

THE LAW OF ONE:
ACCELERATING
PERSONAL EVOLUTION

*The Meaning and Purpose of Life,
the Universe and Everything*

Don Elkins



The Law of One: Accelerating Personal Evolution

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EDITOR'S INTRODUCTION

In the summer of 1983, Don Elkins decided that it was time to try to write a book that would introduce the *Law of One* information we had gained through the Ra contact to the average person on the street. The following pages are the beginning of that book. It was originally published in a very limited edition of only about two dozen copies.

Don never got any further than the first page of the second chapter because he, Carla and I became involved with the process of moving our household from Louisville to Cumming, Georgia. And it was during the five months that we spent in our Lake Lanier house that his physical and then mental energies began to dissipate and distort.

I am sure that Don had further editing of this material planned, and you can see that from the combination of a couple of "page one beginnings" in his Introduction that resulted from his editing two different copies of the rough draft at two different times. Don was famous for his "page ones" that never saw a page two, so the fact that he completed an entire chapter of this book is extraordinary and indicates that he fully intended to carry through with this particular project. The fact that the project was never finished and the fact that what was written lacks his final proofreading touches are indeed unfortunate, but we can rejoice that he did write this first fascinating chapter in his attempt to explain the meaning of life. No smaller topic could have motivated Don to exceed the first page of a writing effort, and only a person like Don Elkins would have dared to dream of undertaking a topic of such monumental proportions.

I hope that you will enjoy this book. All quotes are from the Ra contact.

In Love & Light,
Jim McCarty
December 1989

INTRODUCTION

Ever since our astronauts first walked on the moon, the question of “The Big Silence” has become more and more profound. “The Big Silence” is the reference to the fact that, although after a very short technical history we have begun space travel, no extraterrestrial has contacted us.

It has become somewhat scientifically unfashionable to assume that we are the only life in the universe or, if there are other civilizations, that we are the most advanced. Those who still stick to this archaic theory use “The Big Silence” as evidence that we must be the only intelligent life in the universe since, statistically, if there were any others there should be lots of others. If there are lots of others then, statistically speaking, we should have been contacted long ago.

So we build giant telescopes, both optical and radio, but still we fail to get the faintest whisper necessary to break “The Big Silence.”

When I was first introduced to the study of history I asked, “Why study the past?” The answer was, “So as to not make the same mistakes in the future!” If we look at the history of scientific thought we will find an extreme resistance to change that seems to be the rule. The exception, quite often, is the radical thinker who later becomes an historical figure himself due to his refusal to accept approved theory. There have been, of course, many radical thinkers who were wrong. The test of the new theory is the important phase of scientific advance. The big problem has always been to get the scientific community to look seriously at any theory that is not very closely associated with current scientific thought.

If one of our radio telescopes suddenly started picking up signals from space and the decoding of these resulted in information telling us just what we expected, I believe this would be more suspicious than “The Big Silence” itself. The one thing that should be most expected of an extraterrestrial contact is the unexpected.

The reason that I am writing this book is to report what is quite possibly the solution to “The Big Silence.”

On January 15, 1981, my research group started receiving communications from a source identifying itself as an extraterrestrial race known as “Ra.” Within six months of the initial contact we published a report of approximately 70,000 words of this contact. That and subsequent reports were so well received by a large number of readers that I found it reasonable to prepare an explanatory text so that the information would be more understandable to the casual reader. This book is that text.

In 1955 I started gathering what I like to call puzzle parts. They were bits of empirical information from lots of diversified sources. They were what you might call the unexplained pieces of natural philosophy. After a while it became obvious to me that all human knowledge was of an empirical nature and that actually nothing was “explained” in an absolute sense. This is quickly apparent in some studies like atomic physics or the biological sciences. Actually nothing can be said to be completely understood. There is always a point beyond which knowledge stops.

As an example, consider something easy to explain like a thunderstorm. The problem is that in order to “explain” this phenomenon we have to talk about charged particles, and all the information we have about what we call charged particles is empirical. We don’t know what causes them, why they display an action-at-a-distance force effect, or really why they exist in nature. It turns out that if we attempt to trace any phenomenon back to its fundamental essence we run into this type of mystery.

I discovered that I was living in a very mysterious environment. The problem that most of us have in recognizing this fact is that we become conscious of our surroundings very slowly. From the time of our birth into this world until the present we accept what we encounter as a normal part of what we call reality with very little question about its actual nature. To get an idea of what I mean, close your eyes and try to imagine that you have never been able to see and don’t know what your world looks like. Then open them and try to understand how startling the environment you consider “normal” really is.

This “normal” environment is not only very mysterious but within it are even more mysterious parts that do not fit our current scientific

paradigm. They include all of those things that are “weird” or somewhat unbelievable; that are along the borderlines of human experience.

The important part of all this is that the solution to this complex puzzle was provided by the extraterrestrial contact described in this book, and most eloquently so. All of the puzzle parts fit together to make an understandable picture of the way things work and a new and workable paradigm for natural philosophy emerges. Practical applications in many fields become obvious, but the one salient objective of our extraterrestrial communicant overshadows all of these. We are told how to accelerate our personal mental development, how to become an active participant in our own evolutionary process. Perhaps we are being offered priceless information that can only be appreciated if we accept and then use it.

It seems that the technological advances that we hold in such great esteem at our present state of evolution are in no way comparable to what can be achieved with the mind. In this book is the foundation knowledge of the nature of mental evolution, a knowledge that may be of greater value than any technological advance.

The basic problem with telling this story is finding a starting place. There are many concepts and explanations that I’ll skip over and try to pick up later. The reason for this is that we have a lot of very advanced concepts that really change the current, accepted way of looking at things. For this reason, I’m going to leave more detailed explanations of communication methods and justifications of the material until after the basic concepts have been covered. I am trying in this book to present information that I consider to be a giant step forward in the understanding of the universe. This is not very easy to do because there is a natural tendency to attempt to link new concepts with old ideas. In this case it simply doesn’t work. So please be patient while I try to establish a common base of communication with my readers.

A lot of things will be mentioned about which you have some previous information. Don’t jump to conclusions based on previous knowledge. Most of Earthman’s knowledge is a garbled version of a more universal knowledge. Most of our technology, philosophy and theology are due to a very “soft” extraterrestrial influence. This “soft”

contact is still occurring. It takes many forms, one of which is what we call the UFO phenomenon.

There was a time in Earth's history when the contact wasn't "soft." Extraterrestrial craft landed on Earth and direct contact was made with certain populations.

One of these landings occurred in Egypt 11,000 years ago. The extraterrestrials that landed there were known as "Ra."

The "Ra" civilization contacted my research group the first time on January 15, 1981. There have been over one hundred contacts with my group since then. They told us that they had come to Earth 11,000 years ago in an attempt to offer their knowledge to the most advanced culture of that time. They had not realized how difficult communication would be, and, after considerable effort, gave up their instructional effort and left Earth. The people at that time simply couldn't understand the concepts offered by them.

Those of Ra did, however, continue to monitor closely activities on Earth with the hope of someday being able to rectify the misconceptions that originated with their first contact. This 11,000-year period of closely monitoring Earth equipped them with much more knowledge of our history, languages, etc. than we, ourselves, have. For this reason their communications with me are in the English language. In fact, their vocabulary is far greater than mine. They seem to know every word or concept ever used.

My research group was picked as a recipient of Ra's current contact simply because we had acquired the minimal prerequisite knowledge to ask semi-intelligent questions.

Probably because of their failure to communicate the first time they contacted Earthman, they do not volunteer information, but limit themselves to answering questions. This guarantees at least a reasonable comprehension of their information. The material I will cover in this book has been obtained by the question-and-answer process in our work with Ra.

The Ra civilization is so different compared to ours that most of our present scholars in the physical sciences would not even bother to look carefully at the basis of Ra's science. They would not recognize it as a science, just as an aboriginal native wouldn't recognize a book on

electronics as useful knowledge. Ra freely offered the Egyptians priceless information about their understanding of the fundamentals of the universe, but very little was comprehended. The same problem exists today. We are really in about the same shape as the Egyptians were in with respect to any basic understanding of fundamental principles of the universe. As I stated before, most of our knowledge is empirical. It has produced some impressive toys but no real knowledge.

The best way to find out how much we really know about our environment is to study the fundamentals of physics and chemistry.

Albert Einstein did this and decided that no existing physical theory was adequate. He intuitively sensed a unity in all phenomena that had not been uncovered by any theoretical approach. It is common knowledge that his greatest effort was put forth in an attempt to develop a unified field theory. This would be a theory that would produce an adequate philosophical base for all natural phenomena such as gravitation, electromagnetic radiation, etc. To try and explain where we are in scientific achievement I'll make a simple analogy.

Let's suppose that a primitive society somehow comes across a modern automobile. After a few hundred years of study of this vehicle they have formed theories about its working parts and after a suitable length of time can even operate it. The native "scientists" would be revered as having great knowledge and understanding of the mysteries of physics. However, they probably would penetrate the subject just far enough to "make it go."

It's hard for the layman to believe that we are actually in the same shape with respect to real knowledge of the universe as the native "scientists" were about the car, but this is the case.

There is a profound mystery at the base of all science. Einstein knew this and puzzled over it until his death. Most people working in scientific endeavors don't worry about or even think about these mysteries simply because it's impossible for most of them to make a living doing so. A large percentage of them went past these basic mysteries so fast in undergraduate school that they failed to notice that they existed. For instance, our applications of electrical theory are so complex that it is easy to lose sight of the fact that it is all based

on particle proximity and relative motion. Why these effects exist at their most basic level is not understood in any way.

I will be presenting new, fundamental theories in this book that I have received in communications with Ra. Most of them will have to do with things other than physics or chemistry simply because these studies are primitive and unimportant from Ra's viewpoint. What we will tend to focus our studies upon is ourselves. Once we understand ourselves the rest will be easy.

Ra's primary mission in coming to Earth 11,000 years ago was to import knowledge that would allow Earthman to understand himself.

The "meaning of life" has been so elusive for most of us that we tend to ignore the question in order to get on with our lives. A lot of us spend a very large part of our time trying to become economically "secure" and then realize that we don't really know where we are going. Sometimes a religion provides solace for our bewilderment, and sometimes we just die with no more understanding of life at the moment of death than we had at the moment of birth.

The big question is "What is going on?" As an exercise in awareness, mentally back off from the Earth about 40,000 miles so that the Earth looks about the size of a basketball. The atmosphere of our model is now about 1/166th of an inch thick and the four billion of us humans are too small to see, but we're stuck all over the surface by that strange force we call gravity. The more you contemplate your environment, the more profound the mystery becomes.

CHAPTER ONE

Contact

If, in the 18th century, you had asked a scientist to describe the best form of long-distance communication he would have described some type of visual signaling. Now we recognize the radio signal as most efficacious and tend to assume that this would be the means of long-distance communication used by an advanced extraterrestrial signaler. The SETI (Search for Extra-Terrestrial Intelligence) Project is an obvious example of this type of thinking. If a SETI Project had been developed 200 years ago they would have probably monitored the moon with a telescope hoping to see smoke signals.

It is difficult to see ourselves in the role of the 18th-century scientist making an obvious mistake in judgment due to lack of knowledge of the normal form of communication to be used a scant 200 years later in history.

If I recorded in this book the numerous similar mistakes my research group and I made in getting to our present method of communication techniques you would have a very thick volume through which to wade. My intention, therefore, will be to cover the results of some 20 years of experimental work rather than to try to describe our methods. Please keep in mind that we didn't pull these techniques out of a hat and achieve instant success, but, through years of research and the process of trial and error, achieved the quality that helped in producing our current level of communication.

Twentieth-century science employs the concept of electromagnetic resonance in most of its communication devices. A mechanical analogy of electromagnetic resonance would be the breaking of a crystal goblet by the precise resonant sound generated by an opera singer. Electromagnetic resonance is achieved by an exact balance of induction and capacitance in a circuit. A simple radio receiver relies on a variable capacitor in parallel with a suitable coil of wire inductively linked to an antenna. The size of the plates of the capacitor, the number of turns of wire in the coil and the length of the antenna are all related to the nature of the electromagnetic wave to be received. In order to receive a signal, the value of capacitance is

varied by “tuning” until resonance with the signal is achieved. This is the key to radio reception.

We can assume that radio communication is a primitive form of communication simply because we have developed it. This, of course, follows from the assumption that we are a primitive race. That, to me, seems quite reasonable.

A long study of telepathy convinced me that the mind could be used much more effectively as a communications device than the crude electrical circuitry of radio. Electromagnetic theory did, however, provide some clues and fundamental concepts for experimental work with telepathy. At this point I do not intend to try to explain these concepts. This will be much easier after you are acquainted with the nature of the universe as described in the following pages.

For the time being, it will be sufficient to say that I use a carefully tuned human brain in place of the electronic circuitry of a radio transceiver. The ears replace a microphone and the vocal mechanism replaces the speaker. The inhabiting mind is temporarily removed by a precise method and communication with a resonant external system is possible. The tuning process is quite complex and took about twelve years to perfect.

Since January 15, 1981, our research group has been using this form of communication to question a sixth-density social memory complex. Exactly what a sixth-density social memory complex is will be explained later, but, for now, consider it to be an extraterrestrial race. The results of this contact are contained in part in this book. Please remember to refrain from jumping to conclusions based on previous ideas of the nature of the universe and yourself. Make your judgment after finishing the book.

It is an important part of the contact that the format is exclusively question-and-answer: Ra’s answers to my questions. This insures minimum confusion on my part as I try to comprehend their concepts. In Session 2, dated January 20, 1981, Ra said,

Queries are in order in your projections of mind distortion at this time/space. Thusly would I assure this group that my own social memory complex has one particular method of communicating with those few who may be able to harmonize their distortions with ours,

and that is to respond to queries for information. We are comfortable with this format.

Eleven thousand years ago, emissaries of the social memory complex “Ra” landed on Earth in order to give important information to Earth’s inhabitants. Unfortunately, the people of that era were not able to comprehend the teachings of the Ra civilization and tended to worship them as gods. For this reason we find the sun god “Ra” prominent in Egyptian history.

Ra has complete use of several languages due to close monitoring of Earthman’s activities for the last 11,000 years. Sometimes the sentence structure is a little cumbersome, but the use of words is always precise. After leaving Earth they continued to closely monitor Earthman’s activities up to the present day. They felt an obligation to someday unsnarl the myths and misconceptions that their visit had caused.

They originally came to Earth to attempt to teach their understanding of a universal law that they call the *Law of One*. In Session 1, dated January 15, 1981, Ra said,

The identity of the vibration Ra is our identity. We, as a group, or what you would call a social memory complex, made contact with a race of your planetary kind which you call Egyptians. Others from our density made contact at the same time in South America, and the so-called “lost cities” were their attempts to contribute to the Law of One.

We spoke to one who heard and understood and was in a position to decree the Law of One. However, the priests and peoples of that era quickly distorted our message, robbing it of the, shall we say, compassion with which unity is informed by its very nature. Since it contains all, it cannot abhor any.

When we were no longer able to have appropriate channels through which to enunciate the Law of One, we removed ourselves from the now hypocritical position which we had allowed ourselves to be placed in. Other myths, shall we say, having more to do with polarity and the things of your vibration that are complex, again took over in that particular society complex.

Some of the terms used by Ra will be confusing until later in the book. They speak in the preceding paragraph of vibration, which is a term for their understanding of the nature of what we call the atomic structure of our reality.

Ra has a single philosophical system that embraces the entirety of their knowledge as a single unit. They find our language inadequate for the conveyance of much of their knowledge but always seem to pick the best words we have available for their descriptions. Since what we call the separate philosophies of science and religion are merged in their understanding, we find what we term scientific and religious concepts intermingling in their communications. Ra's science begins with the creation of the universe and includes mind and spirit as an integral part of the study of the material universe.

Their technology is not only far, far in advance of ours, but it is based on totally different principles.

These principles are a product of a much deeper understanding of the structure of the universe. They refer to people as "mind/body/spirit complexes," thusly indicating that all of us are composed of three basic parts. Much of their technology would appear less than complex to us since it is based on geometrical ratios such as the Great Pyramid at Giza. In Session 2, Ra said,

We are those of the Confederation who, 11,000 of your years ago, came to two of your planetary cultures which were at that time closely in touch with the creation of the One Creator. It was our naive belief that we could teach/learn by direct contact and the free will distortions of individual feeling or personality were in no danger. We had no thought of their being disturbed as these cultures were already closely aligned with an all-embracing belief in the live-ness or consciousness of all. We came and were welcomed by the peoples whom we wished to serve. We attempted to aid them in technical ways having to do with the healing of mind/body/spirit complex distortions through the use of the crystal appropriate to the distortion, placed within a certain appropriate series of ratios of time/space material. Thus were the pyramids created.

We found that the technology was reserved largely for those with the effectual mind/body distortion of power. This was not intended by the

Law of One. We left your peoples. The group that was to work with those in the area of South America, as you call that portion of your sphere, gave up not so easily. They returned. We did not. However, we have never left your vibration due to our responsibility for the changes in consciousness we had first caused and then found distorted in ways not relegated to the Law of One.

Distortion and Free Will

Ra uses the word “distortion “ many times in the communications. This use is related to Ra’s primary philosophy, “The Law of One.” In Session 1, Ra says,

Consider, if you will, that the universe is infinite. This has yet to be proven or disproven, but we can assure you that there is no end to your selves, your understanding, what you would call your journey of seeking, or your perceptions of the creation.

That which is infinite cannot be many, for many-ness is a finite concept. To have infinity you must identify or define the infinity as unity; otherwise, the term does not have any referent or meaning. In an Infinite Creator there is only unity. You have seen simple examples of unity. You have seen the prism which shows all colors stemming from the sunlight. This is a simplistic example of unity.”

In the above statement lies my first clue as to the structure of the universe. Ra quite often drops little hints of this type that allow me to develop suitable questions for later use. Here is another example from Session 1:

In truth there is no right or wrong. There is no polarity, for all will be, as you would say, reconciled at some point in your dance through the mind/body/spirit complex which you amuse yourself by distorting in various ways at this time. This distortion is not in any case necessary. It is chosen by each of you as an alternative to understanding the complete unity of thought which binds all things. You are not speaking of similar or somewhat like entities or things. You are every thing, every being, every emotion, every event, every situation. You are unity. You are infinity. You are lovellight; light/love. You are. This is the Law of One.”

In order to understand Ra's use of the term "distortion" it will be necessary to start at the beginning of their philosophical system. This starts with their understanding of the original creative process. It is interesting to note that, if we assume Ra's description of creation to be correct, both the Creationists and Evolutionists are correct and they should not be arguing so heatedly. According to Ra, the actual process is that of a created evolution. In Session 27, recorded on February 21, 1981, Ra says,

As we use this term it is universal in application. Intelligent infinity has a rhythm or flow as of a giant heart, beginning with the central sun as you would think or conceive of this, the presence of the flow inevitable as a tide of beingness without polarity, without finity; the vast and silent All beating outward, outward, focusing outward and inward until the focuses are complete. The intelligence or consciousness of foci have reached a state where their, shall we say, spiritual nature or mass calls them inward, inward, inward until all is coalesced.

There is no difference, potential or kinetic, in unity. The basic rhythms of intelligent infinity are totally without distortion of any kind. The rhythms are clothed in mystery, for they are being itself. From this undistorted unity, however, appears a potential in relation to intelligent energy.

There are many things which will be spoken of in this book that are far beyond comprehension, but perhaps we can get a little idea of how things are and by these clues help ourselves to reach a point of someday becoming aware of the meaning behind the descriptions.

The matrix underlying all phenomena seems to be consciousness. The material worlds and beings are a product of consciousness.

The way that I understand the start of the universe, from Ra's description, is that, firstly, we have pure consciousness, undifferentiated infinite, totally unified. At this point we have only the One Self; the Creator undivided. In order to experience and know the Self this infinite consciousness or intelligent infinity plans to divide into many selves. Before this process starts there are no distortions of the one consciousness. Distortions are the product of this subdividing using the first distortion, total freedom of choice.

The principle of free will is the first of the distortions from unity, and, therefore, is of primary importance. All other distortions are a product of this free will and are a necessary part of an infinitely varying experience. In Session 28, collected on February 22, 1981, Ra says,

In each beginning there is the beginning from infinite strength. Free will acts as a catalyst. Beings begin to form the universes.

Consciousness, then, begins to have the potential to experience. The potentials of experience are created as a part of intelligent energy and are fixed before experience begins.

However, there is always, due to free will acting infinitely upon the creation, a great variation in initial responses to intelligent energy's potential. Thus almost immediately the foundations of the, shall we call it, hierarchical nature of beings begins to manifest as some portions of consciousness or awareness learn through experience in a much more efficient manner.

We wish to establish that we are truly humble messengers of the Law of One. We can speak to you of our experiences and our understandings and teach/learn in limited ways. However, we cannot speak in firm knowledge of all the creations. We know only that they are infinite. We assume an infinite number of octaves.

However, it has been impressed upon us by our own teachers that there is a mystery-clad unity of creation in which all consciousness periodically coalesces and again begins. Thus we can only say we assume an infinite progression though we understand it to be cyclical in nature and, as we have said, clad in mystery.

Love and Light

The second distortion is an energy for which we have no adequate word. The word, love, was chosen from the English language as being the closest description of the second distortion. This "love" energy or force is what activates the vibratory energy field known to us as light.

Everything in the universe that is not pure mind or love is composed of light. All atomic particles are fundamentally complex photons. These photons are simply what you might think of as the body that houses the mind of the one infinite Creator. The illusion of separate

parts is the product of the first distortion, which is free will. In Session 27, recorded on February 21, 1981, Ra says,

The nature of the vibratory patterns of your universe is dependent upon the configurations placed upon the original material or light by the focus or love using Its intelligent energy to create a certain pattern of illusions or densities in order to satisfy Its own intelligent estimate of a method of knowing Itself. Thus the colors as you call them, are as strait, or narrow, or necessary as is possible to express, given the will of love.

If you pass white light through a prism it fans out into the rainbow of seven colors: red, orange, yellow, green, blue, indigo and violet. These colors are the manifestation of a spectrum of increasing levels of energy. It can be noted, however, that there are discrete boundaries between colors, so as you might guess, there is some distinct difference between each of the seven parts of this energy spectrum. This is, indeed the case and it is a fundamental principle underlying the structure of creation.

When intelligent infinity (or the Creator) first condensed, through the process of the first, second and third distortions, to form the physical universe, the first manifestations were the stars of the galactic centers. The galaxies then grew outward like budding flowers in a spiraling fashion. Our present science of astronomy uses the red shift of the spectrum from distant stars to support the so-called “Big Bang Theory.” The error of this theory has its foundation in the misidentification of reference systems that will be examined in a later chapter.

The Ra communications were not obtained in the order presented in this book, since we were not aware of exactly what information was available and what was important when we were first contacted. After about 100 hours of communications it became obvious what the important parts were and how to go about presenting them to a reader. That is what I am doing in this book. I’m starting at the very beginning of the creation of our galaxy and touching on the important concepts that are necessary to reach an understanding of Earthman’s present situation.

Keep in mind the first three distortions of the original infinite intelligence and their order of development. They are: first, free will; second love; and thirdly, light. In Session 27, this conversation takes place between Ra and myself:

QUESTIONER: I understand that the first distortion of intelligent infinity is the distortion of what we call free will. Can you give me a definition of this distortion?

RA: I am Ra. In this distortion of the Law of One it is recognized that the Creator will know Itself.

QUESTIONER: Then am I correct in assuming that the Creator then grants for this knowing the concept of total freedom of choice in the ways of knowing?

RA: I am Ra. This is quite correct.

QUESTIONER: I would like for you to define love in its sense as the second distortion.

RA: I am Ra. This must be defined against the background of intelligent infinity or unity or the one Creator with the primal distortion of free will. The term, love, then, may be seen as the focus, the choice of attack, the type of energy of an extremely, shall we say, high order which causes intelligent energy to be formed from the potential of intelligent infinity in just such and such a way.

Thus in vibratory sense love comes into light in the sense of the activity of unity in Its free will. Love uses light and has the power to direct light in its distortions.

QUESTIONER: I will make a statement that I have extracted from the physics of Dewey Larson which may or may not be close to what we are trying to explain. Larson says that all is motion, which we can take as vibration, and that vibration is pure vibration and is not physical in any way or in any form or density. And the first product of that vibration is what we call the photon or particle of light. I am trying to make an analogy between this physical solution and the concept of love and light. Is this close to the concept of love creating light?

RA: I am Ra. You are correct.

QUESTIONER: Then I will expand a bit more on this concept. We have the infinite vibration of love which can occur, I am assuming, at varying frequencies. I would assume that it begins at one basic frequency. Does this have any meaning?

RA: I am Ra. Each love, as you term the prime movers, comes from one frequency, if you wish to use this term. This frequency is unity. We would, perhaps, liken it, rather, to a strength than a frequency, this strength being infinite, the finite qualities being chosen by the particular nature of this primal movement.

QUESTIONER: Then this vibration which is, for lack of better understanding, pure motion; it is pure love; it is nothing that is yet condensed, shall we say, to form any type of density of illusion. This love, then, creates by this process of vibration a photon, as we call it, which is the basic particle of light. This photon, then, by added vibrations and rotations, further condenses into particles of the densities we experience. Is this correct?

RA: I am Ra. This is correct.

These are the first three phases of the creative process that produced what we call our universe. The first distortion is obviously of primary importance since the entire creation evolved as its product.

Our galaxy has over 200 billion stars in it. A large percentage of these stars have planetary systems similar to our own. Life has been evolving for billions of years in our galaxy as well as in others. Our population is very young in the galactic sense. Our world is far from the center of the galaxy where the evolutionary development started.

The master plan for the evolution of consciousness was based on the energy spectrum we call light. The evolutionary process was planned to include seven steps or increments of development. The key is what, in our experience, appears as the seven colors of the spectrum. In the same Session this conversation explores this concept further:

QUESTIONER: Then this light which forms the densities has what we call color. This color is divided into seven categories. Can you tell me if there is a reason or explanation for these categories of color?

RA: I am Ra. The nature of the vibratory patterns of your universe is dependent upon the configurations placed upon the original material

or light by the focus or Love using Its intelligent energy to create a certain pattern of illusions or densities in order to satisfy Its own intelligent estimate of a method of knowing Itself. Thus the colors, as you call them, are as strait, or narrow, or necessary as is possible to express given the will of Love.

This information is a natural progression of inspection of the kinetic shape of your environment. You may understand each color or ray as being, as we had said, a very specific and accurate portion of intelligent energy's representation of intelligent infinity, each ray having been previously inspected in other regards.

This information may be of aid here. We speak now non-specifically to increase the depth of your conceptualization of the nature of what is. The universe in which you live is recapitulation in each part of intelligent infinity. Thus you will see the same patterns repeated in physical and metaphysical areas; the rays or portions of light being, as you surmise, those areas of what you may call the physical illusion which rotate, vibrate, or are of a nature that may be, shall we say, counted or categorized in rotation manner in spacetime as described by the one known as Dewey; some substances having various of the rays in a physical manifestation visible to the eye, this being apparent in the nature of your crystallized minerals which you count as precious, the ruby being red and so forth.

Densities and Rays

A planetary system is a product of the sun (or Logos) about which it rotates. When it is first formed it is entirely composed of atoms with core frequencies in the red range of the spectrum. This is called, in our communications, the first density. After a suitable time (in Earth's case, about 2 billion years) there is a fundamental change in the structure of some of the atomic particles of the planet. This is caused by an electromagnetic change that is a function of the galactic spiraling motion. Ra says, in Session 9, collected on January 27, 1981,

The timing of these cycles is a measurement equal to a portion of intelligent energy. This intelligent energy offers a type of clock. The cycles move as precisely as a clock strikes your hour. Thus the gateway

from intelligent energy to intelligent infinity opens, regardless of circumstance, on the striking of the hour.

At this point the core frequency of some atomic particles increases into the orange range. Some oxygen atoms convert to nitrogen and carbon atoms, and amino acids are formed. The complete vibrational transition into second density results (on this planet) in the evolution from single-celled life forms and continues through to Neanderthal Man.

A planet has seven of these vibrational changes to experience in its evolutionary process. Earth entered its third-density cycle a little more than 75,000 years ago, when the core frequency of some atoms achieved the yellow range of the spectrum as a result of galactic rotation and the consequent electromagnetic realignment of the Earth's field.

Because of this electromagnetic change in atomic structure, Neanderthal Man made a rapid transition to *homo sapiens* in a little over 1,300 years. The evolutionary process was designed to progress through these seven stages, then to cycle again and again, using the product to start the first stage of a new creation. We now find ourselves in the third stage of one of these cycles.

In our galaxy there are planets in each stage of evolution. There is much communication between civilizations more evolved than third density, but almost none at this third-density level. The reason that there have been so many UFOs reported in the last thirty or so years is that our planet is in the first part of its transition from third density to fourth density and has become of great interest to some fourth-, fifth- and sixth-density planetary populations. They come here in space ships that we call UFOs but make contact in such a way that concrete proof of their existence is seldom obtainable. In Session 6, recorded on January 24, 1981, Ra says,

Each planetary entity which wishes to appear within your third dimension of spacetime distortion requests permission to break quarantine, as you may call it, and appear to your peoples. The reason and purpose for this appearance is understood and either accepted or rejected.

At present, there are seven which are operating with craft in your density. Their purposes are very simple: to allow those entities of your planet to become aware of infinity, which is often best expressed to the uninformed as the mysterious or unknown.

In order to understand our present evolutionary problems it will be necessary to go back to a much earlier time in the history of our galaxy. The mind/body/spirit had evolved prior to the beginning of this octave and was, therefore, in use prior to the creation of our Milky Way galaxy. Mind/body/spirits (people) were present in the evolutionary process from the very start of our galactic development. The most important principle in all of this evolutionary process was the first distortion of the Law of One, the Law of Free Will. For this reason, all creations were always allowed total free will. The creative process was a self-generating process and as the creation grew, its parts recreated more parts, always with total free will. This makes for a very large number of distortions of the one infinite Creator and is certainly beyond the imagination of any mortal man.

The evolutionary process for this octave is uniform throughout the universe in that it is based on the energy spectrum of light. Each of the frequencies has a relationship with evolving consciousness and it is possible to make a rough analogy with qualities of the mind:

- The red portion of the spectrum represents the foundation energy and is sufficient to form the basic planet.
- The orange frequency range of vibrating electromagnetic energy is necessary to create the evolution of basic life.
- At the yellow energy level the basic life may become self-aware and be the recipient of what is called spirit.

We, as a planetary population, are just finishing this yellow energy phase. The green range of energies requires an intensification of a mental quality best described as love. This word is far from adequate for this description, but it's the best word available in our language.

For transition into fifth density, the love energy must be refined to a high degree of evolutionary perfection. The fifth density is, for lack of a better term, the density of wisdom. For evolution through this density it is necessary to increase the personal energy through the process of developing wisdom.

The sixth density is that of unity, which is a product of love directed by wisdom.

You must realize that all of these concepts are very poorly stated because of the lack of descriptive language. What I am trying to describe is actually an energy increase that is a product of mental evolution. The terms, love, wisdom, etc. are just poor analogies of the mental discipline necessary to develop the core atomic energies for the evolutionary transitions.

Just like the seven densities or seven colors in the spectrum, each of us has seven bodies. They are all superimposed over each other so that they form the electrical matrix for what we call our physical body. Each one of these bodies is like an electrical mold for our physical body. Each has its frequency of core atomic vibration corresponding to one of the seven colors in the spectrum. This combination energy body is virtually indestructible and immortal. It houses the mind and spirit. It is the basic, real you. At present your yellow-frequency body is activated in third density and is what you call your physical body. It is of use for the short period in your evolutionary process that you know as your present life. After death you will rid yourself of the temporary chemical body you now use and continue on, noticing only the loss of a cumbersome chemical body and a temporary loss of communication with the world that you just left. This temporary body that we now use in our physical world is just one part of an extremely varied experience that produces our evolution. Here is Ra's description of these bodies, from Session 47, collected on April 18, 1981:

The red-ray body is your chemical body. However, it is not the body which you have as clothing in the physical. It is the unconstructed material of the body, the elemental body without form. This basic, unformed, material body is important to understand, for there are healings which may be carried out by the simple understanding of the elements present in the physical vehicle.

The orange-ray body is the physical body complex. This body complex is still not the body you inhabit but, rather, the body formed without self-awareness, the body in the womb before the spirit/mind complex enters. This body may live without the inhabitation of the mind and spirit complexes. However, it seldom does so.

The yellow-ray body is your physical vehicle which you know of at this time and in which you experience catalyst. This body has the mind/body/spirit characteristics and is equal to the physical illusion, as you have called it.

The green-ray body is that body which may be seen in séances when what you call ectoplasm is furnished. This is a lighter body, packed more densely with life. You may call this the astral body following some other teachings. Others have called this same body the etheric body. However, this is not correct in the sense that the etheric body is that body of gateway wherein intelligent energy is able to mold the mind/body/spirit complex.

The light body, or blue-ray body, may be called the devachanic body. There are many other names for this body, especially in your so-called Indian Sutras or writings, for there are those among these peoples which have explored regions and understand the various types of devachanic bodies. There are many, many types of bodies in each density, much like your own.

The indigo-ray body, which we choose to call the etheric body, is, as we have said, the gateway body. In this body form is substance and you may only see this body as that of light as it may mold itself as it desires.

The violet-ray body may perhaps be understood as what you might call the Buddha body or that body which is complete.

Each of these bodies has an effect upon your mind/body/spirit complex in your life beingness. The interrelationships, as we have said, are many and complex.

Archetypes for Evolution

When the mind/body/spirit was first “designed” for use in diversifying the experience of the one infinite Creator, nine archetypes or general blueprints for evolutionary development were envisioned and set up as general patterns for development of entities. There was a Matrix, a Potentiator, and a Significator planned for mind, for body and for spirit. To make an analogy to describe what these terms mean, consider a barren plain as the Matrix, a waterfall ready to cause a river to cross the plain as the Potentiator, and the

final eroded riverbed as the Significator. In other words, it was planned that in total free will the mind, the body and the spirit of a developing individual would evolve as a result of the Potentiator distorting the Matrix into the form which we call the Significator.

So this is the way entities evolved at an earlier stage in our galaxy. The plan for evolution was constructed of nine archetypes:

Mind	Body	Spirit
Matrix	Matrix	Matrix
Potentiator	Potentiator	Potentiator
Significator	Significator	Significator

There is a big difference between the evolving individuals from Logoi nearer the beginning of this galactic experience and those Logoi at present. At a point some time ago the archetypical mind was refined and the number of archetypical parts was increased.

Back when there were only nine archetypes the Matrix of the Mind was not veiled or cut off from free communication with the Potentiator of the Mind. Since the Matrix corresponds to the conscious mind and the Potentiator to the subconscious mind, we see that at this earlier time there was free and complete communication between what we now call the conscious and subconscious minds. This meant that all memory was available to the conscious mind and all the functions of what we call the subconscious mind could be consciously controlled.

Some Eastern adepts and yogis demonstrate, at present, an ability to penetrate the veil between the conscious and the subconscious to control bodily processes that are generally thought to be unavailable to conscious control.

At an earlier time in our galactic development this control by mind was normal. There was such a greater awareness of the workings of the universe that it was obvious to each individual that all other individuals were what Ra calls other-selves. There was a much greater understanding that each part of the creation was a subdivision of the one infinite Creator. For this reason there was much greater harmony of interaction between individuals. At that point in our galactic evolution it was never suspected by the evolving units of creation that

free will could be extended to a greater degree. However, this was eventually successfully done by experiment.

The Veil of Forgetting

In this experiment, the conscious mind was experimentally veiled from the subconscious mind. The plan that produced the extension of free will depended upon the creation of an illusion concerning the two parts of the mind that we call the conscious and the subconscious, caused by the separation of them by what may be called a veil of forgetting. The corresponding archetypal facets would be the Matrix of the Mind and the Potentiator of the Mind.

This experiment produced a far different type of being in the mental sense. When a baby was born, the conscious mind had to rely almost exclusively on external stimuli for experience. It was almost totally cut off from its subconscious. You might say that these entities, like ourselves, had to develop their opinions about their environment based only on what assaulted their senses in the new physical life. They had no memory of previous incarnative experience or any of the other knowledge that they had gained as a product of their evolutionary growth. There was a general mental bias that was the individual's basic essence, but intellectually they were strictly cut off from their previous awareness.

Consequently, it follows that many individuals did not recognize the unity of the creation and did not look on their fellow man as an other-self.

From this experimental mental veiling process came a tendency in some entities to reduce their service to their fellow man. In fact, a rather sharply delineated polarity of mind emerged from this veiling of the Matrix from Potentiator: the concepts of service-to-others and service-to-self.

Prior to the veiling both service-to-others and service-to-self were quite apparently necessary, but since all other selves (other people) were seen as a part of the One Self, totally denying service to another was not envisioned.

However, after the veiling process was in force the attitudes of these two types of service began to much more sharply divide. Some

individuals, because of their inability to see the unity of all things, chose the path of almost total service to self. Thus was born the mental bias that we presently call evil.

Since this mental distortion was a product of extending the first distortion (free will) it was seen by the creative consciousness that produced it to be of great value in increasing the intensity of experience in the creation. In fact, there was widespread approval of this extension of free will, so much so that it is now the standard evolutionary technique.

It might be difficult, from our present point of view, to see the value of the intense service-to-self distortion that emerges as a product of the mental veiling. Ra describes the change as causing the experience in the universe to become more vivid. You might say that life before this mental veiling was more boring since the intensity of interaction between individuals and groups did not exist.

This veiling of the Matrix of the Mind from the Potentiator of the Mind results in what we call mental polarization (service to self and service to others) or evil and good.

From the point of view of an individual in the third-density cycle, this mental polarity is usually looked at as being quite unwanted. However, from above third density it is seen to be that activity that greatly accelerates the evolutionary process. The fierce interactions caused by this polarization of consciousness causes individuals to develop the necessary mental energy to be able to become part of a fourth-density experience. This mental development is referred to by Ra as achieving an harvestable mental energy.

Just as crops become harvestable after sufficient growth, so do people. The requirement for harvestability or transition from one density to the next is an energy level that is a vibratory rate sufficient to be in harmony (or resonance) with the part of the energy spectrum that is the next density. This is all related to the way an individual is constructed. The seven electrical bodies that make up the total person each absorb energy in one of the seven color ranges. Each of the seven densities corresponds to one of the color ranges. The ability of any one of these seven electrical bodies to absorb energy is totally governed by the indwelling mind. The mind has to open the “valve”

to the green energy center sufficiently for the body to be compatible with fourth-density energy requirements.

This valve is located in the region of the heart for the green center. In some Eastern philosophies it is called the heart chakra. The objective of the evolutionary process is the opening and balancing of these centers. It is interesting to note that if all energy centers were open the same amount the resultant of the color combination would be the reverse of passing white light through a prism to break it into its seven components. The individual's aura would be a pure white.

Before the great experiment of the mental veiling, individuals were having considerable difficulty developing the necessary will power to cause the required opening of the green energy center for so-called harvestability from third to fourth density. The evolutionary process was stagnating in third density, and the time spent in this phase of evolution was very long. The emergence of the intense mental polarities after the veiling experiment caused a large acceleration in the process of developing fourth density harvestability.

As new planetary systems were born, experiments with more complex archetypal designs for the universe were tried. After much experimental work with the archetypal mind our present system was developed. It is the foundation for the evolutionary plan for each of us on Earth. Instead of the nine archetypes existed before the veiling experiment, there are now twenty-two. In other words, thirteen new blueprint segments were added to the master plan for the evolutionary process.

Before the veil	Added after veiling
Matrix	
Potentiator	
—	Catalyst
—	Experience
Significator	
—	Transformation
—	Great Way

The archetypal mind is now configured as shown below:

Mind	Body	Spirit
1. Matrix	8. Matrix	15. Matrix
2. Potentiator	9. Potentiator	16. Potentiator
3. Catalyst	10. Catalyst	17. Catalyst
4. Experience	11. Experience	18. Experience
5. Significator	12. Significator	19. Significator
6. Transformation	13. Transformation	20. Transformation
7. Great Way	14. Great Way	21. Great Way

22. The Choice

All of this changing of the deep mind after the successful veiling experiment had one objective. That was to aid the evolution of mind, body and spirit of all of those individuals subsequently developing. Remember the analogy I made of the barren plain, the waterfall, and the resulting river for Matrix, Potentiator and Significator? To continue this analogy, let us consider the effect of the added archetypes. The Catalyst would be the unexpected variable of terrain encountered by the flowing water. The Experience would signify an ability of the water to cope with these variables. The Transformation would be a more precisely and deeply cut channel. And for the Great Way we could perhaps use for an archetype the Grand Canyon. This is a very crude analogy to indicate how refinements to the archetypal mind serve to create a more refined mind/body/spirit.

These changes of the archetypal mind are said by Ra to make the mind/body/spirit a complex. Therefore, before the veiling process individuals are referred to as mind/body/spirits and after the veiling as mind/body/spirit complexes.

You will note that there is an additional twenty-second archetypal facet that is singular. It is "The Choice." This refers to the choice of polarity and represents the primary objective of the third-density evolutionary process. This Choice is being either unconsciously or consciously made by each of us every day. It is the choice of the degree of serving others or of serving the self that we continually

repeat. This is the process of polarization that increases harvestability into the fourth density.

Back before there was a creation there were no “other-selves.” There was only the “One Self,” the Creator as totally undistorted, infinite intelligence. There could be no concept of service to an other-self since there was only Self. Since all created “other-selves” are actually the One Self in the illusory condition of division into parts, self and other-self are actually the same.

The important product of this observation is that fourth-density harvestability can be achieved by polarization either towards service to self or towards service to other-self. The two ends of the polarity are exactly equal in providing the necessary strength of vibration (energy) to move into the green density of the spectrum. They are equal but not compatible and for this reason we have two basic types of societies in the fourth density. Some are polarized for service to others (what we might call angelic). The others are polarized for service to self (what we might call demonic).

This is how the universe progresses after third density is completed. Individuals who have reached sufficient energy levels through the process of polarization in third density can move into fourth density and form what Ra calls social memory complexes. Individuals who, at the end of a third-density cycle, are still below the necessary level of energy simply repeat the third density until sufficient mental polarization is achieved to activate the energy centers of their electrical bodies sufficiently to become harvestable.

Presently on Earth there are two basic types of people: those sufficiently polarized for harvestability into fourth density and those who are below the required level of polarization. Of those sufficiently polarized for harvest there are two types: service-to-others polarized (which we will call positive) and service-to-self polarized (which we will call negative). These groups will form fourth-density positive and negative social memory complexes. The remaining individuals will repeat third density until sufficient polarity is achieved to cause the energy level to reach fourth-density frequency.

Mental polarization in the positive or negative sense is not strictly a requirement for fourth-density harvestability. In fact, before the veiling process, it didn't exist and fourth density was achieved

regardless. The polarity that was a product of the veiling process accelerated the development of the required energy level so much that it is almost impossible to achieve fourth-density harvestability without use of the polarization process.

Evolution through third density can now be very rapid compared to the conditions before the veiling of the mind. The good/evil polarity that we tend to think of as bad is actually the great accelerator of our evolutionary process. I must admit that it is difficult to appreciate this quality that we term evil, but we must remember that every expression is just one more facet of the one infinite Creator.

CHAPTER TWO

About 76,000 years ago Earth made the transition from second to third density. These transitions are energized by a realignment of a planet's electromagnetic field, which is a function of the spiraling rotation of the galaxy.

Neanderthal man converted to *homo sapiens* in a little more than 1,300 years and the planet was then sparsely populated with a "native" *homo sapiens* race.

Earth had lots of room left over for third-density species and subsequently was chosen to be the home of sixteen other extraterrestrial third-density races. The two major sources of these extraterrestrials were Mars and the asteroid belt. The asteroid belt is the remains of a tenth planet in our solar system. It blew up over 700,000 years ago as a result of warfare. Mar's surface had become uninhabitable for the same reason, and both populations were in need of a third-density planet upon which to incarnate in order to continue their evolutionary process.

In addition to these two sources within our solar system there were fourteen other groups from outside of our solar system that were in need of a local third-density planet for the same purpose. So about 76,000 years ago, Earth started its third density with its own second-density harvest and third-density repeaters from sixteen other planets. This made for quite a mixture of those who had failed their first shot at fourth-density harvest. It is the reason that Earth is now populated with distinctly different types of people. There has been a lot of mixing of races, but it is still obvious that there are fundamental differences in attitude and physical makeup of our peoples.

You must remember that mind/body DNA connections are such that an individual forgets, for the incarnative period, his previous experiences at birth. This allows free will to operate in a much more effective way than prior to veiling.

(The original manuscript ends here, unfinished.)