is not probable; but it is ever possible.

**Ra, 65.12**

The ability to polarize positively requires a certain degree of self determination.

**Ra, 65.14**

In your space/time you and your peoples are the parents of that which is in the womb. The Earth, as you call it, is ready to be born and the delivery is not going smoothly. When this entity has become born it will be instinct with the social memory complex of its parents which have become fourth-density positive. In this density there is a broader view.

**Ra, 65.17**

One meets the self in the center or deeps of the being. The so-called resonating chamber may be likened unto the symbology of the burial and resurrection of the body wherein the entity dies to self and through this confrontation of apparent loss and realization of essential gain, is transmuted into a new and risen being.

**Ra, 65.20**

Questioner: Could I make the analogy of in this apparent death of losing the desires that are the illusory, common desires of third-density and gaining desires of total service-to-others?

Ra: I am Ra. You are perceptive. This was the purpose and intent of this chamber as well as forming a necessary portion of the King's Chamber position's effectiveness.

**Ra, 65.21**

Only in so far as the healer has become balanced may it be a channel for the balancing of an other-self. The healing is first practiced upon the self, if we may say this, in another way.

**Ra, 66.8**

The healer does not heal. The crystallized healer is a channel for intelligent energy which offers an opportunity to an entity that it might heal itself.

In no case is there an other description of healing. Therefore, there is no difference as long as the healer never approaches one whose request for aid has not come to it previously. This is also true of the more conventional healers of your culture and if these healers could but fully realize that they are responsible only for offering the opportunity of healing, and not for the healing, many of these entities would feel an enormous load of misconceived responsibility fall from them.

**Ra, 66.10**

Perhaps the greatest healer is within the self and may be tapped with continued meditation as we have suggested.

The many forms of healing available to your peoples ... each have virtue and may be deemed appropriate by any seeker who wishes to alter the physical complex distortions or some connection between the various portions of the mind/body/spirit complex thereby.

**Ra, 66.12**

Questioner: I have observed many activities known as psychic surgery in the area of the Philippine Islands. It was my assumption that these healers are providing what I would call a training aid or a way of creating a reconfiguration of the mind of the patient to be healed as the relatively naive patient observes the action of the healer in seeing the materialized blood, etc. and reconfigures the roots of mind to believe, you might say, the healing is done and, therefore, heals himself. Is this analysis that I have made correct?

Ra: I am Ra. This is correct.

**Ra, 66.13**

...the crystallized healer has no will. It offers an opportunity without attachment to the outcome, for it is aware that all is one and that the Creator is knowing Itself.

**Ra, 66.15**

Questioner: Then the desire must be strong in the mind/body/spirit complex who seeks healing to be healed in order for the healing to occur? Is this correct?

Ra: I am Ra. This is correct on one level or another. An entity may not consciously seek healing and yet subconsciously be aware of the need to experience the new set of distortions which result from healing. Similarly an entity may consciously desire healing greatly but within the being, at some level, find some cause whereby certain configurations which seem quite distorted are, in fact, at that level, considered appropriate.

**Ra, 66.16**

...meditation is always an aid to knowing the self.

**Ra, 66.18**

Catalyst is offered to the entity. If it is not used by the mind complex it will then filter through to the body complex and manifest as some form of physical distortion. The more efficient the use of catalyst, the less physical distortion to be found.

**Ra, 66.34**

Consider, if you will, that you have no ability not to serve the Creator since all is the Creator. In your individual growth patterns appear the basic third-density choice. Further, there are overlaid memories of the positive polarizations of your home density. Thus your particular orientation is strongly polarized towards service to others and has attained wisdom as well as compassion.

You do not have merely two opposite requests for information or lack of information from this source if you listen careful to those whose voices you may hear. This is all one voice to which you resonate upon a certain frequency. This frequency determines your choice of service to the One Creator. As it happens this group's vibratory patterns and those of Ra are compatible and enable us to speak through this instrument with your support. This is a function of free will.

A portion, seemingly of the Creator, rejoices at your choice to question us regarding the evolution of spirit. A seemingly separate portion would wish for multitudinous answers to a great range of queries of a specific nature. Another seemingly separate group of your peoples would wish this correspondence through this instrument to cease, feeling it to be of a negative nature. Upon the many other planes of existence there are those whose every fiber rejoices at your service and those such as the entity of whom you have been speaking which wish only to terminate the life upon the third-density plane of this instrument. All are the Creator. There is one vast panoply of biases and distortions, colors and hues, in an unending pattern. In the case of those with whom you, as entities and as a group, are not in resonance, you wish them love, light, peace, joy, and bid them well. No more than this can you do for your portion of the Creator is as it is and your experience and offering of experience, to be valuable, needs be more and more a perfect representation of who you truly are. Could you, then, serve a negative entity by offering the instrument's life? It is unlikely that you would find this a true service. Thus you may see in many cases the loving balance being achieved, the love being offered, light being sent, and the service of the service-to-self oriented entity gratefully acknowledged while being rejected as not being useful in your journey at this time. Thus you serve One Creator without paradox.

**Ra, 67.11**

The light would work instantly upon an untuned individual by suggestion, that is the stepping out in front of the traffic because the suggestion is that there is no traffic. This entity, as each in this group, is enough disciplined in the ways of love and light that it is not suggestible to any great extent.

**Ra, 67.13**

Questioner: Then there is no other service at this time that we can offer that fifth-density entity of the Orion group who is constantly with us. As I see it now from your point of view there is nothing that we can do for him? Is this correct?

Ra: I am Ra. This is correct. There is great humor in your attempt to be of polarized service to the opposite polarity. There is a natural difficulty in doing so since what you consider service is considered by this entity non-service. As you send this entity love and light and wish it well it loses its polarity and needs to regroup.

Thus it would not consider your service as such. On the other hand, if you allowed it to be of service by removing this instrument from your midst you might perhaps perceive this as not being of service. You have here a balanced and polarized view of the Creator; two services offered, mutually rejected, and in a state of equilibrium in which free will is preserved and each allowed to go upon its own path of experiencing the One Infinite Creator.

**Ra, 67.26**

We perceive that we have not been able to clarify your service versus its desire for service. You need, in our humble opinion, to look at the humor of the situation and relinquish your desire to serve where no service is requested. The magnet will attract or repel. Glory in the strength of your polarization and allow others of opposite polarity to similarly do so, seeing the great humor of this polarity and its complications in view of the unification in sixth-density of these two paths.

**Ra, 67.27**

Free will does not mean that there will be no circumstances when calculations will be awry. This is so in all aspects of the life experience. Although there are no mistakes, there are surprises.

**Ra, 69.15**

Questioner: Then each entity is of a path that leads to one destination. This is like many, many roads that travel through many, many places but eventually merge into one large center. Is this correct?

Ra: I am Ra. This is correct but somewhat wanting in depth of description. More applicable would be the thought that each entity contains within it all of the densities and sub-densities of the octave so that in each entity, no matter whither its choices lead it, its great internal blueprint is one with all others. Thusly its experiences will fall into the patterns of the journey back to the original Logos. This is done through free will but the materials from which choices can be made are one blueprint.

**Ra, 71.13**

...to aid the self in polarization towards love and light is to aid the planetary vibration.

**Ra, 71.16**

Questioner: The change in consciousness should result in a greater distortion towards service-to-others, towards unity with all, and towards knowing in order to serve. Is this correct, and are there any other desired results?

Ra: I am Ra. These are commendable phrases. The heart of white magic is the experience of the joy of union with the Creator. This joy will of necessity radiate throughout the life experience of the positive adept. It is for this reason that sexual magic is not restricted solely to the negatively oriented polarizing adepts but when most carefully used has its place in high magic as it, when correctly pursued, joins body, mind, and spirit with the One Infinite Creator.

Any purpose which you may frame should, we suggest, take into consideration this basic union with the One Infinite Creator, for this union will result in service-to-others of necessity.

**Ra, 71.17**

Questioner: We have here, I believe, a very important principle with respect to the Law of One. You have stated that the attitude of the individual is of paramount importance for the Orion entity to be able to be effective.

Would you please explain how this mechanism works with respect to the Law of One and why the attitude of the entity is of paramount importance and why this allows for action by the Orion entity?

Ra: I am Ra. The Law of Confusion or Free Will is utterly paramount in the workings of the infinite creation. That which is intended has as much intensity of attraction to the polar opposite as the intensity of the intention or desire.

Thus those whose desires are shallow or transitory experience only ephemeral configurations of what might be called the magical circumstance. There is a turning point, a fulcrum which swings as a mind/body/spirit complex tunes its will to service. If this will and desire is for service-to-others the corresponding polarity will be activated. In the circumstance of this group there are three such wills acting as one with the instrument in the, shall we say, central position of fidelity to service. This is as it must be for the balance of the working and the continuance of the contact. Our vibratory complex is one-pointed in these workings also and our will to serve is also of some degree of purity. This has created the attraction of the polar opposite which you experience.

We may note that such a configuration of free will, one-pointed in service-to-others, also has the potential for the alerting of a great mass of light strength. This positive light strength, however, operates also under free will and must be invoked. We could not speak to this and shall not guide you, for the nature of this contact is such that the purity of your free will must, above all things, be preserved. Thus you wend your way through experiences discovering those biases which may be helpful.

**Ra, 72.7**

...that great conduit to the Creator, the will.

**Ra, 72.10**

Those who are upon the service-to-others path may call upon the light strength in direct proportion to the strength and purity of their will to serve. Those upon the service-to-self path may call upon the dark strength in direct proportion to the strength and purity of their will to serve.

**Ra, 73.4**

Questioner: Then will you speak of the difference between the spiraling light that enters through the feet and the light invoked through the crown chakra?

Ra: I am Ra. The action of the upward spiraling light drawn by the will to meet the inner light of the One Infinite Creator may be likened to the beating of the heart and the movement of the muscles surrounding the lungs and all the other functions of the parasympathetic nervous system. The calling of the adept may be likened to those nerve and muscle actions over which the mind/body/spirit complex has conscious control.

**Ra, 73.8**

You may note that in the ritual which we offered you to properly begin the Ra workings the first focus is upon the Creator. We would further note a point which is both subtle and of some interest. The upward spiraling light developed in its path by the will, and ultimately reaching an high place of mating with the inward fire of the One Creator, still is only preparation for the work upon the mind/body/spirit which may be done by the adept. There is some crystallization of the energy centers used during each working so that the magician becomes more and more that which it seeks.

More importantly, the time/space mind/body/spirit analog, which is evoked as the magical personality, has its only opportunity to gain rapidly from the experience of the catalytic action available to the third-density space/time mind/body/spirit. Thus the adept is aiding the Creator greatly by offering great catalyst to a greater portion of the creation which is identified as the mind/body/spirit totality of an entity.

**Ra, 73.10**

Questioner: Desire and will are the factors in this process. Is this correct?

Ra: I am Ra. We would add one quality. In the magical personality desire, will, and polarity are the keys.

**Ra, 73.11**

Questioner: What was the orientation with respect to this type of communication for the one known as Jesus of Nazareth?

Ra: I am Ra. You may have read some of this entity's workings. It offered itself as teacher to those mind/body/spirit complexes which gathered to hear and even then spoke as through a veil so as to leave room for those not wishing to hear. When this entity was asked to heal, it oft times did so, always ending the working with two admonitions: firstly, that the entity healed had been healed by its faith, that is, its ability to allow and accept changes through the violet-ray into the gateway of intelligent energy; secondly, saying always, "Tell no one." These are the workings which attempt the maximal quality of free will while maintaining fidelity to the positive purity of the working.

**Ra, 73.13**

Infringement upon free will occurs in this circumstance [of healing or other magical working rendered by the adept] only if the entity doing the working ascribes the authorship of this event to its self or its own skills. He who states that no working comes from it but only through it is not infringing upon free will.

**Ra, 73.14**

We might note further that when the one wishing to be healed, though sincere, remains unhealed, as you call this distortion, you may consider pre-incarnative choices and your more helpful aid to such an entity may be the suggestion that it meditate upon the affirmative uses of whatever limitations it might experience. We would also note that in these cases the indigo-ray workings are often of aid.

**Ra, 73.18**

Questioner: It seems to me that the primary thing of importance for those on the service-to-others path is the development of an attitude which I can only describe as a vibration. This attitude would be developed through meditation, ritual, and the developing appreciation for the creation or Creator which results in a state of mind that can only be expressed by me as an increase in vibration or oneness with all. Could you expand and correct that statement?

Ra: I am Ra. We shall not correct this statement but shall expand upon it by suggesting that to those qualities you may add the living day by day and moment by moment, for the true adept lives more and more as it is.

**Ra, 73.19**

The second energy transfer of which we would speak is the sexual energy transfer. This takes place upon a non-magical level by all those entities which vibrate green ray active. It is possible, as in the case of this instrument which dedicates itself to the service of the One Infinite Creator, to further refine this energy transfer. When the other-self also dedicates itself in service to the One Infinite Creator, the transfer is doubled. Then the amount of energy transferred is dependent only upon the amount of polarized sexual energy created and released. There are refinements from this point onward leading to the realm of the high sexual magic.

The spiritual energy transfers are at the heart of all energy transfers as a knowledge of self and other-self as Creator is paramount, and this is spiritual work. The varieties of spiritual energy transfer include those things of which we have spoken this day as we spoke upon the subject of the adept.

**Ra, 73.21**

The disciplined personality, when faced with an other-self, has all centers balanced according to its unique balance. Thusly the other-self looks in a mirror seeing its self.

**Ra, 74.9**

Questioner: The disciplines of the personality are the paramount work of any who have become consciously aware of the process of evolution. Am I correct on that statement?

Ra: I am Ra. Quite.

**Ra, 74.10**

The general improvement of the place where the performance of the ritual of the purification is to be performed is known. We may note that the distortion towards love, as you call this spiritual/emotional complex which is felt by each for this entity, will be of aid whether this is expressed or unmanifest as there is no protection greater than love.

**Ra, 75.2**

The heart of the discipline of the personality is threefold. One, know your self. Two, accept your self. Three, become the Creator.

The third step is that step which, when accomplished, renders one the most humble servant of all, transparent in personality and completely able to know and accept other-selves. In relation to the pursuit of the magical working the continuing discipline of the personality involves the adept in knowing its self, accepting its self, and thus clearing the path towards the great indigo gateway to the Creator. To become the Creator is to become all that there is. There is, then, no personality in the sense with which the adept begins its learn/teaching. As the consciousness of the indigo ray becomes more crystalline, more work may be done; more may be expressed from intelligent infinity.

**Ra, 74.11**

When the entity Jehoshuah [2] decided to return to the location called Jerusalem for the holy days of its people it turned from work mixing love and wisdom and embraced martyrdom which is the work of love without wisdom.

**Ra, 75.14**

We do not imply that this course of unbridled compassion has any fault but affirm its perfection. It is an example of love which has served as beacon to many.

For those who seek further, the consequences of martyrdom must be considered, for in martyrdom lies the end of the opportunity, in the density of the martyr, to offer love and light. Each entity must seek its deepest path.

**Ra, 75.15**

There are many Wanderers whom you may call adepts who do no conscious work in the present incarnation. It is a matter of attention. One may be a fine catcher of your game sphere, but if the eye is not turned as this sphere is tossed then perchance it will pass the entity by. If it turned its eyes upon the sphere, catching would be easy. In the case of Wanderers which seek to recapitulate the degree of adeptness which each had acquired previous to this life experience, we may note that even after the forgetting process has been penetrated there is still the yellow activated body which does not respond as does the adept which is of a green- or blue-ray activated body. Thusly, you may see the inevitability of frustrations and confusion due to the inherent difficulties of manipulating the finer forces of consciousness through the chemical apparatus of the yellow-ray activated body.

**Ra, 75.24**

It is well for each to realize its self as the Creator. Thusly each may support each including the support of self by humble love of self as Creator.

**Ra, 75.25**

You may consider the concept of sympathetic resonance. When certain sounds are correctly vibrated, the creation sings.

**Ra, 75.27**

Questioner: Then would the adept use this resonant quality to become more one with the creation and, therefore, attain his objective in that way?

Ra: I am Ra. It would be perhaps more accurate to state that in this circumstance the creation becomes more and more contained within the practitioner. The balance of your query is correct.

**Ra, 75.29**

Questioner: May anyone in third density accomplish some degree of healing if they have the proper will, desire, and polarity, or is there a minimal balance of the energy centers of the healer that is also necessary?

Ra: I am Ra. Any entity may at any time instantaneously clear and balance its energy centers. Thus in many cases those normally quite blocked, weakened, and distorted may, through love and strength of will, become healers momentarily. To be a healer by nature one must indeed train its self in the disciplines of the personality.

**Ra, 75.35**

The three aspects of the magical personality, power, love, and wisdom, are so called in order that attention be paid to each aspect in developing the basic tool of the adept; that is, its self. It is by no means a personality of three aspects. It is a being of unity, a being of sixth density, and equivalent to what you call your Higher Self and at the same time is a personality enormously rich in variety of experience and subtlety of emotion.

The three aspects are given that the neophyte not abuse the tools of its trade but rather approach those tools balanced in the center of love and wisdom and thus seeking power in order to serve.

**Ra, 75.32**

Questioner: You made the statement in a previous session that the true adept lives more and more as it is. Will you explain and expand more upon that statement?

Ra: I am Ra. Each entity is the Creator. The entity, as it becomes more and more conscious of its self, gradually comes to the turning point at which it determines to seek either in service to others or in service to self. The seeker becomes the adept when it has balanced with minimal adequacy the energy centers red, orange, yellow, and blue with the addition of the green for the positive, thus moving into indigo work.

The adept then begins to do less of the preliminary or outer work, having to do with function, and begins to effect the inner work which has to do with being. As the adept becomes a more and more consciously crystallized entity it gradually manifests more and more of that which it always has been since before time; that is, the One Infinite Creator.

**Ra, 75.23**

...any thought is a form or symbol or thing that is an object seen in time/space reference.

**Ra, 76.3**



...to be encouraged is the... study of being. It is the being that informs the working, not the working that informs the being.

**Ra, 76.4**

The choice [of service to others vs. service to self] is, as you put it, the work of a moment but is the axis upon which the creation turns.

**Ra, 76.16**

The instrument was instructed to spend space/time contemplating its self as the Creator. This, done in a more determined fashion, would be beneficial at times when the mind complex is weakened by severe assaults upon the distortions of the body complex towards pain. There is no necessity for negative thought-forms regardless of pain distortions. The elimination of such creates the lack of possibility for negative elementals and other negative entities to use these thought-forms to create the worsening of the mind complex deviation from the normal distortions of cheerfulness/anxiety.

**Ra, 77.6**

...each of the group may become aware of the will to a greater extent. We cannot instruct upon this but merely indicate, as we have previously, that it is a vital key to the evolution of the mind/body/spirit complex.

**Ra, 77.10**

The intensity of fourth density is that of the refining of the rough-hewn sculpture. This is, indeed, in its own way, quite intense causing the mind/body/spirit complex to move ever inward and onward in its quest for fuller expression. However, in third density the statue is forged in the fire. This is a type of intensity which is not the property of fourth, fifth, sixth, or seventh densities.

**Ra, 77.15**

Each of the support group has an excess of love and light to offer the instrument during the working. Already each sends to the instrument love, light, and thoughts of strength of the physical, mental, and spiritual configurations. These sendings are forms. You may refine these sendings until the fullest manifestations of love and light are sent into the energy web of this entity which functions as instrument. Your exact sending is, in order to be most potent, the creature of your own making.

**Ra, 78.7**

...it is certainly through this faculty [of meditation] that catalyst is most efficiently used.

**Ra, 78.35**

Magical ability is the ability to consciously use the so-called unconscious.

**Ra, 79.32**

The heart of the mind complex is that dynamic entity which absorbs, seeks, and attempts to learn

**Ra, 79.36**

The less balanced the distortion by self-knowledge, the more adeptly the [discarnate negative] entity may accentuate such a distortion in order to mitigate against the smooth functioning and harmony of the group.

**Ra, 80.4**

The power of which you speak is a spiritual power. The powers of the mind, as such, do not encompass such works as these. You may, with some fruitfulness, consider the possibilities of moonlight. You are aware that we have described the Matrix of the Spirit as a Night. The moonlight, then, offers either a true picture seen in

shadow or chimera and falsity. The power of falsity is deep as is the power to discern truth from shadow. The shadow of hidden things is an infinite depth in which is stored the power of the One Infinite Creator.

The adept, then, is working with the power of hidden things illuminated by that which can be false or true. To embrace falsity, to know it, and to seek it, and to use it gives a power that is most great. This is the nature of the power of your visitor and may shed some light upon the power of one who seeks in order to serve others as well, for the missteps in the night are oh! so easy.

**Ra, 80.8**

Questioner: The fifteenth archetype is the Matrix of the Spirit and has been called the Devil. Can you tell me why that is so?

Ra: I am Ra. We do not wish to be facile in such a central query, but we may note that the nature of the spirit is so infinitely subtle that the fructifying influence of light upon the great darkness of the spirit is very often not as apparent as the darkness itself. The progress chosen by many adepts becomes a confused path as each adept attempts to use the Catalyst of the Spirit. Few there are which are successful in grasping the light of the sun. By far, the majority of adepts remain groping in the moonlight and, as we have said, this light can deceive as well as uncover hidden mystery. Therefore, the melody, shall we say, of this matrix often seems to be of a negative and evil, as you would call it, nature.

It is also to be noted that an adept is one which has freed itself more and more from the constraints of the thoughts, opinions, and bonds of other-selves. Whether this is done for service to others or service to self, it is a necessary part of the awakening of the adept. This freedom is seen by those not free as what you would call evil or black. The magic is recognized; the nature is often not.

**Ra, 80.10**

Questioner: Could I say, then, that implicit in the process of becoming adept is the seeming polarization towards service to self because the adept becomes disassociated with many of his kind?

Ra: I am Ra. This is likely to occur. The apparent happening is disassociation whether the truth is service to self and thus true disassociation from other-selves or service-to-others and thus true association with the heart of all other-selves and disassociation only from the illusory husks which prevent the adept from correctly perceiving the self and other-self as one.

**Ra, 80.11**

Questioner: Then you say that this effect of disassociation on the service-to-others adept is a stumbling block or slowing process in reaching that goal to which he aspires? Is this correct?

Ra: I am Ra. This is incorrect. This disassociation from the miasma of illusion and misrepresentation of each and every distortion is a quite necessary portion of an adept's path. It may be seen by others to be unfortunate.

**Ra, 80.12**

Even the most unhappy of experiences, shall we say, which seem to occur in the Catalyst of the adept, seen from the viewpoint of the spirit, may, with the discrimination possible in shadow, be worked with until light equaling the light of brightest noon descends upon the adept and positive or service-to-others illumination has occurred. The service-to-self adept will satisfy itself with the shadows and, grasping the light of day, will toss back the head in grim laughter, preferring the darkness.

**Ra, 80.15**

The Significator of the Spirit is that living entity which either radiates or absorbs the love and the light of the One Infinite Creator, radiates it to others or absorbs it for the self.

**Ra, 80.17**

That which you call the Sarcophagus in your system may be seen to be the material world, if you will. This material world is transformed by the spirit into that which is infinite and eternal. The infinity of the spirit is an even greater realization than the infinity of consciousness, for consciousness which has been disciplined by will and faith is that consciousness which may contact intelligent infinity directly. There are many things which fall away in the many, many steps of adepthood. We, of Ra, still walk these steps and praise the One Infinite Creator at each transformation.

**Ra, 80.20**

...intelligent energy which is the Universe or, as you have called it somewhat provincially, the World.

**Ra, 80.21**

...contact with intelligent energy, for this energy is the energy of the Logos, and thus it is the energy which heals, builds, removes, destroys, and transforms all other-selves as well as the self.

The contact with intelligent infinity is most likely to produce an unspeakable joy in the entity experiencing such contact.

**Ra, 80.2**

...each moment and certainly each diurnal period of the bodily incarnation offers death and rebirth to one which is attempting to use the catalyst which is offered it.

**Ra, 81.13**

We have opened our hearts in radiation of love to the entire creation. Approximately 90 percent of the creation is at some level aware of the sending and able to reply. All of the infinite Logoi are one in the consciousness of love. This is the type of contact which we enjoy rather than travel.

**Ra, 81.23**

...to one whose personality or mind/body/spirit complex has been crystallized the universe is one place and there is no bar upon travel

**Ra, 81.27**

Much of what you call creation has never separated from the One Logos of this octave and resides within the One Infinite Creator. Communication in such an environment is the communication of cells of the body. That which is learned by one is known to all.

**Ra, 81.23**

The One Original Thought is the harvest of all previous, if you would use this term, experience of the Creator by the Creator. As It decides to know Itself It generates Itself, into that plenum full of the glory and the power of the One Infinite Creator which is manifested to your perceptions as space or outer space. Each generation of this knowing begets a knowing which has the capacity, through free will, to choose methods of knowing Itself. Therefore, gradually, step by step, the Creator becomes that which may know Itself, and the portions of the Creator partake less purely in the power of the original word or thought. The Creator does not properly create as much as It experiences Itself.

**Ra, 82.10**

Consider, if you will, the tendency of those who are divinely happy, as you call this distortion, to have little urge to alter or better their condition. Such is the result of the mind/body/spirit which is not complex [that is, those entities existing prior to the experiment of the veil]. There is the possibility of love of other-selves and service to other-selves, but there is the overwhelming awareness of the Creator in the self. The connection with the Creator is that of the umbilical cord. The security is total. Therefore, no love is terribly important; no pain terribly frightening; no effort, therefore, is made to serve for love or to benefit from fear.

**Ra, 82.22**

...without the need to understand, understanding would forever be left undone.

**Ra, 82.24**

Each incarnation is intended to be a course in the Creator knowing Itself.

**Ra, 82.25**

Let us continue the metaphor of the schooling but consider the scholar as being an entity in your younger years of the schooling process. The entity is fed, clothed, and protected regardless of whether or not the schoolwork is accomplished. Therefore, the entity does not do the homework but rather enjoys playtime, mealtime, and vacation. It is not until there is a reason to wish to excel that most entities will attempt to excel.

**Ra, 82.28**

The faculty of faith or will needs to be understood, nourished, and developed in order to have an entity which seeks past the boundary of third density. Those entities which do not do their homework, be they ever so amiable, shall not cross.

**Ra, 82.29**

...the veiling is a primary cause of the value of dreams and is also the single door against which the Higher Self must stand awaiting entry.

**Ra, 83.3**

It is true that the nature of time/space is such that a lifetime may be seen whole as a book or record, the pages studied, riffled through, and re-read. However, the value of review is that of the testing as opposed to the studying. At the testing, when the test is true, the distillations of all study are made clear.

During the process of study, which you may call the incarnation, regardless of an entity's awareness of the process taking place, the material is diffused and over-attention is almost inevitably placed upon detail.

The testing upon the cessation of the incarnative state is not that testing which involves the correct memorization of many details. This testing is, rather, the observing of self by self, often with aid as we have said. In this observation one sees the sum of all the detailed study; that being an attitude or complex of attitudes which bias the consciousness of the mind/body/spirit.

**Ra, 83.7**

The third density is, by its very fiber, a societal one. There are societies wherever there are entities conscious of the self and conscious of other-selves and possessed with intelligence adequate to process information indicating the benefits of communal blending of energies. The structures of society before as after veiling were various. However, the societies before veiling did not depend in any case upon the intentional enslavement of some for the benefit of others, this not being seen to be a possibility when all are seen as one. There was, however, the requisite amount of disharmony to produce various experiments in what you may call governmental or societal structures.

**Ra, 83.9**

At the present space/time the conditions of well-meant and unintentional slavery are so numerous that it beggars our ability to enumerate them.

**Ra, 83.11**

Questioner: I would say that a very high percentage of the laws and restrictions within what we call our legal system are of a nature of enslavement of which I just spoke. Would you agree with this?

Ra: I am Ra. It is a necessary balance to the intention of law, which is to protect, that the result would encompass an equal distortion towards imprisonment. Therefore, we may say that your supposition is correct. This is not to denigrate those who, in green and blue-ray energies, sought to free a peaceable people from the bonds of chaos but only to point out the inevitable consequences of codification of response which does not recognize the uniqueness of each and every situation within your experience

**Ra, 83.13**

Questioner: Is the veil supposed to be what I would call semi-permeable?

Ra: I am Ra. The veil is indeed so.

**Ra, 83.14**

Questioner: What techniques and methods of penetration of the veil were planned and are there any others that have occurred other than those planned?

Ra: I am Ra. There were none planned by the first great experiment. As all experiments, this rested upon the nakedness of hypothesis. The outcome was unknown. It was discovered, experientially and empirically, that there were as many ways to penetrate the veil as the imagination of mind/body/spirit complexes could provide. The desire of mind/body/spirit complexes to know that which was unknown drew to them the dreaming and the gradual opening to the seeker of all of the balancing mechanisms leading to adepthood and communication with teach/learners which could pierce this veil.

The various unmanifested activities of the self were found to be productive in some degree of penetration of the veil. In general, we may say that by far the most vivid and even extravagant opportunities for the piercing of the veil are a result of the interaction of polarized entities.

**Ra, 83.15**

Questioner: Could you expand on what you mean by that interaction of polarized entities in piercing the veil?

Ra: I am Ra. We shall state two items of note. The first is the extreme potential for polarization in the relationship of two polarized entities which have embarked upon the service-to-others path or, in some few cases, the service-to-self path. Secondly, we would note that effect which we have learned to call the doubling effect. Those of like mind which together seek shall far more surely find.

**Ra, 83.16**

Questioner: Specifically, by what process would, in the first case, two polarized entities attempt to penetrate the veil, whether they be positively or negatively polarized? By what technique would they penetrate the veil?

Ra: I am Ra. The penetration of the veil may be seen to begin to have its roots in the gestation of green-ray activity, that all-compassionate love which demands no return. If this path is followed the higher energy centers shall be activated and crystallized until the adept is born. Within the adept is the potential for dismantling the

veil to a greater or lesser extent that all may be seen again as one. The other-self is primary catalyst in this particular path to the piercing of the veil, if you would call it that.

**Ra, 83.17**

Questioner: In some cases it seems that this use of catalyst is almost in a runaway condition for some entities in that they are experiencing much more pain than they can make good use of as far as catalytic nature would be considered. Could you comment on that?

Ra: I am Ra. This shall be the last query of this working of a full length. You may see, in some cases, an entity which, either by pre-incarnative choice or by constant reprogramming while in incarnation, has developed an esurient program of catalyst. Such an entity is quite desirous of using the catalyst and has determined to its own satisfaction that what you may call the large board needs to be applied to the forehead in order to obtain the attention of the self. In these cases it may indeed seem a great waste of the catalyst of pain and a distortion towards feeling the tragedy of so much pain may be experienced by the other-self. However, it is well to hope that the other-self is grasping that which it has gone to some trouble to offer itself; that is, the catalyst which it desires to use for the purpose of evolution. May we ask if there are any brief queries at this time?

**Ra, 83.26**

We may ... suggest that it is a grand choice that each may make to, by desire, collect the details of the day or, by desire, seek the keys to unknowing.

**Ra, 84.7**

The awareness of all as Creator is that which opens the green energy center.

**Ra, 84.9**

The energy transfer occurs in one releasing of the potential difference. This does not leap between green and green energy centers but is the sharing of the energies of each from red ray upwards. In this context it may be seen to be at its most efficient when both entities have orgasm simultaneously. However, it functions as transfer if either has the orgasm and indeed in the case of the physically expressed love between a mated pair which does not have the conclusion you call orgasm there is, nonetheless, a considerable amount of energy transferred due to the potential difference which has been raised as long as both entities are aware of this potential and release its strength to each other by desire of the will in a mental or mind complex dedication. You may see this practice as being used to generate energy transfers in some of your practices of what you may call other than Christian religious distortion systems of the Law of One.

**Ra, 84.13**

If both entities are well polarized and vibrating in green-ray love any orgasm shall offer equal energy to both.

**Ra, 84.16**

You may see that some information is necessarily shrouded in mystery by our desire to preserve the free will of the adept. The great key to blue, indigo, and finally, that great capital of the column of sexual energy transfer, violet energy, transfers, is the metaphysical bond or distortion which has the name among your peoples of unconditional love. In the blue-ray energy transfer the quality of this love is refined in the fire of honest communication and clarity; this, shall we say, normally speaking in general, takes a substantial portion of your space/time to accomplish although there are instances of matings so well refined in previous incarnations and so well remembered that the blue-ray may be penetrated at once. This energy transfer is of great benefit to the seeker in that all communication from this seeker is, thereby, refined and the eyes of honesty and clarity look upon a new world. Such is the nature of blue-ray energy and such is one mechanism of potentiating and crystallizing it.

As we approach indigo-ray transfer we find ourselves in a shadowland. We cannot give you information straight out or plain, for this is seen by us to be an infringement. We cannot speak at all of violet ray transfer as we do not, again, desire to break the Law of Confusion.

We may say that these jewels, though dearly bought, are beyond price for the seeker and might suggest that just as each awareness is arrived at through a process of analysis, synthesis, and inspiration, so should the seeker approach its mate and evaluate each experience, seeking the jewel.

**Ra, 84.20**

Questioner: Is there any way to tell which ray the transfer was for an individual after the experience?

Ra: I am Ra. There is only a subjective yardstick or measure of such. If the energies have flowed so that love is made whole, green-ray transfer has taken place. If, by the same entities' exchange, greater ease in communication and greater sight has been experienced, the energy has been refined to the blue-ray energy center. If the polarized entities, by this same energy transfer experience, find that the faculties of will and faith have been stimulated, not for a brief while but for a great duration of what you call time, you may perceive the indigo-ray transfer. We may not speak of the violet-ray transfer except to note that it is an opening to the gateway of intelligent infinity. Indeed, the indigo-ray transfer is also this but, shall we say, the veil has not yet been lifted.

**Ra, 84.21**

...the service-to-self choice is one which denies the very center of the spectrum; that being universal love. Therefore, all that is built upon the penetration of the light of harvestable quality by such entities is based upon an omission.

**Ra, 85.11**

The primary veiling was of such significance that it may be seen to be analogous to the mantling of the Earth over all the jewels within the Earth's crust; whereas previously all facets of the Creator were consciously known. After the veiling, almost no facets of the Creator were known to the mind. Almost all was buried beneath the veil.

**Ra, 85.19**

The so-called dreaming contains a great deal which, if made available to the conscious mind and used, shall aid it in polarization to a great extent.

**Ra, 85.19**

Perhaps the most important and significant function that occurred due to the veiling of the mind from itself is not in itself a function of mind but rather is a product of the potential created by this veiling. This is the faculty of will or pure desire.

**Ra, 85.19**

Your language is not overstrewn with non-emotional terms for the functional qualities of what is now termed unconscious mind. ...

The nature of the unconscious is of the nature of concept rather than word. Consequently, before the veiling the use of the deeper mind was that of the use of unspoken concept. You may consider the emotive and connotative aspects of a melody. One could call out, in some stylized fashion, the terms for the notes of the melody. One could say, quarter note A, quarter note A, quarter note A, whole note F. This bears little resemblance to the beginning of the melody of one of your composer's most influential melodies, that known to you as a symbol of victory.

This is the nature of the deeper mind. There are only stylized methods with which to discuss its functions. Thusly our descriptions of this portion of the mind, as well as the same portions of body and spirit, were given terms such as “far-seeing,” indicating that the nature of penetration of the veiled portion of the mind may be likened unto the journey too rich and exotic to contemplate adequate describing thereof.

**Ra, 86.6**

Dreaming is an activity of communication through the veil of the unconscious mind and the conscious mind. The nature of this activity is wholly dependent upon the situation regarding the energy center blockages, activations, and crystallizations of a given mind/body/spirit complex.

In one who is blocked at two of the three lower energy centers dreaming will be of value in the polarization process in that there will be a repetition of those portions of recent catalyst as well as deeper held blockages, thereby giving the waking mind clues as to the nature of these blockages and hints as to possible changes in perception which may lead to the unblocking.

**Ra, 86.7**

The activity of dreaming is an activity in which there is made a finely wrought and excellently fashioned bridge from conscious to unconscious. In this state the various distortions which have occurred in the energy web of the body complex, due to the misprision with which energy influxes have been received, are healed. With the proper amount of dreaming comes the healing of these distortions. Continued lack of this possibility can cause seriously distorted mind/body/spirit complexes.

**Ra, 86.12**

Let us deal with the sexual energy transfer. Before the veiling such a transfer was always possible due to there being no shadow upon the grasp of the nature of the body and its relationship to other mind/body/spirits in this particular manifestation. Before the veiling process there was a near total lack of the use of this sexual energy transfer beyond green ray.

This also was due to the same unshadowed knowledge each had of each. There was, in third density then, little purpose to be seen in the more intensive relationships of mind, body, and spirit which you may call those of the mating process, since each other-self was seen to be the Creator and no other-self seemed to be more the Creator than another.

After the veiling process it became infinitely more difficult to achieve green-ray energy transfer due to the great areas of mystery and unknowing concerning the body complex and its manifestations. However, also due to the great shadowing of the manifestations of the body from the conscious mind complex, when such energy transfer was experienced it was likelier to provide catalyst which caused a bonding of self with other-self in a properly polarized configuration.

From this point it was far more likely that higher energy transfers would be sought by this mated pair of mind/body/spirit complexes, thus allowing the Creator to know Itself with great beauty, solemnity, and wonder. Intelligent infinity having been reached by this sacramental use of this function of the body, each mind/body/spirit complex of the mated pair gained greatly in polarization and in ability to serve.

**Ra, 86.20**

Upon the negative path the wisdom density is one in which power over others has been refined until it is approaching absolute power. Any force such as the force your group and those of Ra offer which cannot be controlled by the power of such a negative fifth-density mind/body/spirit complex then depolarizes the entity which has not controlled other-self.



It is not within your conscious selves to stand against such refined power but rather it has been through the harmony, the mutual love, and the honest calling for aid from the forces of light which have given you the shield and buckler.

**Ra, 87.6**

The fourth-density habit is that of offering temptations and of energizing preexisting distortions. Fourth-density entities lack the subtlety and magical practice which the fifth-density experience offers.

**Ra, 87.9**

The fourth-density negative entity has made the choice available to each at third-density harvest. It is aware of the full array of possible methods of viewing the universe of the One Creator and it is convinced that the ignoring and non-use of the green-ray energy center will be the method most efficient in providing harvestability of fourth density. Its operations among those of third density which have not yet made this choice are designed to offer to each the opportunity to consider the self-serving polarity and its possible attractiveness.

**Ra, 87.11**

We ask that you, who have been our friends... regard such as another opportunity to, as the adept must, be yourselves and offer that which is in and with you without pretense of any kind.

**Ra, 88.12**

As each planetary influence enters the energy web of your sphere those upon the sphere are moved much as the moon which moves about your sphere moves the waters upon your deeps. Your own nature is water in that you as mind/body/spirit complexes are easily impressed and moved. Indeed, this is the very fiber and nature of your journey and vigil in this density: to not only be moved but to instruct yourself as to the preferred manner of your movement in mind, body, and spirit.

**Ra, 88.23**

In and of themselves, the Major Arcana have no rightful place in divination but, rather, are tools for the further knowledge of the self by the self for the purpose of entering a more profoundly, acutely realized present moment.

**Ra, 88.23**

Questioner: What was the attitude prior to harvest of those harvestable entities of Ra with respect to those who were obviously unharvestable?

Ra: I am Ra. Those of us which had the gift of polarity felt deep compassion for those who seemed to dwell in darkness. This description is most apt as ours was a harshly bright planet in the physical sense. There was every attempt made to reach out with whatever seemed to be needed. However, those upon the positive path have the comfort of companions and we of Ra spent a great deal of our attention upon the possibilities of achieving spiritual or metaphysical adepthood or work in indigo ray through the means of relationships with other-selves. Consequently, the compassion for those in darkness was balanced by the appreciation of the light.

**Ra, 89.29**

Questioner: Would Ra have the same attitude toward the unharvestable entities or would it be different at this nexus than at the time of harvest from the third density?

Ra: I am Ra. Not substantially. To those who wish to sleep we could only offer those comforts designed for the sleeping. Service is only possible to the extent it is requested. We were ready to serve in whatever way we could. This still seems satisfactory as a means of dealing with other-selves in third density. It is our feeling that to be each entity which one attempts to serve is to simplify the grasp of what service is necessary or possible.

**Ra, 89.30**

About [the negatively polarizing entities on Venus] were soon gathered those who found it easy to believe that a series of specific knowledges and wisdoms would advance one towards the Creator.

**Ra, 89.35**

Questioner: By what means do these particular fourth-density entities get from their origin to our position?

Ra: I am Ra. The mechanism of calling has been previously explored. When a distortion which may be negatively connotated is effected, this calling occurs. In addition, the light of which we have spoken, emanating from attempts to be of service to others in a fairly clear and lucid sense, is another type of calling in that it represents that which requires balance by temptation. Thirdly, there have been certain avenues into the mind/body/spirit complexes of this group which have been made available by your fifth-density friend.

**Ra, 90.3**

Questioner: Then what you are saying is that once the path is recognized, either the positive or the negative polarized entity can find hints along his path as to the efficiency of that path. Is this correct?

Ra: I am Ra. That which you say is correct upon its own merits, but is not a repetition of our statement. Our suggestion was that within the experiential nexus of each entity within its second-density environment and within the roots of mind there were placed biases indicating to the watchful eye the more efficient of the two paths. Let us say, for want of a more precise adjective, that this Logos has a bias towards kindness.

**Ra, 90.21**

We came to your peoples to enunciate the Law of One. We wished to impress upon those who wished to learn of unity that in unity all paradoxes are resolved; all that is broken is healed; all that is forgotten is brought to light.

**Ra, 90.29**

Questioner: Thank you. You have stated previously that the foundation of our present illusion is the concept of polarity. I would like to ask, since we have defined the two polarities as service-to-others and service-to-self, is there a more complete or eloquent or enlightening definition of these polarities or any more information that we don't have at this time that you could give on the two ends of the poles that would give us a better insight into the nature of polarity itself?

Ra: I am Ra. It is unlikely that there is a more pithy or eloquent description of the polarities of third density than service-to-others and service-to-self due to the nature of the mind/body/spirit complexes' distortions towards perceiving concepts relating to philosophy in terms of ethics or activity. However, we might consider the polarities using slightly variant terms. In this way a possible enrichment of insight might be achieved for some.

One might consider the polarities with the literal nature enjoyed by the physical polarity of the magnet. The negative and positive, with electrical characteristics, may be seen to be just as in the physical sense. It is to be noted in this context that it is quite impossible to judge the polarity of an act or an entity, just as it is impossible to judge the relative goodness of the negative and positive poles of the magnet.

Another method of viewing polarities might involve the concept of radiation/absorption. That which is positive is radiant; that which is negative is absorbent.

**Ra, 93.3**

All uses of catalyst by the mind are those consciously applied to catalyst. Without conscious intent the use of catalyst is never processed through mediation, ideation, and imagination.

**Ra, 93.10**

All that assaults your senses is catalyst.

**Ra, 93.11**

The sphere of spiritual power is an indication indeed that each opportunity is pregnant with the most extravagant magical possibilities for the far-seeing adept.

**Ra, 93.18**

We may indicate that the crux ansata is a part of the concept complexes of the archetypical mind, the circle indicating the magic of the spirit, the cross indicating that nature of manifestation which may only be valued by the losing. Thus the crux ansata is intended to be seen as an image of the eternal in and through manifestation and beyond manifestation through the sacrifice and the transformation of that which is manifest.

**Ra, 93.24**

The figure [in Arcanum #4] is expressing the nature of experience by having its attention caught by what may be termed the left-hand catalyst. Meanwhile, the power, the magic, is available upon the right-hand path.

The nature of experience is such that the attention shall be constantly given varieties of experience. Those that are presumed to be negative, or interpreted as negative, may seem in abundance. It is a great challenge to take catalyst and devise the magical, positive experience. That which is magical in the negative experience is much longer coming, shall we say, in the third density.

**Ra, 94.19**

Questioner: Then I am guessing that the crossed legs of the entity in Card Four have a meaning similar to the crux ansata. Is this correct?

Ra: I am Ra. This is correct. The cross formed by the living limbs of the image signifies that which is the nature of mind/body/spirit complexes in manifestation within your illusion. There is no experience which is not purchased by effort of some kind, no act of service-to-self or others which does not bear a price, to the entity manifesting, commensurate with its purity. All things in manifestation may be seen in one way or another to be offering themselves in order that transformations may take place upon the level appropriate to the action.

**Ra, 94.25**

There is much of blessing in the gardening and the care of surroundings, for when this is accomplished in love of the creation the second-density flowers, plants, and small animals are aware of this service and return it.

**Ra, 95.11**

Questioner: What I meant to say was that the entity is guarded along the right-hand path, once it has chosen this path, from effects of the material illusion that are of the negative polarity. Would Ra comment on that?

Ra: I am Ra. This is an accurate perception of our intent, O student. We may note that the great cat guards in direct proportion to the purity of the manifestations of intention and the purity of inner work done along this path.

**Ra, 95.23**

Questioner: From that statement I interpret the following. If the Experience of the Mind has sufficiently chosen the right-hand path, and as total purity is approached in the choosing of the right-hand path, then total imperviousness from the effect of the left-hand catalyst is also approached. Is this correct?

Ra: I am Ra. This is exquisitely perceptive. The seeker which has purely chosen the service-to-others path shall certainly not have a variant apparent incarnational experience. There is no outward shelter in your illusion from the gusts, flurries, and blizzards of quick and cruel catalyst.

However, to the pure, all that is encountered speaks of the love and the light of the One Infinite Creator. The cruelest blow is seen with an ambiance of challenges offered and opportunities to come. Thusly, the great pitch of light is held high above such an one so that all interpretation may be seen to be protected by light.

**Ra, 95.24**

Questioner: I have often wondered about the action of random and programmed catalyst with respect to the entity with the very strong positive or negative polarization. Would either polarity be free to a great extent from random catalyst such as great natural catastrophes or warfare or something like that which generates a lot of random catalyst in the physical vicinity of a highly polarized entity? Does this great cat, then, have an effect on such random catalyst on the right-hand path?

Ra: I am Ra. In two circumstances this is so. Firstly, if there has been the pre-incarnative choice that, for instance, one shall not take life in the service of the cultural group, events shall fall in a protective manner. Secondly, if any entity is able to dwell completely in unity the only harm that may occur to it is the changing of the outward physical, yellow-ray vehicle into the more light-filled mind/body/spirit complex's vehicle by the process of death. All other suffering and pain is as nothing to one such as this.

We may note that this perfect configuration of the mind, body, and spirit complexes, while within the third-density vehicle, is extraordinarily rare.

**Ra, 95.25**

The observation of the right angles and their transformational meaning is most perceptive, O student. Each of the images leading to the Transformations of Mind, Body, and Spirit and ultimately to the great transformative Choice has the increasing intensity of increasing articulation of concept; that is to say, each image in which you find this angle may increasingly be seen to be a more and more stridently calling voice of opportunity to use each resource, be it experience as you now observe or further images, for the grand work of the adept which builds towards transformation using the spirit's bountiful shuttle to intelligent infinity. Please ask any brief queries at this space/time.

**Ra, 95.27**

The domicile in question has already been offered a small amount of blessing by this group through its presence and, as we have previously stated, each of your days spent in love, harmony, and thanksgiving will continue transforming the dwelling.

**Ra, 96.4**

May we note that just as each entity strives in each moment to become more nearly one with the Creator but falls short, just so is physical spotlessness striven for but not achieved. In each case the purity of intention and thoroughness of manifestation are appreciated. The variance between the attempt and the goal is never noted and may be considered unimportant.

**Ra, 96.4**

To put this into perspective we must gaze then at the stunning mystery of the One Infinite Creator. The archetypical mind does not resolve any paradoxes or bring all into unity. This is not the property of any source which is of the third-density. Therefore, may we ask the student to look up from inward working and behold the glory, the might, the majesty, the mystery, and the peace of oneness. Let no consideration of bird or beast, darkness or light, shape or shadow keep any which seeks from the central consideration of unity.

**Ra, 97.9**

The flow of power, just as the flow of love or wisdom, is enabled not by the chary\* conserver of its use but by the constant user.

**Ra, 99.5**

The principle which moves in accordance with the dynamics of teach/learning with most efficiency is constancy.

**Ra, 99.6**

Many use the trunk and roots of mind as if that portion of mind were a badly used, prostituted entity. Then this entity gains from this great storehouse that which is rough, prostituted, and without great virtue. Those who turn to the deep mind, seeing it in the guise of the maiden, go forth to court it. The courtship has nothing of plunder in its semblance and may be protracted, yet the treasure gained by such careful courtship is great. The right-hand and left-hand transformations of the mind may be seen to differ by the attitude of the conscious mind towards its own resources as well as the resources of other-selves.

**Ra, 99.8**

The free will of third-density entities is far stronger than the rather mild carryover from second-density DNA encoding and it is not part of the conscious nature of many of your mind/body/spirit complexes to be monogamous due to the exercise of free will. However, as has been noted there are many signposts in the deep mind indicating to the alert adept the more efficient use of catalyst. As we have said, the Logos of your peoples has a bias towards kindness.

**Ra, 99.10**

In this image of Transformation of Mind, then, each of the females points the way it would go, but is not able to move, nor are the two female entities striving to do so. They are at rest. The conscious entity holds both and will turn itself one way or the other or, potentially, backwards and forwards, rocking first one way then the other and not achieving the transformation. In order for the Transformation of Mind to occur, one principle governing the use of the deep mind must be abandoned.

**Ra, 100.4**

The entity which is given constant and unremitting approval by those surrounding it suffers from the loss of the mirroring effect of those which reflect truthfully rather than unquestioningly. This is not a suggestion to reinstate judgment but merely a suggestion for all those supporting instruments; that is, support, be harmonious, share in love, joy, and thanksgiving, but find love within truth, for each instrument benefits from this support more than from the total admiration which overcomes discrimination.

**Ra, 101.8**

We may note that the instrument has remained centered upon the Creator at a percentage exceeding ninety. This is the key. Continue in thanksgiving and gratitude for all things.

**Ra, 102.2**

Each entity must, in order to completely unblock yellow ray, love all which are in relationship to it, with hope only of the other selves' joy, peace, and comfort.

**Ra, 102.11**

We salute the opening of compassion circuitry in the questioner but note that that which is being experienced by this group is being experienced within an healing atmosphere. The healing hands of each have limited use when the distortion has so many metaphysical layers and mixtures. Therefore, look not to a healing but to the joy of companionship, for each is strong and has its feet set upon the way. The moon casts its shadows. What shall you

see? Link hands and walk towards the sun. In this instance this is the greatest healing. For the physical vehicle we can suggest far less than you had hoped.

**Ra, 102.21**

As to the instrument, the journey from worth in action to worth in esse is arduous. The entity has denied itself in order to be free of that which it calls addiction\*. This sort of martyrdom, and here we speak of the small but symbolically great sacrifice of the clothing, causes the entity to frame a selfhood in poorness which feeds unworthiness unless the poverty is seen to be true richness. In other words, good works for the wrong reasons cause confusion and distortion. We encourage the instrument to value itself and to see that its true requirements are valued by the self. We suggest contemplation of true richness of being.

**Ra, 103.8**

It is the way of distortion that in order to balance a distortion one must accentuate it.

**Ra, 104.2**

I am Ra. We leave you in appreciation of the circumstances of the great illusion in which you now choose to play the pipe and timbrel and move in rhythm. We are also players upon a stage. The stage changes. The acts ring down. The lights come up once again. And throughout the grand illusion and the following and the following there is the undergirding majesty of the One Infinite Creator. All is well. Nothing is lost. Go forth rejoicing in the love and the light, the peace and the power of the One Infinite Creator. I am Ra. Adonai.

**Ra, 104.26**

Within third-density, not to build into the physical vehicle its ending would be counterproductive to the mind/body/spirit complexes therein residing, for within the illusion it seems more lovely to be within the illusion than to drop the garment which has carried the mind/body/ spirit complex and move on.

**Ra, 105.20**

Therefore look you to your love and thanksgiving for each other and join always in fellowship, correcting each broken strand of that affection with patience, comfort, and quietness.

**Ra, 105.22**

Perceive the group as here, a location in time/space. Within this true home, keep the light touch. Laugh together, and find joy in and with each other.

**Ra, 106.20**

We suggest the nature of all manifestation to be illusory and functional only in so far as the entity turns from shape and shadow to the One.

**Ra, 106.23**